
Instant Pot Cookbook Tasty 550 Days Of Cooking Wi

Eventually, you will agreed discover a additional experience and completion by spending more cash. nevertheless when? do you believe that you require to acquire those every needs in imitation of having significantly cash? Why dont you try to get something basic in the beginning? Thats something that will guide you to comprehend even more more or less the globe, experience, some places, later than history, amusement, and a lot more?

It is your very own period to put-on reviewing habit. in the midst of guides you could enjoy now is **Instant Pot Cookbook Tasty 550 Days Of Cooking Wi** below.

Instant Pot Cookbook Tasty 550 Days Of Cooking Wi 2023-08-15

RYKER JAMAL

The Complete Instant Pot Cookbook for Beginners

Scarlett Weber

It Begins & End With Your Instant Pot Do you want to make great recipes for yourself and family using the Instant Pot? Do you own an instant pot, plan to buy one but don't have a clue of how to use it?

This book "550 INSTANT POT Recipes Cookbook" contains over 550 recipes that can be made using the instant pot and other electric pressure cookers. The recipes are quick and easy to make. Healthy, delicious and mostly ONE POT. Meaning you do not need a sauce pan, the grill, or any other conventional cooker/equipment to

complete most of them. This saves you the time used for washing. As you'll have just your instant pot electric pressure cooker and at most one bowl to wash after cooking. Isn't that amazing? Your kitchen is kept clean from spills, smells and all the mess from conventional cookers. Adding more numbers to the minutes saved in the end. This is the ONE Cookbook you need for your Instant pot pressure cooker with lots of interesting easy to cook meals for healthy living. It's a must have for every mum and every kitchen as there is definitely something in it for everyone. Below is a preview of what you stand to gain from this book
Basic Tips About The Instant Pot
Tips On How To Get The Best Out Of

Your IP Instant Pot Breakfast Recipes Soups, Stews & Chowders Beef & Pork Recipes Beans & Grains Main Dishes Poultry & Chicken Recipes Fish & Seafood Recipes Vegetable/Vegetarian Recipes Gluten-Free Ketogenic Diet Recipes Paleo Recipes Snacks & Side Dishes Yogurts Desserts Indian Instant Pot Recipes And A Whole Lot More... You will get to discover lots of recipes for your IP than you can ever imagine. The book is perfect for beginners. With a complete how to guide to make cooking with the instant pot quick, easy and fun. Step up from being a novice to an expert and get the most out of your instant pot with the tones of recipes packed in this book. Enough for now! You can Click on the Buy Now

button at the top right corner of your computer screen to get this book for your kindle now. Or send as a gift to a loved one Buy Now Before The Price Increases

Easy Good Food! Instant Pot 550 Recipes. ADA A. Tran

It's time to embrace the art of cooking with your Instant Pot Pressure Cooker... Only the best recipes for an Instant Pot with minimal costs and time spent. Instant Pot Cookbook: Super Delicious, Family pleasing Instant Pot Recipes teaches you how to use this revolutionary kitchen tool. You'll also discover a wealth of Delicious, Easy, and Healthy Instant Pot Recipes for every meal of the day! You will learn how to make the best dishes in the world in the easiest way possible: using an instant pot. The recipes in this collection are not only versatile but will save you lots of time and energy on planning countless lunches, weekend dinners and holiday feasts! Your new effortless and tasty meal ideas will surely impress all your friends and relatives. They will be begging you for your secret to these delicious meals. We can assure you that everyone will admire you from now on!

Everyone will adore your foods! Your success in the kitchen is guaranteed with just 2 simple tools: this great cookbook and an instant pot! With our book, you'll discover the 550 Super Delicious Instant Pot Recipes under various categories such as: Breakfast Recipes Side Dishes Recipes Rice Recipes Egg Recipes Beans & Grains Recipes Vegetable Recipes Poultry Recipes Beef & Lamb Recipes Soups & Stews Recipes Fish & Seafood Recipes Snacks and Appetizer Recipes Sauce Recipes Dessert Recipes Whether you're in the mood for eggs, seafood, meat, grains, poultry, vegetables or desserts - you can find everything inside! Advantages of Instant Pot Cookbook: Super Delicious, Family Pleasing Instant Pot Recipes. Your level of experience with instant pot doesn't matter - our book applies to any level! Prep time, cooking time, list of ingredients accompanies each recipe You will get Nutritional Information of each and every recipe. Our cookbook breaks every single step down and ensures that you know exactly what you need to do to prepare each recipe. You will enrich your daily

life with tasty and nice-looking healthy dishes What are you waiting for? Get your copy now!

