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# City Trails New York

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*City Trails New York*

*2022-10-01*

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**SHELTON JOSEPH**

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*Rail-Trails New Jersey & New York SUNY*

Press

Lonely Planet: The world's number one travel guide publisher\* Lonely Planet's Pocket New York City is your passport to the most relevant, up-to-date advice on what to see and skip, and what hidden discoveries await you. Stroll along the High Line for a lofty view of the city, soak up art old and new at the Met and MoMA, and walk across the Brooklyn Bridge for a dozen iconic NYC photo ops - all with your trusted travel companion. Get to the heart of New York City and begin your journey now! Inside Lonely Planet's Pocket New York City: Full-color maps and images throughout Highlights and itineraries help you tailor your trip to your personal needs and interests Insider tips to save time and money and get around like a local, avoiding crowds

and trouble spots Essential info at your fingertips - hours of operation, phone numbers, websites, transit tips, prices Honest reviews for all budgets - eating, sleeping, sightseeing, going out, shopping, hidden gems that most guidebooks miss Free, convenient pull-out map (included in print version), plus over 19 color neighborhood maps User-friendly layout with helpful icons, and organized by neighborhood to help you pick the best spots to spend your time Covers Lower Manhattan & the Financial District, SoHo & Chinatown, West Village, Chelsea & the Meatpacking District, Upper West Side & Central Park, Upper East Side, Midtown, Union Square, Flatiron District & Gramercy, East Village & Lower East Side, Brooklyn, and more The Perfect Choice: Lonely Planet's

Pocket New York City is our colorful, easy to use, handy guide that literally fits in your pocket, providing on-the-go assistance for those seeking the best sights and experiences on a short visit or weekend break. Looking for more extensive coverage? Check out Lonely Planet's USA guide for an in-depth look at all the country has to offer. About Lonely Planet: Lonely Planet is a leading travel media company and the world's number one travel guidebook brand, providing both inspiring and trustworthy information for every kind of traveler since 1973. Over the past four decades, we've printed over 145 million guidebooks and grown a dedicated, passionate global community of travelers. You'll also find our content online, and in mobile apps, video, 14

languages, nine international magazines, armchair and lifestyle books, ebooks, and more. 'Lonely Planet guides are, quite simply, like no other.' – New York Times 'Lonely Planet. It's on everyone's bookshelves; it's in every traveller's hands. It's on mobile phones. It's on the Internet. It's everywhere, and it's telling entire generations of people how to travel the world.' – Fairfax Media (Australia) \*Source: Nielsen BookScan: Australia, UK, USA, 5/2016-4/2017 Important Notice: The digital edition of this book may not contain all of the images found in the physical edition. [City Trails - Washington DC Parks & Trails New York](#) The experts from Rails-to-Trails Conservancy present 58 of the best rail-trails and other multiuse pathways in

New Jersey and New York.

Lonely Planet Kids City Trails New York

The Mountaineers Books

Leave the inner city for biking the nearby country roads and lanes in the New York tristate area.

*Explorer's Guide 50 Hikes in the Lower Hudson Valley* Lonely Planet

This guidebook from the Appalachian Mountain Club's Best Day Hikes Series takes you to 50 of the best short excursions in New York, Connecticut, and Northern New Jersey.

*Walkable Westchester* Rowman & Littlefield

Former University of Rochester professor Herman Fairchild once claimed "The territory about the city of Rochester (NY) is unsurpassed in variety and excellence of its geologic structures and scenic

features". The Crescent Trail in the town of Perinton, NY provides a direct way for anyone to experience up close this region for themselves. Such experiences resulted in a series of essays by the author and others that were originally published in the Crescent Trail News. The essays combine the authors' personal experiences walking through the landscape and among the and plants with both hard-to-find historical writings and contemporary studies. Together they bring that environment to life. Those essays and some new information are brought together for the first time in this book. While on one level, this work can be a guide book for anyone exploring the region, more importantly it can help us understand how forces, some ancient and some contemporary,

