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HINES KELLEY

Be Mine Tonight Columbia University Press

A source of hope, expert advice, and guidance for people with borderline personality disorder and those who love them Do you experience frightening, often violent mood swings that make you fear for your sanity? Are you often depressed? Do you engage in self-destructive behaviors such as drug or alcohol abuse, anorexia, compulsive eating, self-cutting, and hair pulling? Do you feel empty inside, or as if you don't know who you are? Do you dread being alone and fear abandonment? Do you have trouble finishing projects, keeping a job, or forming lasting relationships? If you or someone you love answered yes to the majority of these questions, there's a good chance that you or that person suffers from borderline personality disorder, a commonly misunderstood and misdiagnosed psychological problem afflicting tens of millions of people. Princess Diana was one of the most well-known BPD sufferers. As a source of hope and practical advice for BPD sufferers and those who love them, this new book by Dr. Jerold J. Kreisman and Hal Straus, bestselling authors of I Hate You, Don't Leave Me, offers proven techniques that help you: * Manage mood swings * Develop lasting relationships * Improve your self-esteem * Keep negative thoughts at bay * Control destructive impulses * Understand your treatment options * Find professional help

Cornish Girl Springer-Verlag

At sixteen Margaret's childhood is over when she is persuaded to leave the secure world of her family's farm to marry a stranger with his own secrets. Alienated by her husband's coldness, Margaret is desperate for affection. And she unwillingly finds herself turning to the wealthy Richard Treveryan; a cynical and bitter man, loathed by her family and friends. Margaret discovers in him an unexpected tenderness and in herself a passion she'd never thought possible. But the bloodshed of the Civil War threatens all Margaret holds dear. Forcing her to choose between her beloved son and the only happiness she has ever known...

Schminken, Masken, schönes Haar DK Publishing (Dorling Kindersley)

Photographs and text depict different species of penguins in their natural surroundings and introduce the behavior and life cycles of these flightless sea birds.

Forward Tantor eBooks

There are many identities within the LGBTQI community. Among these are butch and femme. Both of these identities date back to the beginning of the 20th century and are a part of the lesbian and bisexual subculture. Both have taken on many definitions. In this collection of photographs, people from across the United States and Canada who claim these identities today share their own definitions and describe how they express themselves uniquely.

The Return of the Gods Sterling Publishing Company Incorporated

Interesting facts about all kinds of desert animals.

Deutsche Nationalbibliothek und Bibliographie der im Ausland erschienenen deutschsprachigen

Veröffentlichungen Routledge

Meet a savage hunter from the darkest jungles and the beautiful prey he'll never let escape in this sensual Carpathian novel from #1 New York Times bestselling author Christine Feehan. Rafael De La Cruz has spent centuries hunting vampires with his brothers, and with each passing year his capacity to feel emotions has grown weaker and weaker until finally there's barely even a memory left—until only sheer willpower keeps him from turning into the very abomination he hunts. But it'll take more than will to keep him away from the woman who is meant to be his and his alone... For five years, rancher Colby Jansen has been the sole protector of her younger half-siblings, and with fierce determination and work she has kept her family together and the ranch operational. Now, the De La Cruz brothers are threatening that stability. They claim that her siblings belong with their father's family, not with her. Colby vows to fight them—especially the cold and arrogant Rafael De La Cruz. But Rafael is after more than her family—he wants Colby, and will not let anything stand between them. After ages of loneliness, the raw desire to possess her overwhelms his very soul, driving him to claim her as his lifemate.

Desert Animals Shambhala Publications

In this adaptation of a parable from the New Testament, a rich man who collects beautiful things discovers a beautiful pearl that he wants more than anything.

