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# Just Courage Just Courage

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*Just Courage Just  
Courage*

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## MAGDALENA MOODY

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**The Courage to Be Happy** Penguin  
Want to make a move but scared to leave your comfort zone? Go anyway. "Jessica's perspective of global sisterhood and the power of lifting each other up in the midst of fear and scarcity is exactly what we need today. This book is both an invitation and a challenge to bravely show up for ourselves, for the people we love, and for the strangers that we will one day call family. I say, Amen!" —Brené Brown, Ph.D., Author of the #1 New York Times bestseller *Braving the Wilderness* In *Imperfect Courage*, the founder of the popular fair trade jewelry brand Noonday Collection shares her story of starting the rapid-growing business that impacts over 4,500 artisans in vulnerable communities across the globe—and invites readers on a journey of transformation, challenging them to trade their comfort zones for a life of impact and adventure. In 2015, Inc. magazine recognized Noonday Collection as one of the fastest-growing companies in America. But years earlier, as Jessica Honegger stood at a pawn-shop counter in Austin, Texas, and handed over her

grandmother's gold jewelry, her goal was much more personal: to fund the adoption of her Rwandan son, Jack, by selling artisan-made jewelry. This first step launched an unexpected side-hustle that would grow into Noonday Collection. Jessica embarked on this new journey and teamed up with her first artisan partner, Jalia, a Ugandan jewelry maker. She saw the meaningful impact Noonday brought to Jalia's community and knew it was the right move. Fear crept into Jessica's heart as she realized her success, or failure, meant the same for Jalia. But refusing to let fear hinder her goals, Jessica found the necessary (if imperfect) courage she needed along the way--the courage to leave comfort and embrace a life of risk and impact. Discover Your Imperfect Courage In *Imperfect Courage*, Jessica takes you by the hand and invites you to trade your comfort zone for a life of impact and meaning. • First, she invites you to draw a circle of compassion around yourself and leads you through some soul-searching aimed at setting you free from shame. • Next, she challenges all of us to come together, dare to be vulnerable with one another, and commit to building a culture of collaboration. • Finally, Jessica calls on you to broaden your circle of compassion to embrace

the entire globe--and to bring your beautifully imperfect courage to a world that needs you.

The Courage to Suffer InterVarsity Press Roman Kent is a survivor in every sense of the word. Born Roman Kniker and raised in Lodz, Poland, his happy, carefree youth was turned upside down in 1939 with the arrival of the German Army literally at his family's doorsteps. *Courage Was My Only Option* is the heartrending but ultimately uplifting story of one man's journey to hell and back. In classic rags to riches style, Kent uses the hard-learned lessons of his youth and time spent in concentration camps to become first a successful businessman in the U.S., then an internationally known voice for Holocaust survivors. Whether he is relating the story of the beloved family dog, Lala (who would also fall victim to Nazi cruelty) or recounting his work with Presidents, Senators, Ambassadors, and a multitude of foreign dignitaries (Bill Clinton and Al Gore among them) to restore the rights and lost dignity of his fellow survivors, Kent's tale will become an inspiration to all who read his life story.

*The Courage to Be Kind* Revell

The hardest part of a manager's job isn't staying organized, meeting deliverable dates, or staying on budget. It's dealing with people who are too comfortable doing things the way they've always been done and too afraid to do things differently—workers who are, as author Bill Treasurer puts it, too “comfortable.” Such workers fail to exert themselves any more than they have to, equating “just enough” with good enough. By avoiding even mild challenges, these workers thwart forward progress and make their businesses dangerously safe. To combat this affliction, Treasurer