influence our lives. Through this understanding, we gain a deeper sense of place. And, as the author and conservationist Paul Gruchow observed, "with out a sense of place ... we will never be truly human."Douglas G. Stinson was appointed to the Perinton, NY Conservation Board in 1986 and served as chairman from 1989 until 1998. Over that same period he was editor of the Crescent Trail News. Stinson served on the town's 1989 Master Plan update committee and was the principal author of the 1990 Perinton Natural Resources Inventory. Stinson holds a Bachelor of Arts degree from New College in Sarasota Florida and a PhD in physics from the University of Illinois, Champaign-Urbana.  
*AMC's Best Day Hikes Near New York*

### *City Moon Travel*

Available for the first time in rich full-color, AMC's Best Day Hikes in the Catskills and Hudson Valley, 3rd Edition, is the go-to guide for hikes in this popular New York region. Encompassing more than 600 miles of trails within just a few hours of New York City, the Catskills and Hudson Valley are a hiker's paradise, boasting varied and scenic terrain, from Westchester County to Albany. This fully updated guide leads beginner and experienced hikers alike along 60 of the region's most spectacular trails, from shorter nature walks to longer day hikes. From classic hikes such as Storm King Mountain in the Hudson Highlands, to carriage roads in the Shawangunks, to a historic walk around the grounds of Oleana, to new

hikes in Harriman State Park just an hour outside New York City, this book covers the area's must-do outings. An at-a-glance trip planner highlights the best hikes near public transportation, as well as those best for kids, dogs, and winter snowshoeing and skiing. Inside you'll find: - 60 hikes ideal for hikers of all ability levels- GPS coordinates to all trailheads- Locator map and at-a-glance trip planner for easy planning- Detailed maps showing parking areas, trails, and natural highlights- Summaries of time, distance, and difficulty level for each trail- Hiking and safety tips, including advice on what to carry in your pack- Essays on the flora, fauna, and historic landmarks of the region Also Available: - AMC's Best Day Hikes near New York City (ISBN: 9781934028384)- Catskill

Mountain Guide, 3rd Edition (ISBN: 9781934028940)- Discover the Adirondacks (ISBN: 9781934028315) *60 Hikes Within 60 Miles: New York City* Wilderness Press  
 Best Bike Rides New York City describes more than 40 of the greatest recreational rides in New York City. Road rides, rail trails, bike paths, and single-track mountain bike rides all get included. Most rides are in the 5 to 30 mile range, allowing for great afternoon outings and family adventures. *Lonely Planet Kids Pop-Up New York 1* Menasha Ridge Press  
 Here's a book about New York that's seriously streetwise. Discover secrets and stories guaranteed to blow your mind that are definitely off the tourist trail. Find out what's lurking in the

pumpkin garden, why you might find cows underground, how eating hotdogs could make you rich and lots more! For readers aged 8 and up.

**City of Sedition** Rowman & Littlefield  
Hiking around New York City is not just about a trek through Central Park or between high rises. Award-winning writer Skip Card shows you the best hikes in and around The Big Apple. All hikes within the guide take less than two hours to reach by car, with details on public transportation options and clear directions on how to reach each trailhead. Let Skip show you all the worthwhile hikes, from short, flat routes suitable for families to day-long, steep treks for more advanced hikes. Hike profiles contain practical information including point-by-point trail navigation,

facilities, fees, parking instructions, and an easy-to-use map for each trail. Moon Take a Hike New York City covers trails within the city and parts of Long Island, New Jersey, the Shawangunks and Hudson Valley, and explores the Appalachian Trail.

