

Past Life Retrogression

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CALEB JORDON

Past Life Regression Gramercy

If you're ready to explore who you were before and how the events and emotions in your past lives affect and influence who you are now, this workbook and experiential guide is for you. Based on the author's reincarnation workshops and past life regressions conducted with hypnosis clients for the past 37 years, this book offers numerous mind-opening meditations, experiential exercises, anecdotes, and examples as it takes you on a journey into and through your past life memories. You're guided through understanding, balancing, and healing your karma in a clear, loving way. You'll see how to recognize soul mates and special people you've been with before and understand their connections to you now. You'll discover how to open your memories by tuning into your subconscious and entering a meditative frame of mind, through dreams and déjà vu, by following current clues, looking at past patterns in the present, and much, much more.

www.mysticalmindscapes.com

Reincarnation and Past-life Memories Simon and Schuster

A famous psychic provides case examples of present problems originating in past lives.

Past Lives White Crow Books

Past life regression therapy is built upon the idea that we're eternal beings that move from life to another in different place and time. As perpetual spirits, we come across bodily existence on Earth in a series of persona and physical bodies. On a spiritual level, we choose every lifetime as a way to learn the lessons we've to head off for ourselves. Exploring our life in the past through a therapy for apparently inexplicable physical or mental

issues is known as Past Life Regression Therapy. It works together with beliefs of reincarnation and takes us back in earlier life to get a better understanding of our life we live in the present. In this book, we will tell you everything you need to know about Past Life Regression and how you can even perform it on yourself without the help of a hypnotherapist.

Exploring Your Past Lives A. Internacional de la Conciencia

Judging by the more than 2 million web pages dealing with past lives and past life regression (PLR), people aren't only - seeing dead people, - they're interested in finding out whether or not they were some of those dead people in a previous life. Going way beyond a belief in reincarnation and karma, 'regressionists' want to know who they were and what their lives were like - and reputable psychiatrists are using hypnosis to reveal the past life issues that are keeping their patients from living better lives today. In CIG to Past Life Regression, a board-certified past life regression therapist reveals the ins and outs of PLR. Is past life regression for real? Are children really closer to their past lives than adults? Can I be hypnotized - and can I trust the hypnotist and what he/she tells me? What will a session be like? Is one session enough? And what about self-hypnosis? How can knowledge of past lives make my life better today?

Meet Your Karma Createspace Independent Publishing Platform

Discover your true purpose in this life, by exploring your past life in this do-it-yourself guide to past life regression. Award-winning hypnotherapist Dr. Georgina Cannon shows how we can consciously influence our future by better understanding our past in Return Again: How to Find Meaning in Your Past Lives and Your Interlives. Cannon offers a practical and accessible approach that anyone can use to discover: Body and soul agreements Planes of existence Levels of understanding Karma Soul Mates--you may

have more than one! Past lives and your "interlife"--where you meet those with whom you have a soul contract to plan your next life. Cannon offers a step-by-step process with simple explanations and pragmatic exercises that readers can use to answer questions about their past and current lives. Return Again is an easy-to-use tool that anyone can use to live life to the fullest.

Discovering Your Past Lives Penguin

This book is the accumulation of five years of research, study, and personal experience with past-life regression therapy work. The individual past-life stories of these various hypnosis clients contain factual evidence, affirming the validity of this theory as something very important, real, and worth considering. Reincarnation is more than merely a theory; it is the key to set ourselves free from karmic cycles and provides profound healing of body, mind, and spirit.

Living Your Past Lives Piatkus Books

As we approach the beginning of a new millennium, huge and exciting changes will occur. And as powerful planetary shifts increase, we have a unique opportunity to release our limitations. Past Lives, Present Dreams teaches us how to best take advantage of the energies available for growth and personal expansion. In this wise and thorough guide to past-life therapy, renowned healer Denise Linn shows you how to address persistent conditions that haven't responded to other types of therapy. You will come to understand . . . * The concepts of reincarnation, soul mates, and karma * Techniques that can be used for past-life regression * How past-life therapy can improve your health, relationships, and prosperity * How fears, phobias, and blockages can be released through regression * Dreams and how they provide a vital connection to your past lives * Spirit

guides, animal guides, and angels that can assist you in past life exploration. With many examples of past life regressions and her comprehensive knowledge of mystical traditions around the world, Linn teaches you to rewrite the past to improve your present and future.

