# Being Mortal Medicine Mortality And What Matters I

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Being Mortal Medicine Mortality And What Matters I

2023-04-19

### **SHYANNE CARNEY**

## Just Human Metropolitan Books

An unforgettable, illuminating story of how men live and how they survive, from Abraham Verghese, the acclaimed New York Times bestselling author of Cutting for Stone and The Covenant of Water, an Oprah's Book Club Pick. "Heartbreaking. . . . Indelible and haunting, [The Tennis Partner] is an elegy to friendship found, and an ode to a good friend lost."—The Boston Globe When Abraham Verghese, a physician whose marriage is unraveling, relocates to El Paso, Texas, he hopes to make a fresh start as a staff member at the county hospital. There he meets David Smith, a medical student recovering from drug addiction, and the two men begin a tennis ritual that allows them to shed their inhibitions and find security in the sport they love and with each other. This friendship between doctor and intern grows increasingly rich and complex, more intimate than two men usually allow. Just when it seems nothing can go wrong, the dark beast from David's past emerges once again—and almost everything Verghese has come to trust and believe in is threatened as David spirals out of control.

When Breath Becomes Air Createspace Independent Publishing Platform

Being Mortal: by Atul Gawande | Conversation Starters Limited Time Offer: \$3.99 (\$4.99) Being Mortal, Atul Gawande's latest medical book, tackles the difficult task of talking about topics of mortality and death. Gawande presents readers with his own experiences observing people in endof-life care. He shows readers what end-of-life care is like in nursing homes, hospitals, assisted living homes, and hospice. He shows readers the downfall of a medical system that is solely focused on keeping the patient alive rather than focusing on their quality of life. Gawande gives readers a glimpse into what end-of-life care is like and the difficult decisions that must be made during this time through real-life stories of individuals and their families facing end-of-life care. Being Mortal became the basis for a "Frontline" documentary on the television network PBS in 2015. It received a longlist nomination for the Samuel Johnson Prize for Non-Fiction in 2014. A Brief Look Inside: EVERY GOOD BOOK CONTAINS A WORLD FAR DEEPERthan the surface of its pages. The characters and their world come alive, and the characters and its world still live on. Conversation Starters is peppered with questions designed tobring us beneath the surface of the pageand invite us into the world that lives on. These questions can be used to... Create Hours of Conversation: \* Foster a deeper understanding of the book\* Promote an atmosphere of discussion for groups\* Assist in the study of the book, either individually or corporately\* Explore unseen realms of the book as never seen beforeDisclaimer: This book you are about to enjoy is an independent resource to supplement the original book, enhancing your experience of Being Mortal. If you have not yet purchased a copy of the original book, please do before purchasing this unofficial Conversation Starters. Download your copy today for a Limited Time Discount: \$3.99 (\$4.99) Read it on your PC, Mac, iOS or Android smartphone, tablet and Kindle devices.

**Cheating Death** Createspace Independent Publishing Platform

#1 NEW YORK TIMES BESTSELLER • PULITZER PRIZE FINALIST • This inspiring, exquisitely observed memoir finds hope and beauty in the face of insurmountable odds as an idealistic young neurosurgeon attempts to answer the question What makes a life worth living? NAMED ONE OF PASTE'S BEST MEMOIRS OF THE DECADE • NAMED ONE OF THE BEST BOOKS OF THE YEAR BY The New York Times Book Review • People • NPR • The Washington Post • Slate • Harper's Bazaar • Time Out New York • Publishers Weekly • BookPage Finalist for the PEN Center USA Literary Award in Creative Nonfiction and the Books for a Better Life Award in Inspirational Memoir At the age of thirty-six, on the verge of completing a decade's worth of training as a neurosurgeon, Paul Kalanithi was diagnosed with stage IV lung cancer. One day he was a doctor treating the dying, and the next he was a patient struggling to live. And just like that, the future he and his wife had imagined evaporated. When Breath Becomes Air chronicles Kalanithi's transformation from a naïve medical student "possessed," as he wrote, "by the question of what, given that all organisms die, makes a virtuous and meaningful life" into a neurosurgeon at Stanford working in the brain, the most critical place for human identity, and finally into a patient and new father confronting his own mortality. What makes life worth living in the face of death? What do you do when the future, no longer a ladder toward your goals in life, flattens out into a perpetual present? What does it mean to have a child, to nurture a new life as another fades away? These are some of the questions Kalanithi wrestles with in this profoundly moving, exquisitely observed memoir. Paul Kalanithi died in March 2015, while working on this book, yet his words live on as a guide and a gift to us all. "I began to realize that coming face to face with my own mortality, in a sense, had changed nothing and everything," he wrote. "Seven words from Samuel Beckett began to repeat in my head: 'I can't go on. I'll go on.'" When Breath Becomes Air is an unforgettable, life-affirming reflection on the challenge of facing death and on the relationship between doctor and patient, from a brilliant writer who became both.

