

Person Centered Group Therapy Classroom Activities

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Group Procedures for Counselors in Educational and Community Settings: Original and Selected Readings Simon and Schuster
On *Becoming an Effective Teacher* describes exemplary practices like Teach For America, which highlight the power of person-centered teaching to bring about higher student achievement and emotional intelligence. Lyon situates the classic with the cutting-edge, integrating wisdom with research, anecdote with practical advice, to find truths that reveal paths toward effective teaching. Jeffrey Cornelius-White, Psy.D., LPC, Professor of Counseling, Missouri State University, USA, Author of *Learner Centered Instruction: Building Relationships for Student Success* This fascinating book reveals through current research and contemporary applications that Carl Rogers' pioneering and radical approach to education is as relevant today as it was in the 1970s and '80s. Brian Thorne, University of East Anglia, UK Carl Rogers is one of the most influential psychologists of the twentieth century. His influence is similarly outstanding in the fields of education, counselling, psychotherapy, conflict resolution, and peace. On *Becoming an Effective Teacher* presents the final unpublished writings of Rogers and as such has, not only unique historical value, but also a vital message for today's educational crises, and can be read as a prescription against violence in our schools. It documents the research results of four highly relevant, related but independent studies which comprise the biggest collection of data ever accumulated to test a person-centred theory in the field of education. This body of comprehensive research on effective teaching was accomplished over a twenty-year period in 42 U.S. States and in six other

countries including the UK, Germany, Brazil, Canada, Israel, and Mexico and is highly relevant to the concerns of teachers, psychologists, students, and parents. The principal findings of the research in this book show that teachers and schools can significantly improve their effectiveness through programs focusing on facilitative interpersonal relationships. Teachers who either naturally have, or are trained to have empathy, genuineness (congruence), and who prize their students (positive regard) create an important level of trust in the classroom and exert significant positive effects on student outcomes including achievement scores, interpersonal functioning, self-concept, attendance, and violence. The dialogues between Rogers and Lyon offer a unique and timeless perspective on teaching, counselling and learning. The work of Reinhard Tausch on person-centered teaching for counselors, parents, athletics, and even textbook materials, and the empathic interactions of teachers and students, is among the most thorough and rigorous research ever accomplished on the significance and potential of a person-centered approach to teaching and learning. This pioneering textbook is highly relevant to educational psychologists and researchers, as well as those in undergraduate and graduate university courses in education, teacher training, counseling, psychology and educational psychology.

Groups SAGE

Intended for beginning students as well as for practitioners, this volume shows how to make maximum use of the various models available for social group work. Dr. Fatout explores and delineates the "mainstream model," devotes separate and incisive sections to notable specific approaches, and offers suggestions on ways in which social workers can utilize these strategies in an effective and systematic fashion.

Guidance and Counseling in the Classroom iUniverse

"Rogers, founder of the humanistic psychology movement and father of client-centered therapy ... traces his professional development from the sixties to the eighties and ends with a person-centered prophecy in which [he] calls for a more humane future."--Back cover.

Models for Change in Social Group Work iUniverse

Research-based and practical, this guide gives school professionals the theory and knowledge to adapt solution-focused brief counseling for student groups on any topic, curriculum, or grade level.

Lifestyle Performance Thomson Brooks/Cole

Contributions to Client-Centered Therapy and the Person-Centered Approach brings together an important set of difficult-to-obtain original papers and writings by Nat Raskin for academics, teachers, researchers and all serious students.

Contributions to Client-centered Therapy and the Person-centered Approach Baker Academic

* Describes 6 crisis points that often occur to beginning counselors in supervising groups..* Therapists (w/different perspectives) respond to situation so the different ways to resolve incident can be explored..

Group Play Therapy Routledge

The *Handbook of Group Counseling and Psychotherapy* is a comprehensive reference guide for group practitioners and researchers alike. Each chapter reviews the literature and current research as well as offers suggestions for practice in the psycho-educational arena, counseling, and therapy groups. The handbook encourages the notion that the field is improved through increased collaboration between researchers and practitioners. Through a review of cutting-edge research and practice, the handbook includes: 48 chapters by renowned experts in group work The history and theory of group work Topics across the

lifespan An entire section on multicultural issues A variety of clinical problems and settings Appendices include the Association for Specialists in Group Work Training Standards, Best Practice Standards, and Principles for Diversity-Competent Group Workers The Handbook of Group Counseling and Psychotherapy, the most comprehensive reference devoted to this rapidly growing field, is essential for graduate students, academics, researchers, professionals, and librarians serving the group therapy community.