30 Most Convincing Cases Of Reincarnation Llewellyn Worldwide

Discover how flashes from past lives can appear as signs and synchronicities, childhood impressions, dreams and memories, even spontaneous shifts in consciousness or time. Providing time-tested exercises, *Past Lives, Present Stories* shows how to explore your past lives and use the lessons you've learned to flourish in your present incarnation. Join author Judith Marshall as she takes you through the full range of techniques for exploring your past lives and piecing together information to help you on your path. Providing examples of her own glimpses into her past lives, Judith illustrates how illuminating and healing past-life discovery can be.

Blast from the Past Andrew Hillsdon

Certified past-life-regression facilitator Douglas Edwin Casimiri has seen firsthand how the events of past lives influence the present. *Past Lives A to Z* reveals the wondrous worlds of past lives and how they affect us today, whether we know it or not. Casimiri offers a complete and comprehensive overview of reincarnation. You'll learn of the historical connection between Christianity and reincarnation and how unresolved memories of previous existences can trigger anxiety, depression, and negative circumstances in your current incarnation. You'll discover the step-by-step process necessary to experience past-life regression yourself and how to reconcile any trauma you discover. Past-life regression offers more than a chance to heal the wounds of previous lives. You learn to use regression to reclaim positive characteristics and strengths from your previous existences. Once you access the long-buried memories of your past lives, you'll unlock opportunities to heal and grow in this life—and the next. Supported by real-life accounts of past-life regressions and their results, Casimiri's thoughtful, inspiring discussion of reincarnation and regression techniques is required reading for all those who ever dreamed of discovering who they once were and who they may yet become.

Past Lives, Present Dreams CreateSpace

Vedic Astrology defines a retrograde planet as one that appears

to be moving backward. A retrograde planet may weaken or strengthen its energy and influence on an individual's life. In this book, you will learn about the different retrograde planets in Vedic astrology. You will also discover how they can affect different areas of your life, such as relationships, career, and personal growth. You will also learn techniques for working with the energy of retrograde planets to improve your life. The book will be delivered within 2 weeks of order. NOTE: Please note that the book will be shipped to all INDIAN ADDRESSES. For those who wish to get the books delivered to INTERNATIONAL ADDRESS – kindly mail us at astrolunar108@gmail.com (COURIER CHARGES APPLICABLE).

Reincarnation Llewellyn Worldwide

- Children's memories of past lives
- Adults' memories of past lives
- Reincarnation revealed through regression therapy

Once you have read this book, you will no longer be the same person as you are now, at least as far as your outlook on life is concerned. Since the end of year 2000, reincarnation has finally been proven. The famous psychiatrist Professor Ian Stevenson M.D. has scientifically proven that reincarnation is a fact. A number of case histories substantiate this claim. Some of these have come from children and adults who remembered their past lives accurately. Others were retrieved by means of regression techniques. The interest in reincarnation is growing every year. Today we no longer need to simply have faith, since reincarnation has been scientifically proven, just as the law of gravity was proven some time ago. We are now able to know that it is possible to return to this world repeatedly. What was until recently a belief for millions of people has now been discovered to be a truth. Trutz Hardo is a well-known expert on reincarnation and regression therapy. He holds seminars in Europe, Australia, U.S.A. and India. He has appeared on several television programmes.

