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# Equipose The Life And Work Of Alfredo Corvino Con

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*Equipose The  
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**WALKER ADRIENNE**

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*Phenomenology World-  
Wide* Springer Science  
& Business Media

Phenomenology is the philosophy of our times. Through the entire twentieth century this philosophy unfolded and flourished, following stepwise the intrinsic

logic and dynamism of its original project as proposed by its founder Edmund Husserl. Now its seminal ideas have been handed over to a new era. The worldwide contributors to this volume make it manifest that phenomenological inspiration knows no cultural barriers. It penetrates and invigorates not only philosophical disciplines but also most of the sectors of knowledge, transforming our way of seeing the world, our actions toward others, and our lives. Phenomenology's universal spread has, however, oftentimes diluted its original sense, even beyond recognition, and led to a weakening of its dynamics. There is at

present an urgent need to retrieve the original understanding of phenomenology, to awaken its dormant forces and redirect them. This is the aim of the present book: resourcement and reinvigoration. It is meant to be not only a reference work but also a guide for research and study. To restore the authentic vision of phenomenology, we propose returning to its foundational source in Husserl's project of a 'universal science', unpacking all its creative capacities. In the three parts of this work there are traced the stages of this philosophy's progressive uncovering of the grounding levels of reality: ideal structures, constitutive consciousness, the intersubjective

lifeworld, and beyond. The key concepts and phases of Husserl's thought are here exfoliated. Then the thought of the movement's classical figures and of representative thinkers in succeeding generations is elucidated. Phenomenology's geographic spread is reviewed. We then proceed to the culminating work of this philosophy, to the phenomenological life engagements so vigorously advocated by Husserl, to the life-significant issues phenomenology addresses and to how it has enriched the human sciences. Lastly the phenomenological project's new horizons on the plane of life are limned, horizons with so powerful a draw that

they may be said not to beckon but to summon. Here is the movement's vanguard. This collection has 71 entries. Each entry is followed by a relevant bibliography. There is a helpful Glossary of Terms and an Index of Names.

**The Doctors  
Blackwell: How Two  
Pioneering Sisters  
Brought Medicine to  
Women and Women  
to Medicine** Dorrance

Publishing  
In this insightful biography, dance historian Dawn Lille traces the life of Alfredo Corvino from his roots as a quiet, athletic boy in Montevideo, Uruguay, through his international performing career with some of the greatest companies of the 20th century to his long and

fruitful years as a beloved teacher and ballet master. By weaving together interviews with Corvino's colleagues, students, and family with archival material from the Juilliard School, the Metropolitan Opera Ballet as well as the Corvino family, Lille has created a touching portrait of this wise, fun-loving and enigmatic man. Setting Corvino's own story within the context of the social, political, and artistic events of his time, Lille vividly explores the many forces and challenges that shaped this artist and educator. More than 40 photos, many never before published, illustrate the various stages of Corvino's life. Discussions with and commentary from his

daughters Andra and Ernesta elucidate his teaching theory and basic exercises. Photographs with line drawing overlays by functional anatomy teacher and former Corvino student, Irene Dowd illustrate the equipoise of Corvino's approach to classical ballet technique. A foreword by Dominique Mercy, leading dancer with Tanztheater Wuppertal reveals the great gift Corvino gave to dancers and dance lovers everywhere through his life work. Impetus and Equipoise in the Life-Strategies of Reason Ashgate Publishing, Ltd. Establishing magical equilibrium, a task assigned to the Bardolist in the early stages of his training, often seems to be a daunting endeavor.

With the publication of this book, future students of the Bardon system can rest easier knowing they have access to the insights of those who have walked the path before them. Contained within this volume, readers will find helpful and interesting information concerning various topics related to the astral work of Steps 1 and 2, including: - The connection between conscious eating and the Tetragrammaton- Common pitfalls related to self-transformation- How setting SMART goals can lead to efficient progress- The nature of magical equilibrium on each of the three planes- Ways Jungian psychology can be applied to establish magical equilibrium- How the pillars of