Instant Pot Cookbook for Beginners Jaxon Balfe Enjoy Easy and Most Delicious 5-Ingredient Recipes for Any Budget with this Instant Pot Cookbook. Thanks to the invention of multi-purpose Instant Pot, now you can cook all your favorite recipes without spending hours in the kitchen. You can steam, sauté, slow cook, pressure cook, and much more with one single appliance. Limited-time offer! Buy Paperback and get Kindle version FOR FREE! Here Is A Preview Of What You Will Learn... Delicious Meals the Whole Family Will Love Recipes for Busy People Easy-to-follow Instructions on Making Each Dish The World Of Instant Pot Breakfast Recipes Protein Rich Poultry Recipes Fish and Seafood Scrumptious Soups and Stews Meatless Cuisines Savory Beef, Lamb, and Pork Dishes Classic Sides Snacks and Appetizers Plus much more helpful information. Low Point Freestyle Instant Pot Cookbook 2019: Learn 550 New, Delicious, Quick and Easy Weight Loss Freestyle Instant Pot Electric

Pressure Cooker Rec

Independently Published
Instant pot is one of the greatest revolutions in the food industry that not only saved time, but also allows you to prepare recipes that will spice up your day. Whether it is breakfast, lunch, dinner, snack or dessert that you want, instant pot is there for you! Do you want to make great recipes for yourself and family using the Instant Pot? Did you get an Instant Pot as a present? Or do you already have one in the kitchen, but have no idea what to cook? This Instant Pot cookbook will show you how to make the most of your perfect pot.

Instant Pot Cookbook for Beginners Independently Published

Buy the Paperback version of this book and get the kindle eBook version included for FREE From the bestselling author Michelle Dorrance comes this collection of 550 healthy and delicious Instant Pot recipes that will change the way you cook. There are good recipes and there are great ones - and then, there are genius recipes. The genius recipes in this cookbook will surprise you and make you rethink the way you pressure cook. The way to the hearts of

your man and family is through good food on the table. Meal times can be such wonderful of times when you have the most fantastic of food on the table. That is when this Instant Pot cookbook can come to your rescue. Offering hundreds of recipes that are proven to work - and proven delicious - plus Plain-English answers to all of your instant pot pressure-cooker questions, author Michelle has created the single most useful electric pressure-cooker book ever published. It's a resource you'll turn to again and again as you explore the world of pressure-cooker possibilities and pleasures. The complete Instant Pot cookbook will give you all the tools you need to start enjoying pressure cooking for your friends and family with: 550 Instant Pot Recipes using seven main ingredients or less for every meal A Complete Overview explaining the fundamentals of the instant pot and its usage Practical Techniques for pressure cooking, including simple clear instructions for serving and nutritional information. Handy Charts illustrating the instant pot cooking times and

temperature. Flexibility - Spend a little extra prep time to achieve the deepest flavor, or skip the prep to get cooking right away. "I just bought an Instant Pot DUO-60 and got this book to go along with it. It really is so much better than the manual that came with my Instant Pot! As a busy mom of three young kids, I am thrilled to have found this cookbook! This one is a lifesaver!" - Esther Wilson, Reader and Paleo Diet Follower Would You Like to Know More? Scroll to the top and click that 'yellow button', and Get your copy Today! See you inside!

Instant Pot Cookbook Independently Published Enjoy 550 Easy and Most Delicious, Foolproof, Hand-Picked Instant Pot Recipes. Anyone Can Cook. ★★BONUS★★ (click Buy a paperback copy of this book NOW and you will receive the Kindle version Absolutely FREE... Learn how to become a great chef in the kitchen and impress your guests, friends, and family with your newly acquired Instant Pot Cooking Skills! This ultimate cookbook is here to give you useful information about the Instant Pot pressure cooker as well as the step-by-step easy and

quick way to cook perfect delicious recipes.

