
A Better Choice Healthcare Solutions For America

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*A Better Choice Healthcare Solutions
For America*

2021-09-24

PHELPS CUNNINGHAM

A Better Choice Beavers Pond Press

Health policy in the United States has been shaped by the political, socioeconomic, and ideological environment, with important roles played by public and private actors, as well as institutional and individual entities, in designing the contemporary American healthcare system. Now in a fully updated fifth edition, this book gives expanded attention to pressing issues for our policymakers, including the aging American population, physician shortages, gene therapy, specialty drugs, and the opioid crisis. A new chapter has been added on the Trump administration's failed attempts at repealing and replacing the Affordable Care Act and subsequent attempts at undermining it via executive orders. Authors Kant Patel and

Mark Rushefsky address the key problems of healthcare cost, access, and quality through analyses of Medicare, Medicaid, the Veterans Health Administration, and other programs, and the ethical and cost implications of advances in healthcare technology. Each chapter concludes with discussion questions and a comprehensive reference list. This textbook will be required reading for courses on health and healthcare policy, as well as all those interested in the ways in which American healthcare has evolved over time.

[Healthcare Solutions Using Machine Learning and Informatics](#)

Springer Science & Business Media

Make Healthcare Great Again takes a look at America's broken healthcare system from the perspective of the patient. The author, Dr. Edward Shaheen, an emergency physician and Diplomat of the American Board of Emergency Medicine, examines various aspects within healthcare. Healthcare is complex but it does not need to be complicated. This book is

written in a simple, easy to understand manner that allows you learn, be informed and become empowered. Armed with this information, you can obtain better healthcare for you and your loved ones and live a healthier life. The author does a great job of breaking down the "Healthcare Complex." While doing so, a common theme seems to emerge: 1) Patients are kept in the dark about healthcare 2) Hospitals, insurers, drug companies etc. behaves in a manner than is best for themselves, not the patient 3) Patients are paying more and getting less 4) The public is being harmed because they are kept in the dark, do not understand and often do not know what to do. Dr. Shaheen discusses the "Patient-Obsessed(c)" approach to healthcare. To anticipate the needs of patients and deliver care and services that keep people healthy and prevent them from getting sick in the first place. Should someone get sick, access to quality care should be easy and be reasonably priced. The current system is profit driven. Insurance companies, hospitals, doctors, pharmaceutical companies, imaging centers, pharmacies, staffing companies, government, etc. are the "Healthcare Complex" players and Dr. Shaheen calls them out. He explains why each behaves the way they do and then offers innovative and simple solutions that can be done to revolutionize healthcare and make it better for patients and the public. His solutions include people having freedom to choose, incentives and disincentives to encourage better choices and emphasizes that everyone much be accountable in healthcare. He discusses the specifics and shows ways we can lower costs immediately. Make Healthcare Great Again serves as a great medical reference to help you know what to ask and look for. The book includes a useful

glossary to help you understand many terms used by insurers, hospitals, doctors or others that may confuse us. Everyone, including doctors, nurses, medical students, nursing students, hospital administrators, insurance executives and leaders, pharmaceutical representatives, government officials, family and friends stand to learn and benefit from reading this book. The author does provides many solutions that would improve care, lower costs and save lives. He also discusses many popular topics such as Telemedicine, Medicare for ALL and introduces many innovative ideas that make sense and would improve healthcare and help patients and the public. Dr. Shaheen demonstrates great courage and unselfishness in writing this book as he exposes many within healthcare, and exposes some of the "darkness" that exists in healthcare. Dr. Shaheen went into medicine to help people. Now he is combining his love of people, medicine and knowledge to put forward what he has learned in hopes of helping more people than he would otherwise be able to. Make Healthcare Great Again is a must read for anyone who wants better health and a better healthcare system.

