

# Kabbalah A Love Story

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## WILSON TANYA

**The Last Kabbalist of Lisbon** Wipf and Stock Publishers  
Distinguished rabbi, marriage and family therapist, kabbalist, and popular lecturer, Abner Weiss is extraordinarily qualified to write this book. In *Connecting to God*, he elucidates the teachings of Kabbalah, showing how the Ten Sefirot of the Tree of Life are the transformers of divine energy in our bodies and the building blocks of creation—Weiss calls them “our spiritual genome.” He has created a psychological system and diagnostic method from kabbalistic texts, and he uses these clinically tested interventions in his therapeutic practice. Here he tells twenty-eight stories of people he has helped liberate from their dysfunctional behavior, empowering them to achieve spiritual growth. With Rabbi Weiss as our guide, we can use this kabbalistic approach to psychology to inform our lives with its insights, rebalance what is out of kilter, and heal the emotional wounds we have suffered. *Connecting to God* is a wise, wonderful, and transformational book.

*Kabbalah* HarperCollins

When a very lonely magician sets out to create a true friend, he develops a world full of stones, plants, animals, and finally humans, who would be able to appreciate his love with patience and perseverance.

*Kabbalah on Love* Peter Pauper Press, Inc.

The Essence of a Universal Kabbalah is both a beautiful love story and a healing manual for the Soul, Mind and the Body. It expresses in a profound way, the eternal religion that is the basis for Judaism, Christianity and Islam. And more, it gives a clear instruction for the practical application of its principles.

**The Defiant Soul** Crown

Inspiring, mystical, and often surprising Chassidic tales combine with teachings and favorite Jewish recipes to nourish body and soul. Stories and food have always been central to Jewish life, and in this book, they are uniquely tied together. Thirty-nine Chassidic tales, revolving around food and eating and accompanied by spiritual teachings, delve into the mysteries of the Kabbalah, the joy of the Chassidim, and the power of religious faith and acts of kindness (mitzvot). Sixty-three recipes highlight Kosher cooking and the special foods traditionally prepared for Shabbat and the major Jewish holidays, including such favorites as knishes, latkes, gefilte fish, brisket, kugel, bagels, and challah bread. Many of the recipes are suitable for children to learn to cook.

*Kabbalah* New York Review of Books

The Seventh Telling is a journey into the Kabbalah, a spiritual discipline hidden within the folds of Jewish history. Stephanie and Sidney have been studying with Moshe Katan, a kabbalist who shared his learning only when he perceived that a kabbalistic intervention might be necessary to save the life of Rivkah, his wife. What has happened to Moshe and Rivkah we do not know, only that their house is now being used for an extraordinary storytelling, a spiritual discipline to share with those willing to risk

examining the very core of their beliefs.

**Falling Through the Tree of Life** Laitman Kabbalah Publishers  
The biblical Book of Ruth is a love story, apparently personal and simple " of love between women and between man and woman " told in poetic imagery and style. Barely hiding within this immediate beauty are the archetypal depths which reveal nothing less than the eternal mystery of a love which brings about redemption and individuation both personal and transcendent, human and divine. Dr. Kluger wrote the original interpretation as part of the requirements of the first graduating class of the Jung Institute in Zürich. He later updated his work, but the thesis remains the same: the return of the feminine principle in the Bible. To this end, he examines the fate and role of the feminine as she travels from ancient times through various goddesses to the person of Ruth, and her destiny as restoring the original totality of masculine and feminine in equal, interacting, balance. In counterpoint to the scholarly style of her father " while in unison with his interpretations " Nomi Kluger-Nash has written a woman's subjective reactions to the story of Ruth, Naomi and Orpah. To this associative style she brings further amplifications from Kabbalah into the meaning of these women who carry aspects, both light and dark, of the Shekhinah, the feminine presence of God.

*Kabbalah on Sex* Kabbalah Publishing

One of the great masterpieces of Western religious thought—culled by the greatest authority on Jewish mysticism. The Zohar represents an attempt to uncover hidden meanings behind the world of appearances. It is the central work in the literature of the Kabbalah, the Jewish mystical tradition. This volume of selected passages from the Zohar offers a sampling of its unique vision of the esoteric wonders of creation; the life and destiny of the soul; the confluence of physical and divine love; suffering and death; exile and redemption.

**Universal Kabbalah** Shambhala Publications

Yehuda Berg has plumbed the depths of "The Zohar, a 2,000-year-old Kabbalistic text, to create an easy-to-use method for cultivating the meaningful relationships that everyone desires and deserves. Berg explains not just how to love, but how to accept the love of others. He guides readers through a step-by-step process of removing the barriers that prevent them from connecting with others. Finally, the book shows how to open one's heart and mind, and create healthy, fulfilling relationships with partners, children, parents, and friends.