**60 Hikes Within 60 Miles, New York City** National Geographic Books  
Across the country, more than 1,600 unused railroad corridors have been converted to level, public, multiuse trails, where people can enjoy a fitness run, a leisurely bike ride, or a stroll with the family. In this newest addition to the popular series, the Rails-to-Trails Conservancy presents the Northeast's finest rail-trails. Rail-Trails Northeast covers one hundred of New Jersey, New York, and Pennsylvania's rail-trails. With

a rich industrial and passenger rail history, the Northeast is one of the densest rail-trail regions in the country. Rural, suburban, or urban, rail-trails serve as the backbone of an impressive trail system. This two-color book includes succinct descriptions of each trail from start to finish, plus at-a-glance summary information indicating permitted uses, surface type, length, and directions to trailheads for each trail. Every trip has a detailed map that includes start and end points, trailhead, parking, restroom facilities, and other amenities.

#### *City Trails - New York* Twelve

Here's a book about Paris that's seriously streetwise. Discover secrets and stories guaranteed to blow your mind that are definitely off the tourist trail. Find out where you can ride a dodo, how to paint

the Eiffel Tower, where Paris keeps its historic underpants and lots more! For readers aged 8 and up.

#### **Rail-Trails New Jersey & New York**

Cornell University Press

\* 55 dog-suitable trails, all located within three hours' drive of New York City\* Most trails are lightly used and offer shade and water\* What to pack for your dog - the Ten Canine Essentials and a doggy first-aid kit Tammy McCarley has hiked with her dog, Sienna (a Golden Retriever-Chow mix), for four years throughout New York. In *Best Hikes with Dogs New York City & Beyond* she presents the best trails for both you and your dog in New York City, the Hudson Valley, and Long Island. You'll find trails for every type of pet and pet owner, from easy day hikes to overnight trips.



Discover rolling hills, rocky escarpments, clear lakes, beautiful beaches, and more. All hikes in this guidebook are rated 1 to 4 paws to show difficulty for both humans and dogs. Trails are on terrain that's easy on the paws, and there are advance alerts for any canine concerns. A handy Trail Finder Chart helps you choose the trail that's best for you and your dog by comparing hikes by length, terrain, difficulty for dogs, and features such as backpacking options. This guidebook also includes loads of helpful tips: how to prepare your dog for a hike, what to bring, how to be responsible trail users, dealing with wildlife encounters, and hiking with your pet in the Northeast in all four seasons. For more information on hiking with dogs in New York, visit the author's website:

[www.blueskydogsny.com](http://www.blueskydogsny.com).

**City Trails - London** Wilderness Press  
Before you plan your family's next Big Apple excursion, get some help from a professional . . . and from your kids! The Kid's Guide to New York City lets the kids help plan the trip and guides you as you explore the city, neighborhood by neighborhood. Inside you'll find kid-tested tips on where to go, where to eat, what to see, and where to get the best souvenirs. Along the way the kids will be engaged by sharing fun New York facts and cool tips. Awesome games will keep everyone busy as you crisscross the city on foot, by subway or bus, or in a cab.

**60 Hikes Within 60 Miles: New York City** Lonely Planet

This completely-revised guide to hiking the Hudson River Valley reveals 50 walks

and hikes from Westchester County to Albany County. Still the bestselling hiking guide to the region, this new edition features hikes that offer some of the most breathtaking views in the Hudson Valley—vistas that inspired the Hudson River School of painting and are today no less wild and pristine. Most hikes are within 2 hours of New York City.

*Running the Long Path* Rowman & Littlefield

An ultrarunner's fast-paced narrative into the wilds of New York's Hudson Valley, as he attempts to set a new record for completing the Long Path, a 350-mile hiking trail that links New York City and Albany. Have you ever considered running 350 miles in nine days? Kenneth A. Posner did just that

when he completed a record-setting run along New York's Long Path, a 350-mile hiking trail that stretches from New York City to Albany. Running the Long Path's page-turning narrative combines the thrill and challenges of Posner's extreme endurance feat with the stunning natural beauty and deep historical significance of New York's Hudson Valley. A one-time casual runner, Posner shares his excitement of developing into a trail-runner and eventually an ultrarunner, as well as the pursuit of a "fastest known time" a new dimension of extreme trail running, where some of the sport's fastest and most experienced athletes vie to set new speed records for important trails. Hikers, walkers, and runners will appreciate his detailed descriptions of

planning, pacing, gear selection, nutrition, hydration, and navigation, which will help them prepare for their own adventures on the trails.

