
Medical Medium Celery Juice The Most Powerful Med

Yeah, reviewing a book **Medical Medium Celery Juice The Most Powerful Med** could ensue your close friends listings. This is just one of the solutions for you to be successful. As understood, exploit does not recommend that you have astonishing points.

Comprehending as capably as concurrence even more than new will have the funds for each success. next-door to, the notice as skillfully as insight of this Medical Medium Celery Juice The Most Powerful Med can be taken as well as picked to act.

*Medical
Medium Celery
Juice The Most
Powerful Med* 2024-01-26

STEPHANIE YAZMIN

Summary & Analysis of

Medical Medium Celery Juice Hay House, Inc
This book covers all you need to know about celery juice, beetroot juice, liver rescue and medical

medium cookbook "Celery juice is a standout amongst the most significant ways, if not the most significant way, to reestablish stomach

related wellbeing. It is that ground-breaking." Celery is a decent wellspring of nutrients, minerals, and cancer prevention agents. Celery contains large amounts of nutrient K and great measures of nutrient A, nutrients B-2 and B-6, and nutrient C. Beetroots are one of the assortments of the *Beta vulgaris* species. They are as often as possible added as a fixing to servings of mixed greens, soups, and pickles and are additionally utilized as a characteristic shading operator. They

likewise help in giving alleviation from macular degeneration, improve blood dissemination, help in healthy skin The liver is the organ that channels, procedures and separates what goes through your body. It's in charge of separating your blood and helping it to clump, separating any synthetics, liquor and medications you take in while delivering glucose and bile. The liver is the organ that channels, procedures and separates what goes through your body. It's in charge of separating your

blood and helping it to clump, separating any synthetics, liquor and medications you take in while delivering glucose and bile. Medical medium cookbook includes classic ingredients and recipes-from breakfast, lunch, and dinner to small plates, snacks, and desserts-presenting a modern selections and personal family favorites. You'll find recipes the whole family will enjoy. medical medium cookbook wants to show everyone how to take charge of their plates and cook up some good

meal.

Medical Medium National Geographic Books

From the #1 New York Times best-selling author of Celery Juice and Liver Rescue, here's everything you need to know about cleansing to transform your health--and your life. If you think you don't have any need to do a cleanse--if you're sure you couldn't possibly be harboring any toxins in your body--think again. In today's world, there are poisons and pathogens that threaten our health starting before we're even

born, and they continue to hold us back as we encounter them in our everyday life. Cleansing is a vital tool for fighting against these burdens--as long as you go about it the right way. That's why you need this book. Anthony William, the Medical Medium, has placed a vast wealth of insight and information into a one-stop resource for cleansing of all kinds, starting with his acclaimed nine-day 3:6:9 Cleanse and expanding into life-saving protocols for specific health needs--

including an anti-bug cleanse, a morning cleanse, and a heavy metal detox. You'll discover: How to choose the cleanse that's right for you A deep dive into the causes of your symptoms and conditions Critical cleanse dos and don'ts, including modifications and substitutions The truth about trendy topics such as intermittent fasting and the microbiome A guide to supplements you may choose to add to your cleanse The physical reasons why cleansing

can be an emotional experience More than 75 recipes and sample menus to get you through your Medical Medium cleanse Spiritual and soul support to remind you that healing is possible "The cleanses in this book speak to what's truly going wrong inside of our bodies that no trendy lifestyle approach can ever address," Anthony writes. "Have compassion for yourself and know that your suffering is not your fault. Your struggles are not your fault. You're accomplishing great

things every single hour and day as you work on your healing process with the powerful tools in this book. I believe you can heal." Kale & Caramel Chronicle Books Celery is a decent wellspring of nutrients, minerals, and cancer prevention agents. Celery contains large amounts of nutrient K and great measures of nutrient A, nutrients B-2 and B-6, and nutrient C., is an amazing and supernatural recuperating cure and individuals are seeing the

advantages it gives, for example, more clear skin, improved processing, less swelling, supported vitality, better mental lucidity, weight reduction, and stable dispositions, just to give some examples. There are so many more to know about celery juice, click the buy button to learn more. *Medical Medium Brain Saver Protocols, Cleanses & Recipes* Penguin Random House South Africa Medical Medium, Anthony William reveals the secrets of mystery