Solomon's Temple relate to a balanced personality- How the Emerald Tablet summarizes spiritual developmentThis book is a veritable piece of Bardon community history, consisting of contributions from over two dozen serious students of the Franz Bardon system of magic  
*Works* Springer  
A NEW YORK TIMES TOP 10 BOOK OF 2021  
LONGLISTED FOR THE 2021 NATIONAL BOOK AWARD IN FICTION  
ONE OF BARACK OBAMA'S FAVORITE 2021 READS AN INSTANT NATIONAL BESTSELLER A BEST BOOK OF 2021 FROM Washington Post, Vogue, Time, Oprah Daily, New York Times, Los Angeles Times, San Francisco Chronicle, Atlantic, Kirkus and

Entertainment Weekly  
 “Intimacies is a haunting, precise, and morally astute novel that reads like a psychological thriller.... Katie Kitamura is a wonder.” —Dana Spiotta, author of *Wayward* and *Eat the Document* “One of the best novels I’ve read in 2021.” – Dwight Garner, *The New York Times* A novel from the author of *A Separation*, an electrifying story about a woman caught between many truths. An interpreter has come to The Hague to escape New York and work at the International Court. A woman of many languages and identities, she is looking for a place to finally call home. She's drawn into simmering personal dramas: her lover, Adriaan, is

separated from his wife but still entangled in his marriage. Her friend Jana witnesses a seemingly random act of violence, a crime the interpreter becomes increasingly obsessed with as she befriends the victim's sister. And she's pulled into an explosive political controversy when she's asked to interpret for a former president accused of war crimes. A woman of quiet passion, she confronts power, love, and violence, both in her personal intimacies and in her work at the Court. She is soon pushed to the precipice, where betrayal and heartbreak threaten to overwhelm her, forcing her to decide what she wants from her life.  
*The Impossible*  
 Observer University

Press of Kentucky  
The essays in this book respond to Anna-Teresa Tymieniecka's recent call to explore the relationship between the evolution of the universe and the process of self-individuation in the onto-poietic unfolding of life. The essays approach the sensory manifold in a number of ways. They show that theories of modern science become a strategy for the phenomenological study of works of art, and vice versa. Works of phenomenology and of the arts examine how individual spontaneity connects with the design(s) of the logos - of the whole and of the particulars - while the design(s) rest not on some human concept, but on life itself. Life's

pliable matrices allow us to consider the expansiveness of contemporary science, and to help create a contemporary phenomenological sense of cosmos.

*Logos of  
Phenomenology and  
Phenomenology of the  
Logos. Book Five*  
Springer

This highly personal account of a lifetime's spiritual and philosophical enquiry charts the author's journey of faith through contemporary culture. Distinguishing between what she posits as the 'universal' and the 'rhapsodic' logos, Tymieniecka interrogates concepts as varied as creativity and the media, joy and suffering, and truth and ambiguity. She contemplates the

possibilities and limits of communication between human beings, and outlines what she calls the 'transnatural destiny' of the human soul. The book asserts that unlike theory, which unfolds a logical continuity, and unlike dialogue, which is directed sequentially upward toward intellectual conclusions, the mode of reflection of the 'rhapsodic logos' imposes no limits or caps upon its understanding. Instead, the 'logoic' flow interlaces the rhapsodic cadences of our reflections on reality, in all their innumerable fluctuations, and sifts them to mold the intimate mind/soul inwardness that we experience as faith.

The radiative meditations of this 'rhapsodic logos' weave their way through the entanglements of the mystery of incarnation, the constitutive archetypes, the inwardly sacred, the transnatural destiny of the soul, and finally ascend the rhapsodic scales toward culminating faith in the Christo-Logos.

The Works of the Late  
Edgar Allan Poe

Routledge

The controversy of flux and stasis as the groundwork of reality of Greek ancient philosophy reached its crux in the all encompassing doctrine of the logos by Heraclitus of Ephesus. It centers upon human soul in its role with the cosmos. Philosophy of the Occident



corroborating Greek insights with the progress of culture in numerous interpretations (Kant, Kierkegaard, Husserl, Merleau-Ponty, Ricoeur...), presented in this collection has neglected the cosmic sphere. While contemporary development of science revealed its grounding principles (papers by Grandpierre, Kule and Trutty-Coohill) the ancient logos fully emerges. Thus, logos hitherto hidden in our commerce with earth is revealed in its intertwinings with the cosmos through the trajectories of the phenomenology/ontogenesis of life (Tymieniecka). The crucial link between the soul and the cosmos, in a new geo-

cosmic horizon, is thus being retrieved.  
*The Century Dictionary*  
Anchor  
Situated at the crossroads of nature and culture, physics and consciousness, cosmos and life, history - intimately conjoined with time - continues to puzzle the philosopher as well as the scientist. Does brute nature unfold a history? Does human history have a telos? Does human existence have a purpose? Phenomenology of life projects a new interrogative system for reexamining these questions. We are invited to follow the logos of life as it spins in innumerable ways the interplay of natural factors, human passions, social forces, science and experience - through interruptions

and kairic moments of accomplishment – in the human creative imagination and intellectual reasoning. There then run a cohesive thread of reality.

