
Zen Socks English Edition

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The Three Questions Scholastic Inc. A snake is too greedy for his own good in this book and CD package illustrated by children's book legend Eric Carle and narrated by award-winning actor Stanley Tucci. In this classic picture book from Richard Buckley and Eric Carle that includes a CD with audio narration by Stanley Tucci, a greedy python eats every creature he comes across in the jungle. From a tiny mouse to an enormous elephant, the eaten animals befriend one another in the belly of the snake, where they team up and kick the inside of the python until he spits them out. This humorous tale about manners, respect,

and friendship will delight readers—and listeners!

Bones of the Master Scholastic Press This adaptation of a Chinese folktale begins with a man's dissatisfaction with his life. Weary of being a stonecutter, he becomes many things in his quest for authority, each time finding that greater power lies elsewhere. Rooted in Taoist principles, *Stonecutter* is a story about the nature of power and the value of accepting who you are. Originally published in a limited, fine art edition and long out of print, this is one of Jon J Muth's most heartfelt and exquisite works, and a book he entrusted to Feiwel and Friends to reach a wide new audience.

Owen Scholastic Inc.

Stillwater the giant panda's nephew, Koo, has a dream about saving the world, and

Stillwater shows him that sometimes saving the world starts with doing the little things, like cleaning your room, and feeding the cat.

Blood Rain Shambhala Publications Charlotte Joko Beck offers a warm, engaging, uniquely American approach to using Zen to deal with the problems of daily living—love, relationships, work, fear, ambition, and suffering. *Everyday Zen* shows us how to live each moment to the fullest. This Plus edition includes an interview with the author.

Zen Shorts (A Stillwater and Friends Book) Ten Speed Press

Winner of the Women's Prize for Fiction "No one writes like Ruth Ozeki—a triumph." —Matt Haig, *New York Times* bestselling author of *The Midnight Library* "Inventive, vivid, and propelled by a sense

of wonder.” —TIME “If you’ve lost your way with fiction over the last year or two, let *The Book of Form and Emptiness* light your way home.” —David Mitchell, Booker Prize-finalist author of *Cloud Atlas* A boy who hears the voices of objects all around him; a mother drowning in her possessions; and a Book that might hold the secret to saving them both—the brilliantly inventive new novel from the Booker Prize-finalist Ruth Ozeki One year after the death of his beloved musician father, thirteen-year-old Benny Oh begins to hear voices. The voices belong to the things in his house—a sneaker, a broken Christmas ornament, a piece of wilted lettuce. Although Benny doesn't understand what these things are saying, he can sense their emotional tone; some are pleasant, a gentle hum or coo, but others are snide, angry and full of pain. When his mother, Annabelle, develops a hoarding problem, the voices grow more clamorous. At first, Benny tries to ignore them, but soon the voices follow him outside the house, onto the street and at school, driving him at last to seek refuge in the silence of a large public library, where objects are well-behaved and know

to speak in whispers. There, Benny discovers a strange new world. He falls in love with a mesmerizing street artist with a smug pet ferret, who uses the library as her performance space. He meets a homeless philosopher-poet, who encourages him to ask important questions and find his own voice amongst the many. And he meets his very own Book—a talking thing—who narrates Benny's life and teaches him to listen to the things that truly matter. With its blend of sympathetic characters, riveting plot, and vibrant engagement with everything from jazz, to climate change, to our attachment to material possessions, *The Book of Form and Emptiness* is classic Ruth Ozeki—bold, wise, poignant, playful, humane and heartbreaking.