Elementary Meteorology Little Brown Uk

A twelfth-century Welsh woman gives birth to a child prophesied to lead his people and, in the process, becomes a formidable player in the socio-religious activities of her day

Let's Cook Harper Collins

Here is the ultimate explanation of the brain for everyone who thinks: a guide to how the brain works, how our brains came to operate the way they do, and, most important, how to use your precious gray matter to its full capacity. The brain, according to current research, is not some kind of automatic machine that works independently of its user. In fact, the circuitry of the brain actually changes according to how one uses it. Our brains are continuously developing new capacities and refinements—or losing them, depending upon how we use them. Gerald Hüther takes us on a fascinating tour of the brain's development—from one-celled organisms to worms, moles, apes, and on to us humans—showing how we truly are what we think: our behavior directly affects our brain capacity. And the behavior that promotes the fullest development of the brain is behavior that balances emotion and intellect, dependence and autonomy, openness and focus, and ultimately expresses itself in such virtues as truthfulness, considerateness, sincerity, humility, and love. Hüther's user's-manual approach is humorous and engaging, with a minimum of technical language, yet the book's message is profound: the fundamental nature of our brains and nervous systems naturally leads to our continued growth in intelligence and humanity.

Brinkman's catalogus van boeken en tijdschriften Penguin

Lissianna has been spending her centuries pining for Mr. Right, not just a quick snack, and this sexy guy she finds in her bed looks like he might be a candidate. But there's another, more pressing issue: her tendency to faint at the sight of bloodan especially annoying quirk for a vampire. Of course it doesn't hurt that this man has a delicious-looking neck. What kind of cold-blooded vampire woman could resist a bite of that?

Optical Illusions Harlequin

"Follows the development of a mallard duckling from the mating of his parents to his first swim, less than an hour after birth." -- T.p. verso.

Schminken, pflegen, schönes Haar Hodder & Stoughton

They were predicting storms for the end of the day but the sky stayed blue and the wind died down. I went to take a look in the kitchen - make sure things weren't getting clogged up in the bottom of the pot. Everything was just fine. I went out onto the porch armed with a cold beer and stayed there for a while, my face in the sun. It felt good. It had been a week now that I'd been spending my mornings in the sun, squinting like some happy idiot - a week now since I'd met Betty.' BETTY BLUE remains a cult book and film nearly twenty years since its first outing. The extraordinary story of an erotic, doomed love affair has transfixed hundreds of thousands of readers around the world.

Lesbians, Levis, and Lipstick Independently Published Langes, schönes und vor allem gepflegtes Haar, ist seit jeher der Inbegriff von Schönheit und Gesundheit. Viele Frauen und Männer träumen daher von langem Haar.Doch bleibt dieser Traum unerfüllt.Dies kann verschiedene Ursachen haben und liegt häufig an der falschen Pflege von Haar und Kopfhaut. Immer neue Produkte drängen auf den Markt. Dabei sind diese vollgepackt mit chemischen Inhaltsstoffen die unserem Körper und der Umwelt nicht unbedingt gut tun. Wer nach Alternativen sucht, stößt schnell auf Naturkosmetik.Aber auch da ist es gar nicht so einfach, den richtigen Überblick zu behalten. Dieses Buch soll deshalb helfen die Haare natürlich zu pflegen.

A Quick Bite QEB Publishing

Armies of Arabia is the first book to comprehensively analyze the armed forces of the Gulf monarchies. Zoltan Barany explains the conspicuous ineffectiveness of Gulf militaries with a combination of political-structural and sociocultural factors. Following a brief exposition on their historical evolution, he explores the region's six armies of the region comparatively, through the lenses of military politics, sociology, economics, and diplomacy. The book's themes come together in the last chapter that critically evaluates the Saudi and Emirati armed forces' record in the on-going war in Yemen.

