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# Tweak Growing Up On Methamphetamines English Edit

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<i>Tweak Growing Up On Methamphetamines English Edit</i>	<i>2022-08-11</i>
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*Leaving Dirty Jersey* IDW Publishing

NATIONAL BESTSELLER • An up-close portrait of the mind of an addict and a life unraveled by narcotics—a memoir of captivating urgency and surprising humor that puts a human face on the opioid crisis. “Raw, brutal, and shocking. Move over, Orange Is the New Black.”—Amy Dresner, author of *My Fair Junkie* When word got out that Tiffany Jenkins was withdrawing from opiates on the floor of a jail cell, people in her town were shocked. Not because of the twenty felonies she’d committed, or the nature of her crimes, or even that she’d been captain of the high school cheerleading squad just a few years earlier, but because her boyfriend was a Deputy Sherriff, and his friends—their friends—were the ones who’d arrested her. A raw and twisty page-turning memoir that reads like fiction, *High Achiever* spans Tiffany’s life as an active opioid addict, her 120 days in a Florida jail where every officer despised what she’d done to their brother in blue, and her eventual recovery. With heart-racing urgency and unflinching honesty, Jenkins takes you inside the grips of addiction and the desperate decisions it breeds. She is a born storyteller who lived an incredible story, from blackmail by an ex-boyfriend to a soul-shattering deal with a drug dealer, and her telling brims with suspense and unexpected wit. But the true surprise is her path to recovery. Tiffany breaks through the stigma and silence to offer hope and inspiration to anyone battling the disease—whether it’s a loved one or themselves.

**Obsessed** Scholastic UK

Inspiration for the Netflix Limited Series, *Tales of the City* The seventh novel in the beloved *Tales of the City* series, Armistead Maupin’s best-selling San Francisco saga. Nearly two decades after ending his groundbreaking *Tales of the City* saga of San Francisco life, Armistead Maupin revisits his all-too-human hero Michael Tolliver—the fifty-five-year-old sweet-spirited gardener and survivor of the plague that took so many of his friends and lovers—for a single day at once mundane and extraordinary... and filled with the everyday miracles of living.

*What Drugs Did to My Family* Harlequin

Traces the author’s painful childhood in a series of foster homes, her deteriorating relationship with her emotionally unstable mother, abuse at the hands of a foster family, and her subsequent efforts to advocate for an improved foster care system.

**Guts** Atheneum Books for Young Readers

The #1 New York Times bestselling author of *Beautiful Boy* explores the transformation of Jarvis Jay Masters who has become one of America’s most inspiring Buddhist practitioners while locked in a cell on death row. Jarvis Jay Masters’s early life was a horror story whose outline we know too well. Born in Long Beach, California, his house was filled with crack, alcohol, physical abuse, and men who paid his mother for sex. He and his siblings were split up and sent to foster care when he was five, and he progressed quickly to juvenile detention, car theft, armed robbery, and ultimately San Quentin. While in prison, he was set up for the murder of a guard—a conviction which landed him on death row, where he’s been since 1990. At the time of his murder trial, he was held in solitary confinement, torn by rage and anxiety, felled by headaches, seizures, and panic attacks. A criminal investigator repeatedly offered to teach him breathing exercises which he repeatedly refused. Until desperation moved him to ask her how to do “that meditation shit.” With uncanny clarity, David Sheff describes Masters’s gradual but profound transformation from a man dedicated to hurting others to one who has prevented violence on the prison yard, counseled high school kids by mail, and helped prisoners—and even guards—find meaning in their lives. Along the way, Masters becomes drawn to the principles that Buddhism espouses—compassion, sacrifice, and living in the moment—and he gains the admiration of Buddhists worldwide, including many of the faith’s most renowned practitioners. And while he is still in San Quentin and still on death row, he is a renowned Buddhist thinker who shows us how to ease our everyday suffering, relish the light that surrounds us, and endure the tragedies that befall us all.

*Trinkets* Harmony

Ava and Lexi, high school seniors and identical twins, created an imaginary triplet, Alicia, to date and dump boys but now they're being stalked and impersonated by the sister they invented--and their former dates are turning up dead.

