
Intensive Care A Doctor S Journal

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*Intensive Care
A Doctor S
Journal* **2021-01-04**

LILLY KIRBY

ABC of Intensive Care
World Scientific
Intensive care patients are the most critically ill in any hospital and they are a patient group that utilises a disproportionate amount of medical resources. Intensive care medicine, around for about 40 years, is a relatively recent but globally expanding specialty due to a growing geriatric population of discerning demand for health system. The older generation of intensivists are approaching retirement. The middle generation is trained in various medical specialties and then subspecialised in intensive care. These doctors now lead the way in clinical practice, research, management

and training. On the other hand, the younger generation of intensivists includes an ever increasing number of doctors who, for the first time, enjoy a structured training program with clinical rotations, courses, and exam qualifications. Written by outstanding specialist practitioners who are also internationally acclaimed authors from the UK and North America, this is an authoritative guide to practical intensive care medicine. The clinical contents of the book share a practical and educational common thread with each chapter addressing pertinent clinical challenges comprehensively. This invaluable book is specially targeted at medical students, trainees in intensive care medicine and other acute specialties, consultants wishing to remain up to

date on all branches of this vast specialty and other allied professionals practicing in intensive care including nurses and physiotherapists.
Contents:History of Intensive Care (Jennifer Jones)Cardiovascular Physiology (Ian Webb and David Treacher)Respiratory Physiology (Nicholas Lees and Neil Soni)Cellular Physiology in Critical Care (David Brealey and David Howell)Cardiovascular Monitoring (Parind Patel)Vasoactive Agents (Gayathri Satkurunath, Raha Rahman West and Andrew Rhodes)Mechanical Ventilation (Amisha V Barochia, Charles Natanson and Peter Q Eichacker)Non-Invasive Ventilation (Borja G Cosío and José M Echave Sustaeta)Nutrition (Richard Leonard)Microbiology and Infection Control (Annette

Jepson)Radiological Imaging in Intensive Care (Kanupriya Agrawal and Andrew R Wright)Biochemistry in Intensive Care (Paul Holloway)Haematology in Intensive Care (Lesley Kay)Peri-Operative Intensive Care Medicine (S Ramani Moonesinghe and Michael G Mythen)Post-Operative Intensive Care (Umeer Waheed and Mark G A Palazzo)Sepsis (Richard Stümpfle)Airway Management in Intensive Care (Virinder S Sidhu)Neurocritical Care (Nicholas Hirsch, Christopher Taylor and Martin Smith)Cardiopulmonary Intensive Care (Marius Gota, Allen Bashour and Michael O'Connor)Respiratory Intensive Care (Sarah L Stirling and Mark J D Griffiths)Vascular Intensive Care (Susan Jain and Carlos M H Gómez)Liver Intensive Care (Julia Wendon and Patrick Ward)Acute Kidney Injury in Intensive Care (Shaikh A Nurmohamed, Marc G Vervloet and A B Johan Groeneveld)Obstetrics Problems in Intensive Care (Surbi Malhotra)Paediatric Intensive Care (Simon Nadel)Trauma Intensive Care (Peter J Shirley)Intensive Care of Burns Patients (Lena C Andersson, Hans C Nettelblad and Folke Sjoeborg)Poisoning (David J Watson)Transfer of the Critically Ill (Harriet Wordsworth)Ethics in Critical Care (Simon Munk and Andrew Hartle)Leadership and Management in Critical Care (Andrew R Webb)Evidence-Based Intensive Care (Sunil Grover and Carlos M H Gómez) Readership: Doctors, nurses and physiotherapists specialising in intensive care medicine, doctors in acute medical specialties and medical students. Key Features:A leading resource for those who intend to study, practice and excel in intensive care medicineAn authoritative and comprehensive guide presented in a readable and concise styleKeywords:Intensive Care;Critical Illness;Multiple Organ Failure;Major Surgery;Mechanical Ventilation;Haemofiltration