Hi, Koo! Univ of California Press
A quirky, brilliant novel starring Chauncey Gardiner, an enigmatic man who rises from nowhere to become a media phenomenon—“a fabulous creature of our age” (Newsweek). One of the most beloved novels by the New York Times–bestselling and National Book Award–winning author of *The Painted Bird* and *Pinball*, *Being There* is the story of a

mysterious man who finds himself at the center of Wall Street and Washington power—including his role as a policy adviser to the president—despite the fact that no one is quite sure where he comes from, or what he is actually talking about. Nevertheless, Chauncey “Chance” Gardiner is celebrated by the media, and hailed as a visionary, in this satirical masterpiece that became an award-winning film starring Peter Sellers. As wise and timely as ever, *Being There* is “a tantalizing knuckleball of a book delivered with perfectly timed satirical hops and metaphysical flutters” (Time).

Chukfi Rabbit's Big, Bad Bellyache Tuttle Publishing

Caldecott Honoree and NEW YORK TIMES bestselling author/artist Jon J Muth takes a fresh and exciting new look at the four seasons! Eating warm cookies on a cold day is easy water catches every thrown stone skip skip splash With a featherlight touch and disarming charm, Jon J Muth--and his delightful little panda bear, Koo--challenge readers to stretch their minds and imaginations with twenty-six haikus about the four seasons.

Mama Lion Wins the Race HarperCollins

#1 NEW YORK TIMES BESTSELLER • The book that sparked a revolution and inspired the hit Netflix series *Tidying Up with Marie Kondo*: the original guide to decluttering your home once and for all. **ONE OF THE MOST INFLUENTIAL BOOKS OF THE DECADE**—CNN Despite constant efforts to declutter your home, do papers still accumulate like snowdrifts and clothes pile up like a tangled mess of noodles? Japanese cleaning consultant Marie Kondo takes tidying to a whole new level, promising that if you properly simplify and organize your home once, you'll never have to do it again. Most methods advocate a room-by-room or little-by-little approach, which doom you to pick away at your piles of stuff forever. The KonMari Method, with its revolutionary category-by-category system, leads to lasting results. In fact, none of Kondo's clients have lapsed (and she still has a three-month waiting list). With detailed guidance for determining which items in your house "spark joy" (and which don't), this international bestseller will help you clear your clutter and enjoy the unique magic of a tidy home—and the calm, motivated mindset it can inspire.

The Greedy Python Penguin
Stillwater, the beloved Zen panda, now in his own Apple TV+ original series! Stillwater the Panda returns in a delightful companion to his Caldecott Honor Book, *Zen Shorts*. Summer has arrived -- and so has Koo, Stillwater's haiku-speaking young nephew. And when Stillwater encourages Koo, and his friends Addy, Michael, and Karl to help a grouchy old neighbor in need, their efforts are rewarded in unexpected ways. *Zen Ties* is a charming story of compassion and friendship that reaffirms the importance of our ties to one another.

Zen Meditation Plain and Simple Harper Collins

A brand-new novel of terror that follows a teenager determined to break from his family's unconventional-and deeply disturbing-traditions.

A Monk's Guide to a Clean House and Mind Vintage Crime/Black Lizard

In 1959 a young monk named Tsung Tsai (Ancestor Wisdom) escapes the Red Army troops that destroy his monastery, and flees alone three thousand miles across a China swept by chaos and famine. Knowing his fellow monks are dead,

himself starving and hunted, he is sustained by his mission: to carry on the teachings of his Buddhist meditation master, who was too old to leave with his disciple. Nearly forty years later Tsung Tsai — now an old master himself — persuades his American neighbor, maverick poet George Crane, to travel with him back to his birthplace at the edge of the Gobi Desert. They are unlikely companions. Crane seeks freedom, adventure, sensation. Tsung Tsai is determined to find his master's grave and plant the seeds of a spiritual renewal in China. As their search culminates in a torturous climb to a remote mountain cave, it becomes clear that this seemingly quixotic quest may cost both men's lives. *The Book of Form and Emptiness* Harper Collins