Throughout the pages of this book, you will discover a variety of sweet, savory, salty, and other delicious recipes. These flavorful dishes are hand-picked to ensure you have a hearty collection of the best recipes on hand at all times. As a result, this cookbook is the ultimate companion to your Instant pot. You are guaranteed to find a wonderful selection of traditional, modern and alternative recipes inside to suit any palette. Pick the best recipes you like and start cooking with Instant pot now. You will be amazed at how simple it is to use. You'll discover the 550 Easy & Delicious Instant Pot Recipes under various categories such as: Breakfasts Poultry Recipes Meat Recipes Fish and Seafood Soups and Stews Side Dishes Vegetable Recipes Snacks and Appetizers Beans and Grains Rice Recipes Egg Recipes Yogurt Recipes Sauce Recipes Desserts Check out some of the recipes you are about to discover: Carrot Oatmeal Breakfast Easy Egg Muffins Cheering Chicken Wings Vanilla Steel Cut Oats. Barbeque Honey Chicken Sesame Chicken

Recipe Creamy Pork Chops Stuffed Chicken Breast Pulled Pork Recipe Pork Chops & Brown Rice Tuna & Pasta Casserole Chicken Meatball Soup Sweet Potato and Turkey Soup Brussels Sprouts & Potatoes Dish Black Beans and Chorizo Chocolate Lava Cake Pumpkin Chocolate Cake Delicious Apple Cake Ginger and Pineapple Risotto The recipes are easy to follow and can be used by anyone regardless of their background. Go ahead and explore an incredible variety of nutritious and delicious recipes that you make with the magical Instant Pot. Don't wait for another second to get this life-changing book. Get fit, happy, and stress-free life by ordering your copy right away! instant pot cookbook, instant pot recipes, instant pot cookbook 2019, instant pot accessories, instant pot bible cookbook, instant pot cookbook for beginners , instant pot beginners, instant pot baking, instant pot books, instant pot diabetic recipes, instant pot diabetic cookbook, instant pot desserts, instant pot diet, instant pot duo cookbook, instant pot cookbook for two by jessy jones, instant pot electric pressure cooker

cookbook, instant pot soups, instant pot seafood, instant pot ultra cookbook, instant pot vegetarian cookbook, instant pot zimmerman, instant pot 1000, instant pot recipes for beginners.

The Complete Instant Pot Cookbook For

Beginners Knowledge Crave

What does the Instant Pot do, exactly? If this programmable countertop multi-cooker earns a spot in your kitchen, you'll probably start relying on it more than any other cooking appliance. The specific functions of your Instant Pot will vary based on which model you purchase, but these are the basic programs that will be present in most models: Slow cooker Pressure cooker (most models let you cook on high or low pressure, or choose specific pressure setting like poultry or meat/stew) Rice cooker; Steamer; Saute/browning; Yogurt maker;Warmer Many models also come with additional programs, including sous vide machine, egg maker, cake maker, and sterilizer. You can even purchase an air frying lid for your pot. In this book you will find 550 recipes in the following categories: Poultry Pork Beef Fish & Seafood

Vegetables & Side Dishes
Fast Snacks & Appetizers
and more... Get a copy of
this Instant Pot Cookbook
for Easy and No-Fuss
Meals!

*Instant Pot for Two
Cookbook* Createspace
Independent Publishing
Platform

This Complete 550 Instant
Pot Recipe Cookbook
includes effortless and
delicious to make recipes,
for unforgettable
experience and yummy
meals! Nutritional Facts
on all recipes which
makes it easier to follow
your macros.

Instant Pot Cookbook for
Beginners Createspace
Independent Publishing
Platform

550 Delicious, Easy &
Healthy Recipes to Cook
Healthy Cuisine with Less
Time Would you like to
make your life healthier
and easier? Do you want
to have healthy dishes in
fast and efficient way? If
yes, then you're lucky
enough to find this
cookbook! The Instant Pot
is one of the most popular
cooking appliance these
days. With its ability to
pressure-cook foods in
minutes, as an all in one
pot, it will save people
who are always busy a lot
of time. This simple, yet
powerful pressure cooker
cookbook has plenty of
content in the following

categories: Foolproof
Rice & Grains recipes for
quick carbs recharge No-
fuss Brunch and Dinner
recipes to keep
"cheating" Lots of protein
recipes - Poultry, Meat,
Fish & Seafood Craveable
Side Dishes & Snacks The
Complete Instant Pot
Cookbook For Beginners
will take care of your
scarce cooking time and
will show you the easiest
& tastiest way towards a
New Lifestyle based on
your Instant Pot pressure
cooker. So stop waiting,
and just take actions now!