[Health Financing Without Deficits](#) CRC Press

Opposition to Obamacare is stronger than ever, but critics of the law will need to unite around an alternative if they want to move the nation's health care system in a free market direction. In *Overcoming Obamacare*, the Washington Examiner's Philip Klein, one of the leading conservative health care writers, takes readers inside the fierce debate on the right on how to overhaul the health care system in the wake of Obamacare. Drawing on eight years of experience reporting on the issue, dozens of interviews with prominent health policy experts, and conversations with

Republican political leaders including Bobby Jindal and Paul Ryan, Klein articulates a free market vision for health care and presents three competing paths to getting there. Whether you're a conservative fighting to repeal Obamacare or a liberal wondering how Republicans may go about unraveling it, this book is a must read.

Your Life Depends on It AuthorHouse

New York Times bestseller Business Book of the Year--Association of Business Journalists From the New York Times bestselling author comes an eye-opening, urgent look at America's broken health care system--and the people who are saving it--now with a new Afterword by the author. "A must-read for every American." - Steve Forbes, editor-in-chief, FORBES One in five Americans now has medical debt in collections and rising health care costs today threaten every small business in America. Dr. Makary, one of the nation's leading health care experts, travels across America and details why health care has become a bubble. Drawing from on-the-ground stories, his research, and his own experience, *The Price We Pay* paints a vivid picture of the business of medicine and its elusive money games in need of a serious shake-up. Dr. Makary shows how so much of health care spending goes to things that have nothing to do with health and what you can do about it. Dr. Makary challenges the medical establishment to remember medicine's noble heritage of caring for people when they are vulnerable. *The Price We Pay* offers a road map for everyday Americans and business leaders to get a better deal on their health care, and profiles the disruptors who are innovating medical care. The movement to restore medicine to its mission, Makary argues, is alive and well--a mission that can rebuild the

public trust and save our country from the crushing cost of health care.

The Price We Pay Independent Institute

A New York Times bestseller/Washington Post Notable Book of 2017/NPR Best Books of 2017/Wall Street Journal Best Books of 2017 "This book will serve as the definitive guide to the past and future of health care in America."—Siddhartha Mukherjee, Pulitzer Prize-winning author of *The Emperor of All Maladies* and *The Gene* At a moment of drastic political upheaval, *An American Sickness* is a shocking investigation into our dysfunctional healthcare system - and offers practical solutions to its myriad problems. In these troubled times, perhaps no institution has unraveled more quickly and more completely than American medicine. In only a few decades, the medical system has been overrun by organizations seeking to exploit for profit the trust that vulnerable and sick Americans place in their healthcare. Our politicians have proven themselves either unwilling or incapable of reining in the increasingly outrageous costs faced by patients, and market-based solutions only seem to funnel larger and larger sums of our money into the hands of corporations. Impossibly high insurance premiums and inexplicably large bills have become facts of life; fatalism has set in. Very quickly Americans have been made to accept paying more for less. How did things get so bad so fast? Breaking down this monolithic business into the individual industries—the hospitals, doctors, insurance companies, and drug manufacturers—that together constitute our healthcare system, Rosenthal exposes the recent evolution of American medicine as never before. How did healthcare, the caring endeavor, become healthcare, the highly profitable

industry? Hospital systems, which are managed by business executives, behave like predatory lenders, hounding patients and seizing their homes. Research charities are in bed with big pharmaceutical companies, which surreptitiously profit from the donations made by working people. Patients receive bills in code, from entrepreneurial doctors they never even saw. The system is in tatters, but we can fight back. Dr. Elisabeth Rosenthal doesn't just explain the symptoms, she diagnoses and treats the disease itself. In clear and practical terms, she spells out exactly how to decode medical doublespeak, avoid the pitfalls of the pharmaceuticals racket, and get the care you and your family deserve. She takes you inside the doctor-patient relationship and to hospital C-suites, explaining step-by-step the workings of a system badly lacking transparency. This is about what we can do, as individual patients, both to navigate the maze that is American healthcare and also to demand far-reaching reform. *An American Sickness* is the frontline defense against a healthcare system that no longer has our well-being at heart.