Life Support AuthorHouse This issue of *Physician Assistant Clinics*, guest edited by Kim Zuber, PA-C and Jane S. Davis, CRNP, DNP, is devoted to Critical Care Medicine. This comprehensive issue includes the following articles: The PA in Critical Care Medicine; Pharmacology in Critical Care: When, What, and How Much; Bacteria and Viruses: The Bogeymen in the ICU; The Heart of the Matter: CHF, Cardiac Arrest, Cardiac Shock, ST Elevation MI's, Cardiac Arrhythmias, Hemodynamics, and Hypertensive Crisis; The Heart of the Matter: Cardiac Surgery, Cardiovascular Surgery Complications, Mechanical Devices, and ECMO; Breathe In, Breathe Out: Respiratory Considerations in the ICU; When the Kidney goes Rogue: Acute Kidney Injury in the ICU; Bridge Over Troubled Water: Fluid in the ICU; The Gland Plan: Endocrine Emergencies in Critical Care; Slip, Slipping Away: The Brain in the ICU; Gastroenterology, Hepatology, and Nutrition in the ICU; Special Intensive Care: The SICU; The Sick Child: the PICU; Crash: Trauma Management; and Saying Goodbye: Discussing End of Life Issues with the Critically Ill Patient and Family. CME credits are also available to subscribers of this series. *Fragile Beginnings* tfm

Publishing Limited
An experienced doctor offers a behind-the-scenes picture of an Intensive Care Unit in a large city hospital, presenting true accounts of the patients, doctors, nurses, and medical students who cope with life-affecting decisions every minute of every day.

Evidence-Based Critical Care Radcliffe Publishing
"There is no night in the ICU. There is day, lesser day, then day again. There are rhythms. Every twelve hours: shift change. Report: first all together in the big room, then at the bedside, nurse to nurse. Morning rounds. A group of doctors moves slowly through the unit like a harrow through a field. At each room, like a game, a different one rotates into the center. They leave behind a trail of new orders. Wean, extubate, titrate, start this, stop that, scan, film, scope. The steep hill the patient is asked to climb. Can you breathe on your own? Can you wake up? Can you live?"-from *Where Night Is Day* *Where Night Is Day* is a nonfiction narrative grounded in the day-by-day, hour-by-hour rhythms of an ICU in a teaching hospital in the heart of New Mexico. It

takes place over a thirteen-week period, the time of the average rotation of residents through the ICU. It begins in September and ends at Christmas. It is the story of patients and families, suddenly faced with critical illness, who find themselves in the ICU. It describes how they navigate through it and find their way. James Kelly is a sensitive witness to the quiet courage and resourcefulness of ordinary people. Kelly leads the reader into a parallel world: the world of illness. This world, invisible but not hidden, not articulated by but known by the ill, does not readily offer itself to our understanding. In this context, Kelly reflects on the nature of medicine and nursing, on how doctors and nurses see themselves and how they see each other. Drawing on the words of medical historians, doctor-writers, and nursing scholars, as well as the works of James Agee and Michel de Certeau, Kelly examines the relationship of professional and lay observers to the meaning of illness, empathy, caring, and the silence of suffering. As Kelly reflects on the rise of medicine, the theory of nursing, the

argument of care versus cure, he offers up an intimate portrait of the ICU and its inhabitants. *Every Deep-Drawn Breath* CRC Press

Journey into the world of intensive care medicine and the lives of people who have forever been changed by it. 'A very special book filled with stories of survival, hope and loss.' Adam Kay '[Morgan's] wit and compassion are everywhere evident in this enlightening book, and he makes a welcome contribution to our understanding of these extraordinary times.' Sunday Times There is no room for error in the ICU. Full focus is required at all times. It can be the difference between life and death. Through the remarkable stories of his patients, Dr. Matt Morgan guides you through the body and its organs. He explains how various critical conditions arise, and all that goes into treating them - from the science, research and technology, to the tireless efforts of the doctors and nurses. This book gives you powerful insights about intensive care, many of which may prevent you, or those close to you, from ending up there. It will even

teach you how to save a life. Movingly and compassionately, Matt writes about the cases and the people that have stayed with him, both the recoveries and the losses. This book shows the fragility of life, but also the incredible resilience of the human body and spirit. Sometimes darkness can show you the light.