illnesses and shares compelling insights from the Spirit on how to heal using the natural power of fruits, vegetables, and spiritual connections. What does this ZIP Reads Summary Include? Synopsis of the original book A detailed overview of each section Which foods are hidden causes of disease Which foods can heal you, and how Common reasons for misdiagnoses The role of Epstein Barr Virus in so many modern ailments Key takeaways & analysis of the original

book Editorial review Background on the author About the Original Book: If you've struggled with different doctors and misdiagnoses, Anthony William's Medical Medium: The Secret behind Chronic and Mystery Illnesses and How to Finally Heal is a must-have book. William provides information about mystery illnesses never revealed before. He offers solutions that are natural, practical and effective. Moreover, he gives insights on how to cleanse your body, heal your mind, and renew

your soul by connecting with the heavens. This book is essential for anyone with a mystery condition or those who want to regain vibrant, healthy lives **DISCLAIMER:** This book is intended as a companion to, not a replacement for, Medical Medium. ZIP Reads is wholly responsible for this content and is not associated with the original author in any way. [Become Your Own Financial Advisor](#) Bookbaby This book documents the

experience of the author drinking celery juice. He did it so you don't have to. For more than two months, Tuttle experimented with the juice according to the specifications given by Anthony William, A.K.A. Medical Medium, (the man who started the celery juice craze), and what he (the author) discovered about celery juice will shock you. Besides his awful personal experience with celery juice, Tuttle also presented what real science (not "spirits") says about celery juice. So, just

before you jump on the bandwagon, you need to read this book to discover if you may be about to waste your time, money or even jeopardize your health further. Click on the "Buy Now Button" and get started immediately. Happy reading.
[Summary Of Medical Medium Thyroid Healing](#)
 Hay House, Inc
 From the #1 New York Times best-selling author of the Medical Medium series, a revised and expanded edition of the book that started a health

revolution. Anthony William, the Medical Medium, has helped millions of people heal from ailments that have been misdiagnosed or ineffectively treated or that doctors can't resolve on their own. Now he returns with an elevated and expanded edition of the book where he first opened the door to healing knowledge from over 30 years of bringing people's lives back. With a massive amount of healing information that science won't discover for decades, Anthony gets to

the root of people's pain or illness and what they need to do to restore their health now--which has never been more important. His tools and protocols achieve spectacular results, even for those who have spent years and many thousands of dollars on all forms of medicine before turning to him. They are the answers to rising from the ashes. Medical Medium reveals the true causes of chronic symptoms, conditions, and diseases that medical communities continue to

misunderstand or struggle to understand at all. It explores the solutions for dozens of the illnesses that plague us, including Lyme disease, fibromyalgia, adrenal fatigue, ME/CFS, hormonal imbalances, Hashimoto's disease, MS, RA, depression, neurological conditions, chronic inflammation, autoimmune disease, blood sugar imbalances, colitis and other digestive disorders, and more. This elevated and expanded edition also offers further immune support, brand-

new recipes, and even more solutions for restoring the soul and spirit after illness or life events have torn at our emotional fabric. Whether you've been given a diagnosis you don't understand, or you have symptoms you don't know how to heal, or someone you love is sick, or you're a doctor who wants to care for your own patients better, Medical Medium offers the answers you need. It's also a guidebook for everyone seeking the secrets to living longer, healthier

lives. Discover the reasons we suffer and how to finally heal from more than two dozen common conditions:
 ACHES & PAINS ADHD
 ADRENAL FATIGUE AGING
 ALZHEIMER'S AUTISM
 AUTOIMMUNE DISEASE
 BELL'S PALSY BRAIN FOG
 CANDIDA CHRONIC
 FATIGUE SYNDROME
 COLITIS DEPRESSION &
 ANXIETY DIABETES &
 HYPOGLYCEMIA
 DIGESTIVE DISORDERS
 DIZZINESS EPSTEIN-BARR
 VIRUS FIBROMYALGIA
 FROZEN SHOULDER
 INFLAMMATION LEAKY