proposes a bold antidote: courage. In *Courage Goes to Work*, he lays out a comprehensive, step-by-step process that treats courage as a skill that can be developed and strengthened. He Treasurer shows how managers can build workplace courage by modeling courageous behavior themselves, creating an environment where people feel safe taking chances and helping workers deal with fear. To make the concept of courage more concrete, Treasurer identifies what he calls the Three Buckets of Courage: Try Courage, having the guts to take initiative; Trust Courage, being willing to follow the lead of others; and Tell Courage, being honest and assertive with coworkers and bosses. He illustrates each with a variety of vivid real-world examples and offers proven practices for helping your workers keep each bucket full. Aristotle said that courage is the first virtue because it makes all other virtues possible. It's as true in business as it is in life. With more courage, workers gain the necessary confidence to take on harder projects, embrace company changes with more enthusiasm, and extend themselves in ways that will benefit their careers and their company. *Courage Goes to Work* is the first book to take a systematic approach to developing a vital but overlooked component of business success.

*Courage Is Calling* John Wiley & Sons Read about the reformers in the 16th and 17th centuries who changed the Christian church. Look deeper into issues such as the Scientific Revolution, wars of religion, the Puritans, and the settling of the Americas.

**On Courage** Bloomsbury Publishing USA The story doesn't always go the way we plan. And the story doesn't always end the way we want it to. Kitty Robinson

could never have imagined that her life story would include birthing seven children and adopting an eighth, having brain surgery, two heart surgeries, and running the Boston Marathon the year of the bombing. She also could never have imagined having enough courage to face those trials as each one came along. But through the telling of her compelling life story, Kitty weaves in the message that courage doesn't often come in big doses. By keeping her eyes on the Lord, and keeping her feet on the path before her, she has learned that sometimes courage comes just one step at a time.

Li Lun, Lad of Courage Simon and Schuster

"Marie Kondo, but for your brain."  
—HelloGiggles "Compelling from front to back. Highly recommend." —Marc Andreessen Reading this book could change your life. *The Courage to Be Disliked*, already an enormous bestseller in Asia with more than 3.5 million copies sold, demonstrates how to unlock the power within yourself to be the person you truly want to be. Is happiness something you choose for yourself? *The Courage to Be Disliked* presents a simple and straightforward answer. Using the theories of Alfred Adler, one of the three giants of nineteenth-century psychology alongside Freud and Jung, this book follows an illuminating dialogue between a philosopher and a young man. Over the course of five conversations, the philosopher helps his student to understand how each of us is able to determine the direction of our own life, free from the shackles of past traumas and the expectations of others. Rich in wisdom, *The Courage to Be Disliked* will guide you through the concepts of self-forgiveness, self-care, and mind decluttering. It is a deeply liberating way of thinking, allowing you to develop the

courage to change and ignore the limitations that you might be placing on yourself. This plainspoken and profoundly moving book unlocks the power within you to find lasting happiness and be the person you truly want to be. Millions have already benefited from its teachings, now you can too.

*Courage without Grace* Random House In this follow-up to the beloved picture book *A Little Bit Different*, the Ploofers are back for a heartwarming exploration of fear and finding courage. The Ploofers have just learned a valuable lesson in celebrating differences and trying new things. They've been practicing something very special again and this time it requires extra teamwork... But Little One is too scared to go on this new adventure. Will some kind and encouraging words from Toasty help him find a little bit of courage? With simple, striking illustrations and a cutaway cover design that adds tactile interest, *A Little Bit of Courage* picks up right where *A Little Bit Different* left off. With a subtle yet powerful message on overcoming anxiety and finding the courage to live life to its fullest, this book will resonate with children and adults alike.

**The Courage To Be True: Set Your Best Self Free** InterVarsity Press Saddle up for a life-defining, death-defying adventure. Joseph Johnson has lost just about everyone he's ever loved. He lost his pa in an accident. He lost his ma and his little sister to sickness. And now, he's lost his pony-fast, fierce, beautiful Sarah, taken away by a man who had no right to take her. Joseph can sure enough get her back, though. The odds are stacked against him, but he isn't about to give up. He will face down deadly animals, dangerous men, and the fury of nature itself on his quest to be

reunited with the only family he has left. Because Joseph Johnson may have lost just about everything. But he hasn't lost hope. And he hasn't lost the fire in his belly that says he's getting his Sarah back—no matter what. The critically acclaimed author of *The Honest Truth* returns with a poignant, hopeful, and action-packed story about hearts that won't be tamed... and spirits that refuse to be broken.