Intensive Care tfm Publishing Limited

In a probing look at the reality of everyday choices in neonatal intensive care units, sociologist Renee Anspach explores the life-and-death dilemmas that have fueled much national debate. Anspach considers the roles of parents, doctors, nurses, and bioethicists in deciding the fate of terminally ill or malformed newborns.

The Beginner's Guide to Intensive Care Univ of California Press

For Readers of Paul Kalanithi's *When Breath Becomes Air*, an Intensive Care Doctor Reveals How Everyday Emotions Are Taken to Extremes in the ICU. Dr. Aoife Abbey takes us beyond the medical perspective to see the humanity at work inside our hospitals through the eyes of doctors and

nurses as they witness and experience the full spectrum of human emotion with every shift. It is their responsibility to mitigate the grief of a family in mourning, calm a patient about to die, and confront their own fear of failure when lives are on the line. Whether they're providing hospice care, tending to victims of car accidents or violent attacks, determining the correct treatment for someone displaying signs of a heart-attack or stroke, and managing staff, stress is a doctor's number one companion. Cycling through the whirlwind of emotion that accompanies every case isn't only exhausting—it can be fatal. Told using seven key emotions—fear, grief, joy, distraction, anger, disgust, and hope—*Seven Signs of Life* opens the door, and heart, of the hectic life inside a hospital to reveal what it means to be alive and how it feels to care for others.

Breathless University of Chicago Press
Communication skills are vital in all areas of medical practice, and none more so than the highly charged arena of the Intensive Care Unit. Intensive Care specialists are frequently called upon

to communicate and negotiate with patients, their families and surrogates, their physician, surgeon or oncologist and a wide range of medical personnel including nursing staff and junior doctors. Recognising this, the Australian and New Zealand Faculty of Intensive Care Medicine assesses the communication skills of all candidates undertaking the Fellowship examination. Medical decisions should be based on clear ethical principles, thoughtful analysis of situations and the formulation of appropriate strategies.

'Communication of the Intensive Care Specialist' explains the need for an understanding of ethics, introduces the fundamental principles of communication, and guides the reader through a range of Case Studies which cover many of the situations which may confront the ICU specialist. Written primarily for Intensive Care trainees to help them improve their skills and to prepare for the Final Fellowship examination, this book is an invaluable resource for all junior doctors, and for those responsible for their

training.

Intensive Care Medicine

MCOs Beacon Press

For readers of Atul Gawande and Jerome Groopman, a book of beautifully crafted stories about what life is like for patients kept alive by modern medical technology. Modern medicine is a world that glimmers with new technology and cutting-edge research. To the public eye, medical stories often begin with sirens and flashing lights and culminate in survival or death. But these are only the most visible narratives. As a critical care doctor treating people at their sickest, Daniela Lamas is fascinated by a different story: what comes after for those whose lives are extended by days, months, or years as a result of our treatments and technologies? *You Can Stop Humming Now*, Lamas explores the complex answers to this question through intimate accounts of patients and their families. A grandfather whose failing heart has been replaced by a battery-operated pump; a salesman who found himself a kidney donor on social media; a college student who survived a near fatal

