

Shaming Into Brown Somatic Transactions Of Race In

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BAILEE BOONE

Public Negotiations Simon and Schuster

Gloria Evangelina Anzaldúa—theorist, Chicana, feminist—famously called on scholars to do work that matters. This pronouncement was a rallying call, inspiring scholars across disciplines to become scholar-activists and to channel their intellectual energy and labor toward the betterment of society. Scholars and activists alike have encountered and expanded on these pathbreaking theories and concepts first introduced by Anzaldúa in *Borderlands/La frontera* and other texts. Teaching Gloria E. Anzaldúa is a pragmatic and inspiring offering of how to apply Anzaldúa's ideas to the classroom and in the community rather than simply discussing them as theory. The book gathers nineteen essays by scholars, activists, teachers, and professors who share how their first-hand use of Anzaldúa's theories in their classrooms and community environments. The collection is divided into three main parts, according to the ways the text has been used: "Curriculum Design," "Pedagogy and Praxis," and "Decolonizing Pedagogies." As a pedagogical text, Teaching Gloria E. Anzaldúa also offers practical advice in the form of lesson plans, activities, and other suggested resources for the classroom. This volume offers practical and inspiring ways to deploy Anzaldúa's transformative theories with real and meaningful action. Contributors Carolina E. Alonso Cordelia Barrera Christina Bleyer Altheria Caldera Norma E. Cantú Margaret Cantú-Sánchez Freyca Calderon-Berumen Stephanie Cariaga Dylan Marie Colvin Candace de León-Zepeda Miryam Espinosa-Dulanto Alma Itzé Flores Christine García Patricia M. García Patricia Pedroza González María del Socorro Gutiérrez-Magallanes Leandra H. Hernández Nina Hoechtl Rían Lozano Socorro Morales Anthony Nuño Karla O'Donald Christina Puntasecca Dagoberto Eli Ramirez José L. Saldívar Tanya J. Gaxiola Serrano Verónica Solís Alexander V. Stehn Carlos A. Tarin Sarah De Los Santos Upton Carla Wilson Kelli Zaytoun

Eternalized Fragments Oxford University Press

Critiques and extends theories of new materialism to reveal the socioeconomic and geopolitical forces at work in the Juárez feminicidios.

Gothic Geoculture University of Arizona Press

Trauma following automobile accidents can persist for weeks, months, or longer. Symptoms include nervousness, sleep disorders, loss of appetite, and sexual dysfunction. In *Crash Course*, Diane Poole Heller and Laurence Heller take readers through a series of case histories and exercises to explain and treat the health problems and trauma brought on by car accidents.

Shaming Into Brown Penguin

Ethnic American Literatures and Critical Race Narratology explores the relationship between narrative, race, and ethnicity in the United States. Situated at the intersection of post-classical narratology and context-oriented approaches in race, ethnic, and cultural studies, the contributions to this edited volume interrogate the complex and varied ways in which ethnic American authors use narrative form to engage readers in issues related to race and ethnicity, along with other important identity markers such as class, religion, gender, and sexuality. Importantly, the book also explores how paying attention to the formal features of ethnic American literatures changes our understanding of narrative theory and how narrative theories can help us to think about author functions and race. The international and diverse group of contributors includes top scholars in narrative theory and in race and ethnic studies, and the texts they analyze concern a wide variety of topics, from the representation of time and space to the narration of trauma and other deeply emotional memories to the importance of literary paratexts, genre structures, and author functions.