*The Kabbalist* Daimon

Join author Laura Duhan-Kaplan in the Kabbalah practice of Sefirat ha'Omer, a forty-nine-day program of spiritual reflection. Rabbi Laura weaves Kabbalah, philosophy, psychology, and her own experiences of love and loss into a series of daily reflections. She invites readers to explore the meaning of love, boundaries, beauty, endurance, gratitude, grounding, and presence. With a mix of stories and ideas, she helps readers find Shekhinah, a divine archetypal mother, in the intimacy of ordinary life.

*The Mystics of Mile End* Llewellyn Worldwide

One of the great masterpieces of Western religious

thought—culled by the greatest authority on Jewish mysticism. The Zohar represents an attempt to uncover hidden meanings behind the world of appearances. It is the central work in the literature of the Kabbalah, the Jewish mystical tradition. This volume of selected passages from the Zohar offers a sampling of its unique vision of the esoteric wonders of creation; the life and destiny of the soul; the confluence of physical and divine love; suffering and death; exile and redemption.

Kabbalah Simon and Schuster

Experiential. Poetic. Revolutionary. A New Approach to the Tree of Life. This dynamic, radical departure from traditional Kabbalah books takes you into the Tree of Life not as an observer but as an active participant who engages with every part of the Tree. Presenting dozens of rituals, meditations, memoirs, and hands-on activities, *Falling Through the Tree of Life* immerses you in living, breathing magic, transforming Kabbalah from a complex topic into an embodied dance of love and learning. No matter your experience level, Jane Meredith helps you explore each sephira in depth and use its real-world lessons to grow your practice. You'll begin like a butterfly falling through the Tree, unaware of its full power. But the farther you go, the more you'll fall in love with each sephira, from the beauty of Tiferet to the scholarship of Hod. This masterwork shows you how to enjoy the journey—full of heart, spirit, and magic.

The Shambhala Guide to Kabbalah and Jewish Mysticism

Bloomsbury Publishing

Girona, Spain, 1492'¿¿Rabbi Raphael Halevi seeks to save his community from the Inquisition. Help comes in the unexpected form of the spirit of the biblical prophet, Huldah, and a Christian scribe who has discovered his hidden Jewish identity. This lyrical and suspenseful novel of Jewish history, magic, and Kabbalah offers a feminist reinterpretation of an intriguing Hebrew prophet.

**Zohar: The Book of Splendor** Llewellyn Worldwide

Today, many people from all faiths are exploring the Kabbalah. What was once controversial and esoteric teachings from medieval Jewish mystics now is becoming one of the latest spiritual trends sweeping across America. The book has a completely revised introduction and several substantially revised chapters, making key ideas less abstract and more comprehensible to readers, and now includes a section called the 10 Main Conceptual Principles.

Kabbalah: Secrecy, Scandal and the Soul Little, Brown

Sometime, somewhere, someone is searching for answers . . . . . in a thirteenth-century castle . . . on a train to a concentration camp . . . in a New York city apartment Hidden within the binding of an ancient text that has been passed down through the ages lies the answer to one of the heart's eternal questions. When the text falls into the hands of Rabbi Kalman Stern, he has no idea that his lonely life of intellectual pursuits is about to change once he opens the book. Soon afterward, he meets astronomer Isabel Benveniste, a woman of science who stirs his soul as no woman has for many years. But Kalman has much to learn before he can unlock his heart and let true love into his life. The key lies in the mysterious document he finds inside the Zohar, the master text of the Kabbalah.

The Kabbalah & Magic of Angels Yale University Press

Sigal Samuel's debut novel, in the vein of Nicole Krauss's bestselling *The History of Love*, is an imaginative story that delves into the heart of Jewish mysticism, faith, and family. "This is not an ordinary tree I am making. "This," he said, "this is the Tree of Knowledge." In the half-Hasidic, half-hipster Montreal neighborhood of Mile End, eleven-year-old Lev Meyer is discovering that there may be a place for Judaism in his life. As he learns about science in his day school, Lev begins his own extracurricular study of the Bible's Tree of Knowledge with neighbor Mr. Katz, who is building his own Tree out of trash.

Meanwhile his sister Samara is secretly studying for her Bat Mitzvah with next-door neighbor and Holocaust survivor, Mr. Glassman. All the while his father, David, a professor of Jewish mysticism, is a non-believer. When, years later, David has a heart attack, he begins to believe God is speaking to him. While having an affair with one of his students, he delves into the complexities of Kabbalah. Months later Samara, too, grows obsessed with the Kabbalah's Tree of Life—hiding her interest from those who love her most—and is overcome with reaching the Tree's highest heights. The neighbors of Mile End have been there all along, but only one of them can catch her when she falls.