overdose and returned home, alive but not the same; and a young woman navigating an adulthood she never thought she'd live to see - - these moving narratives paint a detailed picture of the fragile border between sickness and health. Riveting, gorgeously told, and deeply personal, *You Can Stop Humming Now* is a compassionate, uncompromising look at the choices and realities that many of us, and our families, may one day face. "Gripping, soaring, inspiring."-Atul Gawande, author of *Being Mortal*
"We Can't Kill Your Mother!" Oxford University Press
 An inside look at one of the nation's most famous public hospitals, Cook County, as seen through the eyes of its longtime Director of Intensive Care, Dr. Cory Franklin. Filled with stories of strange medical cases and unforgettable patients culled from a thirty-year career in medicine, Cook County ICU offers readers a peek into the inner workings of a hospital. Author Dr. Cory Franklin, who headed the hospital's intensive care unit from the 1970s through the 1990s, shares his most unique and bizarre

experiences, including the deadly Chicago heat wave of 1995, treating some of the first AIDS patients in the country before the disease was diagnosed, the nurse with rare Munchausen syndrome, the first surviving ricin victim, and the famous professor whose Parkinson's disease hid the effects of the wrong medication. Surprising, darkly humorous, heartwarming, and sometimes tragic, these stories provide a big-picture look at how the practice of medicine has changed over the years, making it an enjoyable read for patients, doctors, and anyone with an interest in medicine.
Stories from ICU Doctors Hachette UK
 From this superb fieldwork--observing medical staff on their rounds; interviewing staff, patients, and families; and systematically reviewing hospital records--Zussman reveals the existence of deep conflicts of opinion on how to allocate treatment and resources. He shows that these perspectives depart from the formal principles of medical ethics. He argues that courts and hospital administrators, with their new insistence on taking the rights of patients

seriously, have reshaped the way life and death decisions are made. At the same time, Zussman examines doctors' frequent resistance to the precepts of medical ethics: doctors, he shows, often override patients' wishes, justifying their decisions in the name of the patients' best interests while maintaining control over the decision-making process.

A Beginner's Guide to Intensive Care

Medicine Elsevier Health Sciences

You are in the hospital and have just been transferred to the intensive care unit. The night shift doctor shuffles to the bedside and states the obvious that you are "really sick". He acknowledges the "No CPR" on the Advanced Directive and then offers, "What about being placed on a life support machine? Would you want that?" He pauses, stares, and awaits an answer. Dr. Haake takes you into the trenches of the intensive care unit where impossible decisions are mandated. A crystal ball does not exist that predicts the circumstances of the last minutes of your life where critical decisions are

made. Establishing your wishes in the last two minutes of your life is less than ideal. Dr. Haake presents a sick and dying continuum that actually evolves over months and years to an end-of-life plan. The process of a good death quite naturally flows from a robust and dynamic plan for living which is presented in his book

Power and Conflict Between Doctors and Nurses Univ of California Press

The practice of intensive care medicine raises multiple legal and ethical issues on a daily basis, making it increasingly difficult to know who to admit and when, at what stage invasive management should be withdrawn, and who, importantly, should decide? These profound dilemmas, already complicated in a setting of scarce resources, mandate an understanding of law and ethics for those working in intensive care medicine. Clinically focused, this book explains the relevance of landmark rulings to aid your day-to-day decision-making. A spectrum of ethical and legal controversies in critical care are addressed to demonstrate how law

and ethics affects the care available to patients and vice versa. Discussion of conflict resolution advises the options open to you when agreement on treatment decisions or withdrawal cannot be reached. The literature and variations surrounding Do Not Attempt Resuscitation decisions are outlined to help you navigate this complex area. This edition also provides an up-to-date analysis of issues such as futility and depreciation of liberty. Featuring contributions from leading legal and medical experts, this important reference should be read by every critical care professional. [Intensive Care](#) UNSW Press

Written by a practicing intensive care clinician, this unique collection shares the experiences of intensive care patients and their families. Demonstrating how ordinary people cope in the face of terrible tragedies, this inspiring account journeys inside an intensive care unit and reveals the daily struggles of caring staff members in this critical environment. Filled with humorous and heartbreaking moments, this compilation will appeal to healthcare

students as well as those dealing with the death of a loved one.