550 Instant Pot Recipes Cookbook

Independently Published
Enjoy 550 delicious
recipes - The quick and
easy way! Do you want to
master the instant pot
pressure cooker? Do you
want to know what your
Instant Pot is capable of?
Do you want to make
yummy meals in matter of
minutes and keep feeding
your family with healthy
homemade meals? Well,
we know you would. This
book consists of 550
delicious recipes that are
so easy to make, specially
picked out to help you
master your Instant Pot
from your very first meal.
The book recipes and
instruction are written
step by step and in a clear
understandable manner
for beginners and

advanced users. What this
book is all about: Easy-to-
follow steps to make
cooking easier and faster
Over 550 delicious easy
recipes for smart and
busy people Instant Pot
tips and tricks for
beginners and advanced
users Big variety of
modern recipes for any
taste to surprise your
family and friends
Cookbook with beginner's
guide and troubleshooting
tips With this Instant Pot
cookbook, you finally
have an Instant Pot
cookbook you can indulge
in again and again when
cooking. This is a must
have tool for any instant
pot user. Grab your copy
now! There are so many
reasons why you'll love
this Instant Pot Cookbook
for Beginners.

550 INSTANT POT RECIPES COOKBOOK

Independently Published
Master Your Instant Pot
with 550 Quick and
Healthy Recipes! This
cookbook will teach you
how to make tasty, savory
and mouthwatering
recipes in the easiest way
possible. It will greatly
improve your culinary
skills to impress your
guests, friends and family.
It is equipped with a
collection of recipes ideas
to make for breakfast,
soup and stews, beef and
pork, appetizer and

desserts etc. You don't need to worry about what to eat because you will find 550 delicious and Healthy recipes which can be ready in just 30 - 40 minutes or less in this book. With this 550 Instant Pot Recipes Cookbook as your guide, you will learn how to make the best dishes in the world without breaking a sweat in the kitchen. With this book, you can make any mouth-watering delicious recipes with your Instant Pot. The collection of interesting recipes in this book ranges from savory breakfasts and hearty stews to beef, pork, soups and stews to decadent desserts and many more. This cookbook is perfect for anyone who wants to maximize the full potentials of their Instant Pot. In this book, you will find: 550 Quick, Healthy and Mouthwatering Recipes for your Instant Pot. It contains Instant Pot tips and tricks for complete beginners. Big variety of modern recipes for any taste to surprise your family and friends. Everything can be served in less than few minutes and yet delicious. Common and Tasty Ingredients for no-fuss meals. Easy-to-follow Instructions written in

clear and understandable manner. The 550 Instant Pot Recipes Cookbook will take care of your scarce cooking time and will show you the easiest & tastiest way towards a whole new life with your Instant Pot! To get this book, Scroll Up Now and Click on the "Buy now with 1-Click" Button to Download your Copy Right Away! Grab Your Copy Now!

Instant Pot Cookbook
Createspace Independent Publishing Platform

The book presented to you is a collection of recipes of various and incredibly delicious dishes. Here everyone will find something to their taste. The author of this book has selected for you the easiest and tastiest recipes for dishes made in a pressure cooker Instant Pot. Only the best recipes for an Instant Pot with minimal costs and time spent. Instant Pot recipes for both beginners and advanced users. Recipes are listed step by step in a clear and understandable manner. This Instant Pot book will help you: 1. Start cooking in the Instant Pot pressure cooker immediately after purchase. 2. Prepare a variety of dishes from meat, poultry, fish, vegetables, cereals and

other products without losing their taste qualities and vitamins. 3. Cook delicious meals quickly and without problems. 4. Save time on finding recipes for breakfast, lunch and dinner. Everything you need is here. 5. Prepare appetizing and fragrant desserts, which will make you and your family drool. 6. Cook only the best of the top dishes.