*We All Fall Down* Orca Book Publishers

THE NEW YORK TIMES BESTSELLER NOW A MAJOR FILM, STARRING STEVE CARELL AND BAFTA AND GOLDEN GLOBE NOMINATED TIMOTHEE CHALAMET 'It was like being in a car with the gas pedal slammed down to the floor and nothing to do but hold on and pretend to have some semblance of control. But control was something I'd lost a long time ago.' Nic Sheff was drunk for the first time at age 11. In the years that followed, he would regularly smoke pot, do cocaine and ecstasy, and develop addictions to crystal meth and heroin. Even so, he felt like he would always be able to quit and put his life together whenever he needed to. It took a violent relapse one summer to convince him otherwise. In a voice that is raw and honest, Nic spares no detail in telling us the compelling true story of his relapse and the road to recovery. He paints an extraordinary picture for us of a person at odds with his past, with his family, with his substances, and with himself. *Tweak* is a raw, harrowing, and ultimately hopeful tale of the road from relapse to recovery and complements his father’s parallel memoir, *Beautiful Boy*. Praise for Nic Sheff:· ‘Difficult to read and impossible to put down.’Chicago Tribune ·Nic Sheff’s wrenching tale is told with electrifying honesty and insight.’ Armistead Maupin

*Growing up on Crystal Meth* Changing Lives Foundation

Bill Clegg had a thriving business as a literary agent, a supportive partner, trusting colleagues, and loving friends when he walked away from his world and embarked on a two-month crack binge. He had been released from rehab nine months earlier, and his relapse would cost him his home, his money, his career, and very nearly his life. What is it that leads an exceptional young mind want to disappear? Clegg makes stunningly clear the attraction of the drug that had him in its thrall, capturing in scene after scene the drama, tension, and paranoid nightmare of a secret life--and the exhilarating bliss that came again and again until it was eclipsed almost entirely by doom. He also explores the shape of addiction, how its pattern--not its cause--can be traced to the past. Portrait of an Addict as a Young Man is an utterly compelling narrative--lyrical, irresistible, harsh, honest, and beautifully written--from which you simply cannot look away.

*21 Years Gone* Harper Collins

The story that inspired the major motion picture *Beautiful Boy* featuring Steve Carell and Timothée Chalamet. This New York Times bestselling memoir of a young man’s addiction to methamphetamine tells a raw, harrowing, and ultimately hopeful tale of the road from relapse to recovery. Nic Sheff was drunk for the first time at age eleven. In the years that followed, he would regularly smoke pot, do cocaine and Ecstasy, and develop addictions to crystal meth and heroin. Even so, he felt like he would always be able to quit and put his life together whenever he needed to. It took a violent relapse one summer in California to convince him otherwise. In a voice that is raw and honest, Nic spares no detail in telling us the compelling, heartbreaking, and true story of his relapse and the road to recovery. As we watch Nic plunge into the mental and physical depths of drug addiction, he paints a picture for us of a person at odds with his past, with his family, with his substances, and with himself. It’s a harrowing portrait—but not one without hope.

*Ice Age* W. W. Norton & Company

For fans of Lisa Wingate’s *Before We Were Yours* and Min Jin Lee’s *Pachinko*, a deeply moving novel that follows two Korean sisters separated by World War II. Korea, 1943. Hana has lived her entire life under Japanese occupation. As a haenyeo, a female diver of the sea, she enjoys an independence that few other Koreans can still claim. Until the day Hana saves her younger sister from a Japanese soldier and is herself captured and transported to Manchuria. There she is forced to become a “comfort woman” in a Japanese military brothel. But haenyeo are women of power and strength. She will find her way home. South Korea, 2011. Emi has spent more than sixty years trying to forget the sacrifice her sister made, but she must confront the past to discover peace. Seeing the healing of her children and her country, can Emi move beyond the legacy of war to find forgiveness? Suspenseful, hopeful, and ultimately redemptive, *White Chrysanthemum* tells a story of two sisters whose love for each other is strong enough to triumph over the grim evils of war.

*The Death and Life of an American Small Town* Ember

By the time Jack was fifteen he was addicted to alcohol and prescription drugs, was hanging out with rock stars in LA and living a life that any teenager would aspire to. And then The Osbournes turned him into a global celebrity. But as much as Jack enjoyed his fame, underneath it all he was still an awkward teenager, using his sense of humour as a shield. And with fame and money came a greater access to drugs - his addictions took a firmer hold on him and his behaviour was soon out of control. In *21 Years Gone* Jack writes with brutal frankness about his descent into addiction and the low point he reached when Sharon was diagnosed with cancer. Scared that his mum might die, Jack retreated further into his alcoholic shell, hating who he was, hating what he did. Every night he would get into bed and pray for God to take his life. When Sharon realised what was happening she told Jack he had to go to rehab - and slowly he turned his life around. Discovering a passion for extreme sports, he went from overweight and unfit to the lean young man he is today - courtesy of such adventures as running with the bulls in Pamplona, fighting a Thai martial arts expert known only as 'The Man' and scaling El Capitan, one of the world's toughest climbs. By turns funny, disarmingly honest and moving, *21 Years Gone* is the amazing story of young man who has confronted his demons and defeated them.