*The Courage to Stand* Andrews McMeel Publishing

"There must be more to the Christian life than this." If you've ever felt like your life is too safe and comfortable and easy, there's a reason you're not satisfied—we're created by God for adventure. In this book International Justice Mission president Gary Haugen shows how engaging in the fight for justice is the most deeply satisfying way of life.

*I Thought It Was Just Me (but it Isn't)*  
Happy Yak

What is courage and why is it one of the oldest and most universally admired virtues? How is it relevant in the world today, and what contemporary forms does it take? In this insightful and crisply written book, Geoffrey Scarre examines these questions and many more. He begins by defining courage, asking how it differs from fearlessness, recklessness and fortitude, and why people are often more willing to ascribe it to others than to avow it for themselves. He also asks whether courage can serve bad ends as well as good, and whether it can sometimes promote confrontation over compromise and dialogue. *On Courage* explores the ideas of Aristotle, Aquinas and many later philosophers who have written about courage, as well as drawing on classic and recent examples of courage in politics and fiction,

including the German anti-Nazi "White Rose Movement", the modern phenomenon of "whistle-blowing", and Stephen Crane's *The Red Badge of Courage*.

*Just Courage* Routledge

"An up-front, to the point, and honest masterpiece. You can't go wrong with this one!" —Richard Carlson, bestselling author of *Don't Sweat the Small Stuff . . .* From popular life coach and motivational speaker Margie Warrell comes an inspiring, practical guide for finding the courage to change any--or every--aspect of your life. Warrell's "12 Acts of Courage" challenges you to rethink your "life scripts," overcome everyday fears, and dream bigger. Each chapter includes proven strategies and "Courage Exercises" to help you harness their inner strength and make meaningful changes in your personal and professional lives.

*Sometimes Courage* Archway Publishing

NEW YORK TIMES BESTSELLER • In this inspiring meditation on courage, Senator John McCain shares his most cherished stories of ordinary individuals who have risked everything to defend the people and principles they hold most dear. "We are taught to understand, correctly, that courage is not the absence of fear but the capacity for action despite our fears," McCain reminds us, as a way of introducing the stories of figures both famous and obscure that he finds most compelling—from the Nobel Peace Prize laureate Aung San Suu Kyi to Sgt. Roy Benavidez, who ignored his own well-being to rescue eight of his men from an ambush in the Vietnam jungle; from 1960s civil rights leader John Lewis, who wrote, "When I care about something, I'm prepared to take the long, hard road," to Hannah Senesh, who, in protecting her comrades in the

Hungarian resistance against Hitler's SS, chose a martyr's death over a despot's mercy. These are some of the examples McCain turns to for inspiration and offers to others to help them summon the resolve to be both good and great. He explains the value of courage in both everyday actions and extraordinary feats. We learn why moral principles and physical courage are often not distinct quantities but two sides of the same coin. Most of all, readers discover how sometimes simply setting the right example can be the ultimate act of courage. Written by one of our most respected public figures, *Why Courage Matters* is that rare book with a message both timely and timeless. This is a work for anyone seeking to understand how the mystery and gift of courage can empower us and change our lives. Praise for *Why Courage Matters* "[John] McCain the man remains one of the most inspiring public figures of his generation."—The Washington Post Book World "Thrilling . . . John McCain's profiles in courage offer inspiration. . . . A marvelous collection of stories featuring honest-to-God heroes."—Fort Worth Star-Telegram "Extraordinary . . . McCain proves how courage can change lives and improve the world."—New York Daily News "[McCain] is open and candid, a refuge from spin and arrogance."—The Washington Post "Wise words from a man who personifies courage."—The Sunday Oklahoman