Summary of Being Mortal by Atul Gawande - Conversation Starters Grand Central Life & Style What happens to us as we die? Discover the answers in this exclusive 25th anniversary edition of Sherwin B Nuland's seminal book With a foreword by Paul Kalanithi, bestselling author of When Breath Becomes Air. There are many books intended to help people deal with the trauma of bereavement, but few which explore the reality of death itself. Sherwin B. Nuland - with over thirty years' experience as a surgeon - explains in detail the processes which take place in the body and strips away many illusions about death. The result is a unique and compelling book, addressing the one final fact that all of us must confront. 'I don't know of any writer or scientist who has shown us the face of death as clearly, honestly and compassionately as Sherwin Nuland does here' James Gleick, author of Chaos

Being Mortal: by Atul Gawande | Conversation Starters Oxford University Press

#1 New York Times Bestseller In Being Mortal, bestselling author Atul Gawande tackles the hardest challenge of his profession: how medicine can not only improve life but also the process of its ending Medicine has triumphed in modern times, transforming birth, injury, and infectious disease from harrowing to manageable. But in the inevitable condition of aging and death, the goals of medicine seem too frequently to run counter to the interest of the human spirit. Nursing homes, preoccupied with safety, pin patients into railed beds and wheelchairs. Hospitals isolate the dying, checking for vital signs long after the goals of cure have become moot. Doctors, committed to extending life,

continue to carry out devastating procedures that in the end extend suffering. Gawande, a practicing surgeon, addresses his profession's ultimate limitation, arguing that quality of life is the desired goal for patients and families. Gawande offers examples of freer, more socially fulfilling models for assisting the infirm and dependent elderly, and he explores the varieties of hospice care to demonstrate that a person's last weeks or months may be rich and dignified. Full of eye-opening research and riveting storytelling, Being Mortal asserts that medicine can comfort and enhance our experience even to the end, providing not only a good life but also a good end. *At Peace* Metropolitan Books

This review of Being Mortal: Medicine and What Matters in the End by Atul Gawande provides a chapter by chapter detailed summary followed by an analysis and critique of the strengths and weaknesses of this book. Gawande draws on clinical studies, case histories and stories from his own experiences as a doctor and a son to illuminate the subject of mortality relative to modern medical systems. His treatment of the subject covers a broad range of institutions and individuals that shape the lives of the aged and terminally ill. The central thesis of the book is that the experience of the end of life has been problematized and addressed by medical models that place extending life over quality of life and institutional frameworks that place safety and efficiency over the ability for people to have autonomy over the last part of their lives. Gawande is a surgeon at Brigham and Women's Hospital and a professor at the Harvard Medical School. He is a writer at The New Yorker magazine and author of three New York Times bestselling books. Download your copy today! Available on PC, Mac, smart phone, tablet or Kindle device. (c) 2015 All Rights Reserved

Summary and Analysis of Being Mortal Createspace Independent Publishing Platform A photo-filled history of the world-renowned medical center, based on the award-winning PBS documentary by Ken Burns, Erik Ewers, and Christopher Loren Ewers. On September 30, 1889, W.W. Mayo and his sons Will and Charlie performed the very first operation at a brand-new Catholic hospital in Rochester, Minnesota. It was called Saint Mary's. The hospital was born out of the devastation of a tornado that had struck the town six years earlier, after which Mother Alfred Moes of the Sisters of Saint Francis told the Mayos that she had a vision of building a hospital that would "become world renowned for its medical arts." Based on the film by acclaimed documentary filmmaker Ken Burns, The Mayo Clinic: Faith, Hope, Science chronicles the history of this unique organization, from its roots as an unlikely partnership between a country doctor and a Franciscan order of nuns to its position today as a worldwide model for patient care, research, and education. Featuring more than 400 compelling archival and modern images, as well as the complete script from the film, the book demonstrates how the institution's remarkable history continues to inspire the way medicine is practiced there today. In addition, case studies reveal patients, doctors, and nurses in their most private moments as together they face difficult diagnoses and embark on uncertain treatments. The film and this companion book tell the story of an organization that has managed to stay true to its primary value: The needs of the patient come first. Together they make an important contribution to the critical discussions about the delivery of health care today in America—and the world.