Latinx Literature Unbound Taylor & Francis

An integrative 3-step approach to financial literacy that brings mindfulness, body-based awareness, and radical self-love to one of our most troublesome relationships—the one with our money "Bari Tessler adds an exciting, important voice to the money conversation...at once spiritual and practical, this is the education we've been waiting for." Lynne Twist, Author of *The Soul of Money* For many of us, the most challenging and upsetting relationship in our lives is with our finances, bringing feelings of shame or powerlessness. But Bari Tessler's unique 3-phase program creates the real possibility of "money healing" as a gateway to self-awareness and a training ground for compassion, confidence, and self-worth. Tessler's gentle, somatic techniques weave together emotional depth, big picture visioning, and refreshingly accessible, nitty-gritty money practices. She breaks it down into 3 phases of *Deep Money Work: Money Healing: Healing money shame, money rituals, the body check-in, and letting go Money Practices: Money as a self-care practice, values-based bookkeeping, and the spiritual side of a money practice Money Maps: The 3-Tier Money Map designed to evolve with you over time, making good money decisions, and your money legacy* Guiding readers through their own step-by-step journey, *The Art of Money* will help anyone transform their relationship with money and, in so doing, transform their life. Also check out *The Art of Money Workbook* for more insights and teachings

Latino Literature Fordham Univ Press

Healing the Fragmented Selves of Trauma Survivors integrates a neurobiologically informed understanding of trauma, dissociation, and attachment with a practical approach to treatment, all communicated in straightforward language accessible to both client and therapist. Readers will be exposed to a model that emphasizes "resolution"—a transformation in the relationship to one's self, replacing shame, self-loathing, and assumptions of guilt with compassionate acceptance. Its unique interventions have been adapted from a number of cutting-edge therapeutic approaches, including Sensorimotor Psychotherapy, Internal Family Systems, mindfulness-based therapies, and clinical hypnosis. Readers will close the pages of *Healing the Fragmented Selves of Trauma Survivors* with a solid grasp of therapeutic approaches to traumatic attachment, working with undiagnosed dissociative symptoms and disorders, integrating "right brain-to-right brain" treatment methods, and much more. Most of all, they will come away with tools for helping clients create an internal sense of safety and compassionate connection to even their most dis-owned selves.

Affect Theory, Shame, and Christian Formation Duke University Press

Out of Control chronicles the dawn of a new era in which the machines and systems that drive our economy are so complex and autonomous as to be indistinguishable from living things.

Childhood Abuse, Body Shame, and Addictive Plastic Surgery Mango Media Inc.

Before his mysterious disappearance and probable death in 1971, Oscar Zeta Acosta was famous as a Robin Hood Chicano lawyer and notorious as the real-life model for Hunter S. Thompson's "Dr.

Gonzo," a fat, pugnacious attorney with a gargantuan appetite for food, drugs, and life on the edge. Written with uninhibited candor and manic energy, this book is Acosta's own account of coming of age as a Chicano in the psychedelic sixties, of taking on impossible cases while breaking all the rules of courtroom conduct, and of scrambling headlong in search of a personal and cultural identity. It is a landmark of contemporary Hispanic-American literature, at once ribald, surreal, and unmistakably authentic.

Malignant Self Love Cognitive Approaches to Cultur

Since Descartes famously proclaimed, "I think, therefore I am," science has often overlooked emotions as the source of a person's true being. Even modern neuroscience has tended, until recently, to concentrate on the cognitive aspects of brain function, disregarding emotions. This attitude began to change with the publication of Descartes' Error in 1995. Antonio Damasio—"one of the world's leading neurologists" (*The New York Times*)—challenged traditional ideas about the connection between emotions and rationality. In this wondrously engaging book, Damasio takes the reader on a journey of scientific discovery through a series of case studies, demonstrating what many of us have long suspected: emotions are not a luxury, they are essential to rational thinking and to normal social behavior.

Descartes' Error NYU Press

Gregory Bateson was a philosopher, anthropologist, photographer, naturalist, and poet, as well as the husband and collaborator of Margaret Mead. This classic anthology of his major work includes a new Foreword by his daughter, Mary Katherine Bateson. 5 line drawings.

