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# Why The Dutch Are Different A Journey Into The Hi

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## POWERS HERNANDEZ

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*Discovering the Dutch* Cambridge University Press

A historical portrait of the Netherlands capital and the ideas that make it unique explores the ongoing efforts of its citizens to navigate its seaside challenges and democratic philosophies, revealing how the liberal ideals that evolved there throughout time have had a profound influence and are being compromised in today's world.

**The Cultural Context of Business and Work in the Netherlands in the Early 21st Century** Oxford University Press

A work of major importance for the economic history of both Europe and North America.

*The Dutch Art of Doing Nothing* BRILL  
AN INSTANT NEW YORK TIMES  
BESTSELLER The "lively" (The New Yorker), "convincing" (Forbes), and "riveting pick-me-up we all need right now" (People) that proves humanity thrives in a crisis and that our innate

kindness and cooperation have been the greatest factors in our long-term success as a species. If there is one belief that has united the left and the right, psychologists and philosophers, ancient thinkers and modern ones, it is the tacit assumption that humans are bad. It's a notion that drives newspaper headlines and guides the laws that shape our lives. From Machiavelli to Hobbes, Freud to Pinker, the roots of this belief have sunk deep into Western thought. Human beings, we're taught, are by nature selfish and governed primarily by self-interest. But what if it isn't true? International bestseller Rutger Bregman provides new perspective on the past 200,000 years of human history, setting out to prove that we are hardwired for kindness, geared toward cooperation rather than competition, and more inclined to trust rather than distrust one another. In fact this instinct has a firm evolutionary basis going back to the beginning of Homo sapiens. From the real-life Lord of the Flies to the solidarity in the aftermath of the Blitz, the hidden flaws in the Stanford prison experiment to the true story of twin brothers on

opposite sides who helped Mandela end apartheid, Bregman shows us that believing in human generosity and collaboration isn't merely optimistic—it's realistic. Moreover, it has huge implications for how society functions. When we think the worst of people, it brings out the worst in our politics and economics. But if we believe in the reality of humanity's kindness and altruism, it will form the foundation for achieving true change in society, a case that Bregman makes convincingly with his signature wit, refreshing frankness, and memorable storytelling. "The Sapiens of 2020." —The Guardian "Humankind made me see humanity from a fresh perspective." —Yuval Noah Harari, author of the #1 bestseller *Sapiens* Longlisted for the 2021 Andrew Carnegie Medal for Excellence in Nonfiction One of the Washington Post's 50 Notable Nonfiction Works in 2020

**What Women Want--What Men Want**  
Harper Collins

Following the work of E. O. Wilson, Desmond Morris, and David Buss, *What Women Want--What Men Want* offers compelling new evidence about the real reasons behind men's and women's differing sexual psychologies and sheds new light on what men and women look for in a mate, the predicament of marriage in the modern world, the relation between sex and emotion, and many other hotly debated questions. Drawing upon 2000 questionnaires and 200 intimate interviews that show how our sexual psychologies affect everyday decisions, John Townsend argues against the prevailing ideologically correct belief that differences in sexual behavior are "culturally constructed." Townsend shows there are deep-seated desires inherited from our evolutionary past that guide our actions. In a fascinating series

of experiments, men and women were asked to indicate preferences for potential mates based on their attractiveness and apparent economic status. Women overwhelmingly preferred expensively dressed men to more attractive but apparently less successful men, and men were clearly inclined to choose more attractive women regardless of their professional status. Townsend's studies also indicate that men are predisposed to value casual sex, whereas women cannot easily separate sexual relations from the need for emotional attachment and economic security. Indeed, wherever men possess sexual alternatives to marriage, and women possess economic alternatives, divorce rates will be high. In the concluding chapter, Townsend draws upon the advice of couples who have maintained their marriages over the years to suggest ways to survive our evolutionary predicament. Lucidly and accessibly written, *What Women Want--What Men Want* shows us why we are the way we are and brings new clarity to one of the most intractable debates of our time.

**Its Rise, Greatness and Fall, 1477-1806** Oval Projects

A history of the Dutch role in the establishment of Manhattan discusses the rivalry between England and the Dutch Republic, focusing on the power struggle between Holland governor Peter Stuyvesant and politician Adriaen van der Donck that shaped New York's culture and social freedoms. Reprint. 50,000 first printing.

