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AIP proponent is Sarah Ballantyne, a medical researcher and founder of The Paleo Mom website and author of "The

Autoimmune Protocol" e-book and the "The Healing Kitchen" cookbook. AIP Diet The company's most popular products include Collagen Protein, Leaky Gut Revive, The Myers Way Multivitamin, Paleo Protein ... Amy Myers MD publishes eBooks like The Autoimmune Solution, The Autoimmune ... Leaky Gut Revive Review: Amy Myers MD Ingredients That Work? This recipe is from my cookbook ... of 28 days of travel inspired healthy Paleo meals that help keep her in remission

from Lyme disease and multiple autoimmune conditions. The book is a collection ... Cookbook Author Erika Schlick shares recipe for Instant Pot Shredded Beef Tacos On today's Indy Style, Erika Schlick, health coach, blogger and cookbook ... inspired healthy Paleo meals that help keep her in remission from Lyme disease and multiple autoimmune conditions. Cookbook author shares recipes for Pistachio Crusted Cod & Italian Meatballs with Tomato Cream Sauce But

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One strong AIP proponent is Sarah Ballantyne, a medical researcher and founder of The Paleo Mom website and author of "The Autoimmune Protocol" e-book and the "The Healing Kitchen" cookbook.

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