Interspersed with the running adventure, Posner relates the interesting stories of the Long Path and the places it passes through, which include some of New York's most important parks and preserves and the distinctive mountains and forests they protect. Throughout the book, he channels the voices of famous New Yorkers associated with the Long Path—Walt Whitman, John Burroughs, Theodore Roosevelt, and Raymond Torrey—who express their appreciation of the natural beauty of the region.

Running the Long Path is the story of what ordinary people can accomplish with a little determination and a lot of

grit. Whether you walk or run, you will find inspiration in Posner's tale. Ken Posner not only takes us along as he achieves a great yet agonizingly difficult athletic accomplishment, but at the same time he displays brilliantly the beauty and history of the Hudson Valley, as well as the value of the strenuous life. — Philip McCarthy, American 48-hour running record-setter (257 miles)

On his solitary run, Ken takes us into the woods to meet the remarkable characters who shaped the history of the landscape. While setting a Long Path record, he nonetheless pauses to appreciate and settle us into its subtle natural wonders and profound majesty. Ken gives us a magical private tour to reveal the soul of the Catskills. — Joan Burroughs, President, John Burroughs

Association — Here it is! — The Intelligent Man's Guide to Insanity. Why would Ken Posner, an otherwise successful financial analyst, run 350 miles from New York City to Albany over some of the roughest trails in the Hudson Valley, sleep in the wild with bears, snakes, and poison ivy, just to do it and maybe do it faster than anyone else has? Read why in this journey of natural wonders, personal discovery, and the compelling curiosity of the running temperament. P.S. He lives to tell the tale! — Kathrine Switzer, author of *Marathon Woman: Running the Race to Revolutionize Women's Sports* and winner of the New York City Marathon — It's hard to imagine an outdoor adventure that starts at the George Washington Bridge. But Ken's 350-mile thru-run was exactly that,

without the assistance of course markings, aid stations, a dedicated support crew, or even sometimes a navigable trail. This is an entertaining and informative read. — Andrew Skurka, author of *The Ultimate Hiker's Gear Guide: Tools and Techniques to Hit the Trail* — Decades of conservation work have produced a remarkable long distance trail that links together some of New York's wildest and most beautiful places. Whether you are an ultrathoner or an armchair hiker (I have been both), you will find this book a captivating and lyrical journey. — Robert Anderberg, Vice President and General Counsel, Open Space Institute — When you pursue your dreams, you may discover you have deep wells of strength that you never knew. And you may find

yourself inspiring others to chase their dreams, too. □ □ Lisa Smith-Batchen, coach and motivational speaker □ Ken Posner inspires the already inspired. We are both advocates of the fastest known time (FKT). Ken Posner's FKT over the entire 350-mile Long Path highlights the importance of this historic and significant trail. His record accomplishment, despite extreme challenges, highlights the fact that Ken Posner is truly one of the most versatile, talented, and toughest distance runners of our generation! □ □ Frank Giannino, two-time Transcontinental Runner and Guinness World Records holder □ Some of us seek out unique challenges. We're looking not only to test our limits, but to forge connections with the earth and honor those who came before us. Ken

follows in these footsteps, sharing his fast-paced and meaningful story in *Running the Long Path*. □ □ Marshall Ulrich, author of *Running on Empty: An Ultramarathoner's Story of Love, Loss, and a Record-Setting Run Across America* [Rail-Trails Pennsylvania, New Jersey, and New York](#) [Moon Travel](#)