**The Third Twin** Macmillan

Runner-up winner of the Hamilton Book Author Award, this book is a comprehensive overview of the neurobiology behind addictions. Neuroscience is clarifying the causes of compulsive alcohol and drug use--while also shedding light on what addiction is, what it is not, and how it can best be treated--in exciting and innovative ways. Current neurobiological research complements and enhances the approaches to addiction traditionally taken in social work and psychology. However, this important research is generally not presented in a forthright, jargon-free way that clearly illustrates its relevance to addiction professionals. The Science of Addiction presents a comprehensive overview of the roles that brain function and genetics play in addiction. It explains in an easy-to-understand way changes in the terminology and characterization of addiction that are emerging based upon new neurobiological research. The author goes on to describe the neuroanatomy and function of brain reward sites, and the genetics of alcohol and other drug dependence. Chapters on the basic pharmacology of stimulants and depressants, alcohol, and other drugs illustrate the specific and unique ways in which the brain and the central nervous system interact with, and are affected by, each of these substances Erickson discusses current and emerging treatments for chemical dependence, and how neuroscience helps us understand the way they work. The intent is to encourage an understanding of the body-mind connection. The busy clinical practitioner will find the chapter on how to read and interpret new research findings on the neurobiological basis of addiction useful and illuminating. This book will help the almost 21.6 million Americans, and millions

more worldwide, who abuse or are dependent on drugs by teaching their caregivers (or them) about the latest addiction science research. It is also intended to help addiction professionals understand the foundations and applications of neuroscience, so that they will be able to better empathize with their patients and apply the science to principles of treatment.

**How One Man Found Light in the Darkest Place** Little, Brown Books for Young Readers

"[An] unnerving and heartrending memoir..."—Publishers Weekly A fast-paced memoir that gives readers a glimpse into the unbelievable reality of a young girl's 16 months in the notorious "tough love" program the ACLU called "a concentration camp for throwaway kids." I never was a badass. Or a slut, a junkie, a stoner, like they told me I was. I was just a kid looking for something good, something that felt like love. I was a wannabe in a Levi's jean jacket. Anybody could see that. Except my mother. And the professionals at Straight. From the outside, Straight Inc. was a drug rehab. But on the inside it was...well, it was something else. All Cyndy wanted was to be loved and accepted. By age fourteen, she had escaped from her violent home, only to be reported as a runaway and sent to a "drug rehabilitation" facility that changed her world. To the public, Straight Inc. was a place of recovery. But behind closed doors, the program used bizarre and intimidating methods to "treat" its patients. In her raw and fearless memoir, Cyndy Etler recounts her sixteen months in the living nightmare that Straight Inc. considered "healing."

[The White Horse](#) Simon and Schuster

Elizabeth Burton Phillips is a teacher, an ordinary middle-class mother who had always tried to do the best for her children; she never imagined that her identical twin sons, who had been doing so well at school, would become involved in drugs. She was shocked when they were suspended from school for smoking cannabis; but this was just the start of a terrible, unimaginable journey - culminating in the knock on the door in the early hours by the police. They gave her the devastating news that her son Nick had killed himself in despair at his heroin addiction. Since his death, Elizabeth has campaigned tirelessly to make parents aware of the pain and suffering caused to families by drug addiction; and her surviving twin, Simon, now drug-free, has contributed his own thoughts to this inspiring and moving book.

[The Endless Follies and Tiny Triumphs of a Giant Disaster](#) Simon and Schuster

Garnering a vast amount of attention from young people and parents, and from book buyers across the country, *Smashed* became a media sensation and a New York Times bestseller. Eye-opening and utterly gripping, Koren Zailckas's story is that of thousands of girls like her who are not alcoholics—yet—but who routinely use booze as a shortcut to courage and a stand-in for good judgment. With one stiff sip of Southern Comfort at the age of fourteen, Zailckas is initiated into the world of drinking. From then on, she will drink faithfully, fanatically. In high school, her experimentation will lead to a stomach pumping. In college, her excess will give way to a pattern of self-poisoning that will grow more destructive each year. At age twenty-two, Zailckas will wake up in an unfamiliar apartment in New York City, elbow her friend who is passed out next to her, and ask, "Where are we?" *Smashed* is a sober look at how she got there and, after years of blackouts and smashups, what it took for her to realize she had to stop drinking. *Smashed* is an astonishing literary debut destined to become a classic.