Zohar, the Book of Enlightenment Penn State Press

Of all human desires, the sexual urge is the strongest. Kabbalah on Sex is a stimulating, thought-provoking exploration into this important aspect of human relationships. Bestselling author Yehuda Berg provides potent insights for transforming our sex life beyond what we dare to imagine. He takes us on a far-reaching journey through time where we discover the spiritual origins of lovemaking, according to the ancient teachings of Kabbalah. Understanding the divine nature of sex helps us heal issues around shame and negative self images. Making it possible to access higher levels of connection, to our self, our partner and Spirit. Readers learn how to elevate the sexual experience to new heights of understanding and pleasure as these kabbalistic secrets concerning love, death, the human soul, the meaning of existence, and the intimacies of human encounters are revealed. All this and more awaits between the covers.

Kabbalah CreateSpace

Did Dante Alighieri, author of *The Divine Comedy* as a young man in Florence sleep with Beatrice Portinari before and after her marriage? Did the poet travel after her death through Hell to find her again? The clues to this academic detective story, writes Mark Jay Mirsky, lie not only in Dante's earlier poetry, *The New Life*, or in *The Divine Comedy*, but in the Zohar of Moses de Leon, a Jewish text written some years before and based on Neoplatonic ideas similar to those that inspired Dante. *Purgatorio* and *Paradiso*, the second and third volumes of the *Commedia*, are inaccessible to most readers unfamiliar with the boldness of Dante's use of the philosophical debate in the Middle Ages. Does Dante's *Commedia* hint at his hope of intimacy with Beatrice in the Highest Heaven? In this book Mirsky distinctively traces the influence on Dante of Provencal poets, medieval theologians, Dante's personal life, and the sources of his classical education to propose a radical reading of Dante. The text compounds the riddles of dream, poetry, philosophy, and Dante's concealed autobiography in his work. It treats the *Commedia* in the spirit of its title, as a hopeful and comic vision of the other world.

Dante, Eros, and Kabbalah Laitman Kabbalah Publishers

Jewish mystics from biblical times to the present have explored the hidden secrets of the Torah in quest of a single goal: to lose the self in the Infinite "No-thingness" (Ein Sof) and be at one with God. In language accessible to the layperson, this Shambhala Guide provides a detailed introduction to the complex world of Kabbalah and Jewish mysticism. With an extensive background in meditation practice, Perle Besserman emphasizes Kabbalah's spiritual disciplines, grounded in righteous living, devotional practices, and meditation. She discusses the Kabbalistic universe, including the four worlds and ten sefirot; Jewish meditation techniques and instructions for beginning meditation; mystics and teachers from Rabbi Akiva and the Baal Shem Tov to Aryeh Kaplan; the often uneasy relationship between Kabbalah and mainstream Judaism; and applying the ancient wisdom of Jewish mysticism to life in the world of today.

An Israeli Love Story Busca, Incorporated

An international film festival sparks a cross-cultural romance

sparks in this novel of cultural history, ethnic tensions, and the power of love. Aisha and Benjamin meet at a film festival in Spain, and the instant attraction hits them both like a lightning bolt. She is a documentary filmmaker, and he is a historian. She is a Muslim, and he is a Jew. And as they get closer, the misunderstanding between them, and the tensions between their two worlds, escalates to dizzying extremes. Red Star, Crescent Moon mixes contemporary and the historical worlds in a bold tale of clashing cultures. It is a tale of new romance and ancient conflicts, where pop culture and political violence exist side by side. The romance of Aisha and Benjamin is set against the backdrop of a Hollywood epic in production, a movie megastar with seductive intentions, and terrorists who wish to reclaim Spain for Islam.

*Kabbalah* St. Martin's Press

This book tells the story of the mystical Jewish system known as Kabbalah, from its earliest origins until the present day. We trace

Kabbalah's development, from the second century visionaries who visited the divine realms and brought back tales of their glories and splendours, through the unexpected arrival of a book in Spain that appeared to have lain unconcealed for over a thousand years, and on to the mystical city of Safed where souls could be read and the history of heaven was an open book. Kabbalah's Christian counterpart, Cabala, emerged during the Renaissance, becoming allied to magic, alchemy and the occult sciences. A Kabbalistic heresy tore apart seventeenth century Jewish communities, while closer to our time Aleister Crowley hijacked it to proclaim 'Do What Thou Wilt'. Kabbalah became fashionable in the late 1960s in the wake of the hippy counter-culture and with the approach of the new age, and enjoyed its share of fame, scandal and disrepute as the twenty first century approached. This concise, readable and thoughtful history of Kabbalah tells its story as it has never been told before. It demands no knowledge of Kabbalah, just an interest in asking the questions 'why?' and 'how?'