The Case for Alternative Healthcare Penguin

Why is America's health care system so expensive? Why do hospitalized patients receive bills laden with inflated charges that come out of the blue from out-of-network providers or demands for services that weren't delivered? Why do we pay \$600 for EpiPens that contain a dollar's worth of medicine? Why is more than \$1 trillion - one out of every three dollars that passes through the system - lost to fraud, wasted on services that don't help patients, or otherwise misspent? *Overcharged* answers these questions. It shows that America's health care system, which replaces consumer choice with government control and third-

party payment, is effectively designed to make health care as expensive as possible. Prices will fall, quality will improve, and medicine will become more patient-friendly only when consumers take charge and exert pressure from below. For this to happen, consumers must control the money. As *Overcharged* explains, when health care providers are subjected to the same competitive forces that shape other industries, they will either deliver better services more cheaply or risk being replaced by someone who will.

A Better Choice Routledge

A New York Times Bestseller, with an updated explanation of the 2010 Health Reform Bill "Important and powerful . . . a rich tour of health care around the world." —Nicholas Kristof, *The New York Times* Bringing to bear his talent for explaining complex issues in a clear, engaging way, New York Times bestselling author T. R. Reid visits industrialized democracies around the world--France, Britain, Germany, Japan, and beyond--to provide a revelatory tour of successful, affordable universal health care systems. Now updated with new statistics and a plain-English explanation of the 2010 health care reform bill, *The Healing of America* is required reading for all those hoping to understand the state of health care in our country, and around the world. T. R. Reid's latest book, *A Fine Mess: A Global Quest for a Simpler, Fairer, and More Efficient Tax System*, is also available from Penguin Press.

Economics of Public Policy Rowman & Littlefield

America's health system has been a polarizing issue in most presidential campaigns throughout our lifetimes. It is hardly surprising that an industry that consumes nearly one in every five

dollars spent in the U.S. economy will be prominent again in 2016 and beyond. This book will guide you through the fusillade of campaign promises and countercharges you will hear about health care and “reform”. They will be more strident now that the fiscal calamity of Boomer retirements has arrived. This book also offers a powerful tool of reform. The Health Insurance Revenue Bond™ (HIRB) is a new and completely self-liquidating financing approach that fully funds escalating liabilities such as health care—without deficits. If you can’t bend the curve on health costs, bend the curve on the cost of funding™. HIRB can assist governments in developed nations to begin the long and painful process of deleveraging.

"Don't Necessarily" Trust Me, I'm a Doctor Springer Nature

In this enlightening exposé on the current healthcare predicament, Dr. Merlin Brown and his marketing-expert patient Charla Sheffield uncloak a “duh!” solution to out-patient healthcare plans that will lead to increased competition among medical practitioners, and increased affordability and quality in care for the patient. Unlike most books on the topic, Brown and Sheffield make a point to simplify the situation rather than complicate it, broaden it rather than specialize it. They discuss this extremely relevant topic with accessible, real-life examples of both the problem and a viable bi-partisan solution.

A Healthcare Solution Bloomsbury Publishing USA

Despite having surmounted numerous obstacles, the Affordable Care Act—also commonly known as “Obamacare”—remains highly controversial and faces ongoing legal and political challenges. The law's staunchest critics want to repeal and replace the entire law, while even its supporters acknowledge

that serious changes are needed. The question is: replace it with what? In *A Better Choice: Healthcare Solutions for America*, economist and John C. Goodman answers the question clearly and concisely. For anyone who wants to better understand Obamacare's most serious problems and learn about some of the boldest prescriptions designed to remedy them, Goodman's book is a must-read.