Relax and restore with *Zen Doodle* coloring pages! Some days you just need a break. A break from the stresses of everyday life. From the million little tasks and responsibilities that crowd your to-do list. A break from the world around you and its 24-hour news cycle. You know what you need? You need "Me Time." Remember when you were a child and you

got deeply, intensely focused on coloring in your coloring books? Well, relive that feeling again with this coloring book for adults. This book is built of lovely Zentangle-inspired art, and coloring in these inspiring and unique designs will definitely help you relax and meditate. You'll clear your mind, you'll have fun, and you might even have a pretty piece of art to frame when you're finished! • More than 100 Zen Doodle illustrations selected from some of our bestselling titles, including Zentangle Untangled, Zen Doodle and Creative Tangle • Illustration themes include geometrics, organic shapes, animals, florals, letterforms, and more • Can be colored with colored pencils, artists' markers, watercolor pencils, crayons, pastels or even watercolors Enjoy the simple things!

Come On, Rain! Penguin

Filled with 30-plus designs, and a variety of techniques, tips, and playful trivia from those in the know, this resource represents sock design, showcasing tantalizing cables, intricate lacework, and intriguing colorwork.

The Joy of Sox Scholastic Inc.

With his stunning watercolors -- and text

that resounds with universal truths, award-winning artist Jon J Muth has transformed a story by Tolstoy into a timeless fable for young readers. What is the best time to do things? Who is the most important one? What is the right thing to do? Nikolai knows that he wants to be the best person he can be, but often he is unsure if he is doing the right thing. So he goes to ask Leo, the wise turtle. But it is Nikolai's own response to a stranger's cry for help that leads him directly to the answers he is looking for. Jon J Muth combined his studies of Zen with his love for Tolstoy to create this profound, yet simple book about compassion and living in the moment. Brioche Knit Love Shambhala Publications Little known fact: Buddhist Monks are amazing at cleaning and tidying. In this one-of-a-kind guide to cleaning your home, Buddhist monk Shoukei Matsumoto reveals how to make your home as spotless as it is tranquil and peaceful. For Buddhist monks cleaning well is a cardinal skill and, in A Monk's Guide to a Clean House and Mind, readers will discover their never-before-shared cleaning pro tips. In the Zen Buddhist tradition, true enlightenment is impossible if your home

has even a speck of dust and, as such, Buddhist monks have much to teach us lay people about achieving a truly Zen clean. A Monk's Guide to a Clean House and Mind features charming illustrations and step-by-step instructions on such essential household cleansing tips as: • First, Air It Out: Before cleaning anything Monk's first open the temple windows to purify the air and let the crisp morning breeze in. • Don't Procrastinate: 'Zengosaidan ' is a Zen expression meaning that one should put all their efforts into each day so they have no regrets. In the context of cleaning, this means don't put off cleaning those dishes you've left in the sink. • Remember to Put On Your Samue: Samue robes are worn by Japanese monks when they perform their daily duties of cleaning and looking after the temple. Easy to move in and to wash and care for, they are the perfect cleaning attire. From cleaning up everything from your kitchen sink, toilet, and that pile of unidentified stuff in the corner of your garage to your mind, body, and spirit, this book will guide you in creating a home environment that will calm your thoughts and nourish your soul.

Bringing Zen Home Shambhala

Publications

Aurelio Zen—cynical and tough, yet worn down from years of law enforcement—has just been given the worst assignment he could imagine. He has been sent to the heart of hostile territory: Sicily, the ancient, beautiful island where blood has been known to flow like wine, and the distinction between the police and the criminals is a fine one. Even worse, he has been sent to spy on the elite anti-Mafia squad. The only thing that makes the job palatable—and takes his mind off routine details like the rotting body found in a remote train car—is that Zen's adopted daughter, Carla, is also in town. But life becomes precarious for Carla when she stumbles upon some information she'd be better off not knowing and befriends a local magistrate on the Mafia's most wanted list. What ensues is a breakneck plot of amazing complexity that culminates in a stunning finale. *Blood Rain*, emotionally gripping and defiantly original, is surely one of Dibdin's finest works.