### **The First American Penguin**

Vedanta Philosophy of Management is the modern need of the changing world order in these days of technological innovation and gigantic size of business organizations. Keeping in mind the objectives of sustainable development goals (SDGs) five Chapters are devoted in this volume, to increase human competency building, enhance capabilities, and to bring in creativity to strengthen human living parameters in terms of Vedanta

management thought and the Vedic work practices. Chapter 1 deals with “Introduction to Vedanta Management Thought” to understand the framework of Vedanta management and to find-out the means and ways for human resource development (HRD) potentials through Vedanta philosophy, along with backdrop analysis of business process reengineering (BPR) paradigms in confining issues pertaining to organizational effectiveness as well as environmental sustainability. Effective leadership qualities are narrated in sparkling manner to strengthen managerial professional ethics, administrative excellence building

norms, bring in positive social change in terms of Vedic work ethics and code of conduct. Hence, this Chapter enlightens on various postulates of global development initiatives through Vedanta practices of management to finding out the true nature of management and its significance in the present day changing world order in scientific temper of thought. Applications of Vedanta knowledge in organizational activities are synthesized with the Vedic work principles to uplift human beings from pathetic social sufferings. As such, quality circle fundamental issues are stressed with equanimity of work and equipose nature of performance for

supplementing human growth related paradigms in 'path-goal' relativity approach. Chapter 2 deals with "Vedanta Management and Theory of Work" to work-out judicious relationship between organizational activities and human development strategies in relation to organizational dynamicity, managerial vision of work, etc. with goal directed initiatives. As such, this Chapter especially considers the Vedanta principles of management with the Vedic rules of work practices, in coagulating tools and techniques of human dynamic behavioral postulates for enhancing human competencies building to commensurate

transformational social change with transcendental approach. Hence, theory of work is given special priority in organizational activities in terms of Vedanta mission, to incorporate management practices in regard to human existential freedom of living. Chapter 3 deals with “Vedanta Management and Theory of Knowledge” and furnishes the principles of human creative innovational thought for illuminating production function related activities, to enlarge organizational effectiveness in terms of theory of knowledge and managerial excellence building process. Here, universal brotherhood has been considered sincerely for exposition

of the fundamental rules of Vedanta management in realities of management, to eradicate social poverty with interface between managerial knowledge and values of work. It has provided a paradigm shift of knowledge to social emancipation process of human beings for world class citizenship in terms of administrative skills. Thus, this Chapter provides a new managerial perspective on international understanding with human cooperative endeavors; so that Vedanta management helps to match resources in matchless way to reduce gaps between haves and have-nots, for bringing human solvency as well as salvation of life.

Chapter 4, analyzes “Vedanta Management and Theory of Devotion” to relate organizational work ethics with leadership qualities in bringing world unity, social integrity and human self-sufficiency. Thus, this Chapter elaborates the issues of the integral concept of humanity in relation to work and knowledge as the pyramid of social reconstruction, in confining organizational work ethics to areas of radical social reconstruction through devotional qualities of modern organizational leaders, and therefore, human growth and social sustainability is explained in relativity approach to amplify the reasons for increasing human capacity building with

devotional managerial qualities at organizational structure, to enrich the pillars of modern organizations. As a whole, this Chapter is attempted to discuss primarily qualities of devotion in management and its necessity for attaining the goal of organizational work efficiency. Thus, this Chapter has established relativity between work and devotion to uproot the principles of Vedanta in management, so as to know clearly the devotional practice of work philosophy in bringing universal peace and eternal concept of human living through Vedanta management techniques. Thus, managerial guidelines are provided for

effective organizational rolling in making pious social journey with knowledge-base intercepts towards the existential autonomy of humankind. Chapter 5 discusses on “Vedanta Management for International Understanding” to reflect international cooperative business environment with the help of management vision. It explains analytically the fundamental thoughts of financial solvency through Vedanta techniques of derivative management system. This Chapter further deals with international human cooperation building measures in terms of Vedanta system of management, to enumerate various business policies at