Teaching Gloria E. Anzaldúa Global Latin/O Americas

Offers a comprehensive overview of the most important authors, movements, genres, and historical turning points in Latino literature. More than 60 million Latinos currently live in the United States. Yet contributions from writers who trace their heritage to the Caribbean, Central and South America, and Mexico have and continue to be overlooked by critics and general audiences alike. *Latino Literature: An Encyclopedia for Students* gathers the best from these authors and presents them to readers in an informed and accessible way. Intended to be a useful resource for students, this volume introduces the key figures and genres central to Latino literature. Entries are written by prominent and emerging scholars and are comprehensive in their coverage of the 19th, 20th, and 21st centuries. Different critical approaches inform and interpret the myriad complexities of Latino literary production over the last several hundred years. Finally, detailed historical and cultural accounts of Latino diasporas also enrich readers' understandings of the writings that have and continue to be influenced by changes in cultural geography, providing readers with the information they need to appreciate a body of work that will continue to flourish in and alongside Latino communities.

The Art of Money SAGE

The Sense of Brown is José Esteban Muñoz's treatise on brownness and being as well as his most direct address to queer Latinx studies. In this book, which he was completing at the time of his death, Muñoz examines the work of playwrights Ricardo Bracho and Nilo Cruz, artists Nao Bustamante, Isaac Julien, and Tania Bruguera, and singer José Feliciano, among others, arguing for a sense of brownness that is not fixed within the racial and national contours of Latinidad. This sense of brown is not about the individualized brown subject; rather, it demonstrates that for brown peoples, being exists within what Muñoz calls the brown commons—a lifeworld, queer ecology, and form of collectivity. In analyzing minoritarian affect, ethnicity as a structure of feeling, and brown feelings as they emerge in, through, and beside art and performance, Muñoz illustrates how the sense of brown serves as the basis for other ways of knowing and being in the world.

Habeas Viscus Cognitive Approaches to Cultur

Theorizes shame and analyzes U. S. cultural practices of racializing shame through an examination of scenes of racialization in Latinx literature

Capturing Mariposas SAGE

Childhood Abuse, Body Shame, and Addictive Plastic Surgery explores the psychopathology that plastic surgeons can encounter when seemingly excellent surgical candidates develop body dysmorphic disorder postoperatively. By examining how developmental abuse and neglect influence body image, personality, addictions, resilience, and adult health, this highly readable book uncovers the childhood sources of body dysmorphic disorder. Written from the unique perspective of a leading plastic surgeon with extensive experience in this area and featuring many poignant clinical vignettes and groundbreaking trauma research, this heavily referenced text offers a new explanation for body dysmorphic disorder that provides help for therapists and surgeons and hope for patients.

Not One More! Rhetoric and Materiality

The Routledge Companion to Literature and Emotion shows how the "affective turn" in the humanities applies to literary studies. Deftly combining the scientific elements with the literary, the book provides a theoretical and topical introduction to reading literature and emotion. Looking at a variety of formats, including novels, drama, film, graphic fiction, and lyric poetry, the book also includes focus on specific authors such as Shakespeare, Chaucer, Jane Austen, Virginia Woolf, and Viet Thanh Nguyen. The volume introduces the theoretical groundwork, covering such categories as affect theory, affective neuroscience, cognitive science, evolution, and history of emotions. It examines the range of emotions that play a special role in literature, including happiness, fear, aesthetic delight, empathy, and sympathy, as well as aspects of literature (style, narrative voice, and others) that bear on emotional response. Finally, it explores ethical and political concerns that are often intertwined with emotional response, including racism, colonialism, disability, ecology, gender, sexuality, and trauma. This is a crucial guide to the ways in which new, interdisciplinary understandings of emotion and affect—in fields from neuroscience to social theory—are changing the study of literature and of the ways those new understandings are impacted by work on literature also.

