
The Feelings Book

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*The
Feelings
Book* 2020-03-02

**CASTILLO
RODNEY**

The Feelings Book

Augsburg
Fortress
Publishers
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This
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book with
wooden
emojis to spin
and choose
from will help
parents and
caregivers
navigate the
world of
emotions with
children.

Explore a wide range of interesting and emotive topics together and delve into what feelings really mean. My World is an engaging series inspired by the Montessori method of education where each title features hands-on, practical learning. Enthusiastic young learners can explore many exciting topics presented in creative, unique formats. A Kids' Guide to

Understanding and Expressing Themselves Little, Brown Books for Young Readers Explains what feelings are and discusses how to recognize and understand them. A Little Book about Big Feelings Little, Brown Books for Young Readers Do you know your own feelings? Sometimes, we're happy, so we laugh and shout with glee. Other times, we're angry, and want to rage

and roar. It is not easy to deal with our many contradictory emotions. To recognize our own feelings and deal with them responsibly is an important learning process for children, and a trial of limits. This vibrantly and expressively illustrated book invites children to talk about feelings. It takes readers through a range of potential emotions without ever calling them "good" or

"bad," allowing children to recognize and examine their own emotional world.

(Kids Books About Emotions & Feelings, Children's Book Ages 2 4, Preschool, Kindergarten)

American Girl This is the definitive box set collection all 10 titles available in the Feelings series. Helping young children develop skills to identify and manage their feelings leads to an increase in confidence, self-esteem,

and an optimistic and hopeful state of mind--creating a healthy emotional foundation. Each book features a page of parents' notes written by a child psychologist.

My Feelings and Me

Running Press Kids "Feel Your Feelings is a book about learning to identify and accept the emotions you have, based in cognitive-behavioral principles"--Promoting Emotional

Literacy Through Drawing Golden Books A young girl explores what different emotions feel like, such as happiness which makes her want to twirl, or sadness which feels as heavy as an elephant.

The Care and Keeping of Your Emotions

Routledge The crayons are back in this board book all about feelings from the creators of the #1 New York Times bestselling The Day

Crayons Quit and The Day the Crayons Came Home! Everyone knows the crayons love to color, but did you know that crayons have feelings too? Sometimes they are happy and sometimes they feel downright blue. From the creative minds behind the The Day the Crayons Quit and The Day the Crayons Came Home, comes a fun board book to help young readers understand and express

their feelings. **The Happy Book** Knopf Books for Young Readers Encourage kids to explore their emotions through engaging activities for ages 4 to 8 When children can identify their feelings, they're better able to work through them and express them in a positive way. Help kids build essential social and emotional skills with this constructive approach to feelings books for children. It's filled with

activities that teach kids to understand their feelings and practice healthy methods for managing them. Kids will discover what happens to their minds and bodies when they experience emotions like happiness, anger, and embarrassment--and how to cope with big feelings when they arise. This standout among feelings books for children includes: A balanced approach-- Investigating all of their

feelings without judgment will show children how to handle a wide spectrum of emotions. Real-life situations-- Realistic examples encourage kids to think about how they'd feel and react in different scenarios, helping them develop empathy and manage their emotions in new situations. A wide variety of activities--This fun choice in feelings books for children keeps kids

engaged with coloring, drawing, writing, solving puzzles, and more. Give kids the tools to deal with their emotions in a healthy way with this colorfully illustrated entry into feelings books for children. *My Big Feelings* The Feelings Book She has almost everything. The rest she'll take. For fans of *Gone Girl* and *The Perfect Nanny*, a taut, psychological suspense novel about a

perfect couple and their seemingly perfect roommate—th at is until she threatens to destroy everything they've worked so hard to create. Marisa and Jake are a perfect couple. And Kate, their new lodger, is the perfect roommate—a nd not just because her rent payments will give them the income they need to start trying for the baby of their dreams. Except—no one is truly perfect. Sure,

Kate doesn't seem to care much about personal boundaries and can occasionally seem overly-familiar with Jake. But Marisa doesn't let it concern her, knowing that soon Kate will be gone, and it will just be her, Jake, and their future baby. Conceiving a baby is easier said than done, though, and Jake and Marisa's perfect relationship is put to the test through months of fertility treatments

and false starts. To make matters worse, Kate's boundary-pushing turns into an all-out obsession—with Jake, with Marisa, and with their future child. Who is this woman? Why does she seem to know everything about Marisa and Jake? In her quest to find out who Kate really is, Marisa might destroy everything she's worked so hard to create—her perfect romance, her perfect family, and her

perfect self. Jake doesn't know the half of what Marisa has created—and what she stands to lose. For fans of *Gone Girl* and *The Perfect Nanny*, *Magpie* is a tense and twisting novel about mothers and children, envy and possession, and the dangers of getting everything you've ever dreamed of. **Tiger Tales**
LONGLISTED FOR THE 2022 PEN/FAULKNER AWARD FOR FICTION
"Claire

Oshetsky's novel is a marvel: its language a joy, its imagination dizzying." —Rumaan Alam, New York Times bestselling author of *Leave the World Behind* An exhilarating, provocative novel of motherhood in extremis Tiny is pregnant. Her husband is delighted. "You think this baby is going to be like you, but it's not like you at all," she warns him. "This baby is an owl-baby."