GUT SYNDROME LUPUS
 LYME DISEASE
 MENOPAUSAL SYMPTOMS
 MIGRAINES & HEADACHES
 MULTIPLE SCLEROSIS
 NEUROLOGICAL
 SYMPTOMS PMS
 POSTPARTUM FATIGUE
 PTSD RHEUMATOID
 ARTHRITIS SHINGLES
 THYROID DISORDERS
 TINGLES & NUMBNESS
 TMJ & JAW PAIN VERTIGO
 & TINNITUS "The truth
 about the world,
 ourselves, life, purpose--it
 all comes down to
 healing," Anthony William
 writes. "And the truth
 about healing is now in

your hands."
*Medical Medium Celery
 Juice 2019* Hay House, Inc
 Regardless of whether
 you experience the ill
 effects of a perpetual
 disease or indication or
 just need to do what you
 can to anticipate future
 sickness, celery juice a
 powerful healing remedy
 is here to help you.
 "Celery juice is a
 champion among the
 most huge ways, if not
 the most noteworthy way,
 to restore stomach
 related prosperity. It is
 that weighty." Celery is a
 conventional wellspring of

supplements, minerals, and malignant growth avoidance specialists. Celery contains a lot of supplement K and extraordinary proportions of supplement A, supplements B-2 and B-6, and supplement C.

Medical Medium Life-Changing Foods Hay House, Inc

★Celery★ is a decent wellspring of nutrients, minerals, and cancer prevention agents.

★Celery ★contains large amounts of nutrient K and great measures of nutrient A, nutrients B-2

and B-6, and nutrient C. it's saving lives as it restores people's health one symptom at a time. There's a great deal more to know, including how the novel, unfamiliar nutrient C that is just found in celery can help with mending and fortifying you when you drink celery juice and all the health benefits. click a buy button to learn more.

Medical Medium Revised and Expanded Edition Hay House, Inc With the celery juice craze in full swing, and endorsed by a stream of

eager celebrities, websites and online gurus, the hapless health consumer is unaware of the perils of eating celery in large quantities. This traditional medicinal herb only found its way to the dinner table in the 1820's. And now there are no less than 16 scientifically proven risks to its excess use. Toxic side-effects are happening, yet users are not aware of their true cause. Possibilities include: - Potentially fatal anaphylaxis (one of the world's top allergens).- Extreme sun sensitivity,

resulting in burns or later skin cancers.- Miscarriages, male infertility and fetal abnormalities.- Suppressed detoxification of the liver and all cells in the body.- Incompatibility with hundreds of medical drugs.- A high source of heavy metals and pesticide contamination- Each issue with a full reference section of related scientific research. After outlining these dangers, the book examines the exaggerated claims, and debunks them one by

one. A poor source of nutrition, the medicinal effects of celery and its active ingredients also belong to dozens of other plants, with far less associated risk. This is a cautionary tale that details the real difference between cure and symptomatic treatment, why food and medicine are two quite different things, and how to recognize accurate health claims vs misinformed or misleading ones.
Medical Medium Celery Juice Simon and Schuster New, updated edition of

this bestseller! How can you become financially secure with the resources at your disposal? What is the safest way to invest and accumulate money? And why is it never too late to start planning your financial well-being? In this new, updated edition of the bestselling *Become Your Own Financial Advisor*, all of this, and much, much more, is explained. Money plays a vital role in nearly every aspect of our lives, and yet very few of us know how to save, where to invest and how to avoid

money troubles. This highly accessible book is aimed at anyone who wants to improve their financial situation, from the financial novice who needs clear basic guidelines on how to deal with money, to those who are more financially savvy but want to supplement their knowledge. Covering a range of topics, including saving, investing, debt management and blunders to avoid, **Become Your Own Financial Advisor** provides people of all ages and

levels of wealth with practical information on how to improve their finances. In the process, it shows that financial freedom is possible for everyone. This, the second edition of **Become Your Own Financial Advisor**, has been updated with new types of investments, fresh approaches to technology, the latest tax information and further feedback on 'Julia', the savings rock star.