[8 Keys to Safe Trauma Recovery: Take-Charge Strategies to Empower Your Healing \(8 Keys to Mental Health\)](#) Simon and Schuster

COMING SOON TO NETLIX! The Shoplifters Anonymous meetings that sixteen-year-old Moe is forced to attend are usually punctuated by the snores of an old man and the whining of the world's unhappiest housewife. Until the day that Tabitha Foster and Elodie Shaw walk in. Tabitha has just about everything she wants: money, friends, popularity, a hot boyfriend who worships her...and clearly a yen for stealing. So does Elodie, who, despite her goodie-two-shoes attitude pretty much has "klepto" written across her forehead in indelible marker. But both of them are nothing compared to Moe, a bad girl with an even worse reputation. Tabitha, Elodie, and Moe: a beauty queen, a wallflower, and a burnout—a more unlikely trio high school has rarely seen. And yet, when Tabitha challenges them to a steal-off, so begins a strange alliance linked by the thrill of stealing and the reasons that spawn it. Hollywood screenwriter Kirsten Smith tells this story from multiple perspectives with humor and warmth as three very different girls who are supposed to be learning the steps to recovery end up learning the rules of friendship.

[Dead Inside](#) Piatkus

"This is a story she needed to tell; and the rest of the country needs to listen." — New York Times Book Review "This vital memoir will change how we look at the opioid crisis and how the media talks about it. A deeply moving and emotional read, *STRUNG OUT* challenges our preconceived ideas of what addiction looks like." —Stephanie Land, New York Times bestselling author of *Maid* In this deeply personal and illuminating memoir about her fifteen-year struggle with heroin, Khar sheds profound light on the opioid crisis and gives a voice to the over two million people in America currently battling with this addiction. Growing up in LA, Erin Khar hid behind a picture-perfect childhood filled with excellent grades, a popular group of friends and horseback riding. After first experimenting with her grandmother's expired painkillers, Khar started using heroin when she was thirteen. The drug allowed her to escape from pressures to be perfect and suppress all the heavy feelings she couldn't understand. This fiercely honest memoir explores how heroin shaped every aspect of her life for the next fifteen years and details the various lies she told herself, and others, about her drug use. With enormous heart and wisdom, she shows how the shame and stigma surrounding addiction, which fuels denial and deceit, is so often what keeps addicts from getting help. There is no one path to recovery, and for Khar, it was in motherhood that she found the inner strength and self-forgiveness to quit heroin and fight for her life. *Strung Out* is a life-affirming story of resilience while also a gripping investigation into the psychology of addiction and why people turn to opioids in the first place.

[Smashed](#) Bloomsbury Publishing USA

This "visual dictionary incorporates more than 12,000 terms into over 2,000 ... full-color illustrations, organized by subject, from all aspects of life. The book is divided into 10 chapters and covers 350 topics from a wide variety of fields, including astronomy, clothing, music, food and kitchen, transportation, weather, sports and games, and travel"--Publisher marketing.

[What Families and Friends Need to Know about Addiction and Recovery](#). Sourcebooks, Inc.

This award-winning book covers critical topics: - Why a person does not have to hit rock-bottom - When helping is actually hurting - How to deal with a relapse - Why effective intervention doesn't have to be a surprise attack Achieve the peace of mind that comes from knowing what works, what doesn't and why. Why Don't They JUST QUIT? provides the answers you so desperately seek.

[Permanent Record](#) Open Road Media

Laurel Daneau has moved on to a new life, in a new town, but inside she's still reeling from the loss of her beloved mother and grandmother after Hurricane Katrina washed away their home. Laurel's new life is going well, with a new best friend, a place on the cheerleading squad and T-Boom, co-captain of the basketball team, for a boyfriend. Yet Laurel is haunted by voices and memories from her past. When T-Boom introduces Laurel to meth, she immediately falls under its spell, loving the way it erases, even if only briefly, her past. But as she becomes alienated from her friends and family, she becomes a shell of her former self, and longs to be whole again. With help from an artist named Moses and her friend Kaylee, she's able to begin to rewrite her story and start to move on from her addiction. Incorporating Laurel's bittersweet memories of life before and during the hurricane, this is a stunning novel by one of our finest writers. Jacqueline Woodson's haunting - but ultimately hopeful - story is beautifully told and one readers will not want to miss.

[Tweaked](#) Simon and Schuster

Sixteen-year-old Gordie Jessup is a good kid but he's living a nightmare. His eighteen-year-old brother Chase's two-year addiction to crystal meth has left their family emotionally and financially drained. And just when Gordie thinks he can no longer stand the manipulating, the lying and the stealing, things get even worse. Chase is arrested for aggravated assault, released on bail and sent home to his family. But his dealers are after him and Chase appeals to Gordie for help. Gordie, disgusted with his brother and fully aware that it's a gamble, risks everything he has in the hope of bringing his family some peace.