When Chouette is born small and broken-winged, Tiny works around the clock to meet her daughter's needs. Left on her own to care for a child who seems more predatory bird than baby, Tiny vows to raise Chouette to be her authentic self. Even in those times when Chouette's behaviors grow violent and strange, Tiny's loving commitment to her daughter is unwavering. When she

discovers that her husband is on an obsessive and increasingly dangerous quest to find a "cure" for their daughter, Tiny must decide whether Chouette should be raised to fit in or to be herself—and learn what it truly means to be a mother. Arresting, darkly funny, and unsettling, Chouette is a brilliant exploration of ambition, sacrifice, perceptions of ability, and the ferocity of

motherly love.

The Emotions

Book Abrams

This baby is happy. Can you make a happy face? Find the happy baby! This bold, beautiful board book features six essential facial expressions: happy, sad, angry, surprised, silly, and sleepy. The idea is simple: Show a large, establishing image of a baby's face, then children making the same face, then ask the reader to find

that baby among several other faces.

The very last spread includes all of the baby faces and a mirror so babies can watch themselves make every face imaginable.

Emotion

Detective

HarperCollins

Picture book exploring the variety of emotions children experience and reassuring them that their emotions help them grow.

Visiting

Feelings

Althea Press

Help curious preschoolers find out more about themselves with these fantastic lift-the-flap board books. Find *Out About: Feelings* helps curious preschoolers get to grips with their feelings and emotions - a key topic for both them and their parents. Featuring friendly child characters and familiar situations, they will find answers and reassurance when they are feeling happy, sad, frightened,

brave and everything in between. With fun flaps to lift and a memory game at the end, this is an excellent book for children and parents to share together. Also available: Find Out About: Animals *God Made All Your Feelings* American Girl From bestselling author Todd Parr, a poignant and reassuring story about loss. Through the lens of a pet fish who has lost his companion, Todd Parr tells a moving and

wholly accessible story about saying goodbye. Touching upon the host of emotions children experience, Todd reminds readers that it's okay not to know all the answers, and that someone will always be there to support them. An invaluable resource for life's toughest moments.

The Feelings Activity Book for Children
Simon and Schuster
One day, Colour Monster

wakes up feeling very confused. His emotions are all over the place; he feels angry, happy, calm, sad and scared all at once! To help him, a little girl shows him what each feeling means through colour. A gentle exploration of feelings for young and old alike.

The Colour Monster Little, Brown Books for Young Readers
In illustrations and audio, Parr enumerates a number of different

things that are okay, such as "It's okay to be short" and "It's okay to dream big". Full color. *Guns, Germs, and Steel: The Fates of Human Societies* (20th Anniversary Edition) Pat-a-Cake Beautifully descriptive prose and delightful illustrations cultivate a message of mindfulness and emotional awareness to help children fully experience the present moment. "Visiting

Feelings" invites children to sense, explore, and befriend any feeling with acceptance and equanimity. Includes a "Note to Parents." [I'm a Leprechaun](#) Feelings The newest picture book from the creators of All Are Welcome to help children navigate BIG FEELINGS! In their bestselling picture book All Are Welcome, Alexandra Penfold and

Suzanne Kaufman celebrate kindness, inclusivity, and diversity. Now with Big Feelings, they help children navigate the emotional challenges they face in their daily lives. What should we do when things don't go to plan? We may feel mad, frustrated, or overwhelmed, but by talking it through, compromising, and seeing another point of view, we can start fresh, begin anew. **Magpie**

American Girl
This updated
journal,
designed to
help girls
understand
their
emotions, is
the perfect
companion to
The Feelings
Book. It's a
great hands-
on guide that
helps girls
identify and
handle all
kinds of
emotions with
entertaining
quizzes, fill-in-
the-blank
exercises, and
checklists. It
also includes a
section on
"mood
mindors" -
specific
techniques
that help girls
address

feelings such
as fear,
anxiety,
happiness,
jealousy,
disrespect,
anger,
loneliness,
sadness, grief
and more.
A Book to
Assist Adults
in Helping
Children
Unpack,
Understand
and Manage
Their Feelings
and Emotions
Rockridge
Press
This classic
picture book
from beloved
author-
illustrator Alike
is a great way
to explore
feelings with
younger kids,
whether at
home or in the

classroom.
Happy, sad,
shy,
excited—how
do you feel?
No matter the
emotion,
Feelings
explores
it—and helps
children
understand
and express
their own
feelings. Best-
selling author
Alike uses a
child-friendly
cartoon style
to build
empathy and
awareness in
young
readers—and
to help them
find
appropriate
ways to
handle their
feelings.
Short, funny
comics show

how children might feel in different situations—at a birthday party, when a beloved pet dies, on the first day of school, and more. A

timeless classic ideal for sharing. "Children often have difficulty articulating emotions. That fact is the underpinning for Alike's

catalog of feelings, be they happy, sad, or somewhere in between." —Booklist "A delightful book." —New York Times Book Review