Theoretical Issues in Psychology Springer

Eternalized Fragments explores the implications of treating literature as art—examining the evolving nature of aesthetic inquiry in literary studies, with an eye to how twentieth- and twenty-first-century world fiction challenges our understandings of form, pleasure, ethics, and other critical concepts traditionally associated with the study of aesthetics. Since postmodern and contemporary fiction tend to be dominated by disjunctions, paradoxes, and incongruities, this book offers an account of how and why readers choose to engage regardless, articulating the cognitive rewards such difficulties offer. By putting narrative and philosophical approaches in conversation with evolutionary

psychology and contemporary neuroscience, W. Michelle Wang examines the value of attending to aesthetic experiences when we read literature and effectively demonstrates that despite the aesthetic's stumble in time, our ongoing love affair with fiction is grounded in our cognitive engagements with the text's aesthetic dimensions. Drawing on a diverse range of works by Gabriel García Márquez, Kazuo Ishiguro, Arundhati Roy, Jeanette Winterson, Jennifer Egan, Italo Calvino, Flann O'Brien, and Alasdair Gray, *Eternalized Fragments* lucidly renders the aesthetic energies at work in the novels' rich potentialities of play, the sublime's invitation to affective renegotiations, and beauty's polysemy in shaping readerly capacities for nuance.

The Routledge Companion to Literature and Emotion St. Martin's Essentials

"This memoir's beauty is in its fierce intimacy." --Roy Hoffman, *The New York Times Book Review*
 One of Literary Hub's Most Anticipated Books of 2019 From the celebrated editor of *This Bridge Called My Back*, Cherríe Moraga charts her own coming-of-age alongside her mother's decline, and also tells the larger story of the Mexican American diaspora. *Native Country of the Heart: A Memoir* is, at its core, a mother-daughter story. The mother, Elvira, was hired out as a child, along with her siblings, by their own father to pick cotton in California's Imperial Valley. The daughter, Cherríe Moraga, is a brilliant, pioneering, queer Latina feminist. The story of these two women, and of their people, is woven together in an intimate memoir of critical reflection and deep personal revelation. As a young woman, Elvira left California to work as a cigarette girl in glamorous late-1920s Tijuana, where an ambiguous relationship with a wealthy white man taught her life lessons about power, sex, and opportunity. As Moraga charts her mother's journey—from impressionable young girl to battle-tested matriarch to, later on, an old woman suffering under the yoke of Alzheimer's—she traces her own self-discovery of her gender-queer body and Lesbian identity, as well as her passion for activism and the history of her pueblo. As her mother's memory fails, Moraga is driven to unearth

forgotten remnants of a U.S. Mexican diaspora, its indigenous origins, and an American story of cultural loss. Poetically wrought and filled with insight into intergenerational trauma, *Native Country of the Heart* is a reckoning with white American history and a piercing love letter from a fearless daughter to the mother she will never lose.

Accelerando Basic Books

The psychology classic—a detailed study of scientific theories of human nature and the possible ways in which human behavior can be predicted and controlled—from one of the most influential behaviorists of the twentieth century and the author of *Walden Two*. "This is an important book, exceptionally well written, and logically consistent with the basic premise of the unitary nature of science. Many students of society and culture would take violent issue with most of the things that Skinner has to say, but even those who disagree most will find this a stimulating book." —Samuel M. Strong, *The American Journal of Sociology* "This is a remarkable book—remarkable in that it presents a strong, consistent, and all but exhaustive case for a natural science of human behavior...It ought to be...valuable for those whose preferences lie with, as well as those whose preferences stand against, a behavioristic approach to human activity." —Harry Prosch, *Ethics*

Writing Your Journal Article in Twelve Weeks Routledge

Recent scandals and controversies, such as data fabrication in federally funded science, data manipulation and distortion in private industry, and human embryonic stem cell research, illustrate the importance of ethics in science. *Responsible Conduct of Research*, now in a completely updated second edition, provides an introduction to the social, ethical, and legal issues facing scientists today.

Autobiography of a Brown Buffalo Bloomsbury Publishing USA

Examines how the boundaries of the Latina/o public sphere and representations of gender are negotiated through mass media in twentieth and twenty-first century literature.