The Innovator's Prescription: A Disruptive Solution for Health Care Hachette UK

“Don’t Necessarily” Trust Me, I’m a Doctor is a healthcare consumer’s guide to forging partnerships with trustworthy healthcare providers and avoiding the potentially life-threatening dangers of failing to do so. This includes information that will demystify the confusing nature of medical economics and provide a pathway to obtaining high-quality, evidence-based medical care at a reasonable cost. The earlier chapters define the trust problem and describe the gold standards for trustworthiness in both individuals and institutions in the healthcare industry. Subsequent chapters alert the consumer to the presence and specific characteristics of unreliable or dangerous providers and offer resources to identify and avoid them. The final chapters are devoted to describing the major problems with the current system of medical economics and include practical solutions to many of these difficulties. The primary goal of the book is to empower the American consumer with the information and tools required to become as sophisticated and savvy with their choices of healthcare services and products as they are with their choices of electronics and automobiles.

The 60% Solution National Center for Policy Analysis

Companion volume to: Dismantling the state. 1985.

Health Design Thinking, second edition Edward Elgar Publishing
This is a practical handbook for securing better value in the provision of healthcare.

Choice Matters Penguin

A groundbreaking prescription for health care reform--from a legendary leader in innovation . . . Our health care system is in critical condition. Each year, fewer Americans can afford it, fewer businesses can provide it, and fewer government programs can promise it for future generations. We need a cure, and we need it now. Harvard Business School's Clayton M. Christensen—whose bestselling *The Innovator's Dilemma* revolutionized the business world—presents *The Innovator's Prescription*, a comprehensive analysis of the strategies that will improve health care and make it affordable. Christensen applies the principles of disruptive innovation to the broken health care system with two pioneers in the field—Dr. Jerome Grossman and Dr. Jason Hwang. Together, they examine a range of symptoms and offer proven solutions. YOU'LL DISCOVER HOW “Precision medicine” reduces costs and makes good on the promise of personalized care Disruptive business models improve quality, accessibility, and affordability by changing the way hospitals and doctors work Patient networks enable better treatment of chronic diseases Employers can change the roles they play in health care to compete effectively in the era of globalization Insurance and regulatory reforms stimulate disruption in health care

Better Healthcare Through Math CRC Press

This ground breaking Handbook brings together a number of chapters into one comprehensive book on the timely subject

matter of the political economy of health and health care. The book contains up-to-date discussion on the state of the art of the key questions of the subject matter, and it provides a unique understanding of health policy making by drawing on an interdisciplinary approach to political economy.

Agile Implementation Clovercroft Publishing

America spends more than any other developed country on healthcare, and yet does not provide better health outcomes. Why is healthcare so expensive in America, and what is the solution to this out-of-control cost curve? Republicans and Democrats can't agree, and yet rational compromise is desperately needed. Perhaps the best solution to better healthcare in America lies between all this political hyperbole. In *Purple Solutions*, a collection of 20 experts have come together to share their thoughts and expertise on how to reform healthcare in America. Expert contributors include the former president of the AMA, policy and think tank leaders, healthcare executives, entrepreneurs looking to disrupt the current medical industrial complex, politicians, payers, providers and legal experts. The solution is in our hands as consumers and voters, not in the hands of big government or corporate medicine. Viable bipartisan solutions to healthcare reform are presented - we just need to change our mindset, and then convince our elected officials to compromise and work towards giving us better healthcare in America.

New Way to Care National Academies Press

The evidence is undeniable. By any measure, the US spends more on healthcare than any other country in the world, yet its health outcomes as measure by longevity are in the bottom half

among developed countries, and its health-related quality of life has remained constant or declined since 1998. In addition to high costs and lower than expected outcomes, the healthcare delivery system is plagued by treatment delays as it can take weeks to see a specialist, and many people have limited or no access to care. Part of the challenge is that the healthcare delivery system is a large, complex, and sophisticated value creation chain. Successfully changing this highly interconnected system is difficult and time consuming because the underlying problems are hard to comprehend, the root causes are many, the solution is unclear, and the relationships among problems, causes, and solution are multifaceted. To address these issues, the book carefully explains the underlying problems, examines their root causes using information, data, and logic, and presents a comprehensive and integrated solution that addresses these causes. These three steps are the methodological backbone of this book. A solution depends on understanding and applying the principles of patient-centered care (PCC) and resource management. PCC puts patients, supported by their primary care physicians, back in the role as decision makers and depends on patients being responsible for their health including making good life-style choices. After all, the best way to reduce healthcare costs and increase quality of life is to improve our health and wellness and as a result need less care. In addition, health insurance must be rethought and redesigned so it is less likely to lead to overuse. For many people with health insurance, the out-of-pocket cost of healthcare are small, so healthcare decision making is often biased toward consumption. Effective resource management means that healthcare providers must do a better