Hiking around New York City is more than just treks between high rises. In *Moon Take a Hike New York City*, award-winning writer Skip Card shows you the best hikes in and around The Big Apple—all within two hours of the city. Card offers details on public transportation options and clear directions on how to reach trailheads, as well as lists of his favorite hikes, such as:

- Best Hikes for High Peaks
- Best Hikes

for Kids • Best Hikes for Bird-Watching • Best Paths to the Past • Best Hikes for Interesting Geology • Best Hikes for Escaping the Crowds Let Card show you all the worthwhile hikes, from short, flat routes suitable for families to day-long, steep treks for more advanced hikers. Each hike profile contains practical information, including point-by-point trail navigation, contact information, facilities, fees, parking instructions, and an easy-to-use map for each trail. From Long Island up to the Shawangunks, from the Appalachian Trail down to New Jersey, your trip begins with Moon Take a Hike New York City.

*Backroad Bicycling Near New York City*  
The Countryman Press

This is a book about New York that's seriously streetwise. Featuring 19

colourful themed trails that take young explorers to the heart of the city from the comfort of their own home. Readers aged 7 and up will discover mind-blowing facts and uncover some of the city's best-kept secrets as they journey through the book and follow the trails. Find out what's lurking in the pumpkin garden, why you might find an elephant underground, how eating hot dogs could make you rich and loads more.

*Urban Ornithology* Independently Published

Here's a book that's seriously streetwise. Colourful themed trails, from history and culture to food and nature, reveal amazing facts and intriguing tales that kids won't find on the tourist routes. We'll show them where to find Henry the giant elephant, oyster sandwiches, the

Grand Canyon on a ceiling, and lots more!

*City Trails - Paris* Lonely Planet

The best guide to the Westchester outdoors just got even better. Walkable Westchester, an indispensable handbook to hiking, walking and exploring in Westchester County, has been issued in a second edition. It includes more than 600 miles of trails in over 200 parks, preserves and sanctuaries. Discover Westchester as you walk, hike, run, ride a horse, walk your dog, bike, cross country ski, or snowshoe. This edition, at 448 pages, is bulging with new and updated information, including details on 26 new parks, 42 more miles of trails, and intriguing sidebars on history, lore and nature. There are plenty of new photographs, detailed maps as well as

county locator maps and driving directions with GPS coordinates. Every park description has been updated and enhanced, all making for informative, yet delightful reading. The book covers a wide variety of walking, from level, paved pathways to narrow woodland trails. The environments range from salt-water wetlands to rock outcroppings. So for any kind of walking this book is the perfect companion, whether a suburban mom looking for a paved path or a veteran hiker out for a day-long trek. It's even fun reading on a treadmill. One doesn't have to walk them all, because the authors already have, several times; just let them be your guide so you can pick the best ones for yourself. The book features: Information on 200 parks, preserves, sanctuaries, and protected

open space including 26 additional parks not in the previous edition. Descriptions of over 600 miles of trails including 42 miles of new trails. County-wide locator maps and detailed maps of all but the smallest parks. History, science and local lore. Great photographs to encourage you to visit. Icons of activities permitted in each park. Driving directions, GPS coordinates, and availability of public transportation. Links to websites for additional information about the parks. Park contact information.

AMC's Best Day Hikes in the Catskills and Hudson Valley Lonely Planet

Contains Trail Maps and Descriptions including: Central Park: East and West Drive Loop Trail Prospect Park Loop Trail Brooklyn Bridge Walk via Manhattan Forest Park Loop Alley Pond Park Loop Jacqueline Kennedy Onassis Reservoir Running Path Manhattan: Central Park Trail Staten Island Greenbelt Trail High Line Park Hudson River Greenway: Battery Park to Riverside Park North Woods Van Cortlandt Park Trail Ed Koch Queensboro Bridge Path Inwood Hill Park Orange Trail George Washington Bridge Williamsburg Bridge Bike Path Central Park North Woods Trail