 $\underline{\textbf{Better}} \ \textbf{Createspace Independent Publishing Platform}$ 

PLEASE NOTE: This is a summary and analysis of the book and not the original book. If you'd like to purchase the original book, please paste this link in your browser: https://amzn.to/2laF7gh Author and physician Atul Gawande analyzes the diverse and problematic landscape of end-of-life care By providing examples of the good and bad, Gawande shows that we as a society can do much better for the elderly and dying. Click "Buy Now with 1-Click" to own your copy today! What does this ZIP Reads Summary Include? Synopsis of the original book A detailed look at our current "medical approach" to death An argument for a more palliative approach to death and dying An in-depth editorial review Background on the author About the Original Book: Gawande's book is a measured, insightful criticism of the medical model of end-of-life care. He convincingly shows that a palliative model of care not only improves the quality of our last days, but it even seems to prolong life better than its counterpart. Anyone interested in end-of-life issues, ethics, gerontology, or medicine will enjoy this book, but Gawande's anecdotal style makes this an appealing, approachable read for just about anyone. DISCLAIMER: This book is intended as a companion to, not a replacement for, Being Mortal: Medicine and What Matters in the End. ZIP Reads is wholly responsible for this content and is not associated with the original author in any way. Please follow this link: https://amzn.to/2laF7gh to purchase a copy of the original book. We are a participant in the Amazon Services LLC Associates Program, an affiliate advertising program designed to provide a means for us to earn fees by linking to Amazon.com and affiliated sites.

Knocking on Heaven's Door Hachette UK

Imagine Being On Your Death Bed... Who do you want to be around you? How would you like to be treated? Death... is indeed a heavy topic. In Being Mortal, Atul Gawande addresses end-of-life care, hospice care and his personal reflections and stories. It has been said that if we live each day as if it was our last, one day we'd surely be right. Life and death is an interesting paradox isn't it? We don't carry anything to Earth when we are born... ... and we can't take anything with us when we are gone. All we have left is the memories of the people we've touched, the things we've created and our legacy. Being Mortal is written by Atul Gawande and first published in 2014. It is truly a valuable book since death is such a heavy topic and not many people want to talk about it. Is end-of-life care good enough? What else can we do to help patients who are facing the end of life? Here's what you'll discover... --- Chapter 1: Being Old - Being More Independent --- Chapter 2: Falling Apart --- Chapter 3: Depending on Others --- Chapter 4: The Assistance Necessary --- Chapter 5: How to Improve Nursing Home Life --- Chapter 6: At the End --- Chapter 8: Bravery: Why It's Needed --- And so much more. We only truly understand life when we understand death. If you're ready to get more perspectives on life, click on the BUY NOW button and start reading this summary book NOW! ---------- Why Grab Summareads' Summary Books? --- Unparalleled Book Summaries... learn more with less time. --- Bye Fluff... get the vital principles of a full-length book in a limited time. --- Come Comprehensive... handy companion that can be reviewed side by side the original book --- Hello Facts... we will never inject our opinions into the original works of the authors --- Actionable Now... because knowledge is only potential power ------ Disclaimer: This is an unauthorized book summary. We are not affiliated or sponsored by the original authors or publishers in anyway. In every summary book, you'll realize that it is a great resource for personal development and growth. Nevertheless, we encourage purchasing BOTH the original books and our summary book as your

retention for the subject matter will be greatly amplified.