job of acquiring and using resources in order to provide care quickly, productively, and correctly. This means improving healthcare strategy and management, accelerating the use of information technology, making drug costs affordable and fair, reducing the incidence of malpractice, and rebuilding the provider network. In addition, implementation is difficult because there are many participants in the healthcare delivery value chain, such as physicians, nurses, and medical technicians, as well as many provider organizations, such as hospitals, clinics, physician offices, and labs. Further up the value chain there are pharmaceutical companies, equipment providers, and other suppliers. These participants have diverse and sometimes conflicting goals, but each must be willing to accept change and work in a coordinated manner to improve healthcare. To overcome these problems, strong national leadership is needed to get the attention and support from the people and organizations involved in healthcare and to make the comprehensive changes that will lower healthcare costs, improve healthcare quality, eliminate delays, increase access, and enhance patient satisfaction.

Navigating Private and Public Healthcare Cato Institute
The United States spends more money on health care by far than any other country and yet nearly 50,000,000 Americans are uninsured at least part of the time each year. *Health Care Reform Now!* is written for anyone who cares enough about our health care situation to consider serious alternatives to the current system. In this book George Halvorson—an internationally known health care leader and author—offers a sensible approach to health care reform and universal coverage that can work for all

stakeholders. Step by step, George Halvorson outlines a game plan for a truly world-class health care system that will appeal to policy makers on both ends of the political spectrum and will deliver health care with improved quality, better access, provider accountability, performance transparency, consumer choice, and individual empowerment.

Healthcare: a Better Way Gatekeeper Press

Healthcare: A Better Way is a handbook for clinical and operational leaders, as well as front-line caregivers, who are involved in improving processes, reducing harm, designing and implementing new care delivery models, and undertaking the difficult task of leading meaningful change on behalf of the patients they serve. The handbook is comprised of eight chapters as described below: PART 1: FORCES DRIVING TRANSFORMATION Chapter 1: Forces defining and shaping the current state of U.S. healthcare Chapter 2: Present and future challenges facing healthcare PART 2: LAYING THE FOUNDATION FOR SUSTAINABLE IMPROVEMENT Chapter 3: A systematic approach to sustainable quality improvement Chapter 4: The analytics system: standard measurement work Chapter 5: The deployment system: standard organizational work Chapter 6: The content system: standard knowledge work PART 3: LOOKING INTO THE FUTURE Chapter 7: Real world examples provide a glimpse into our future Chapter 8: Innovation in healthcare: creating tomorrow

The Healing of America Independent Institute

A practice-based guide to applying the principles of human-centered design to real-world health challenges; updated and expanded with post-COVID-19 innovations. This book offers a practice-based guide to applying the principles of human-centered design to real-world health challenges that range from drug packaging to breast cancer detection. Written by pioneers in the field—Bon Ku, a physician leader in innovative health design, and Ellen Lupton, an award-winning graphic designer—the book outlines the fundamentals of design thinking and highlights important products, prototypes, and research in health design. This revised and expanded edition describes innovations developed in response to the COVID-19 crisis, including an intensive care unit in a shipping container, a rolling cart with intubation equipment, and a mask brace that gives a surgical mask a tighter seal. The book explores the special overlap of health care and the creative process, describing the development of such products and services as a credit card-sized device that allows patients to generate their own electrocardiograms; a mask designed to be worn with a hijab; improved emergency room signage; and a map of racial disparities and COVID-19. It will be an essential volume for health care providers, educators, patients, and designers who seek to create better experiences and improved health outcomes for individuals and communities.