

## Ending The Aids Myth

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<i>Ending The Aids Myth</i>	<i>2020-12-15</i>
<b>BALLARD LANE</b>	

*The End of Illness* Regnery Publishing

Interviews people of all ages and backgrounds, some HIV-positive, some related to someone who is infected, about their experiences with AIDS.

**Ending the AIDS Myth** Simon and Schuster

The AIDS epidemic in Sub-Saharan Africa continues to affect all facets of life throughout the subcontinent. Deaths related to AIDS have driven down the life expectancy rate of residents in Zambia, Kenya, and Uganda with far-reaching implications. This book details the current state of the AIDS epidemic in Africa and what is known about the behaviors that contribute to the transmission of the HIV infection. It lays out what research is needed and what is necessary to design more effective prevention programs.

*The Myth of Heterosexual AIDS* Sourcebooks, Inc.

A New York Times Best Seller A National Book Critics Circle Award Finalist A New York Times Book Review Top 10 Book of the Year A Facebook "Year of Books" Selection One of the Best Books of the Year \* National Book Critics Circle Award finalist \* The New York Times Book Review (Top 10) \* Entertainment Weekly (Top 10) \* New York Magazine (Top 10)\* Chicago Tribune (Top 10) \* Publishers Weekly (Top 10) \* Time Out New York (Top 10) \* Los Angeles Times \* Kirkus \* Booklist \* NPR's Science Friday \* Newsday \* Slate \* Refinery 29 \* And many more... Why do we fear vaccines? A provocative examination by Eula Biss, the author of Notes from No Man's Land, winner of the National Book Critics Circle Award Upon becoming a new mother, Eula Biss addresses a chronic condition of fear-fear of the government, the medical establishment, and what is in your child's air, food, mattress, medicine, and vaccines. She finds that you cannot immunize your child, or yourself, from the world. In this bold, fascinating book, Biss investigates the metaphors and myths surrounding our conception of immunity and its implications for the individual and the social body. As she hears more and more fears about vaccines, Biss researches what they mean for her own child, her immediate community, America, and the world, both historically and in the present moment. She extends a conversation with other mothers to meditations on Voltaire's Candide, Bram Stoker's Dracula, Rachel Carson's Silent Spring, Susan Sontag's AIDS and Its Metaphors, and beyond. On Immunity is a moving account of how we are all interconnected-our bodies and our fates.

*The Social Impact of AIDS in the United States* iUniverse

Heart disease is the #1 killer. However, traditional heart disease protocols--with their emphasis on lowering cholesterol--have it all wrong. Emerging science is showing that cholesterol levels are a poor predictor of heart disease and that standard prescriptions for lowering it, such as ineffective low-fat/high-carb diets and serious, side-effect-causing statin drugs, obscure the real causes of heart disease. Even doctors at leading institutions have been misled for years based on creative reporting of research results from pharmaceutical companies intent on supporting the \$31-billion-a-year cholesterol-lowering drug industry. The Great Cholesterol Myth reveals the real culprits of heart disease, including: - Inflammation - Fibrinogen - Triglycerides - Homocysteine - Belly fat - Triglyceride to HCL ratios - High glycemic levels Bestselling health authors Jonny Bowden, Ph.D., and Stephen Sinatra, M.D. give readers a 4-part strategy based on the latest studies and clinical findings for effectively preventing, managing, and reversing heart disease, focusing on diet, exercise, supplements, and stress and anger management. Get proven, evidence-based strategies from the experts with The Great Cholesterol Myth. MYTHS VS. FACTS Myth-High cholesterol is the cause of heart disease. Fact-Cholesterol is only a minor player in the cascade of inflammation which is a cause of heart disease. Myth-High cholesterol is a predictor of heart attack. Fact-There is no correlation between cholesterol and heart attack. Myth-Lowering cholesterol with statin drugs will prolong your life. Fact-There is no data to show that statins have a significant impact on longevity. Myth-Statin drugs are safe. Fact-Statin drugs can be extremely toxic including causing death. Myth-Statin drugs are useful in men, women and the elderly. Fact-Statin drugs do the best job in middle-aged men with coronary disease. Myth-Statin drugs are useful in middle-aged men with coronary artery disease because of its impact on cholesterol. Fact-Statin drugs reduce inflammation and improve blood viscosity (thinning blood). Statins are extremely helpful in men with low HDL and coronary artery disease. Myth-Saturated fat is dangerous. Fact-Saturated fats are not dangerous. The killer fats are the transfats from partially hydrogenated oils. Myth-The higher the cholesterol, the shorter the lifespan. Fact-Higher cholesterol protects you from gastrointestinal disease, pulmonary disease and hemorrhagic stroke. Myth-A high carbohydrate diet protects you from heart disease. Fact-Simple processed carbs and sugars predispose you to heart disease. Myth-Fat is bad for your health. Fact-Monounsaturated and saturated fats protect you from metabolic syndrome. Sugar is the foe in cardiovascular disease. Myth-There is good (HDL) cholesterol and bad (LDL) cholesterol. Fact-This is over-simplistic. You must fractionate LDL and HDL to assess the components. Myth-Cholesterol causes heart disease. Fact-Cholesterol is only a theory in heart disease and only the small component of LP(a) or "bb shot" LDL predisposes one to oxidation and inflammation.