international level. Technological upgrading principles and practices at international level have been found to be the corner-stone of Vedanta management process, and therefore, we have exemplified with decisive factors – how to choose technology at the present set-up of the world business changing scenario for human empowerment, in bringing world equilibrium at economic frontiers. Accordingly, we have analyzed the reinventing policies of Vedanta management for international production quality enhancement program in realizing the goal of service delivery mechanisms of the global organizations. Enrichment of

intellectual property for managerial value addition to the society has essentially been occupied important place in our discourses through Vedanta management objectives, for the purpose of valuable studies on international market driven competitive advantages as well as price mechanism behavioral prudence to global business environment of international organizations, for which administrative effectiveness has been put forward as proactive goal of managerial guidance at international standard, to illuminate the picture of good governance philosophy. All the Chapters have been interpreted in scientific

manner with appropriate examples for confining human development related postulates in relativistic assumptions of sound organizational structure. Vedanta management ideologies are thus enumerated to uproot the ultimate goal of human society. Focus on the Vedanta techniques on overall study reveals - how managerial effectiveness will be enhanced through 'path-goal' relational approach of management, to augment scientific viewpoint on matters like, organizational strategy, social dynamicity and human capacity building for the purpose of world peace, global tranquility and human existential freedom of

living. The volume is the first and new one as an innovative technique of social business reengineering process for creative managerial guidance to the effective cause of development of human resources as well as leadership goal of organizational life-style, in the changing phase of technological society and global order of the twenty-first century.

Phenomenology/Ontop  
oiesis Retrieving Geo-  
cosmic Horizons of  
Antiquity IGI Global  
Rationality, objectivity, symmetry: were these really principles urged and exemplified by eighteenth-century English prose? In this persuasive study, Robert W. Uphaus argues that, on the contrary, many of the most important works

of the period do not actually lead the reader into a new awareness of just how problematical, how unsusceptible to reason, both the world and our easy assumptions about it are. Uphaus discusses a broad range of writers -- Swift, Defoe, Mandeyville, Richardson, Fielding, Sterne, Johnson, and Godwin -- showing that beneath their variety lies a fundamentally similar challenge, addressed to the critical procedure which assumes that the exercise of reason is a sufficient tool for an understanding the appeal of imaginative literature.

Equipoise The Rosen Publishing Group, Inc  
This new edition of Charles Fried's 'Medical Experimentation'



includes a general introduction by Franklin Miller and the late Alan Wertheimer, a reprint of the 1974 text, an in-depth analysis by Harvard Law School scholars I. Glenn Cohen and D. James Greiner, and a new essay by Fried reflecting on the original text and how it applies to the contemporary landscape of medicine and medical experimentation.

Medical

Experimentation

Springer Science & Business Media

The puzzling nature of temporality and timing of reality remains controversial. This book offers a collection of studies that seeks a new answer by initiating a novel investigation informed by the ancient wisdom

of the Greaco-Arabic-Islamic sources and inheritance, on the one side, and the contemporary discernment of Occidental phenomenology of life, on the other, in a common dialogical effort to unravel this great enigma of existence.

*Special Events* Springer Science & Business Media

Employing her original concept of the ontoipoiesis of life, the author uncovers the intrinsic law of the primogenital logos - that which operates in the working of the indivisible dyad of impetus and equipoise. This is the crucial, intrinsically motivated device of logoiic constructivism. This key instrument is engaged - is at play -

at every stage of the advance of life. In a feat unprecedented in the history of western philosophy, the emergence and unfolding of the entire orbit of the human universe is shown to bear out this insight. Furthermore, the intrinsic rhythms of impetus and equipoise are taken as a guide in uncovering the workings of the logos all at once, in contrast to the piecemeal exposition of a single line of argument. In a schema covering the entire career of beingness-in-becoming between the infinities of origin and destiny, an historically unprecedented harmonizing all sectors of rationality is accomplished in a span of reflection comparable to

