

# Tweak Growing Up On Methamphetamines

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*Tweak Growing Up On Methamphetamines*

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## ARTHUR ROLLINS

**Merriam-Webster's Intermediate Visual Dictionary** Piatkus  
Traces the efforts of a small Iowa community to counter the pervasiveness of crystal methamphetamine, in an account that offers insight into the drug's appeal while chronicling the author's numerous visits with the town's doctor, the local prosecutor and a long-time addict. Reprint. A best-selling book.

*One Last Hit and Other Lies That Nearly Killed Me* Kensington Books

Bill Clegg had a thriving business as a literary agent, a supportive partner, trusting colleagues, and loving friends when he walked away from his world and embarked on a two-month crack binge. He had been released from rehab nine months earlier, and his relapse would cost him his home, his money, his career, and very nearly his life. What is it that leads an exceptional young mind want to disappear? Clegg makes stunningly clear the attraction of the drug that had him in its thrall, capturing in scene after scene the drama, tension, and paranoid nightmare of a secret life--and the exhilarating bliss that came again and again until it was eclipsed almost entirely by doom. He also explores the shape of addiction, how its pattern--not its cause--can be traced to the past. Portrait of an Addict as a Young Man is an utterly compelling narrative--lyrical, irresistible, harsh, honest, and beautifully written--from which you simply cannot look away.

[Beneath a Meth Moon](#) Sourcebooks, Inc.

Ava and Lexi, high school seniors and identical twins, created an imaginary triplet, Alicia, to date and dump boys but now they're being stalked and impersonated by the sister they invented--and their former dates are turning up dead.

[Methland](#) Simon and Schuster

Writing can open doors to a better life for Raina—but it's up to her not to slam them shut Raina doesn't trust anyone. People either hurt you or leave you—or they die, which is the same thing, really. She used to trust her mother, until her mother chose heroin and a long series of abusive boyfriends over her. Now, sixteen-year-old Raina panhandles on the streets and sleeps in abandoned buildings with her boyfriend, Sonny. She doesn't tell anyone the truth about her life, at least not out loud, but she can't stop it from coming out in the poems and stories she writes for her teacher Miss Johnson. Miss Johnson knows that Raina is smart, perceptive, and utterly locked inside of herself. The concerned teacher reaches out again and again, but Raina's dreams have been crushed by reality too often. What will it take for Raina to ask for help?

**A Memoir** Merriam-Webster

An accessible basic text written in today's language for anyone guided by the Twelve Steps in their recovery from addiction to alcohol and other drugs. For decades people from all over the world have found freedom from addiction--be it to alcohol, other drugs, gambling, or overeating--using the Twelve-Step recovery program first set forth in the seminal book Alcoholics Anonymous. Although the core principles and practices of this invaluable guide hold strong today, addiction science and societal norms have changed dramatically since it was first published in 1939. Recovery Now combines the most current research with the timeless wisdom of Alcoholics Anonymous, Narcotics Anonymous, and other established Twelve-Step program guides to offer an accessible basic text written in today's language for anyone recovering from addiction to alcohol and other drugs. Marvin D. Seppala, MD, offers a "doctor's opinion" in the foreword to Recovery Now, outlining the medical advances in addiction

treatment, and updating the Big Book's concept of addiction as an allergy to reveal how it is actually a brain disease. Regardless of gender, sexual orientation, culture, age, or religious beliefs, this book can serve either as your guide for recovery, or as a companion and portal to the textbook of your chosen Twelve-Step Program.

[Tweak](#) Zondervan

The actress best known for her work on "3rd Rock from the Sun" traces the story of her career and the personal difficulties that challenged her after "3rd Rock" ended.

**Story of a Drunken Girlhood** IDW Publishing

In his follow-up to his bestselling memoir Tweak: Growing Up On Methamphetamines, Nic Sheff reveals a brutally honest account of a young person's struggles with relapse and rehab. In his bestselling memoir Tweak, Nic Sheff took readers on an emotionally gripping roller-coaster ride through his days as an addict. In this powerful follow-up about his continued efforts to stay clean, Nic writes candidly about eye-opening stays at rehab centers, devastating relapses, and hard-won realizations about what it means to be a young person living with addiction. By candidly revealing his own failures and small personal triumphs, Nic inspires readers to maintain hope and to remember that they are not alone in their battles. A group reading guide is included. Nic Sheff's Tweak, We All Fall Down, and his father's memoir about him (Beautiful Boy) are the basis of the film Beautiful Boy starring Steve Carell and Timothée Chalamet.

**The White Horse** Harmony

Inspiration for the Netflix Limited Series, Tales of the City The seventh novel in the beloved Tales of the City series, Armistead Maupin's best-selling San Francisco saga. Nearly two decades after ending his groundbreaking Tales of the City saga of San Francisco life, Armistead Maupin revisits his all-too-human hero

Michael Tolliver—the fifty-five-year-old sweet-spirited gardener and survivor of the plague that took so many of his friends and lovers—for a single day at once mundane and extraordinary... and filled with the everyday miracles of living.

*A Memoir that Explores the Depths of Methamphetamine and Drug Addiction* Pan Macmillan

The author details his immersion in a world of hardcore drugs, revealing the mental and physical depths of addiction, and the violent relapse one summer in California that forever changed his life, leading him down the road to recovery.