*Rethinking AIDS* Cambridge University Press

This book considers the change in rhetoric surrounding the treatment of AIDS from one of crisis to that of 'ending AIDS'. Exploring what it means to

'end AIDS' and how responsibility is framed in this new discourse, the author considers the tensions generated between the individual and the state in terms of notions such as risk, responsibility and prevention. Based on analyses public health promotions in the UK and the US, HIV prevention science and engaging with the work of Foucault, this volume argues that the discourse of 'ending AIDS' implies a tension-filled space in which global principles and values may clash with localised needs, values and concerns; in which evidence-based policies strive for hegemony over local, tacit and communal regimes of knowledge; and in which desires compete with national and international ideas about what is best for the individual in the name of 'ending AIDS' writ large. As such, it will appeal to scholars of sociology and media studies with interests in the sociology of medicine and health, medical communication and health policy.

**The AIDS Movie** National Academies Press

Fledgling, Octavia Butler's last novel, is the story of an apparently young, amnesiac girl whose alarmingly un-human needs and abilities lead her to a startling conclusion: she is in fact a genetically modified, 53-year-old vampire. Forced to discover what she can about her stolen former life, she must at the same time learn who wanted—and still wants—to destroy her and those she cares for, and how she can save herself. Fledgling is a captivating novel that tests the limits of "otherness" and questions what it means to be truly human.

*Ten Lies about Aids* University of California Press

If exercise is healthy (so good for you!), why do many people dislike or avoid it? These engaging stories and explanations will revolutionize the way you think about exercising—not to mention sitting, sleeping, sprinting, weight lifting, playing, fighting, walking, jogging, and even dancing. “Strikes a perfect balance of scholarship, wit, and enthusiasm.” —Bill Bryson, New York Times best-selling author of *The Body* • If we are born to walk and run, why do most of us take it easy whenever possible? • Does running ruin your knees? • Should we do weights, cardio, or high-intensity training? • Is sitting really the new smoking? • Can you lose weight by walking? • And how do we make sense of the conflicting, anxiety-inducing information about rest, physical activity, and exercise with which we are bombarded? In this myth-busting book, Daniel Lieberman, professor of human evolutionary biology at Harvard University and a pioneering researcher on the evolution of human physical activity, tells the story of how we never evolved to exercise—to do voluntary physical activity for the sake of health. Using his own research and experiences throughout the world, Lieberman recounts without jargon how and why humans evolved to walk, run, dig, and do other necessary and rewarding physical activities while avoiding needless exertion. Exercised is entertaining and enlightening but also constructive. As our increasingly sedentary lifestyles have contributed to skyrocketing rates of obesity and diseases such as diabetes, Lieberman audaciously argues that to become more active we need to do more than medicalize and commodify exercise. Drawing on insights from evolutionary biology and anthropology, Lieberman suggests how we can make exercise more enjoyable, rather than shaming and blaming people for avoiding it. He also tackles the question of whether you can exercise too much, even as he explains why exercise can reduce our vulnerability to the diseases mostly likely to make us sick and kill us.