Stillwater and Koo Save the World Vintage
"Chukfi is a trickster worthy of the name, and this fresh, funny tale makes an

excellent addition to the genre." (starred review, Kirkus Reviews) Named to Kirkus Reviews' Best Books of 2014 Silly kids, tricks are for rabbits! Chukfi Rabbit, that is. The laziest—and hungriest—trickster rabbit there is! Deep in Choctaw Country, Chukfi Rabbit is always figuring out some way to avoid work at all costs. When Bear, Turtle, Fox, and Beaver agree on an everybody-work-together day to build Ms. Possum a new house, Chukfi Rabbit says he's too busy to help. Until he hears there will be a feast to eat after the work is done: cornbread biscuits, grape dumplings, tanchi labona (a delicious Choctaw corn stew), and best of all, fresh, homemade butter! So while everyone else helps build the house, Chukfi helps himself to all that yummy butter! The furry fiend! But this greedy trickster will soon learn that being this lazy is hard work! A classic trickster tale in the Choctaw tradition. Greg Rodgers is a storyteller and writer. He is a member of the Choctaw Nation of Oklahoma and tells stories in schools, libraries, festivals, and tribal events throughout the country. He is currently completing a PhD at the University of Illinois, Urbana. Leslie Stall Widener lives

in north Texas in a one-hundred-year old farmhouse with her husband, also an illustrator. When she was a child, she explored every inch of her grandparents' Oklahoma farm, an allotment her grandmother received for her Choctaw ancestry. Leslie's latest book, a collaboration with her sister, is an illustrated history of fashion. *Zen Training* Grove/Atlantic, Inc.
"Does for mental clutter what Marie Kondo has done for household clutter." -- Publishers Weekly
Relax and find happiness amid the swirl of the modern world with this internationally bestselling guide to simplifying your life by the renowned Zen Buddhist author of *Don't Worry*. In clear, practical, easily adopted lessons--one a day for 100 days--renowned Buddhist monk Shunmyo Masuno draws on centuries of wisdom to teach you to Zen your life. Discover how . . . Lesson #4: lining up your shoes after you take them off can bring order to your mind; Lesson #11: putting down your fork after every bite can help you feel more grateful for what you have; Lesson #18: immersing yourself in zazen can sweep the clutter from your mind; Lesson #23: joining your

hands together in gassho can soothe irritation and conflict; Lesson #27: going outside to watch the sunset can make every day feel celebratory; Lesson #42: planting a flower and watching it grow can teach you to embrace change; Lesson #67: understanding the concept of ichi-go ichi-e can make everyday interactions more meaningful; Lesson #85: practicing chisoku can help you feel more fulfilled. A minimalist line drawing appears opposite each lesson on an otherwise blank page, giving you an opportunity to relax with a deep breath between lessons. With each daily practice, you will learn to find happiness not by seeking out

extraordinary experiences but by making small changes to your life, opening yourself up to a renewed sense of peace and inner calm. A PENGUIN LIFE TITLE **Branching Streams Flow in the Darkness** Sterling Publishing Company, Inc.

When his sins threaten the lives of his beloved twin children, a Jewish man finally repents of his wicked ways.

Zen Doodle Coloring Book Princeton Architectural Press

Zen is essentially a practice and not a dogma; no amount of theory or discussion will ever take the place of a few minutes of practice. Among the many books about

Zen, there are few that explain simply, to the interested beginner, how to do Zen—how to just sit down and begin to work toward fulfillment of the promises offered by Zen. *Zen Meditation Plain and Simple* answers this need with concise, easily understood instructions on how to incorporate Zen into your daily life. Albert Low makes no glib claims or promises. He admits that the way of Zen is not an easy one to follow. But, for those willing to stop talking about Zen, stop thinking about Zen, and start working to be and do in the manner of Zen, *Zen Meditation Plain and Simple* offers just the right tool to get the job done.