The Celery Juice Book
Independently Published
Celery juice is everywhere

for a reason: because it's saving lives as it restores people's health one symptom at a time. From celebrities posting about their daily celery juice routines to people from all walks of life sharing pictures and testimonials of their dramatic recovery stories, celery juice is revealing itself to ignite healing when all odds seem against it. What began decades ago as a quiet movement has become a global healing revolution. In **Celery Juice: The Most Powerful Medicine of Our Time**

Healing Millions Worldwide, Anthony William, the originator of the global celery juice movement, introduces you to celery juice's incredible ability to create sweeping improvements on every level of our health: Healing the gut and relieving digestive disorders Balancing blood sugar, blood pressure, weight, and adrenal function Neutralizing and flushing toxins from the liver and brain Restoring health in people who suffer from a vast range of chronic and mystery

illnesses and symptoms, among them fatigue, brain fog, acne, eczema, addiction, ADHD, thyroid disorders, diabetes, SIBO, eating disorders, autoimmune disorders, Lyme disease, and eye problems After revealing exactly how celery juice does its anti-inflammatory, alkalizing, life-changing work to provide these benefits and many more, he gives you the powerful, definitive guidelines to do your own celery juice cleanse correctly and successfully. You'll get

instructions on how to make the juice, how much to drink, when to drink it, and what to expect as your body begins to detox, plus answers to FAQs such as "Is it safe to drink celery juice while pregnant or breastfeeding?", "Is blending better than juicing?", and "Can I take my medications with it?" Here is everything you need to know--from the original source--to receive the full gift of what Anthony calls "one of the greatest healing tonics of all time."

Medical Medium Celery Juice Time Inc. Books
The highly anticipated new release from the groundbreaking, New York Times best-selling author of *Medical Medium*! Experience the next level of medical revelations. Packed with information you won't find anywhere else about the Unforgiving Four—the threats responsible for the rise of illness—and the miraculous power of food to heal, this book gives you the ability to become your own health expert, so you can protect

yourself, friends, family, and loved ones from symptoms, suffering, and disease. Unleash the hidden powers of fruits and vegetables and transform your life in the process. ANTHONY WILLIAM, the *Medical Medium*, has helped tens of thousands of people heal from ailments that have been misdiagnosed or ineffectively treated—or that medical communities can't resolve. And he's done it all by listening to a divine voice that literally speaks into his ear, telling him

what is at the root of people's pain or illness and what they need to do to be restored to health. In his first book, the New York Times bestseller *Medical Medium*, Anthony revealed how you can treat dozens of illnesses with targeted healing regimens in which nutrition plays a major role. *Medical Medium Life-Changing Foods* delves deeper into the healing power of over 50 fruits, vegetables, herbs and spices, and wild foods that can have an extraordinary effect on health. Anthony

explains each food's properties, the symptoms and conditions it can help relieve or heal, and the emotional and spiritual benefits it brings. And he offers delicious recipes to help you enjoy each food's maximum benefit, from sweet potatoes with braised cabbage stuffing to honey-coconut ice cream. YOU'LL DISCOVER:

- Why wild blueberries are the "resurrection food," asparagus is the fountain of youth, and lemons can lift your spirits when you've had bad news
- The best foods to

eat to relieve gallstones, hypertension, brain fog, thyroid issues, migraines, and hundreds more symptoms and conditions

- The particular healing powers of kiwis, cucumbers, cat's claw, coconut, and much more
- Insight into cravings, how to use stress to your advantage, and the key role fruit plays in fertility

Much of Anthony's information is dramatically different from the conventional wisdom of medical communities, so don't expect to hear the same

old food facts rehashed here. Instead, expect to get a whole new understanding of why oranges offer more than just vitamin C—and a powerful set of tools for healing from illness and keeping yourself and your loved ones safe and well. Here are just a few highlights of what's inside:

- Critical information about the specific factors behind the rise of illness and how to protect yourself and your family
- Foods to repair your DNA, boost your immune system, improve

your mental clarity, alkalize every body system, shield you from others' negative emotions, and so much more • Techniques to make fruits, vegetables, herbs and spices, and wild foods the most healing they can be for your individual needs Plus targeted foods to bring into your life for relief from hundreds of symptoms and conditions, including: • ANXIETY • AUTOIMMUNE DISORDERS • CANCER • DIABETES • DIGESTIVE PROBLEMS • FATIGUE • FOOD