Critical Care Medicine, An Issue of Physician

Assistant Clinics Springer

The intensive care unit (ICU) is a specialised hospital ward where the 'sickest-of-the-sick' patients, often with life-threatening illness, receive around-the-clock monitoring and life support. There is a wide spectrum of conditions managed, and these present unique challenges for those who work in this field. Written in lay language by experienced ICU doctors (Intensivists), Psychiatrists, healthcare professionals outside of medicine and other stakeholders, "Stories from ICU doctors" provides insight and commentary around the nature and management of stressors for senior doctors working in the ICU. The first five sections of the book describe the distinctive nature of the ICU environment: the human factors involved, the characteristics of thriving Intensivists, the emotions they experience, and how they behave in response. The final three sections provide a synthesis of the advice of these clinicians for both current and

future Intensivists, the advice from those who surround the Intensivist both at work and at home; and some concluding remarks about trainee suitability and selection for intensive care medicine. This book is for ICU patients and their families, it is for the families of ICU doctors, it is for doctors from other specialities, it is for the nurses and others that work alongside ICU doctors, and for anyone considering a career in ICU medicine and those who care for them. We share these stories in hope that readers might better appreciate the human side of these doctors, better understand the complex working environment in which they practice, and perhaps better empathize with their stressors and struggles. Most importantly, this book is also for the ICU doctors who currently work within the specialty, to validate their feelings and experiences, and ultimately provide support by reminding them that they are not alone in navigating the difficulties they face.

End-of-Life

Communication in the ICU

Cornell University Press

From the author of the

highly-acclaimed Doctors and Doctors' Wives comes a fresh, compelling medical drama. A brilliant surgeon takes on the most challenging case of his career as he finds himself fighting against all odds to save a patient with whom he has fallen in love. "A novel of love and scandal . . . fascinating!"--Tony Hillerman.

Critical Viking

Critical Care Medicine at a Glance The market-leading at a Glance series is popular among healthcare students and newly qualified practitioners for its concise, simple approach and excellent illustrations. Each bite-sized chapter is covered in a double-page spread with clear, easy-to-follow diagrams, supported by succinct explanatory text. Covering a wide range of topics, books in the at a Glance series are ideal as introductory texts for teaching, learning and revision, and are useful throughout university and beyond. Everything you need to know about Critical Care Medicine... at a Glance! Critical Care Medicine at a Glance, Fourth Edition provides a succinct, accessible, highly illustrated introduction to the care of

the critically ill patient. Designed for medical students, junior doctors and nurses alike, this authoritative revision guide covers the essential clinical, diagnostic, and therapeutic skills required to manage critically ill patients with a wide range of conditions in a variety of settings. Colour-coded chapters which contain concise explanatory text, applications to practice, and numerous high-quality photographs, illustrations, diagrams and tables. Fully revised to reflect current guidelines, changes in practice and recent medical innovations, this fourth edition includes expanded coverage of resus, sepsis, COVID-19, ECMO, dermatological emergencies, envenomation and other key conditions and procedures. Updated chapters incorporate current assessment methods used by medical schools and postgraduate training programmes, whilst additional 'Pearls of Wisdom' boxes and 'Wise Owl Reading' reference suggestions are integrated throughout to aid learning and comprehension. Allows rapid access to the knowledge and skills required to care for the

acute and critically ill
Covers a wide range of topics such as respiratory and neurological emergencies, arrhythmias, ventilation and intubation, trauma surgery and abdominal imaging Features contributions from leading critical care practitioners Provides normal values, reference ranges and treatment and monitoring guidelines for various critical care scenarios Includes practical case studies, revision questions and self-assessment tests with answers Contains several useful appendices, including information on pacemaker types and classifications Critical Care Medicine at a Glance, Fourth Edition is a must-have for medical students, junior doctors and nurses in intensive care and emergency medicine and those undertaking postgraduate exams. For more information on the complete range of Wiley Medical Education publications, please visit: www.wiley.com To receive automatic updates on Wiley books and journals, join our email list. Sign up today at www.wiley.com/email All content reviewed by students for students Wiley Medical Education