*Media Mythmakers* American Foundation for AIDS Alternatives

Paralleling the discovery of HIV and the rise of the AIDS pandemic, a flock of naysayers has dedicated itself to replacing genuine knowledge with destructive misinformation—and spreading from the fringe to the mainstream media and the think tank. Now from the editor of the journal *AIDS and Behavior* comes a bold exposé of the scientific and sociopolitical forces involved in this toxic evasion. Denying AIDS traces the origins of AIDS dissidents disclaimers during the earliest days of the epidemic and delves into the psychology and politics of the current denial movement in its various incarnations. Seth Kalichman focuses not on the “difficult” or doubting patient, but on organized, widespread forms of denial (including the idea that HIV itself is a myth and HIV treatments are poison) and the junk science, faulty logic, conspiracy theories, and larger forces of homophobia and racism that fuel them. The malignant results of AIDS denial can be seen in those individuals who refuse to be tested, ignore their diagnoses, or reject the treatments that could save their lives. Instead of ignoring these currents, asserts Kalichman, science has a duty to counter them. Among the topics covered: Why AIDS denialism endures, and why science must understand it. Pioneer virus HIV researcher Peter Duesberg's role in AIDS denialism. Flawed immunological, virological, and pharmacological pseudoscience studies that are central to texts of denialism. The social conservative agenda and the politics of AIDS denial, from the courts to the White House. The impact of HIV misinformation on public health in South Africa. Fighting fiction with reality: anti-denialism and the scientific community. For anyone affected by, interested in, or working with researchers in HIV/AIDS, and public health professionals in general, the insight and vision of Denying AIDS will inspire outrage, discussion, and ultimately action. See <http://denyingaids.blogspot.com/> for more information.

**And The Band Played on** Regnery Publishing

“Unusually accessible and useful . . . An eye-opener to readers into the universality and importance of myth in human history and culture.”—William E. Paden, Chair, Department of Religion, University of Vermont For as long as human beings have had language, they have had myths. Mythology is our earliest form of literary expression and the foundation of all history and morality. Now, in *Parallel Myths*, classical scholar J. F. Bierlein gathers the key myths from all of the world's major traditions and reveals their common themes, images, and meanings. *Parallel Myths* introduces us to the star players in the world's great myths—not only the twelve Olympians of Greek mythology, but the stern Norse Pantheon, the mysterious gods of India,

the Egyptian Ennead, and the powerful deities of Native Americans, the Chinese, and the various cultures of Africa and Oceania. Juxtaposing the most potent stories and symbols from each tradition, Bierlein explores the parallels in such key topics as creation myths, flood myths, tales of love, morality myths, underworld myths, and visions of the Apocalypse. Drawing on the work of Joseph Campbell, Mircea Eliade, Carl Jung, Karl Jaspers, Claude Lévi-Strauss, and others, Bierlein also contemplates what myths mean, how to identify and interpret the parallels in myths, and how mythology has influenced twentieth-century psychology, philosophy, anthropology, and literary studies. "A first-class introduction to mythology . . . Written with great clarity and sensitivity."—John G. Selby, Associate Professor, Roanoke College

*MYCDCGP - National Strategic Plan - Ending AIDS 2016 - 2030* National Academies Press