Past Lives, Future Growth Llewellyn Worldwide

Learn the secrets to overcoming fears and phobias which seem to have no source in this life, as you uncover the mysteries of reincarnation and what it can do for you, in *The Truth About Past Life Regression* by Florence Wagner McClain. *The Truth About Past Life Regression* will show you why past life regression is a valuable tool for enhancing the quality of your life today. In fact, you can experience the benefits of past life regression even if you don't believe in reincarnation. Discover how "reliving" past life

experiences helps provide solutions to problems and great insight into yourself—and how it can free you from fears and detrimental habits that may be holding you back from achieving your true potential. ·Find out how and why past life regression can change your life for the better ·Read intriguing case studies of people who have connected with their past lives, with beneficial results ·Understand why you fear certain situations, people, or things—and how past life regression can rid you of those fears ·Learn about reincarnation and how it relates to spiritual beliefs and past life regression ·Free yourself from negative patterns and habits ·Gain valuable insights about your inner motivations *The Truth About Past Life Regression* will also help you to find answers to other questions. Have you ever traveled to some strange place only to find that it's familiar to you? Have you ever met someone and felt an immediate kinship or an intense dislike? If you want to know where this comes from, you have to get *The Truth About Past Life Regression*. Past life regression can help you become the person you want to be. Now is your chance to take the plunge and cease being a slave to your own past. Get *The Truth About Past Life Regression* today.

You Have Lived Many Times Llewellyn Worldwide

Remember Past Lives and Heal Trauma Without a Regression Session Like many people all over the world, you have probably experienced Supretrovie—spontaneous past life recall—and perhaps not even realized it. Now you can turn that experience into an opportunity for transformative healing using this book's impressive collection of research, case studies, and hands-on exercises. Sudden sickness when visiting a specific location, bad vibes when boarding a ship, and unexplainable emotions when meeting someone new are classic examples of Supretrovie. *Blast from the Past* shows you how to identify when it happens and use it to explore your previous lives without a regression session. Shelley A. Kaehr, PhD, teaches you how to use gemstones, journaling, and travel to induce past life recall, and she helps you recognize others on a soul level. You'll also learn to cut ties to harmful former lives, resolve lingering trauma, and more. Includes a Foreword by Bryn Blankinship, author of *The Limitless Soul Through the Soul* Hay House, Inc. *WE HAVE MET IN PAST LIVES* is based on the idea that our souls are eternal and reincarnate in order to learn karmic lessons and to ultimately evolve. *WE HAVE MET IN PAST LIVES* focuses on

several real past life regression cases, conducted under hypnosis in the author's hypnotherapy practice. Each case highlights the fact that our systems of cohabitation and interdependence recognize homogeneous soul group structures that may have coexisted in other lives; therefore it may be possible to live at the present with people we have met in past lives. WE HAVE MET IN PAST LIVES accentuates the concept of 'soul groups' that continuously reincarnate with the same group of people; each member of the group playing a different role in each lifetime, and having specific connections depending on the karmic lessons each soul has decided to accomplish.

Past Lives Therapy Wellspring/Ballantine

The amazing healing powers of past life regression, written by one of the world's most experienced Past Life Therapists.

Past Life Regression Hay House, Inc

YOU HAVE LIVED MANY TIMES represents a journey of discovery in the field of Past Life Regression under hypnosis. The book is based on the idea that the soul is eternal and travels through many lives in order to learn and teach lessons and ultimately evolve. YOU HAVE LIVED MANY TIMES focuses on several real past life regressions cases, recorded in the author's Hypnotherapy practice. The clients' regressions, some face-to-face, others group regressions or even distance regressions, are conducted under deep hypnosis.

Reliving Past Lives: The Evidence Under Hypnosis Jaico Publishing House

This book introduces the idea that we have multiple lifetimes, and explores how past life awareness can lead to a happier, more meaningful and more fulfilled experience of life in the present. You'll learn about: •how regression works •the secret clues to your past lives that show up in this life •the astonishing cases of children's past life memories •how to find out more about your own past lives •the benefits of past life awareness for improved health, abundance and relationships Hay House Basics is a new series that features world-class experts sharing their knowledge on the topics that matter most for improving your life. If you want to learn a new skill that will enhance your wellbeing, Hay House Basics guarantees practical, targeted wisdom that will give you results!