**Dutch Short Stories for Beginners**  
A&C Black

Stranded at Schiphol airport, Ben Coates called up a friendly Dutch girl he'd met some months earlier. He stayed for dinner. Actually, he stayed for good. In

the first book to consider the hidden heart and history of the Netherlands from a modern perspective, the author explores the length and breadth of his adopted homeland and discovers why one of the world's smallest countries is also so significant and so fascinating. It is a self-made country, the Dutch national character shaped by the ongoing battle to keep the water out from the love of dairy and beer to the attitude to nature and the famous tolerance. Ben Coates investigates what makes the Dutch the Dutch, why the Netherlands is much more than Holland and why the color orange is so important. Along the way he reveals why they are the world's tallest people and have the best carnival outside Brazil. He learns why Amsterdam's brothels are going out of business, who really killed Anne Frank, and how the Dutch manage to be richer than almost everyone else despite working far less. He also discovers a country which is changing fast, with the Dutch now questioning many of the liberal policies which made their nation famous.

*The Secret Diary of Hendrik Groen* White Boucke Pub

A guide to understanding the Dutch that goes beyond the tulips and windmills to reveal their real personality and peculiarities.

*A Journey into the Hidden Heart of the Netherlands: From Amsterdam to Zwarte Piet, the acclaimed guide to travel in Holland* Vintage

Do you know what the hardest thing for a Dutch learner is? Finding PROPER reading material that they can handle...which is precisely the reason we've written this book! Teachers love giving out tough, expert-level literature to their students. Books that present many new problems to the reader and

force them to search for words in a dictionary every five minutes - it's not entertaining, useful or motivating for the student at all, and many soon give up on learning at all! In this book, we have compiled 20 easy-to-read, compelling and fun stories that will allow you to expand your vocabulary and give you the tools to improve your grasp of the beautiful Dutch tongue. How Dutch Short Stories for Beginners works: - Each story is exciting and entertaining with realistic dialogues and day-to-day situations. - The summaries follow a synopsis in Dutch and in English of what you just read, both to review the lesson and for you to see if you understood what the tale was about. - At the end of those summaries, you'll be provided with a list of the most relevant vocabulary involved in the lesson, as well as slang and sayings that you may not have understood at first glance! - Finally, you'll be provided with a set of tricky questions in Dutch, providing you with the chance to prove that you learned something in the story. Don't worry if you don't know the answer to any - we will provide them immediately after, but no cheating! We want you to feel comfortable while learning the tongue; after all, no language should be a barrier for you to travel around the world and expand your social circles! So look no further! Pick up your copy of Dutch Short Stories for Beginners and start learning Dutch right now!

Why the Dutch are Different Berghahn Books

A hilarious yet profound and revealing look at the Dutch, their customs and their mentality. This exquisite satire explores the most diverse aspects of daily Dutch life, from coffee to child rearing, from train travel to the toilet. Learn why the Dutch believe, "It is better

to debate a question without settling it than to settle a question without debating it," and why it's so hard to learn the Dutch language, "The more you try to learn Dutch, the more the Dutch refuse to speak Dutch to you and the more they complain that you haven't learned it." Other topics include Dutch moralizing & criticizing, cozy Dutch homes, flowers & plants, money & thriftiness, work ethics, welfare, commercial cunning, telephone habits, the national passion, rules for shopping, driving, Dutch customs, bikes, language, gay community, food, sex, drugs, phobias, the Dutch abroad and the 1995 flood disaster.

A History of the World's Most Liberal City  
Cambridge University Press

Discover how Dutch parents raise The Happiest Kids in the World! Calling all stressed-out parents: Relax! Imagine a place where young children play unsupervised, don't do homework, have few scheduled "activities" . . . and rank #1 worldwide in happiness and education. It's not a fantasy—it's the Netherlands! Rina Mae Acosta and Michele Hutchison—an American and a Brit, both married to Dutchmen and raising their kids in the Netherlands—report back on what makes Dutch kids so happy and well adjusted. Is it that dads take workdays off to help out? Chocolate sprinkles for breakfast? Bicycling everywhere? Whatever the secret, entire Dutch families reap the benefits, from babies (who sleep 15 hours a day) to parents (who enjoy a work-life balance most Americans only dream of). As Acosta and Hutchison borrow ever-more wisdom from their Dutch neighbors, this much becomes clear: Sometimes the best thing we can do as parents is . . . less!  
*A Journey Into the Hidden Heart of the*