Instant Pot Cookbook

2019: 550 Quick and Delicious Instant Pot Recipes for Your Whole Family, Multi-Function Power Pressure Cooker Cookbook for E

Independently Published 550 delicious and simple Instant Pot recipes for your daily diet from breakfast to dessert! Cooking with an Instant Pot is easy and quick. And you will be surprised how many dishes can be prepared thanks to this device! From healthy breakfasts and comforting food to delicious pasta, seafood or meat, - suitable even for lovers of gourmet cuisine. It does not matter if you are a professional cook or an absolute beginner. Delicious, healthy, fast and simple! In this Instant Pot Cookbook you'll find 550 delicious recipes for you daily diet including:

Beans & Legumes, Rice & Grains, Pasta, Vegetables, Vegetarian & Vegan, Soups & Stews, Seafood & fish, Poultry, Beef & Lamb and Pork, Stocks & Sauces, Snacks, Desserts. Some examples of recipes included in this cookbook: Mac & Cheese with vegetables. Quinoa Salad. Parmesan Roast Chicken. Shrimp Paella. Classic Lasagna. Lentil vegetable soup. And even desserts such as Apple Streusel and Crème Brûlée. The recipes come with a detailed list of ingredients, the number of servings, the total prep and cook time and easy to follow step-by-step instructions. An instant pot is a necessary tool for any busy person and with this cookbook, you will cook better, tastier and faster meals for yourself and your family. Get your copy of Instant Pot Cookbook: 550 Quick and Easy Recipes for Your Daily Diet and start making the most of your Instant Pot today!

[Instant Pot Cookbook](#) Independently Published Save Time in the Kitchen with Easy, Set-and-Forget Recipes from The Healthy Instant Pot Cookbook for The Whole Family. This Instant Pot Recipe Cookbook Includes Effortless and Delicious to

Make Recipes, for Unforgettable Experience and Yummy Meals! Enjoy Easy Recipes for Any Budget with this Instant Pot Pressure Cooker Cookbook. Limited-time offer! Buy Paperback and get Kindle version FOR FREE! It includes: Helpful Tips and Tricks Detailed Ingredient Lists Delicious Meals the Whole Family Will Love Recipes for Busy People Easy-to-follow Instructions on Making Each Dish The World Of Instant Pot Breakfast Recipes Protein Rich Poultry Recipes Fish and Seafood Scrumptious Soups and Stews Meatless Cuisines Savory Beef, Lamb, and Pork Dishes Classic Sides Snacks and Appetizers Desserts Plus much more helpful information.

[550 Instant Pot Recipes Cookbook](#) Independently Published All of the recipes in this cookbook are made using very simple and easy to find ingredients and are perfect for beginner cooks. But advanced chefs fear not! As in between the simpler recipes in this instant pot recipe cookbook, you might stumble upon a few harder instant pot recipes that will teach you a new thing or two. All said, this instant pot recipe book

has something for everyone. With that, I encourage you to test the recipes, experiment adding your own flavors and embark on your instant pot quest! This instant pot book contains: Information about the instant pot Tasty instant pot recipes Recipes with the simple ingredients Pressure cooker recipes with the pictures Two options of the cookbook for instant pot are available: Black and white version Full-color edition - Simply press See all formats and editions above the price. Press left from the "Paperback" button.

[Instant Pot Cookbook 550](#) Independently Published Enjoy Top 550 Easy, Delicious and Healthy Air Fryer Recipes - The Easy Way! Do you want to Master your Air Fryer and impress your family, friends and loved ones? Do you want to make tasty, delicious and yet, healthy dishes with your Air Fryer? Do you want to utilize the full potentials of your Air Fryer? If yes to the above questions, then this cookbook is absolutely for you! The "Top 550 Air Fryer Recipes Cookbook" contains the information required to make the best dishes in the world. Each

recipes are specially hand-picked and tried in our kitchen to provide you with maximum and possible near result. The recipes are easy to make, delicious and can be served in less than 25 minutes. These recipes are suitable to all audiences, from the beginner to the experienced cook. Inside this cookbook, you will find tasty top 550 Air Fryer Recipes under various chapters such as: Breakfast Recipes Poultry Recipes Main Meal Recipes Fish & Seafood Recipes Egg Recipes Pork & Beef Recipes Side Dish Recipes Vegan & Vegetarian Recipes Burger Recipes Snack & Appetizer Recipes Dessert Recipes The "Top 550 Air Fryer Cookbook" brings you recipes such as: Cinnamon Rolls, Buttermilk Fried Chicken, Roasted Parsnips, Potato Wedges, Cranberry Pecan Muffins, Spicy Chicken Burgers, Curry Chickpeas, Cheese Omelette, Savory Roasted Sweet Potatoes and much more. To get this book, Scroll Up Now and Click on the "Buy now with 1-Click" Button to Download your Copy Right Away! Grab Your Copy Now!
[Instant Pot Cookbook 2019](#) Knowledge Crave