Theory and Practice of Group Counseling John Wiley & Sons
The ideal resource for setting up and working with therapy groups Group therapy is an increasingly popular treatment modality for a variety of disorders and client populations. *Essentials of Group Therapy* provides both professionals and students with a clear overview of the group therapy process, its history and development, and the critical skills required for working effectively with groups. This valuable guide presents several models and techniques for setting up and leading a number of different types of groups, explained with a distinct practitioner focus. As part of the *Essentials of Mental Health Practices* series, this book provides information mental health professionals need to practice knowledgeably, efficiently, and ethically in today's behavioral healthcare environment. Each concise chapter features numerous callout boxes highlighting key concepts, bulleted points, and extensive illustrative material, as well as "Test Yourself" questions that help you gauge and reinforce your grasp of the information covered. *Essentials of Group Therapy* focuses on the practical aspects of deciding when and for whom group therapy is effective, building groups for long- and short-term therapy, as well as support and self-help groups, and managing the issues that can arise as groups develop. The authors provide examples of how to handle leadership, training, and diversity, as well as ethical and legal issues in an effective and compassionate manner. *Essentials of Group Therapy* provides an invaluable reference for mental health students and professionals studying or working in any practice.

Journeys of Faith Corwin Press

This substantially revised and updated edition of a widely used textbook covers the major approaches to counseling and psychotherapy from a Christian perspective, with hypothetical verbatim transcripts of interventions for each major approach and

the latest empirical or research findings on their effectiveness. The second edition covers therapies and techniques that are increasing in use, reduces coverage of techniques that are waning in importance, and includes a discussion of lay counseling. The book presents a Christian approach to counseling and psychotherapy that is Christ-centered, biblically based, and Spirit-filled.

Theories of School Counseling for the 21st Century John Wiley & Sons

First published in 1979, *Group Counseling* has consistently been a widely used and praised text, providing both novice and experienced counselors with a framework from which to expand their group counseling skills and knowledge. This fifth edition has been thoroughly revised and updated to reflect the newest work in the field, the 2009 CACREP standards, and the Association for Specialists in Group Work practice standards. As in the previous editions, the authors draw upon their extensive experience and share their own styles of leading groups as a personal and practical way to illustrate the differences in group leadership. Berg, Landreth, and Fall present a thorough discussion of the rationale for using group counseling with an emphasis on the group's role as a preventive environment and as a setting for self-discovery. The authors examine the group facilitator's internal frame of reference and ways to overcome initial anxiety about leading groups, and they also explore typical problems in the development, facilitation, and termination of the group process and provide suggested solutions. Application of group counseling is considered with children, adolescents, adults, as well as with special populations, such as abused children, juvenile offenders, and individuals with emotional difficulties. A helpful glossary of group counseling terminology provides a quick reference source for important terms. New to this edition are a chapter on diversity and social justice in group work an expanded chapter on co-leadership, a topic often ignored in other group counseling texts separate chapters on group work with children and group work with adolescents so that reader can focus more easily on the unique aspects of working with each population a chapter on evaluating groups at the leader, group, and individual member levels. A collection of supplemental resources is available online to benefit both instructors and students. Instructors will find PowerPoint slides and test banks to aid in conducting their

courses, and students can access questions for thought and reflection to supplement their review of the chapters in the text. These materials can be accessed at www.routledge.com/mentalhealth/cw/Berg
Handbook of Group Counseling and Psychotherapy SAGE Publications

Carl Rogers coined the term, 'The Basic Encounter Group' to identify encounter groups that operated on the principles of the person-centered approach. It is the contention that the person-centered Basic Encounter Group is quite unique and, in fact, offers a different paradigm for group therapy. Indeed, the application of the premises of the person-centered approach in group therapy requires a re-examination of many of the usual presuppositions about group function. This includes presuppositions about leader target population, size of group, establishment of goals and ground rules, and facilitator behavior.

The Handbook of Group Play Therapy SAGE

Human beings have vast resources for social, personal, and spiritual growth. This project presents some of the thoughts, ideas, and notions of writers who have dedicated themselves to an approach that facilitates the emergence of the self that one truly is. The differing perspectives reflect a deep commitment to a process that is in many ways indefinable. Yet, each writer presents a snapshot of a process that is incredible to behold, and witness.

Freedom to Learn SAGE Publications

Covering all the major approaches to counseling children and adolescents—including psychodynamic, Adlerian, person-centered, cognitive-behavioral, rational-emotive, reality therapy, solution focused, and family systems—*Counseling and Psychotherapy with Children and Adolescents, Fourth Edition* equips you to become familiar with the latest thinking and practice in counseling and psychotherapeutic interventions with children and adolescents.

The Power of Groups Cengage Learning

Journeys of Faith examines the contributions of the leading figures of the humanistic psychology movement, with particular attention to their spiritual journeys. Rising to prominence in America during the post-World War II years, humanistic psychology is experiencing a resurgence in the present day in response to the need for a psychological approach that addresses

meaning and purpose in life. The key players--Abraham Maslow, Carl Rogers, Erich Fromm, and Rollo May--all rejected the orthodoxy of their religious inheritance in favor of a more humanistic approach and, in the process, discovered a renewed spirituality that, they hoped, would address the concerns of a world yearning for something to believe in. While the humanistic psychologists confronted the world's problems through the lens of psychology, other thinkers, such as the evolutionary biologist Julian Huxley, approached them through different, though equally humanistic, perspectives. Others still, such as Paul Tillich, Martin Buber, and Pierre Teilhard de Chardin, confronted the times through a religious lens. The influence of the centuries-long Jewish tradition of scholarship and social justice and the frequent examples of friendship and professional cooperation between the secular and the religious worlds provide critical subthemes for the lasting appeal of humanistic psychology.