Summary Little, Brown Spark

Being Mortal: Story Shortened into 35 minutes or less! Being Mortal is a book written by Atul Gawande and it is a book that closely observes concepts of death, aging and mortality. When trying to bring these topics to his readers as closest as possible, Gawande uses many examples from real life. Some of them include examples of case studies of his fellow doctors, while some of them include his own research, which he did while observing his own patients and even family members. This book is also a good guide for people who want to know how to live and how to help their family members through their last days, months or years of life. In his book, Gawande also speaks about how elderly people take care of themselves and how do they live when taking care of themselves becomes impossible due to sickness and/or old age. Here he tries to objectively comprehend everything that institutions like hospitals, nursing homes and hospices offer and offers both negative and positive aspects of those institutions. To show his readers that what he is talking about in his book is genuine and authentic, Gawande uses many personal stories that are intermingled with each of segments mentioned above. Being Mortal is an interesting literature, because even though it talks about 'heavy' things like mortality, aging and the inevitable death, it does so by objectively talking about that from a perspective of an expert. Here Is A Preview Of What You Will Get: In Being Mortal, you will get a shortened version of the story In Being Mortal, you will find the book analyzed to further strengthen your knowledge. In Being Mortal, you will get some fun multiple choice quizzes, along with answers to help you learn about the book. Get a copy, and learn everything about Being Mortal.

#### Between Life and Death Random House

NATIONAL BESTSELLER The New York Times bestselling author of Being Mortal and Complications examines, in riveting accounts of medical failure and triumph, how success is achieved in a complex and risk-filled profession The struggle to perform well is universal: each one of us faces fatigue, limited resources, and imperfect abilities in whatever we do. But nowhere is this drive to do better more important than in medicine, where lives are on the line with every decision. In this book, Atul Gawande explores how doctors strive to close the gap between best intentions and best performance in the face of obstacles that sometimes seem insurmountable. Gawande's gripping stories of diligence, ingenuity, and what it means to do right by people take us to battlefield surgical tents in Iraq, to labor and delivery rooms in Boston, to a polio outbreak in India, and to malpractice courtrooms around the country. He discusses the ethical dilemmas of doctors' participation in lethal injections, examines the influence of money on modern medicine, and recounts the astoundingly contentious history of hand washing. And as in all his writing, Gawande gives us an inside look at his own life as a practicing surgeon, offering a searingly honest firsthand account of work in a field where mistakes are both unavoidable and unthinkable. At once unflinching and compassionate, Better is an exhilarating journey narrated by "arguably the best nonfiction doctor-writer around" (Salon). Gawande's investigation into medical professionals and how they progress from merely good to great provides rare insight into the elements of success, illuminating every area of human endeavor.

# **Being Mortal Crossway**

A Complete Summary of Being Mortal: Medicine and What Matters in the End. Being Mortal is a book written by Atul Gawande, and it is a book that closely follows concepts of death, aging and mortality. When trying to bring these topics to his readers as close as possible, Gawande uses many examples from real life. Some of them include examples of case studies of his fellow doctors, while some of them include his own research, which he did while observing his own patients and even family members. This book is also a good guide for people who want to know how to live and how to help their family members through their last days, months or years of life. In his book, Gawande also speaks about how elderly people take care of themselves and how do they live when taking care of themselves becomes impossible because of sickness and/or old age. Here, he tries to objectively comprehend everything that institutions like hospitals, nursing homes and hospices offer. To show his readers that what he is talking about in his book is genuine, Gawande uses many personal stories. Being Mortal is interesting because, even though it talks about 'heavy' topics like mortality, aging and the unavoidable death, it does so by objectively talking about them from the view point of an expert. Here is a Preview of What You Will Get - A Complete Chapter by Chapter Summary of Being Mortal - An in depth analysis of the book - Quiz and Quiz Answers. Get a copy, and learn everything about Being Mortal

# **How We Die** ZIP Reads

A revolutionary guide for understanding and changing the ways we connect. Empathy is undergoing a new evolution. In a global and interconnected culture, we can no longer afford to identify only with people who seem to be a part of our "tribe." As Dr. Helen Riess has learned, our capacity for empathy is not just an innate trait—it is also a skill that we can learn and expand. With The Empathy Effect, Dr. Riess presents a definitive resource on empathy: the science behind how it works, new research on how empathy develops from birth to adulthood, and tools for building your capacity to create authentic emotional connection with others in any situation. Dr. Riess emerged as a leading researcher on empathy by creating a breakthrough training curriculum now used internationally in health care, law enforcement, business, and education. Drawing from this successful program and the latest science, she presents the E.M.P.A.T.H.Y.® method—a powerful seven-step system for understanding and increasing empathy, starting with Eye Contact and ending with Your Reaction. "Nourishing empathy lets us help not just ourselves," says Dr. Riess, "but also everyone we interact with, whether for a moment or a lifetime." This paperback edition of The Empathy Effect will introduce you to methods that can revolutionize the way you understand yourself, relate to your loved ones, and connect to every person in your life.