Do You Wish to Achieve Your Weight Watchers Goal Faster within a Short Period? Do You Wish to Learn New Healthy, Low Point Freestyle Instant Pot Electric Pressure Cooker Recipes? Do You Wish to Learn Quick and Easy Instant Pot Recipes to Help You Meet Your Tight Work Schedule and as well Avoid Junk Foods? Do You Wish to Learn the Healthy Ways to Eat Those Foods You Love and Still Meet up with Your Lifestyle Target? Low Point Freestyle Instant Pot Cookbook 2019 Teaches 550 New, Delicious, Quick and Easy Weight Watchers Freestyle Instant Pot Electric Pressure Cooker Recipes with Low Carb & Food Point for Healthy Living. This cookbook is an ultimate kitchen companion for any mum, chef or cook who wish to learn how to cook new healthy weight loss, low food point recipes. You will discover many instant pot recipes that require 5 ingredients or less and yet are healthy and taste great, thereby slashing your grocery bills by one third. You will find instant pot recipes for healthy living and weight loss. Here Are the Summary of the Things You Gain From this Low Point Freestyle

Instant Pot Cookbook 2019: Freestyle Instant Pot Low Point Breakfast Recipes Freestyle Instant Pot Low Point Main Meal Recipes Freestyle Instant Pot Low Point Soup, Stew and Chili Recipes Freestyle Instant Pot Low Point Beef Recipes Freestyle Instant Pot Low Point Chicken Recipes Freestyle Instant Pot Low Point Pork Recipes Freestyle Instant Pot Low Point Side Dish and Snacks Recipes Freestyle Instant Pot Low Point Dessert Recipes Instant pot beginner and maintenance tips Weight watchers low point tips FAQs and Answers on Nutrition and Weight Loss Helpful Kitchen Tips, etc. Are You ready to meet your lifestyle target with the help of your instant pot pressure cooker? Then scroll up and hit the BUY Button now!
The New 550 Instant Pot Recipes Cookbook Independently Published Looking for a quick meal, but don't want to use a microwave? An Instant Pot is a multifunctional pressure cooker that can cook anything from roasts to chicken to desserts, and in much less time than most other cooking appliances. Instant Pots come in a variety of designs, but each one has

its own unique set of features. Some of the new technologies include air frying and Wi-Fi connectivity. What can this appliance do? How does an Instant Pot work? This Cookbook explains everything you need to know about Instant Pots. In this book, you'll find 2020's most affordable, quick & easy recipes for beginners on the Instant Pot . Each recipe includes...

- Affordable ingredients: save money cooking budget friendly recipes.
- Easy to find ingredients: cook with ingredients easily found inside your home.
- Servings: cook the right amount of food for your diet.
- Cooking times: save time in the kitchen.
- Highly rated recipes: enjoy the most popular recipes.

Get a copy of this Instant Pot Cookbook for Busy People on a Budget!
INSTANT POT COOKBOOK

FOR TWO; 550 Amazingly Easy & Delicious Instant Pot Recipes to Enjoy Together Createspace Independent Publishing Platform
 The only instant pot cookbook you will ever need with over 500+ foolproof, easy and quick recipes for crafting restaurant-quality meals every day for beginners and advanced users. Get your copy NOW!

The Easy 5-Ingredient Instant Pot Cookbook
 Independently Published
 550 Easy Instant Pot Recipes for Quick & Efficient Cooking! Do you crave quick effortless instant pot recipes? I know you had tasty dinners with the loved ones and but the time you spent in the kitchen is just A LOT! That's why I focused on creating the one and only Instant Pot recipe book with 550

Delicious meals, that you'll ever need to cook to master the Instant Pot Pressure Cooker This simple, yet powerful instant pot cookbook has plenty of content in the following categories: My Favorite Morning Recipes No-fuss Brunch and Dinner recipes to keep "cheating" Energizing Smoothies and Appetizers Great Vegan and Vegetarian recipes Great variety of Pasta, Beans and Grains Fascinating Keto Desserts Drinks Lots of protein recipes - Poultry, Meat, Fish & Seafood Craveable Side Dishes Snacks This complete Instant Pot cookbook for Beginners will take care of your scarce cooking time and will show you the easiest tastiest way towards a PERMANENT TASTE & A GREAT NEW LIFESTYLE! Get it now and give yourself the best present!