**A Memoir** Simon and Schuster

THE NEW YORK TIMES BESTSELLER NOW A MAJOR FILM, STARRING STEVE CARELL AND BAFTA AND GOLDEN GLOBE NOMINATED TIMOTHEE CHALAMET 'It was like being in a car with the gas pedal slammed down to the floor and nothing to do but hold on and pretend to have some semblance of control. But control was something I'd lost a long time ago.' Nic Sheff was drunk for the first time at age 11. In the years that followed, he would regularly smoke pot, do cocaine and ecstasy, and develop addictions to crystal meth and heroin. Even so, he felt like he would always be able to quit and put his life together whenever he needed to. It took a violent relapse one summer to convince him otherwise. In a voice that is raw and honest, Nic spares no detail in telling us the compelling true story of his relapse and the road to recovery. He paints an extraordinary picture for us of a person at odds with his past, with his family, with his substances, and with himself. Tweak is a raw, harrowing, and ultimately hopeful tale of the road from relapse to recovery and complements his father's parallel memoir, *Beautiful Boy*. Praise for Nic Sheff: - 'Difficult to read and impossible to put down.' Chicago Tribune 'Nic Sheff's wrenching tale is told with electrifying honesty and insight.' Armistead Maupin

*A True Story* Simon and Schuster

Traces the author's painful childhood in a series of foster homes, her deteriorating relationship with her emotionally unstable mother, abuse at the hands of a foster family, and her subsequent efforts to advocate for an improved foster care system.

*The Incredible True Story of One Addict's Double Life* Bloomsbury Publishing USA

Discovering George Michael's Faith confirmed for David Crabb what every bully already knew: he was gay. What saved him from

high school was finding a group of outlandish friends who reveled in being outsiders. David found himself enmeshed with misfits: wearing black, cutting class, staying out all night, drinking, tripping, chain-smoking, idolizing the Pet Shop Boys—and learning lessons about life and love along the way. Richly detailed with nineties pop-culture, and including black-and-white photos throughout, *Bad Kid* is as laugh-out-loud funny as it is poignant. David Crabb's journey through adolescence captures the essence of every person's struggle to understand his or her true self.

*Trinkets* Penguin

Sixteen-year-old Gordie Jessup is a good kid but he's living a nightmare. His eighteen-year-old brother Chase's two-year addiction to crystal meth has left their family emotionally and financially drained. And just when Gordie thinks he can no longer stand the manipulating, the lying and the stealing, things get even worse. Chase is arrested for aggravated assault, released on bail and sent home to his family. But his dealers are after him and Chase appeals to Gordie for help. Gordie, disgusted with his brother and fully aware that it's a gamble, risks everything he has in the hope of bringing his family some peace.

*A Crystal Meth Memoir* Scholastic UK

Laurel Daneau has moved on to a new life, in a new town, but inside she's still reeling from the loss of her beloved mother and grandmother after Hurricane Katrina washed away their home. Laurel's new life is going well, with a new best friend, a place on the cheerleading squad and T-Boom, co-captain of the basketball team, for a boyfriend. Yet Laurel is haunted by voices and memories from her past. When T-Boom introduces Laurel to meth, she immediately falls under its spell, loving the way it erases, even if only briefly, her past. But as she becomes alienated from her friends and family, she becomes a shell of her former self, and longs to be whole again. With help from an artist named Moses and her friend Kaylee, she's able to begin to rewrite her story and start to move on from her addiction. Incorporating Laurel's bittersweet memories of life before and during the hurricane, this is a stunning novel by one of our finest writers. Jacqueline Woodson's haunting - but ultimately hopeful - story is beautifully told and one readers will not want to miss.

**Living with Addiction** Harlequin

A brave teen recounts her debilitating struggle with obsessive-compulsive disorder—and brings readers through every painful

step as she finds her way to the other side—in this powerful and inspiring memoir. Until sophomore year of high school, fifteen-year-old Allison Britz lived a comfortable life in an idyllic town. She was a dedicated student with tons of extracurricular activities, friends, and loving parents at home. But after awakening from a vivid nightmare in which she was diagnosed with brain cancer, she was convinced the dream had been a warning. Allison believed that she must do something to stop the cancer in her dream from becoming a reality. It started with avoiding sidewalk cracks and quickly grew to counting steps as loudly as possible. Over the following weeks, her brain listed more dangers and fixes. She had to avoid hair dryers, calculators, cell phones, computers, anything green, bananas, oatmeal, and most of her own clothing. Unable to act “normal,” the once-popular Allison became an outcast. Her parents questioned her behavior, leading to explosive fights. When notebook paper, pencils, and most schoolbooks were declared dangerous to her health, her GPA imploded, along with her plans for the future. Finally, she allowed herself to ask for help and was diagnosed with obsessive-compulsive disorder. This brave memoir tracks Allison's descent and ultimately hopeful climb out of the depths.

*Portrait of an Addict as a Young Man* Back Bay Books

The author of *The Body Remembers* offers eight main strategies--mindfulness, a focus on survival, recovery without false memories, creating an inner dialogue that soothes, building psychological defenses to cope and more--for combating the life-altering affects of trauma. Original

Simon and Schuster

Traces the author's descent from a life of wealth and privilege into crystal meth addiction and petty crime throughout the course of a year, a period during which he came to an understanding of the side effects of crystal meth use and suffered a near-psychotic event that prompted his decision to get clean. Reprint. 25,000 first printing.

*The Science of Addiction: From Neurobiology to Treatment* Simon and Schuster

"In his searing, honest, and ultimately inspiring memoir, Jason Kovacs tells the story of growing up with an abusive father, who contracted HIV and ultimately died of AIDS when Jason was a teenager"--

**Beautiful Boy** Simon and Schuster

This award-winning book covers critical topics: - Why a person does not have to hit rock-bottom - When helping is actually hurting - How to deal with a relapse - Why effective intervention

doesn't have to be a surprise attack Achieve the peace of mind that comes from knowing what works, what doesn't and why. Why Don't They JUST QUIT? provides the answers you so desperately

seek.  
*Tweaked* HarperCollins  
Tweak Growing up on Crystal Meth Simon and Schuster