**Just Tell the Truth** Vantage Press, Inc  
The keys to understanding and developing courage This groundbreaking book reveals that courage is more about managing fear than not feeling it, and that courage can be learned. The author explains that most courageous people are unaware of their own bravery, and all of us have some form of courage in

our lives now, to start with. The book is filled with illustrative examples, studies, and interviews from Greenland to Kenya, and defines the types of individuals who demonstrate general, personal, and civil courage. The author includes clear guidelines and suggestions for increasing our ability to be courageous. Includes guidelines that show how anyone can ramp-up their courage quotient and develop the qualities that strengthen personal courage Contains a wealth of examples and anecdotes of real-world courage from a variety of cultures A prolific writer, the author has a popular blog Psychology Today The author extols the virtues of personal courage and shows how to overcome fear and stand up for what is right.

*Why Courage Matters* Running Press Kids  
The good news about injustice is that God is against it. God is in the business of using the unlikely to bring about justice and mercy. In *Good News About Injustice*, Gary Haugen offers stories of courageous Christians who have stood up for justice in the face of human trafficking, forced prostitution, racial and religious persecution, and torture. Throughout he provides concrete guidance on how ordinary Christians can rise up to seek justice throughout the world. This landmark work, featuring newly updated statistics, is now part of the IVP Signature Collection, which features special editions of iconic books in celebration of the seventy-fifth anniversary of InterVarsity Press. A five-session companion Bible study is also available.

*Brave As Can Be* Wm. B. Eerdmans Publishing

From the author and illustrator of the bestselling *In My Heart* The life of a toddler can be full of frightening things: the dark, the neighbor's dog, and

thunderstorms, just to name a few. As children get older, they begin to feel braver around these everyday events, but how do they build this newfound confidence? In this lyrical, insightful picture book, an older sister explains to her younger sister all the things she used to be afraid of, along with some tricks to help, whether it's a special blanket for bedtime or singing during a storm. Now, big sister assures little sister, the fears that once felt as big as a mountain feel as minuscule as a speck of dust. This playful portrait of fear and bravery empowers young readers to confront once-scary situations and, with charming illustrations and die-cuts throughout, is also beautifully packaged. The Growing Hearts series celebrates the milestones of a toddler's emotional development, from conquering fears and expressing feelings to welcoming a new sibling.

**Lines of Courage** Harvard Business Press

What does it mean to live the Christian life with conviction? Richard Lischer insists that Christians have a stake in the political and social conflicts that are dividing our culture. In whatever circumstance, Christians are obligated to tell the truth about what it means to be a follower of Jesus. In *Just Tell the Truth*, Lischer explores seasons of suffering, hope, and triumph in the light of the gospel. Drawing upon Scripture and the lives of both well-known and anonymous Christians, he helps his readers imagine what truthful living looks like. While remaining biblically and theologically rooted, the sermons eloquently engage the present moment, showing how Christian conviction has a place in the controversial realms of politics, racial justice, and the COVID-19 crisis. The nourishing meditations in *Just Tell the*

Truth align the rhythm of the gospel with the curvature of human experience, empowering Christians to find the heart of God in what is too often a heartless world.

*I Am Courage* Avery

#1 NEW YORK TIMES BESTSELLER •

Brené Brown has taught us what it means to dare greatly, rise strong, and brave the wilderness. Now, based on new research conducted with leaders, change makers, and culture shifters, she's showing us how to put those ideas into practice so we can step up and lead. Don't miss the five-part HBO Max docuseries *Brené Brown: Atlas of the Heart*! NAMED ONE OF THE BEST BOOKS OF THE YEAR BY BLOOMBERG