Magic Past Lives Createspace Independent Publishing Platform

Welcome to Reincarnation and Past Lives: Exploring Reincarnation

with Compelling Examples of Past Life Experiences and How to Determine Your Own Past Life History. This book is written for the person who is intrigued by the possibility of having lived a past life, but isn't quite sure where to begin your exploration. Are you curious to know if you've lived a past life? Do you think you may have been reincarnated? Do you want to hear about stories of people who claim they remember a past life? Do you want to learn how to determine your own past life history? Today only, get this Amazon bestseller for just \$9.97 The idea of reincarnation is one of the few constants found in cultures across the world. While the specifics may differ from region to region, the striking similarities alone are enough to add some credence to the claims and the thousands of personal accounts over the past 50 years add even more. Inside Reincarnation and Past Lives: Exploring Reincarnation with Compelling Examples of Past Life Experiences and How to Determine Your Own Past Life History, you will find famous cases of reincarnation, stories of reincarnated children, a bevy of famous individuals who claim they have been reincarnated and more. If you are curious about your own past life potential, then utilizing past life regression therapy is the easiest way to probe the depths of your own subconscious and inside you will learn how to do so on your own, without having to resort to finding a high priced hypnotherapist to get the same results. Understanding your past lives and how they affect you can do everything from removing mental blocks related to success to ridding you of potentially crippling phobias, do yourself a favor and download this book today. Inside you will find: The 10 surest signs that you have been reincarnated multiple times. The stories of famous people from Phil Collins to Salvador Dali who have reason to believe they were reincarnated. The reasons the scientific community is taking notice of reincarnation theories. And more... Five More Things You Will Learn When You Purchase 'Reincarnation and Past Lives: Exploring Reincarnation with Compelling Examples of Past Life Experiences and How to Determine Your Own Past Life History' 1) The science behind reincarnation and past lives 2) An introduction to Past Life Regression Techniques 3) Extraordinary accounts of past life memories and experiences 4) The story of a young boy named Ed Austrian, who in 2012, gained media attention thanks to a persistent sore throat that just wouldn't go away. Edward recollected the story of a past life that related to man named

James who died in World War I. You will learn the amazing account of how his sore throat related to his past life. 5) Multiple recollections from famous people who claim to have lived past lives Take a leap of faith and find out if you have lived a past life. Remember, information that can be found when delving into your past lives is vast, there is no limit to what you may learn. This knowledge won't always be achieved easily, however, but with dedication and commitment, you can truly hope to see the most complete results. Take action now and download your copy of "Reincarnation and Past Lives: Exploring Reincarnation with Compelling Examples of Past Life Experiences and How to Determine Your Own Past Life History" by clicking Add to Cart button. Tags: reincarnation, reincarnation and past lives, past lives, past lives future lives, past lives dreams and soul travel, past lives present miracles, past lives of the rich and famous, past lives and reincarnation, past lives and present problems, past lives of children

Past Lives Xlibris Corporation

Could the cause of your struggles be hidden in your past lives? Under every major behavior pattern is a set of images whose origin might be in childhood, from our time in the womb, or from previous lives. Living Your Past Lives: The Psychology of Past-Life Regression demonstrates how a psychologist has integrated the influences from multiple levels of his clients' conscious and unconscious life. This book shows how your life patterns are linked to your past-life experiences (karma), how those buried memories influence you, and what can be done about them. You will learn how your karma is alive today in your: Behavior patterns Emotional reactions Recurring dreams Relationship patterns Explore the creative aspect of karma to find out what it is trying to tell you. Also, find out how your experience in the womb prepared you to carry out both your karma and your parents' secret needs as well. Living Your Past Lives is a rich feast with case studies, discussion of the difference between past-life therapy and past-life regression, and implications for living better today. Included is a technical section for therapists and interested laypersons. Discover how your karma can help you live more fully in the present.

Journey to My Past Lives 6th Books

Helps you explore your previous lifetimes, embrace your wondrous past, and recognize that you, as a human soul, are

eternal. This title describes different types of past-life recall experiences and shares favoured techniques of meditation and visualization used to gain access to those memories.