Spinoza's Ethics. The work draws on interdisciplinary investigations in both science and the arts. All of the history of Occidental philosophy finds summary in it, even as feelers, guidelines, leitmotifs are thrown out for its future development. A landmark of Occidental philosophy at the turn of the millennium. Philosophy of Communication Ethics Springer Science & Business Media Having established in the onto-poiesis/phenomenology of life the creative function of the human being as the fulcrum of our beingness-in-becoming, let us now turn to investigate the creative logos. In this collection, the momentum of a

gathering "creative  
brainstorm" leads to  
the vertiginous  
imaginative  
transformability of the  
creative logos as it  
ciphers through the  
aesthetic sense, the  
elements of experience  
- sensing, feeling,  
emotions, forming - in  
works of art, thus  
lifting human  
experience into spirit  
and culture. Papers by:  
Ellen J. Burns, Mao  
Chen, J.C. Couceiro-  
Bueno, David  
Brubaker, Madalina  
Diaconu, Michel Dion,  
Antonio Dominguez  
Rey, Elga Freiberga,  
Jennifer Anna Gosetti-  
FERENCEI, Brian  
Grassom, Calley  
Hornbuckle, Lawrence  
Kimmel, Ljudmila  
Molodkina, Chiedozie  
Okoro, Rebecca M.  
Painter, Aleksandra  
Pawliszyn, Osvaldo  
Rossi, Jadwiga Smith,

Piero Trupia, Patricia  
Trutty-Cohill, Anna-  
Teresa Tymieniecka,  
James Werner,  
Raymond J. Wilson III.  
*The Works* Rowman &  
Littlefield  
This book is the  
product of a life to  
death and back to life  
experience that  
changed my  
perspective on the  
nature of work, career  
commitment, personal  
goals, and ultimately,  
the meaning of  
success. Health  
challenge recovery  
compelled me to  
evaluate life forever  
from a fresh  
perspective. Many  
books are written to  
convince us to do  
more. We are often  
told to be successful  
we must be incessantly  
engaged squeezing in  
other essentials, if we  
can. It is the frenetic,  
hyperactive lifestyle to

which we have been coerced. We are pressured to take on more than we can, accelerate everything, and maximize all we do to the hilt. We feel we must be all things to all people, never realizing NO to be a complete sentence. I know what it means to take on the world at once. Blessed with many gifts, talents and skills, I thought I was able to do it all. The beauty of life is really a matter of integrating all of its salient components into a well-coordinated fabric. The proper fusion of life amalgamation enhances its value and makes life captivating and attractive. Creating synergies in the tapestry of life is the equipoise of life fulfillment. I was made to lie down and

compelled to live my life differently. I share here the life changing truths that I've learned and continue to learn. I am most eager to reach those who thrive on busyness and big goals as I have. Integrating life and work equitably is the message. I want to teach people who anxiously crave success a more excellent way to thrive and stay alive. *Equipoise* Notion Press New York Times Bestseller Finalist for the 2022 Pulitzer Prize in Biography "Janice P. Nimura has resurrected Elizabeth and Emily Blackwell in all their feisty, thrilling, trailblazing splendor." —Stacy Schiff Elizabeth Blackwell believed from an early age that she was destined for a mission beyond the

scope of "ordinary" womanhood. Though the world at first recoiled at the notion of a woman studying medicine, her intelligence and intensity ultimately won her the acceptance of the male medical establishment. In 1849, she became the first woman in America to receive an M.D. She was soon joined in her iconic achievement by her younger sister, Emily, who was actually the more brilliant physician. Exploring the sisters' allies, enemies, and enduring partnership, Janice P. Nimura presents a story of trial and triumph. Together, the Blackwells founded the New York Infirmary for Indigent Women and Children, the first hospital staffed entirely

by women. Both sisters were tenacious and visionary, but their convictions did not always align with the emergence of women's rights—or with each other. From Bristol, Paris, and Edinburgh to the rising cities of antebellum America, this richly researched new biography celebrates two complicated pioneers who exploded the limits of possibility for women in medicine. As Elizabeth herself predicted, "a hundred years hence, women will not be what they are now."