The Butch/Femme Photo Project Candle Books

NEW YORK TIMES BESTSELLER "Lucid and wrenching...Forward puts [Wambach's] achievement in context with painful and beautiful candor." —NPR "Forward is the powerful story of an athlete who has inspired girls all over the world to believe in themselves." —Sheryl Sandberg, Facebook COO, New York Times Bestselling author of Lean In "This is the best memoir I've read by

an athlete since Andre Agassi's Open." —Adam Grant, Wharton professor and New York Times bestselling author of Originals and Give and Take Abby Wambach has always pushed the limits of what is possible. At age seven she was put on the boys' soccer team. At age thirty-five she would become the highest goal scorer—male or female—in the history of soccer, capturing the nation's heart with her team's 2015 World Cup Championship. Called an inspiration and "badass" by President Obama, Abby has become a fierce advocate for women's rights and equal opportunity, pushing to translate the success of her team to the real world. As she reveals in this searching memoir, Abby's professional success often masked her inner struggle to reconcile the various parts of herself: ferocious competitor, daughter, leader, wife. With stunning candor, Abby shares her inspiring and often brutal journey from girl in Rochester, New York, to world-class athlete. Far more than a sports memoir, Forward is gripping tale of resilience and redemption—and a reminder that heroism is, above all, about embracing life's challenges with fearlessness and heart.

Buch Tantor eBooks

What is lesbian beauty? Lesbians, Levis, and Lipstick: The Meaning of Beauty in Our Lives explores the many definitions of beauty among lesbians by discussing the norms they create and follow. In addition, it questions how these standards are influenced by heterosexual concepts of beauty. Here you'll find essays, poems, and research papers from women who describe some of the freeing and restrictive aspects of lesbian beauty. Lesbians, Levis, and Lipstick: The Meaning of Beauty in Our Lives examines the way lesbians define and explore the notion of beauty. Through moving, personal stories and well-represented research, this book leads the reader on a path of exploration about beauty norms and the way they liberate and confine lesbians. This sometimes humorous book is an in-depth and insightful examination of beauty practices and how lesbians use them as an expression of style and image and as a means of identifying one another. Compelling topics include:

lesbians' diverse expressions and understandings of beauty the gender of a bisexual woman's partner and how it impacts her beauty routines and self-image beauty standards of older lesbians and how their views on the qualities of potential partners and on their own partners change as they age the beauty standards of lesbian and bisexual women of color pressures on lesbians to be thin and how this affects their feelings about their bodies and themselves feminism and its potential role in protecting women from eating disorders and negative body image Personal, intelligent, and informative. Lesbians, Levis, and Lipstick gives you insight into the meanings of lesbian beauty. Emphasizing strength, confidence, and self-acceptance as attractive qualities, this uplifting book will help you realize your own beauty and give you a new freedom to experiment with fresh expressions of it.

The Compassionate Brain Oxford University Press

Three prominent philosophers and a leading neuroscientist engage in a lively, often contentious debate about cognitive neuroscience and philosophy and the relationships among brain, mind, and person.

Börsenblatt für den deutschen Buchhandel St Martins Press

Fool your brain with mind-boggling illusions, then get hands-on and make your own to wow your friends! Learn all about the science behind these wacky phenomena, from moving liquid on a page, to shapes that disappear in front of your eyes with this clever guide. The brain is an amazing thing, but it doesn't always get things right when it comes to sight. This book is here to explain why, with astounding images, baffling puzzles, and simple reveals which show the reader how each trick works. Covering a range of optical topics, from shapes and movement, to light and reflection, this cool manual contains templates at the back which reveal answers and help you to create your own astounding illusions.

Circle of Stones Hay House Incorporated

Voorts een alfabetische lijst van Nederlandsche boeken in België uitgegeven.

The Moses Code Fawcett

Eine erfahrene Dozentin in der PTA-Ausbildung verbindet in diesem Lehrbuch pharmakologisch-medizinisches Fachwissen mit direkt umsetzbaren Anleitungen für die Kosmetikberatung in der Apotheke. Didaktisch klar und praxisbezogen: - Aufbau der Haut, Haare, Nägel und Zähne - Analyse des Hautzustandes und der Haar- und Pigmentierungstypen - Stoff- und Produktkunde - INCI-Listen und ausführliche Produkttabellen - Haut-, Haar und Zahnpflege Das Buch vermittelt umfassendes Wissen über Nutzen und Risiken von Kosmetik-Inhaltsstoffen und bietet damit eine sichere Basis für überzeugende Beratungskompetenz.