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Life in the Balance John Wiley & Sons
New York Times WellBlog regular contributor, Danielle Ofri has been praised for turning the triumphs and trials of medicine into riveting and compassionate stories. This e-book exclusive edition offers 98 pages of her best work. This eBook original exhibits Danielle Ofri's range and skill as a storyteller as well as her empathy and astuteness as a doctor. Her vivid prose brings the reader into bustling hospitals, tense exam rooms, and Ofri's own life, giving an up-close look at the fast-paced, life-and-death drama of becoming a doctor. She tells of a young man uncertain of his future who comes into

the clinic with a stomach complaint but for whom Dr. Ofri sees that the most useful "treatment" she can offer him is SAT tutoring. She writes of a desperate struggle to communicate with a critically ill patient who only speaks Mandarin, of a doctor whose experience in the NICU leaves her paralyzed with PTSD, and of her own struggles with the fear of making fatal errors, the dangers of overconfidence, and the impossible attempts to balance the empathy necessary for good care with the distance necessary for self-preservation. Through these stories of her patients, colleagues, and her own experiences, *Intensive Care* offers poignant insight into the medical world, and into the hearts and minds of doctors and their patients. These stories are drawn from the author's previous books and one is from her forthcoming book, *What Doctors Feel: How Emotions Affect the Practice of Medicine*. [Deciding Who Lives](#) Young Writers

As a doctor running the intensive care unit at one of London's top hospitals, Jim Down has spent his life working as

healthcare's last resort, where the unexpected is always around the corner, and life and death decisions are an everyday occurrence. But nothing had prepared Jim and his team for the events of spring 2020, when the Covid-19 pandemic descended. In *Life Support*, he tells the extraordinary month-by-month story of how as the nation came to a standstill, he and his colleagues donned PPE, received an unprecedented influx of patients, transformed their hospital and ultimately faced down the biggest challenge in the history of the NHS. The pandemic raised impossible questions for Jim- how do you fight a new disease? How do you go home at night to your wife and young children when you've spent all day around highly infectious patients? How do you tell a mother that her healthy young son has died, only days after falling ill? With warmth, honesty and humour, this book is a gripping, moving testament to the everyday heroism of the NHS staff in a global crisis, and an unforgettable insight into what was really happening in the wards as

we clapped on our doorsteps.

Every Deep-Drawn Breath Univ of California Press

Intensive care medicine is a dynamic and evolving specialty, requiring its practitioners to be part physician, physiologist and anaesthetist. This requires a firm foundation of knowledge and an ability to apply this to the clinical situation. This book contains 270 multiple-choice questions allowing self-assessment of the breadth of knowledge required of the modern intensivist. The book is divided into three papers each consisting of 60 multiple true false (MTF) and 30 single best answer (SBA) questions covering areas including resuscitation, diagnosis, disease management, organ support, and ethical and legal aspects of practice. The MTF questions test factual knowledge and understanding of the evidence base underpinning intensive care medicine, while the SBA questions test the ability of the candidate to prioritise, compete options and make the best decision for the patient. Each question is peer reviewed and accompanied by concise

and detailed explanatory notes with references to guide further reading. All the authors are practising intensive care physicians with firsthand experience of professional examinations in the specialty. This book will appeal to intensive care physicians approaching professional examinations worldwide, including the

European Diploma, American Board and Faculty of Intensive Care Medicine examinations. In addition, it will appeal to intensive care nurses and allied healthcare professionals wishing to update their knowledge as part of continuing professional development, and to physicians sitting professional examinations in related specialties

requiring knowledge of intensive care medicine such as general medicine, general surgery and anaesthesia. This new book will complement the existing international best-selling title 'Multiple Choice Questions in Intensive Care Medicine' (ISBN 978 1 903378 64 9), also written by Dr Steve Benington.