**Today Was A Good Day** Springer Science & Business Media

"A work at once finely tuned, vast, and surprising, Joel Allegretti's *TheBody in Equiposeis*, indeed, the 'human being squaring

the circle, ' with its 'nervous system. . . a radio tuned to the soundtrack of life.' Or perhaps this more accurately describes Allegretti himself, who in deft and subtle strokes has created a poetics from the bones and beams of centuries of architectural history (not to mention modern art) that is somehow both erudite and enduring, light and air filled-much like its inspiration. Further evidence of the highly original, remarkable work coming out of our small presses today." - Lynne DeSilva-Johnson, Managing Editor, The Operating System "Joel Allegretti tells us, 'I am a creature of rooms.' Each of his stanzas is cantilevered above corridors of memory. The ghosts of Mies van der Rohe, Eero

Saarinen, Antoni Gaudi, and Frank Gehry create 'dwelling[s] in the shape of the shapeless.' This architect of words voices selves, with linguistic sinew, with etymological marrow. The poet avers, 'Under the wing of a great architecture / marble recovers its identity.' His personae chart peregrinations from the known to spires of the ineffable. With alacrity, the reader climbs each annealed line, arriving at a thrilling new language that is uniquely Allegretti's." -Dean Kostos, Author of This Is Not a Skyscraper (Benjamin Saltman Poetry Award winner) and Rivering Practical Philosophy of the Muhammadan People Springer Nature The COVID-19

pandemic has had a major effect on our lives. During the crisis, people across the world experienced increased levels of distress and anxiety, particularly as a result of social isolation. Many of us are facing challenges that can be stressful, overwhelming, and cause strong emotions in both adults and children. It is essential to learn to cope with stress in a healthy way, so that we may become more resilient through these crises. Addressing stress and wellness in times of crisis requires novel approaches to mental and emotional health support and a fundamentally high standard of care compared to current medication alternatives for anxiety and

depression disorders. Perspectives on Stress and Wellness Management in Times of Crisis presents the most recent innovations, trends, concerns, practical challenges encountered, and solutions adopted in the fields of stress and wellness management. It provides emerging research on stress and wellness management in times of crisis, innovative stress management strategies, and the role and impact of stress management in emotional and mental well-being and work performance. Covering topics such as cyber incivility, leadership persistence, and work-life balance, this premier reference source is an excellent resource for

psychologists, practitioners, industry researchers, business leaders and managers, human resource managers, counselors, students and educators of higher education, librarians, researchers, and academicians.

Intimacies W. W. Norton & Company  
Set against the backdrop of a rapidly fissuring disciplinary landscape where poetry and science are increasingly viewed as irreconcilable and unrelated, Bernhard Kuhn's study uncovers a previously ignored, fundamental connection between autobiography and the natural sciences. Examining the autobiographies and scientific writings of Rousseau, Goethe, and Thoreau as representative of their

ages, Kuhn challenges the now entrenched thesis of the "two cultures." Rather, these three writers are exemplary in that their autobiographical and scientific writings may be read not as separate or even antithetical but as mutually constitutive projects that challenge the newly emerging boundaries between scientific and humanistic thought during the Romantic period. Reading each writer's life stories and nature works side by side-as they were written-Kuhn reveals the scientific character of autobiographical writing while demonstrating the autobiographical nature of natural science. He considers all three writers in the context of scientific



developments in their own times as well as ours, showing how each one marks a distinctive stage in the growing estrangement of the arts and sciences, from the self-assured epistemic unity of Rousseau's time, to the splintering of disciplines into competing ways of knowing under the pressures of specialization and professionalization during the late Romantic age of Thoreau. His book thus traces an unfolding drama, in which these writers and their contemporaries, each situated in an intellectual landscape more fragmented than the last, seek to keep together what modern culture is determined to break apart.

### **Vedanta Philosophy**

### **of Management vol-**

**1** Dr. Samar Deb  
About the Book Today  
Was A Good Day: A  
Collection of Essays  
From The Heart Of A  
Neurosurgeon features  
many topics that  
pertain to how  
neurosurgeons interact  
with others and how  
each of us can use  
introspection to modify  
how we are using tools  
and strategies such as  
empathy, respect,  
stress management,  
and much more. This  
book provides some  
insights into  
leadership, effective  
communication, and  
fulfillment from the  
perspective of a  
neurosurgeon, and it  
causes the reader to  
think about and  
consider many, many  
attributes of a leader.  
We all want to have a  
good day. This book  
provides strategies for

achieving just that. Let's keep thinking and strive to make who we are a better version of ourselves than the prior version. About the Author Edward Benzel is a human being who also happens to be a neurosurgeon. He has a wonderful family and an incredible wife. His wife is his foundation

and his very best friend. Edward is the Editor-in-Chief of the journal World Neurosurgery, which provides him with a window to the audience of the world. Via this book, he is able to provide his monthly lessons to those committed to making the world a better place.