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## PORTER SARIAH

### **The Healing Power of Angels** Lulu.com

This meditation book uses mindful relaxation to prevent relapse and help readers achieve balance in their body, mind, and spirit. "Chinese sage Lao Tzu said every journey begins 'with a single step.' Recovery begins in the same way. Thankfully, Dr. Jeff Hoffman has penned a simple and elegant volume of meditations to accompany you along the way." --Scott D. Miller, Ph.D., Director of the International Center for Excellence Research shows mindful relaxation, or progressive relaxation, is effective in preventing relapse and helping patients achieve balance in mind, body, and spirit. Living in Balance: 90 Meditations for Recovery from Addiction integrates meditation as a complement to Hazelden's evidence-based Living in Balance curriculum. The first three months of recovery are a critical time when people need to learn good habits to replace old drug-using ones. This unique book recommends and guides readers through ninety meditations--one for each day of the first three months--to help prepare readers for recovery, gain practical insights, and make important changes in life.

### *Just Being: A Pagan Guide to Meditation* Citadel Press

A guide to improving your quality of life and changing the world for the better. I invite you to come on a journey with me into one of the most important, yet often most neglected dimension of yourself: your heart. I want to help you discover, as I have slowly been discovering, that our hearts not only hold the key to our being able to live a fuller and more meaningful life, but also to our being able to play a part in helping heal our planet. The change needed is a shift out of our primarily head-focus into becoming increasingly heart-centered, where we are connected to our hearts and are potentially capable of moving mountains. We are only going to be good activists if we have plenty of heart in our lives—if we are big hearted with a well-activated Heart. A culture of Heart is vital if we are to heal the many wounds and splits that exist between different classes, religions, tribes, and nations. The book has been written from a place of great hope and joy, based on knowledge that our world is changing and that the planetary heart is at last awakening. Praise for Awakening the Universal Heart "If you want to open and develop your heart, to create a better world for everyone, then read this passionate and inspiring book." —William Bloom, author, educator, and activist "We need practical visionaries to show us the way towards a culture of love and of the heart. Serge is one such visionary." —David Lorimer, Programme Director of the Scientific and Medical Network

### *Grandogma for Sacred Village Earth* Harper Collins

Everything in God's infinite universe is governed by laws. These laws apply on a Spiritual, Mental, Emotional, and Physical/Earthly level. By understanding these laws, they can be invoked to speed up our Spiritual evolution literally a thousand times faster than would normally occur. Within this book you will find some of the most profound principles of life which, if followed, will save you lifetimes worth of effort, and will give you results that will boggle your mind and completely transform and resurrect your consciousness. Practicing the Universal Laws of God, as outlined within these pages in a very easy to understand and practical manner, with some of the most profound wisdom quotes of the Masters of old, will take you to the Promised Land and allow you to not only dream, but also to live the impossible dream! Heed the wisdom that is being revealed to you. It's worth its weight in gold!

### **Golden Keys to Ascension and Healing** Abingdon Press

Meditation from the vital fundamentals to the most sophisticated techniques.

### **The Universal Laws of God** AuthorHouse

Your Guardian Angels is a book about spirit angels that assist you in meeting your soul path objectives within the human life you have chosen to live. This book identifies the characteristics and job descriptions of these angels as well as their spirit contract with you in this lifetime. Furthermore, this book outlines the importance of communication with your guardian angels especially when facing challenges in life. It provides information as well as a method to successfully open the door of communication with specific guardian angels. When the door of communication is opened between spirit dimensions and the human plane of living, insight and answers to life challenges can be easily obtained. You have a team of seven to nine guardian angels who are with you always. You have many more guardian angels moving in and out of your life on a daily basis. In truth, you are never alone! This book identifies those angels.

### **The Time Traveler Mysteries of the Universe** Balboa Press

Simpson (political science, U. of Illinois at Chicago) offers a hardheaded look at how to deal with the major social, religious, and political challenges of the last part of this century. He asserts that we need a new politics of compassion based on a clear understanding of political action and its consequences and informed by ethical and explicitly religious values. Paper edition (\$15.95) not seen. Annotation copyrighted by Book News, Inc., Portland, OR

### **Scientific Healing Affirmations** HarperCollins Publishers

Do you know what Prosperity feels like? Is it solely experienced on a physical level when you are

surrounded by symbols of wealth and riches? Or is it a peaceful state of mind without any worries, illness, or stress? One thing is for sure . . . there is an unlimited supply for anyone willing to understand the principles that shape your perception of prosperity and wealth. Understanding that supply means more than just meeting our need for air, food, water, and shelter. Ingraham helped the world to see the spiritual side of supply as the inner foundation of peace and happiness from within. These are the principles E.V. Ingraham (1882-1978) wrote about in *WELLS OF ABUNDANCE* while active at Unity Village in Lee's Summit Missouri over 80 years ago. He joined the staff at Unity School in 1919 and organized the Sales department that supplied literature to Unity centers. This is where he soon became acquainted with Douglas DeVorss, who was the Unity Sales Director before he founded DeVorss & Company in Los Angeles in 1929. Originally published in 1938, *WELLS OF ABUNDANCE* was written during an era when most books referred to people with masculine references and pronouns without implying that one gender was more entitled or more deserving than the other. In this updated edition, DeVorss Publications has enhanced the meaning by making subtle changes that allow the message to be all-encompassing for all readers.