*Netherlands* The Experiment

Dutch historiography has traditionally concentrated on colonial successes in Asia. However, the Dutch were also active in West Africa, Brazil, New Netherland (the present state of New York) and in the Caribbean. In Africa they took part in the gold and ivory trade and finally also in the slave trade, something not widely known outside academic circles. P.C. Emmer, one of the most prominent experts in this field, tells the story of Dutch involvement in the trade from the beginning of the 17th century—much later than the Spaniards and the Portuguese—and goes on to show how the trade shifted from Brazil to the Caribbean. He explains how the purchase of slaves was organized in Africa, records their dramatic transport across the Atlantic, and examines how the sales machinery worked. Drawing on his prolonged study of the Dutch Atlantic slave trade, he presents his subject clearly and soberly, although never forgetting the tragedy hidden behind the numbers – the dark side of the Dutch Golden Age -, which makes this study not only informative but also very readable.

on culture and society of the Netherlands Reaktion Books

All over the world, people learn in school that the Netherlands is a country that lies below sea-level. Dikes, polders, windmills and wooden shoes are well-known icons of this unusual nation, while its sturdy dams and storm surge barriers also enjoy world fame. But how does it all work? How can a country exist under such circumstances and even be prosperous? One would expect the Dutch to panic about climate change but they don't seem to be; how come? This book will tell you all about it, both in words and photos, striking a balance between

developments in the past, the present and the future, steering clear from both generalizations and too much technological detail. Whether you are an expat, tourist, or far-away individual who has taken an interest in the country, this book will offer fascinating insights into how a society can function at sea level. The Discomfort of Evening Bloomsbury Publishing

The Dutch people are some of the happiest in the world. Their secret? They are masters of *niksen*, or the art of doing nothing. *Niksen* is not a form of meditation, nor is it a state of laziness or boredom. It's not scrolling through social media, or wondering what you're going to cook for dinner. Rather, to *niks* is to make a conscious choice to sit back, let go, and do nothing at all. With this book, learn how to do nothing in the most important areas of your life, such as: AT HOME: Find a comfy nook and sit. No technology or other distractions. AT WORK: Stare at your computer. Take in the view from your office. Close your eyes. IN PUBLIC: Forget waiting for the bus, enjoy some relaxing *niksen* time. Backed with advice from the world's leading experts on happiness and productivity, this book examines the underlying science behind *niksen* and how doing less can often yield so much more. Perfect for anyone who feels overwhelmed, burnt out, or exhausted, *NIKSEN* does not tell you to work harder. Instead, it shows you how to take a break from all the busyness while giving you sincere, heartfelt permission to do nothing.

*The Dutch Intersection* Nicholas Brealey Describes the cultural and social milieu of seventeenth-century Holland, where, despite great material wealth and general prosperity, an "anxiety of superabundance" permeated all aspects

of the culture

**The Dutch and Their Delta** Nicholas Brealey

This pioneering history of the Dutch Empire provides a new comprehensive overview of Dutch colonial expansion from a comparative and global perspective. It also offers a fascinating window into the early modern societies of Asia, Africa and the Americas through their interactions.

*The Rise of Commercial Empires* Little, Brown

Paris, 1890. When Sherlock Holmes finds himself chasing an art dealer through the streets of Paris, he's certain he's smoked out one of the principals of a cunning forgery ring responsible for the theft of some of the Louvre's greatest masterpieces. But for once, Holmes is dead wrong. He doesn't know that the dealer, Theo Van Gogh, is rushing to the side of his brother, who lies dying of a gunshot wound in Auvers. He doesn't know that the dealer's brother is a penniless misfit artist named Vincent, known to few and mourned by even fewer. Officialdom pronounces the death a suicide, but a few minutes at the scene convinces Holmes it was murder. And he's bulldog-determined to discover why a penniless painter who harmed no one had to be killed—and who killed him. Who could profit from Vincent's death? How is the murder entwined with his own forgery investigation? Holmes must retrace the last months of Vincent's life, testing his mettle against men like the brutal Paul Gauguin and the secretive Toulouse-Lautrec, all the while searching for the girl Olympia, whom Vincent named with his dying breath. She can provide the truth, but can anyone provide the proof? From the madhouse of St. Remy to the rooftops of Paris, Holmes hunts a killer—while the killer

hunts him.