Leadership is not about titles, status, and wielding power. A leader is anyone who takes responsibility for recognizing the potential in people and ideas, and has the courage to develop that potential. When we dare to lead, we don't pretend to have the right answers; we stay curious and ask the right questions. We don't see power as finite and hoard it; we know that power becomes infinite when we share it with others. We don't avoid difficult conversations and situations; we lean into vulnerability when it's necessary to do good work. But daring leadership in a culture defined by scarcity, fear, and uncertainty requires skill-building around traits that are deeply and uniquely human. The irony is that we're choosing not to invest in developing the hearts and minds of leaders at the exact same time as we're scrambling to figure out what we have to offer that machines and AI can't do better and faster. What can we do better? Empathy, connection, and courage, to start. Four-time #1 New York Times bestselling author Brené Brown has spent the past two decades studying

the emotions and experiences that give meaning to our lives, and the past seven years working with transformative leaders and teams spanning the globe. She found that leaders in organizations ranging from small entrepreneurial startups and family-owned businesses to nonprofits, civic organizations, and Fortune 50 companies all ask the same question: How do you cultivate braver, more daring leaders, and how do you embed the value of courage in your culture? In this new book, Brown uses research, stories, and examples to answer these questions in the no-BS style that millions of readers have come to expect and love. Brown writes, "One of the most important findings of my career is that daring leadership is a collection of four skill sets that are 100 percent teachable, observable, and measurable. It's learning and unlearning that requires brave work, tough conversations, and showing up with your whole heart. Easy? No. Because choosing courage over comfort is not always our default. Worth it? Always. We want to be brave with our lives and our work. It's why we're here." Whether you've read *Daring Greatly* and *Rising Strong* or you're new to Brené Brown's work, this book is for anyone who wants to step up and into brave leadership.

[The Essential Courage-Boosting Self-Esteem Journal for Girls](#) Greenleaf Book Group

Jennifer A. Nielsen, award-winning author of *A Night Divided* and *Rescue*, artfully weaves together the stories of five kids living through World War I, each of whom holds the key to the others' futures... if they are lucky -- and brave -- enough to find each other. "A powerful, absorbing story that shines a light on an often overlooked chapter in human history." -- Alan Gratz, #1 New York

Times bestselling author of *Refugee* World War I stretches its cruel fingers across Europe, where five young people, each from different backgrounds and nations, face the terror of battle, the deprivations of hunger, and all the awful challenges of war. Felix, from Austria-Hungary, longs for the bravery to resist Jewish deportations before his own family can be taken. Kara, from Britain, dreams of someday earning her Red Cross pin and working as a nurse -- or even a doctor. Juliette, of France, hopes her family can remain knitted together, despite her father's imprisonment, as the war's longest battle stretches on and on. Elsa, from Germany, hopes her homing pigeon might one day bring her a friend from out of the chaos. And Dimitri, of Russia, wants only to survive the front, where he's been sent with no weapon. None of them will find exactly what they want. But the winds of fate may cross their paths to give each of them just what they need. And in this remarkable exploration of World War I by critically acclaimed author Jennifer A. Nielsen, they will discover that friendship and courage can light the way through the most frightening of nights.

[Courageous Influence](#) Orbit

What is courage? Certainly it takes courage for a firefighter to rescue someone trapped in a burning building, but there are many other kinds of courage too. Everyday kinds that normal, ordinary people exhibit all the time, like "being the first to make up after an argument," or "going to bed without a nightlight." Bernard Waber explores the many varied kinds of courage and celebrates the moments, big and small, that bring out the hero in each of us.

**Brave** Templeton Foundation Press  
An empowering picture book for all kids

that demonstrates to children that they can be real-life superheroes and that all kids have what it takes to be brave. Superheroes seek adventure, never give up, and stay calm when others are afraid. Superheroes are brave. But they aren't the only ones. Kids are brave every day. When they are told they are too little, but accomplish something big. When they check for monsters under the bed, just in case. When they face something uncertain, whether a

thunderstorm or a hospital visit. When they stand up for what's right, even when it means facing consequences. Like superheroes, brave kids can save the world, just by being brave. Thoughtful text from Stacy McAnulty paired with vibrant illustrations from Joanne Lew-Vriethoff encourage kids to be brave in all the ways they can: trying new things, speaking their mind, confronting bullies, and more. This book will inspire kids to follow their hearts and to have courage, no matter the situation.