**The Personal Universal** Partridge Publishing Singapore

*Beyond Christianity* draws on rich ethnographic work in a Religious Science church in Oakland, California, to illuminate the ways a group of African Americans has adapted a religion typically thought of as white to fit their needs and circumstances. This predominantly African American congregation is an anomalous phenomenon for both Religious Science and African American religious studies. It stands at the intersection of New Thought doctrine, characterized by personal empowerment teachings, and a culturally familiar liturgical style reminiscent of Black Pentecostals and Black Spiritualists. This group challenges oversimplified concepts of the Black church experience and broadens the concept of Black religion outside the boundaries of Christianity—raising questions about what it means to be an African American congregation, and about the nature of blackness itself. *Beyond Christianity* adds a new dimension to the scholarship on Black religion.

*Awakening The Universal Heart* Watkins Media Limited

Are you ready for The No-Plan Plan? ? Do you have an automatic, unconscious need to plan in order to feel safe and secure in your life? ? Have you ever felt like planning might actually be a stressful waste of your time? ? Have you ever heard your inner voice calling you to be more creative or spontaneous? ? Have you ever felt that your work was meaningless and that somewhere there is a better ?fit? for you? a more authentic alignment of who you are inside with what you do for a living? ? Are you willing to share who you are at your core to help others, even if it means you have to be more vulnerable than you have ever been courageous enough to be? If you answered ?yes? to one or more of these questions, then you just might be ready to reclaim the power of your creative spirit through your genuine adoption of The No-Plan Plan in your life and the regular practice of the approaches I share in this book.

*The Gifts Beneath Your Anxiety* Casemate Publishers

An eloquent anthology honoring the wonders and challenges of life on earth and celebrating the seasons of our lives. The mysteries and delights of life on earth are illuminated in this richly eclectic collection of poetry, wisdom, prayers, and blessings from thinkers and writers around the world. Here you will find the poetry of Hildegard of Bingen and Gary Snyder; the political wisdom of Nelson

Mandela and Martin Luther King, Jr.; a treasury of women's prayers, classical verse from China and Japan; and beautiful chants and prayers by Native Americans. A joyous affirmation of the human journey in all its forms, in all its struggles and glories.

*Handbook of Denominations in the United States, 14th Edition* DeVorss & Company

A revised and updated edition of a groundbreaking self-help classic, with a foreword by Eckhart Tolle, bestselling author of *The Power of Now* and *A New Earth Three Magic Words* presents a simple but profound truth: we can shape the outer world by shaping our inner thoughts. Instead of being controlled by circumstances, we can become architects of our reality by harnessing the power of consciousness itself. Throughout the book, U. S. Andersen illustrates this principle with meditations to help you reframe difficult situations and cultivate liberating thoughts. He also empowers you to: • understand the true relationship between mind and matter • free yourself from limiting beliefs • program your thoughts for success • tap the power of the subconscious mind • develop your innate intuitive abilities As Andersen puts it, this book is “aimed at revealing to you your power over all things. You will learn that there is only one mover in all creation, and that mover is thought.”

*Wells of Abundance* Llewellyn Worldwide

This volume represents the wisdom of the ascended masters condensed into concise keys that serve as a spiritual guide. There are 420 golden keys that present the multitude of methods, techniques, affirmations, prayers, and insights Dr. Stone has gleaned from his own background in psychology and life conditions and his thorough research of all the ancient and contemporary classics that speak of the path to God realization. The teachings of Sai Baba and other ascended masters are at the core of these keys, and the author has also drawn up on various spiritual scriptures such as the Bhagavad-Gita and the Bible. Especially valuable are practical methods to support the ascension process, such as journal writing and spiritual logs, as well as meditations and prayers.

*Quantum Bliss* NYU Press

"Power Prayer" is the first book to show readers how to use prayer as a practical tool that can make a difference--whether in their own lives or the lives of others.

*Power Prayer* Simon and Schuster

Quantum Bliss is the breakthrough VIP summary of success, spirituality and mindful secrets that customers have been seeking since *The Power of Now* and *The Secret* became famous. Go beyond the law of attraction and power of awareness and learn the secrets of Quantum Bliss.

*The National Spiritualist Summit* Church Publishing, Inc.