...a provocative, well-researched book...gives an apt overview of many of the problems facing modern society. -Oakland Press This book should be required reading for all who are caught up in the thrall of US mass media; all who think they are being manipulated, misled, and lied to but are not quite sure how or why this is happening...Written in an appealing style devoid of academic jargon and pontification, this book peels away the myths that mislead and provides the facts. It should be on every library shelf. Essential. -Choice With insight and wit, Benjamin Radford trains his experienced skeptical eye on fear-mongering journalists and activists. The result is a fascinating book that leaves no modern American myth unchallenged. - Barry Glassner, author of *The Culture of Fear* As the lines between advertising, news, and entertainment blur, the ideal of an informed citizenry becomes harder and harder to achieve. We, the American public, aren't sure anymore what to believe, or where to put our money and trust. We know we're being manipulated, misled, and outright lied to by those who seek our support. Whether it comes from advertisers, activists, or the government, the manipulation is constant and pervasive. Those who are supposed to help us understand the world and the problems we face frequently fail us. Journalists and the news media offer entertainment and sensationalism instead of significant information. Politicians and lawmakers who guide our country are little better; instead of real solutions, we are offered merely illusions of change. This hard-hitting critique of our media culture examines not only the ways in which we are deceived, but the media's role in propagating those deceptions. But *Media Mythmakers* goes beyond criticism to give concrete examples of the damage that manipulation of the news causes. From missing children to the aftermath of the September 11 attacks, from the efforts to end slavery to AIDS education, myths and deception in the media threaten us all. While the public is being misled, real problems go unaddressed and resources are wasted on misguided ideas. In an increasingly complex world, where accurate and unbiased information is more important than ever, this book provides a timely and much-needed analysis. Benjamin Radford is managing editor of *Skeptical Inquirer* magazine and editor-in-chief of the Spanish-language magazine *Pensar*, published in Buenos Aires, Argentina. He is the coauthor with Robert Bartholomew of *Hoaxes, Myths, and Manias: Why We Need Critical Thinking*; and a member of the Committee for the Scientific Investigation of Claims of the Paranormal (CSICOP). He has written hundreds of articles on a wide variety of topics, including urban legends, the paranormal, critical thinking, film, and media literacy. Radford is also a columnist for *Skeptical Inquirer* magazine and the *Skeptical Briefs* newsletter, as well as online at [LiveScience.com](http://LiveScience.com) and [MediaMythmakers.com](http://MediaMythmakers.com).

**On Immunity** Graywolf Press

Controversial AIDS reporter Celia Farber collects twenty years of investigative work on AIDS. Building on her much discussed cover story in *Harper's Magazine*--*Out of Control: AIDS and the Corruption of Medical Science*--Celia Farber's *Serious Adverse Events: An Uncensored History Of AIDS* asks important questions about the costs and results of the two-decade long war on AIDS. Here Farber conducts new interviews with controversial AIDS dissidents, including UC Berkeley's Peter Duesberg, UNAM's Harvey Bialy, and Nobelist Kary Mullis. Their views on HIV and cancer--rarely discussed in the mainstream press--are considered at length. Also included are accounts of some of the most dramatic and controversial questions caught up in the fight against AIDS. Farber investigates AIDS co-factors, unexplained causes of immunodeficiency (HIV-negative AIDS), estimates of the AIDS epidemic in Africa, and, perhaps most importantly, drug treatment plans. In 1989, Farber was the first magazine journalist to call attention to the dangers of high-dose AZT monotherapy. In 2000, she took aim at David Ho's hit hard, hit early treatment plan. In both cases, Farber's suspicions turned out to be correct. AIDS drugs, when improperly prescribed or promoted, can be much more deadly than AIDS itself. Farber's candor and extensive research sheds new light on the AIDS epidemic and its important effects on our current state of medical research.

*Good-bye Germ Theory* Oxford University Press

A simple and authoritative challenge to the conventional wisdom about AIDS, this newly revised book probes widely held assumptions about the risks, tests, and treatments associated with this controversial disease. The ideas of the general public--that everyone is at risk, that AIDS is widespread, that HIV is proven to cause AIDS, and that drug treatments or vaccines offer the only hope to resolve health problems associated with AIDS--are refuted, and new information is presented on AIDS in Africa and recent research on the effects of AZT, protease inhibitors, and combo cocktails. A recommended reading list and website directory supply tools for further study, and first-person accounts from naturally healthy HIV-positive men, women, and children give the facts a human face.