### **Dutch Culture in the Golden Age**

White-Boucke Publishing

In the first book to consider the hidden history of the Netherlands from a modern perspective, author Ben Coates explores the length and breadth of his adopted homeland and discovers why one of the world's smallest countries is so fascinating and significant. It is a self-made country, the Dutch national character shaped by the ongoing battle to keep the water out, its love of dairy and beer, its attitude towards nature, and its famous tolerance. Ben Coates investigates what make the Dutch, Dutch, why the Netherlands is much more than Holland, and why the color orange is so important. Along the way he reveals why they are the world's tallest people, and manage to be richer than almost everyone else despite working far less. He also discovers a country which is changing fast, with the Dutch now questioning many of the liberal policies which made their nation famous. A personal portrait of a fascinating people, a sideways history and an entertaining travelogue, *Why The Dutch are Different* is the story of an Englishman who went Dutch, and loved it. Ben Coates has worked at various times as a political advisor, corporate speechwriter, lobbyist and aid worker. Ben has written articles for numerous publications including the Guardian, Financial Times, and Huffington Post. He currently lives in Rotterdam with his Dutch wife and works as an advisor for The One Acre Fund, an international charity.

*Dealing with the Dutch* Why The Dutch Are Different A Journey Into the Hidden Heart of the Netherlands

WINNER OF THE 2020 INTERNATIONAL BOOKER PRIZE A stark and gripping tale of childhood grief from one of the most

exciting new voices in Dutch literature Ten-year-old Jas lives with her strictly religious parents and her siblings on a dairy farm where waste and frivolity are akin to sin. Despite the dreary routine of their days, Jas has a unique way of experiencing her world: her face soft like cheese under her mother's hands; the texture of green warts, like capers, on migrating toads in the village; the sound of "blush words" that aren't in the Bible. One icy morning, the disciplined rhythm of her family's life is ruptured by a tragic accident, and Jas is convinced she is to blame. As her parents' suffering makes them increasingly distant, Jas and her siblings develop a curiosity about death that leads them into disturbing rituals and fantasies. Cocooned in her red winter coat, Jas dreams of "the other side" and of salvation, not knowing where this dreaming will finally lead her. A bestseller in the Netherlands, Marieke Lucas Rijneveld's radical debut novel *The Discomfort of Evening* offers readers a rare vision of rural and religious life in the Netherlands. In it, they ask: In the absence of comfort and care, what can the mind of a child invent to protect itself? And what happens when that is not enough? With stunning psychological acuity and images of haunting, violent beauty, Rijneveld has created a captivating world of language unlike any other.

### **A Journey into the Hidden Heart of the Netherlands**

Graywolf Press

*Why the Dutch are Different* is a personal portrait of a fascinating people, a sideways history and an entertaining travelogue.

Kit Pub

Niksen is a simple Dutch philosophy for anyone looking to slow down, relax and daydream. Designed to combat our always-on world, it teaches us simple

ways to incorporate active rest into our daily lives. Nowadays, doing nothing can feel almost impossible. Overwhelming workloads, social pressures, omnipresent smartphones and family commitments leave you exhausted, frantic and stressed. The Dutch have a simple 'be idle' solution: Nixsen shows you how to resist the daily grind, ditch your endless to-do list and reclaim peace of mind. Studies show that you get more done when you work less. So find out when, why and how to niks for a happier, healthier and more productive you. Annette Lavrijsen offers can-do advice and easy exercises to get you started. Using this liberating book to cultivate

niksen you can: Find new ways to relax, slow down and combat burnout Bust I'm-too-busy, nothingness-is-laziness myths Honestly communicate boundaries and reset your priorities Create a recuperative zen sanctuary that's all yours Master the work-life balance Boost your creativity, mood and even productivity Raise a happy family and be a better friend With some sensible scheduling and a smart mindset nixsen is easy to fit into your day, and soon will become your essential daily pick-me-up. To stop is to succeed so start enjoying life's little pauses, claim your timeout and turn to this witty guide whenever you want to declutter your mind.