Critical Incidents in Group Therapy Routledge

This engaging new book presents a 'child-centred' model of therapy that is thoroughly person-centred in its values. Establishing the roots of child-centred therapy in both child development theories and the Rogerian model, David Smyth demonstrates that counselling the person-centred way is exceptionally relevant to young people. The book further develops child-centred therapy theory and practice, applying the model to real-life practice with children and young people, whether in play, school, organisations or with special needs groups. It also explores the complex professional issues so critical with this age group, including challenging boundaries, establishing an effective relationship with parents and other primary carers, legal and ethical considerations, and multi-professional practice. The author's warm, accessible style conveys his passionate conviction that the person-centred approach can provide a strong foundation for child therapy practice. His book introduces humanistic counselling and psychotherapy trainees - as well as adult-trained therapists - to the particular requirements of working with children and young people, and also illustrates the value of using a 'child-centred' approach for those who might already be working with children in mental health settings. Equally, this volume can be used for professional development in

many disciplines including adult trained therapists who want to extend their knowledge of people prior to reaching adulthood.

Intentional Group Counseling Oxford University Press

For nearly 50 years the approach of Carl Rogers and his colleagues has been used to help others in counseling, psychotherapy, and education. This project takes that work into the realms of Religion, Politics, Alcohol treatment, Incest, Mental Disabilities, Sandtray therapy, Philosophy, and Person-Centered history & theory.

Child Centered Play Therapy John Wiley & Sons

Person-Centred Therapy in Focus provides a much-needed exploration of the criticisms levelled against one of the most widespread forms of therapeutic practice. Characterized by its critics as theoretically 'light', culturally biased and limited in application, until now the person-centred approach has had comparatively little written in its defence. Paul Wilkins provides a rigorous and systematic response to the critics, drawing not only on the work of Carl Rogers, but also of those central to more recent developments in theory and practice (including Goff Barrett-Lennard, Dave Mearns, Jerold Bozarth, Germain Leitauer and Brian Thorne). It traces the epistemological foundations of person-centred therapy and places the approach in its social and political context. Examining the central tenets of the approach, each chapter sets out concisely the criticisms and then counters these with arguments from the person-centred perspective. Chapters cover debates in relation to: - the model of the person - self-actualization - the core conditions - non-directivity - resistance to psychopathology - reflection, and - boundary issues. Person-Centred Therapy in Focus fulfills two important purposes: firstly to answer the criticisms of those who have attacked the person-centred approach and secondly to cultivate a greater critical awareness and understanding within the approach itself. As such it makes a significant contribution to the person-centred literature and provides an excellent resource for use in training.

Person-Centered/Client-Centered Thomson Brooks/Cole

Interactive Group Therapy is a complete guide to group psychotherapy based on the author's unique integrated approach. Dr. Earley integrates from interpersonal group therapy a focus on the feeling reactions and relationships among group members,

from psychodynamic approaches, an appreciation of unconscious processes and childhood origins, and from Gestalt therapy, the importance of awareness, contact, and experimentation. The book develops an action-oriented leadership style for group-centered groups and a new interpersonal understanding of the therapeutic change process in group therapy, leading to an approach that has impressive depth and creativity. It covers both short-term and long-term groups, making it a valuable book for those interested in brief therapies. The primary focus of Interactive Group Therapy is to provide practical guidelines for leading groups. It offers detailed suggestions for structuring groups, creating a therapeutic group climate, promoting interpersonal work, and helping group members develop awareness and responsibility. It discusses how to handle conflict, foster therapeutic change, work with difficult clients, adopt the best leadership attitude, understand group process, and a host of other clinical issues. In addition to rich clinical examples and case histories, this book also presents transcripts of group sessions, annotated to illustrate both theory and technique. The author's thorough presentation of his approach, its theoretical underpinnings, and its application to actual groups make this a valuable resource for graduate students in the mental health professions and psychotherapists of all levels of experience.

Carl Rogers on Encounter Groups Routledge

This book crystallizes the progress which has been made in the last ten years in the development of techniques and basic philosophy of counselling.

Solution Focused Group Therapy Wipf and Stock Publishers

In 2002, the American School Counselor Association presented the ASCA National Model for school counseling programs as a framework for implementing best practices in training counselors to deliver effective evidence-based approaches for K-12 students. Without a unifying theory of practice, school counselors are often uncertain about how to implement the National Model. Considering school counselors' professional role under the National Model, *Theories of School Counseling for the 21st Century* offers readers a compilation of contemporary, cutting-edge theoretical models to inform the way school counselors practice the art and science of school counseling.