<u>Summary & Analysis of Being Mortal</u> Instaread Summaries

Outlines a less invasive, more humane approach to end-of-life care, sharing the stories of the author's parents and explaining the political and technological factors that are interfering with patient preferences.

Summary Being Mortal Summareads Media LLC

The New York Times bestselling author of Being Mortal and Complications reveals the surprising power of the ordinary checklist We live in a world of great and increasing complexity, where even the most expert professionals struggle to master the tasks they face. Longer training, ever more advanced technologies—neither seems to prevent grievous errors. But in a hopeful turn, acclaimed surgeon and writer Atul Gawande finds a remedy in the humblest and simplest of techniques: the checklist. First introduced decades ago by the U.S. Air Force, checklists have enabled pilots to fly aircraft of mind-boggling sophistication. Now innovative checklists are being adopted in hospitals around the world, helping doctors and nurses respond to everything from flu epidemics to avalanches. Even in the immensely complex world of surgery, a simple ninety-second variant has cut the rate of fatalities by more than a third. In riveting stories, Gawande takes us from Austria, where an emergency checklist saved a drowning victim who had spent half an hour underwater, to Michigan, where a cleanliness checklist in intensive care units virtually eliminated a type of deadly

hospital infection. He explains how checklists actually work to prompt striking and immediate improvements. And he follows the checklist revolution into fields well beyond medicine, from disaster response to investment banking, skyscraper construction, and businesses of all kinds. An intellectual adventure in which lives are lost and saved and one simple idea makes a tremendous difference, The Checklist Manifesto is essential reading for anyone working to get things right. Modern Death Rosetta Books

Being Mortal: A Complete Summary! Being Mortal is a book written by Atul Gawande, and it is a book that closely follows concepts of death, aging and mortality. When trying to bring these topics to his readers as close as possible, Gawande uses many examples from real life. Some of them include examples of case studies of his fellow doctors, while some of them include his own research, which he did while observing his own patients and even family members. This book is also a good guide for people who want to know how to live and how to help their family members through their last days, months or years of life. In his book, Gawande also speaks about how elderly people take care of themselves and how do they live when taking care of themselves becomes impossible because of sickness and/or old age. Here, he tries to objectively comprehend everything that institutions like hospitals, nursing homes and hospices offer. To show his readers that what he is talking about in his book is genuine, Gawande uses many personal stories. Being Mortal is interesting because, even though it talks about 'heavy' topics like mortality, aging and the unavoidable death, it does so by objectively talking about them from the view point of an expert. Here Is A Preview of What You Will Get: - A summarized version of the book. - You will find the book analyzed to further strengthen your knowledge. - Fun multiple-choice quizzes, along with answers to help you learn about the book. Get a copy, and learn everything about Being Mortal. The Mayo Clinic HarperCollins

A brilliant and courageous doctor reveals, in gripping accounts of true cases, the power and limits of modern medicine. Sometimes in medicine the only way to know what is truly going on in a patient is to operate, to look inside with one's own eyes. This book is exploratory surgery on medicine itself, laying bare a science not in its idealized form but as it actually is -- complicated, perplexing, and profoundly human. Atul Gawande offers an unflinching view from the scalpel's edge, where science is ambiguous, information is limited, the stakes are high, yet decisions must be made. In dramatic and revealing stories of patients and doctors, he explores how deadly mistakes occur and why good surgeons go bad. He also shows us what happens when medicine comes up against the inexplicable: an architect with incapacitating back pain for which there is no physical cause; a young woman with

nausea that won't go away; a television newscaster whose blushing is so severe that she cannot do her job. Gawande offers a richly detailed portrait of the people and the science, even as he tackles the paradoxes and imperfections inherent in caring for human lives. At once tough-minded and humane, Complications is a new kind of medical writing, nuanced and lucid, unafraid to confront the conflicts and uncertainties that lie at the heart of modern medicine, yet always alive to the possibilities of wisdom in this extraordinary endeavor. Complications is a 2002 National Book Award

Finalist for Nonfiction.