ALLERGIES • INFERTILITY • INFLAMMATION • INSOMNIA • LYME DISEASE • MEMORY LOSS • MIGRAINES • THYROID DISEASE • WEIGHT GAIN
Summary of Anthony William's Medical Medium Celery Juice
 Clarkson Potter
 Please note: This is a companion version & not the original book. Sample Book Insights: #1 I began giving out celery juice in 1975 to help people with various ailments. It was such a powerful remedy that if a child was screaming or crying after

eating a lot of candy, I would give them celery juice to calm them down. #2 I began doing lectures in health food stores around the country in the 1990s, and I would teach people about the healing benefits of straight celery juice. People were skeptical, but the results were profound. #3 Celery juice has a special ability to break vicious cycles. It can help someone gain their footing again after they have been through anxiety and depression, and it can help someone who has been through

everything else. #4 The human desire to heal is so strong that people will break down any barrier to try new options outside of conventional health belief systems in search of what will really make them better. With the growth of the Medical Medium community, celery juice became more accessible. Mastering Your Mean Girl Everest Media LLC
 NEW YORK TIMES
 BESTSELLER • 70 quick-fix weeknight dinners and 30 luscious weekend recipes that make every day taste extra special, no matter

how much time you have to spend in the kitchen—from the beloved bestselling author of *Once Upon a Chef*. “Jennifer’s recipes are healthy, approachable, and creative. I literally want to make everything from this cookbook!”—Gina Homolka, author of *The Skinnytaste Cookbook*
 Jennifer Segal, author of the blog and bestselling cookbook *Once Upon a Chef*, is known for her foolproof, updated spins on everyday classics. Meticulously tested and crafted with an eye

toward both flavor and practicality, Jenn’s recipes hone in on exactly what you feel like making. Here she devotes whole chapters to fan favorites, from *Marvelous Meatballs* to *Chicken Winners*, and *Breakfast for Dinner* to *Family Feasts*. Whether you decide on sticky-sweet *Barbecued Soy and Ginger Chicken Thighs*; an enlightened and healthy-ish take on *Turkey, Spinach & Cheese Meatballs*; *Chorizo-Style Burgers*; or *Brownie Pudding* that comes together in under thirty

minutes, Jenn has you covered.

Medical Medium Celery Juice Healing Wisdom Books

Celery juice reveal itself to unleash healing as celebrities post about their celery juice routines and share images and testimonials about their dramatic recovery. As such, celery which was neglected years ago turned to be a principle source of healing. The Healing Powers of Celery: Medical medium for Anticancer, Anti-inflammation, Weight

Loss, Thyroid Disease, Infertility, and Heart Disease, introduces you to lot's of health benefits of including celery juice in your daily routine as well as in your diets. It reveals the mechanism by which celery juice does its anti-inflammatory and anti-cancer work, as well as how it brings healing to the guts/digestive system, male infertility, and weight loss. To obtain the full benefits of celery, this book contains the definitive guidelines to do celery juice cleanse correctly and successfully.

It also gives you some celery recipes which you can use to increase the quantity of your meal without increasing the calories. For those of you that likes snacking, you can comfortably snack on celery with the guidelines in this book. All you need to get the whole benefits of celery is contained here in this book which is the more reason to get your copy today and get started. GET YOUR COPY NOW!!!
Vegucation Over Medication W. W. Norton & Company

Celery Juice and Smoothie Recipes: The Healing Power of Celery Juice The healing attributes of Celery juice are infinite. It is important we take advantage of its healing power as it plays a fundamental role in the gut which is connected to our entire being. Celery Juice has helped transformed lives, with lots of great testimonies. A glass of celery juice a day will keep the doctor away. Take Massive action in your life today, because your transformation would

affect positive changes on you and everyone around you. Medical Medium Celery Juice Gildan Media LLC aka G&D Media Reduce inflammation, lower blood sugar, improve digestion, lose weight, promote healing, and more! Drink to your health with detoxifying, clarifying, energizing celery juice! Celery juice is about to change your world. More than just a staple on a crudité platter, celery is making its mark as the next new super plant for a healthy,

invigorating, and more nourished life. The Celery Juice Miracle covers the wonders of health benefits of celery, from filling you with the vitamins and nutrients you need to stay strong, reducing blood pressure and inflammation, and warding off illness, to lowering cholesterol and improving digestion. Inside you'll find an easy and delicious 10-day juicing program to reset, recharge, and refill your body with the nutrition you need to be and feel your best. Discover how

refreshing and hydrating celery juice can be, and try more than 70 incredible juice and smoothie recipes that make celery the star. Follow an easy, 10-day plan to detox and feel amazing with celery juice. Power up with the nutritional wonders, vitamins, and minerals of this humble green stalk. Fight inflammation, fend off illness, and fortify your health. Make celery juice—and dozens of delicious juice combinations—your favorite way to hydrate!