*Myth Of Heterosexuality* National Academies Press

Early in the 1980s AIDS epidemic, six gay activists created one of the most iconic and lasting images that would come to symbolize a movement: a protest poster of a pink triangle with the words "Silence = Death." The graphic and the slogan still resonate today, often used--and misused--to brand the entire movement. Cofounder of the collective Silence = Death and member of the art collective Gran Fury, Avram Finkelstein tells the story of how his work and other protest artwork associated with the early years of the pandemic were created. In writing about art and AIDS activism, the formation of collectives, and the political process, Finkelstein reveals a different side of the traditional HIV/AIDS history, told twenty-five years later, and offers a creative toolbox for those who want to learn how to save lives through activism and making art.

**The End of Gender** Harper Collins

Scores of talented and dedicated people serve the forensic science community, performing vitally important work. However, they are often constrained by lack of adequate resources, sound policies, and national support. It is clear that change and advancements, both systematic and scientific, are needed in a number of forensic science disciplines to ensure the reliability of work, establish enforceable standards, and promote best practices with consistent application. *Strengthening Forensic Science in the United States: A Path Forward* provides a detailed plan for addressing

these needs and suggests the creation of a new government entity, the National Institute of Forensic Science, to establish and enforce standards within the forensic science community. The benefits of improving and regulating the forensic science disciplines are clear: assisting law enforcement officials, enhancing homeland security, and reducing the risk of wrongful conviction and exoneration. *Strengthening Forensic Science in the United States* gives a full account of what is needed to advance the forensic science disciplines, including upgrading of systems and organizational structures, better training, widespread adoption of uniform and enforceable best practices, and mandatory certification and accreditation programs. While this book provides an essential call-to-action for congress and policy makers, it also serves as a vital tool for law enforcement agencies, criminal prosecutors and attorneys, and forensic science educators.

*AIDS* Macmillan

AIDS is the most devastating communicable disease in history, and poor countries have been most severely impacted by the pandemic. Since the mid-1990s, the use of antiretroviral drug therapies has dramatically extended life expectancy and improved life quality for those with HIV/AIDS who can afford the costly treatments. Yet even as it raises new hope, this medical advance has intensified ethical and political questions about AIDS. Antiretroviral use by those with money and access throws the contrasting outcomes among AIDS sufferers throughout the world into high relief. It has also revealed what many people with AIDS have known all along: the disease is not only propagated by the virus, but by racism, entrenched poverty, structural inequality, and the legacy of colonial domination and exploitation. *Global AIDS: Myths and Facts* aims to present the facts about HIV/AIDS, and empower people for informed, active participation in the global struggle against this plague. To mobilize the energy, commitment, and resources required for the fight, Irwin and Millen tackle 10 destructive myths that hamper implementation of effective and equitable anti-HIV/AIDS programs. World leaders like Kofi Annan have announced treatment and prevention initiatives that are opening new possibilities. But the authors argue that only sustained political pressure from the grassroots--forging links across national boundaries; professional and social categories; and racial, ethnic, and religious identities--will halt the pandemic's spread.