The *Handbook of Denominations in the United States* has long been the gold standard for reference works about religious bodies in America. The purpose of this Handbook is to provide accurate and objective information about the most significant Christian traditions and denominations in the United States today. It contains descriptions of over 200 distinct Christian denominations as well as overviews of the several major Christian traditions to which they belong—based on shared historical and theological roots and commitments. The information for each denomination has been provided by the religious organizations themselves and focuses on the denominations' doctrines, statistics, and histories. The 14th edition is completely updated with current statistics, new denominations, and recent trends. The book has been made more useful and manageable by moving very small groups into broader articles while giving more detail and description to the large and influential

denominations.

Miles to Go Booktango

Self- Mastery is a series of lessons centered around the personal development of the young adult.

We offer teaching in Yoga, Meditation and personal development.

*Meditation, Prayer & Affirmations* ARE Press

STRENGTHEN YOUR AURA AND EXPERIENCE GREATER ENERGY, LOVE, AND HAPPINESS Thousands of people have found The Power of Auras invaluable—especially those in the holistic health field who use its methods in their daily practice. This new edition will bring the message of self-sufficiency to even more people who desperately need greater strength during this time of change. With this book, you will learn how to: See or sense auras. Develop spiritual self-defense and protection. Increase power, balance, focus, and clarity. Heal and release dense vibrations. Release attachments and addictions. Cut psychic ties and cords. And much more!

*Whispers from Eternity* Adams Media

“Can help you heal yourself, your family, friends, clients, community, and the entire planet. I have never seen a more complete affirmative prayer book.”—Marci Shimof, #1 New York Times bestselling author of *Happy for No Reason* In a world of chaos, uncertainty, and malaise, we can no longer depend on the institutions we counted on to offer security and hope. With increasing anxiety and a sickening fear of the future, can we reverse the downward spiral of turmoil and frustration? *Instant Healing* provides a powerfully positive solution. By using simple prayers and affirmations, you can experience immediate healing, comfort, and solace. You can gain self-empowerment, inner strength, wellness, and abundance beyond your dreams. *Instant Healing* provides 243 healing affirmations and prayers, along with instructions on how to use them. These methods are simple and effective—and require no background or training. Just read them audibly, with conviction, and in a clear voice. Then let go and allow miracles to happen. The field-proven, non-denominational, universal methods of spiritual healing in this book have changed the lives of millions of people worldwide. “Shumsky has been there. That’s what makes her a great teacher.”—Larry Dossey, New York Times bestselling author of *Healing Words* “For those who use affirmations to alter their feelings, this book will provide many and give comfort to your suffering.”—Fred Alan Wolf, PhD, National Book Award-winning author of *Taking the Quantum Leap* “As you read and use this book,

my hope is that you get involved and make it your own by practicing the healing prayers, which will help you grow spiritually and transform your life in positive, powerful ways.”—Dannion Brinkley, New York Times bestselling author of *Saved by the Light*

*Centering Prayer and Inner Awakening* Rowman & Littlefield

“God created us to be lovers,” writes Nick Wagner in his introduction to *Spiritual Direction in Context*. “When we love, we are in right relationship. We are acting for justice. The ministry of every spiritual director, in any context, is to serve as a guide into the depths of that love relationship.” Here, in this provocative collection of essays, respected leaders in the field of spiritual direction explore the myriad of contexts in which this relationship takes place and offers practical ways to respond to them. As the popularity of spiritual direction grows, directors are facing situations that monks and nuns – for centuries the exclusive practitioners of this profession – never had to face. The essays in this book, drawn from *Presence*, the journal of Spiritual Directors International, look deeply at spiritual direction in a number of contexts, including the workplace, with the aging, in hospitals, with women’s groups, with youth, with the homeless, and with those in mourning. *Spiritual Direction in Context* is the third in the SDI series.

*Goddess Aloud!* Xlibris Corporation

Frankie is an investigator who is always in control until her life falls apart. Everything she thinks is real is tested. She investigates the death of a faith healer’s grandmother in a small Pacific Northwest town. Frankie learns that some who die, do not so easily depart. As the veil between the here and the hereafter becomes very thin, she questions everything, including her sanity. She must fight for her client against her own agency’s agenda and finds there is more to life and to death than she ever imagined. *Martin* is the first book in The Metaphysical Mystery Series, stories told in the tradition of Magical Realism where the fantastic emerge when least expected. Follow Frankie Dupree’s search for her missing reality and her knack to be in the wrong place at the perfect time. When this journey starts, Frankie is a hardnosed investigator who has respect for the rules, especially if they are hers. She has created a predictable world until she turns fifty and her rules no longer apply. She struggles to put her life together to discover the facade between her consciousness and the other side is not what she thought it to be. The more she learns, the less she knows. Her truth no longer works, but her answers are out there if she is brave enough for the journey.