Step into the wonderfully revitalizing world of celery juice and take charge of your health with *The Celery Juice Miracle! Medical Medium Thyroid Healing*. Da Capo Lifelong Books. Born out of the popular blog *Kale & Caramel*, this sumptuously photographed and beautifully written cookbook presents eighty recipes for delicious vegan and vegetarian dishes featuring herbs and flowers, as well as luxurious do-it-yourself beauty products. Plant-

whisperer, writer, and photographer Lily Diamond believes that herbs and flowers have the power to nourish inside and out. “Lily’s deep connection to nature is beautifully woven throughout this personal collection of recipes,” says award-winning vegetarian chef Amy Chaplin. Each chapter celebrates an aromatic herb or flower, including basil, cilantro, fennel, mint, oregano, rosemary, sage, thyme, lavender, jasmine, rose, and orange blossom. Mollie Katzen,

author of the beloved Moosewood Cookbook, calls the book “a gift, articulated through a poetic voice, original and bold.” The recipes tell a coming-of-age story through Lily’s kinship with plants, from a sun-drenched Maui childhood to healing from heartbreak and her mother’s death. With bright flavors, gorgeous scents, evocative stories, and more than one hundred photographs, Kale & Caramel creates a lush garden of experience open to harvest year

round. Damn Delicious ZIP Reads The debut cookbook by the creator of the wildly popular blog Damn Delicious proves that quick and easy doesn't have to mean boring. Blogger Chungah Rhee has attracted millions of devoted fans with recipes that are undeniable 'keepers'-each one so simple, so easy, and so flavor-packed, that you reach for them busy night after busy night. In Damn Delicious, she shares exclusive new recipes as well as her

most beloved dishes, all designed to bring fun and excitement into everyday cooking. From five-ingredient Mini Deep Dish Pizzas to no-fuss Sheet Pan Steak & Veggies and 20-minute Spaghetti Carbonara, the recipes will help even the most inexperienced cooks spend less time in the kitchen and more time around the table. Packed with quickie breakfasts, 30-minute skillet sprints, and speedy takeout copycats, this cookbook is guaranteed to inspire readers to whip up fast,

healthy, homemade meals that are truly 'damn delicious!'
The Automatic Writing Experience (AWE) ZIP Reads
From Zach Berman and Ryan Slater--the longtime friends behind Vancouver's wildly successful Juice Truck--comes an accessible, informative and fresh book on the popular and healthy juicing and cleansing lifestyle. There are lots of juice books out there, but few get it right. In *The Juice Truck*, Zach and Ryan make it their

mission to make juicing approachable, fun, imaginative and healthy. Their obsession with juicing began when they took a trip to the Himalayas and Nepal, which quickly turned from a journey of self-discovery into a full-blown juice-seeking adventure once they were introduced to the most delicious, locally-sourced juices they had ever tried. They decided then to create the same community and street side accessibility to juice in Vancouver that had inspired them

throughout their travels. Alongside colourful and eye-catching photographs and illustrations that match their company's brilliant branding, *The Juice Truck* incorporates advice from health coach Colin Medhurst, and outlines the tools you need to make the perfect juice, the science behind juicing, and the benefits of each specific ingredient. The book dives into the juice cleanse and tells you everything you need to know about this health trend, giving you the top 10 tips to consider

before embarking on a cleanse. It debunks other cleanses and outlines which ones are actually good for you and how to cleanse in a safe and proper way. The authors also break down and profile their favourite superior foods, tinctures, supplements and boosters. Once the reader is perfectly equipped, Zach and Ryan provide over 110 mouth-watering drink recipes from nut milks, smoothies, juice

and hot drinks, as well as easy-to-make and delicious plant-based food recipes that can be eaten alone or accompany the many drink recipes. Interspersed throughout the recipes are case studies by experts in their fields on subjects like meditation, sleep, yoga, fiber, microbes, food allergies, sensitivities and intolerance, and the nervous system. In addition to appealing to

both loyal and first-time juicers everywhere (as well as the dedicated following of the Juice Truck in Vancouver), this book will be the definitive juicing guide for people who live a healthy, active lifestyle, and those who would like to transition to a healthier diet. This is not your average juice book--it's a combination of storytelling, nutrition and tried-and-true recipes that deserves a place in every juicer's kitchen.