Ordinary Medicine Metropolitan Books

Summary of Being Mortal by Atul Gawande | Conversation Starters Being Mortal, Atul Gawande's latest medical book, tackles the difficult task of talking about topics of mortality and death. Gawande presents readers with his own experiences observing people in end-of-life care. He shows readers what end-of-life care is like in nursing homes, hospitals, assisted living homes, and hospice. He shows readers the downfall of a medical system that is solely focused on keeping the patient alive rather than focusing on their quality of life. Gawande gives readers a glimpse into what end-oflife care is like and the difficult decisions that must be made during this time through real-life stories of individuals and their families facing end-of-life care. Being Mortal became the basis for a "Frontline" documentary on the television network PBS in 2015. It received a longlist nomination for the Samuel Johnson Prize for Non-Fiction in 2014. A Brief Look Inside: EVERY GOOD BOOK CONTAINS A WORLD FAR DEEPER than the surface of its pages. The characters and their world come alive, and the characters and its world still live on. Conversation Starters is peppered with questions designed to bring us beneath the surface of the page and invite us into the world that lives on. These questions can be used to... Create Hours of Conversation: \* Promote an atmosphere of discussion for groups \* Foster a deeper understanding of the book \* Assist in the study of the book, either individually or corporately \* Explore unseen realms of the book as never seen before Disclaimer: This book you are about to enjoy is an independent resource meant to supplement the original book. If you have not yet read the original book, we encourage to do before purchasing this unofficial Conversation Starter.

Blessings of Being Mortal Createspace Independent Publishing Platform

Conversation Starters - Being Mortal by Atul Gawande A Brief Look Inside: Being Mortal, Atul Gawande's latest medical book, tackles the difficult task of talking about topics of mortality and death. Gawande presents readers with his own experiences observing people in end-of-life care. He shows readers what end-of-life care is like in nursing homes, hospitals, assisted living homes, and hospice. He shows readers the downfall of a medical system that is solely focused on keeping the patient alive rather than focusing on their quality of life. Gawande gives readers a glimpse into what end-of-life care is like and the difficult decisions that must be made during this time through real-life stories of individuals and their families facing end-of-life care. Being Mortal became the basis for a "Frontline" documentary on the television network PBS in 2015. It received a longlist nomination for the Samuel Johnson Prize for Non-Fiction in 2014. EVERY GOOD BOOK CONTAINS A WORLD FAR DEEPER than the surface of its pages. The characters and their world come alive, and the characters and its world still live on. Conversation Starters is peppered with questions designed to bring us beneath the surface of the page and invite us into the world that lives on. These questions can be used to.. Create Hours of Conversation: - Foster a deeper understanding of the book - Promote an atmosphere of discussion for groups - Assist in the study of the book, either individually or corporately - Explore unseen realms of the book as never seen before Disclaimer: This book you are about to enjoy is an independent resource to supplement the original book, enhancing your experience of Being Mortal. If you have not yet purchased a copy of the original book, please do before purchasing this unofficial Conversation Starters.

<u>Conversations on Being Mortal by Atul Gawande</u> Farrar, Straus and Giroux

"To prepare yourself to make difficult medical decisions in a distinctly Christian way, you won't do better than to read Between Life and Death." —Tim Challies Modern medical advances save countless lives. But for all their merits, sophisticated technologies have created a daunting new challenge, namely a blurring of the expanse between life and death. The dying process is often hidden behind a complex web of medical terminology, statistics, and ethical decisions, making it difficult for patients and loved ones to know how to approach the end of life in a dignity-affirming, Godhonoring, faith-filled way. This book offers a distinctly Christian guide to end-of-life care. It equips readers by explaining common medical jargon, exploring biblical principles that connect to common medical situations, and offering guidance for making critical decisions. In these pages, readers will find the medical knowledge and scriptural wisdom they need to navigate this painful and confusing process with clarity, peace, and discernment.