*The Origins of AIDS* National Academies Press

Now an award-winning documentary feature film The search for a "patient zero"--popularly understood to be the first person infected in an epidemic--has been key to media coverage of major infectious disease outbreaks for more than three decades. Yet the term itself did not exist before the emergence of the HIV/AIDS epidemic in the 1980s. How did this idea so swiftly come to exert such a strong grip on the scientific, media, and popular consciousness? In *Patient Zero*, Richard A. McKay interprets a wealth of archival sources and interviews to demonstrate how this seemingly new concept drew upon centuries-old ideas--and fears--about contagion and social disorder. McKay presents a carefully documented and sensitively written account of the life of Gaétan Dugas, a gay man whose skin cancer diagnosis in 1980 took on very different meanings as the HIV/AIDS epidemic developed--and who received widespread posthumous infamy when he was incorrectly identified as patient zero of the North American outbreak. McKay shows how investigators from the US Centers for Disease Control inadvertently created the term amid their early research into the emerging health crisis; how an ambitious journalist dramatically amplified the idea in his determination to reframe national debates about AIDS; and how many individuals grappled with the notion of patient zero--adopting, challenging and redirecting its powerful meanings--as they tried to make sense of and respond to the first fifteen years of an unfolding epidemic. With important insights for our interconnected age, *Patient Zero* untangles the complex process by which individuals and groups create meaning and allocate blame when faced with new disease threats. What McKay gives us here is myth-smashing revisionist history at its best.

*Serious Adverse Events* BKPCKM

Despite common belief, there is no scientific evidence to this day that AIDS is a contagious disease. The current AIDS theory falls short in predicting the kind of AIDS disease an infected person may be manifesting, and there is no accurate system to determine how long it will take for the disease to develop. In addition, the current HIV/AIDS theory contains no reliable information that can help identify those who are at risk of developing AIDS. On the other hand, published research actually proves that HIV only extremely rarely spreads heterosexually and cannot be responsible for an epidemic that involves millions of AIDS victims around the world. Furthermore, it is an established fact that the retrovirus HIV, which is composed of human gene fragments, is incapable of destroying human cells. However, cell destruction is the main characteristic of every AIDS disease. Even the principal discoverer of HIV, Luc Montagnier, no longer believes that HIV is solely responsible for causing AIDS. In fact, he showed that HIV alone could not cause AIDS. There is increasing evidence that AIDS may be a toxicity syndrome or metabolic disorder that is caused by immunity risk factors, including heroin, sex drugs, antibiotics, commonly prescribed AIDS drugs, rectal intercourse, starvation, malnutrition and dehydration. Dozens of prominent scientists working at the forefront of the AIDS research are now openly questioning the virus hypothesis of AIDS. Find out why! *Ending the AIDS Myth* also shows you what really causes the shutdown of the immune system and what needs to be done to avoid it!

**Preventing and Mitigating AIDS in Sub-Saharan Africa** Ballantine Books

If you believe that seropositivity indicates HIV infection or that AIDS is sexually transmitted, then this book is for you! For much too long, your health has been dangerously exposed to misleading information about AIDS.

*Global AIDS* Ener-Chi.Com

Subtitled *How a tragedy has been distorted by the media and partisan politics*. Counters the predictions of an imminent AIDS epidemic among the general population. In a rapid fire, journalistic style, Fumento, a frequent writer on AIDS, reinterprets figures and conditions, and notes who benefits and who suffers from alarmist publicity. A refreshing, upbeat, AIDS book. Annotation copyrighted by Book News, Inc., Portland, OR

*AIDS Inc* Ener-Chi Wellness Center

During the early years of the AIDS epidemic, thousands of Americans became infected with HIV through the nation's blood supply. Because little reliable information existed at the time AIDS first began showing up in hemophiliacs and in others who had received transfusions, experts disagreed about whether blood and blood products could transmit the disease. During this period of great uncertainty, decisionmaking regarding the blood supply became increasingly difficult and fraught with risk. This volume provides a balanced inquiry into the blood safety controversy, which involves private sexual practices, personal tragedy for the victims of HIV/AIDS, and public confidence in America's blood services system. The book focuses on

critical decisions as information about the danger to the blood supply emerged. The committee draws conclusions about what was done--and recommends what should be done to produce better outcomes in the face of future threats to blood safety. The committee frames its analysis around

four critical areas: Product treatment--Could effective methods for inactivating HIV in blood have been introduced sooner? Donor screening and referral--including a review of screening to exclude high-risk individuals. Regulations and recall of contaminated blood--analyzing decisions by federal agencies and the private sector. Risk communication--examining whether infections could have been averted by better communication of the risks.