

# Engage Ny Sprints Practice

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*Engage Ny Sprints Practice*

2023-05-16

## HUDSON CASSIUS

Design Sprint Carson-Dellosa Publishing  
Engaging Minds: Cultures of Education and Practices of Teaching explores the diverse beliefs and practices that define the current landscape of formal education. The 3rd edition of this introduction to interdisciplinary studies of teaching and learning to teach is restructured around four prominent historical moments in formal education: Standardized Education, Authentic Education, Democratic Citizenship Education, Systemic Sustainability Education. These moments serve as the foci of the four sections of the book, each with three chapters dealing respectively with history, epistemology, and pedagogy within the moment. This structure makes it possible to read the book in two ways - either "horizontally" through the four in-depth treatments of the moments or "vertically" through coherent threads of history, epistemology, and pedagogy. Pedagogical features include suggestions for delving deeper to get at subtleties that can't be simply stated or appreciated through reading alone, several strategies to highlight and distinguish important vocabulary in the text, and more than 150 key theorists and researchers included among the search terms and in the Influences section rather than a formal reference list.

Our County and Its People Routledge

"Challenge yourself to a new type of exercise with Creative Sprint! You know that if you practice yoga, guitar, salsa dancing, tennis, or pretty much anything else, you're going to get better at it. In fact, if you practice every day you're going to be pretty darn good! While you might not think of your own creativity as something you can practice, it actually works the same way. In Creative Sprint you'll find an interactive workbook with 30-day challenges designed to build your creative muscles. It's loaded with prompts to get you drawing, journaling, taking photos, and making collages - doing anything creative that you choose to do! The sprints each have a theme, such as

Think Small, Work with the Unexpected, and Embrace Limitations. Throughout the book you'll find features focused on fellow sprinters as well as inspirational quotes, and every sprint ends with a recap that encourages reflection. How you use the book is up to you! Complete sprint after sprint, channeling your creativity into new challenges. Or pick up the book every couple of months, whenever you feel like you need a jolt of motivation!"--  
History of Alabama and Her People Human Kinetics

USA Today author Melissa Schroeder invites you back to the world of Juniper Springs, and the one man who lives life on his own terms, CARTER HAWTHORNE. I've always been the brother who everyone calls the flirt. The one who isn't too serious, the one who is a little...different. And I don't mind that title. In fact, I use my ability to think outside of the box to help my family in their business. I'm also known as the player, although, I haven't...suited up in a while. So maybe that's why I've become completely infatuated with my old childhood friend Piper Abernathy. Just saying her name makes me itch beneath my skin. I want to know what she's thinking, how she spends her days, and I fantasize what her hair smells like. Weird, right? And her lips...they are intoxicating. One taste will never be enough, and while I can talk her into my bed, she resists me beyond that. She says we make each other bonkers, and she doesn't believe in happily ever after. For a woman who plans out ever minute of her day, she never counted on me, and I aim to prove to her there's nothing wrong with crazy as long as we're together. Author Note: If you've met Carter, you know just how insane he is. He's in Juniper, wooing his old childhood friend, irritating his brother, making friends with the LOLs, and becoming at one with the Juniper Springs culture. And if you think he's crazy with his family, just wait until you see the things he does to his lady love.

**Math, Grade K** Carson-Dellosa Publishing Lists every member of the U.S. House and Senate since 1789, with brief biographical entries on each member.

Binghamton and Broome County, New York "O'Reilly Media, Inc."

We want to give you the practice you need on the ACT McGraw-Hill's 10 ACT Practice Tests helps you gauge what the test measures, how it's structured, and how to budget your time in each section. Written by the founder and faculty of Advantage Education, one of America's most respected providers of school-based test-prep classes, this book provides you with the intensive ACT practice that will help your scores improve from each test to the next. You'll be able to sharpen your skills, boost your confidence, reduce your stress-and to do your very best on test day. 10 complete sample ACT exams, with full explanations for every answer 10 sample writing prompts for the optional ACT essay portion Scoring Worksheets to help you calculate your total score for every test Expert guidance in prepping students for the ACT More practice and extra help online ACT is a registered trademark of ACT, Inc., which was not involved in the production of, and does not endorse, this product.

Grade 3 Multiplication Voyageur Press (MN)

Freddie has shoes that give him super speed. It's hard to be a superhero and a regular kid at the same time, especially when your shoes give you even more power! Freddie needs an on/off switch for his super speed, so Mr. Vaslov, who created the shoes, decides to invent a remote control, but he gets more than he planned. When his young neighbor's ball goes missing, Freddie uses his new powers to find it...and Mr. Vaslov!

Make Time Springer

Kindergarten Essentials helps children learn these important concepts: -rhyming words -handwriting -opposites -addition - patterns -numbers through 20 This workbook challenges learners to apply skills both in and out of the classroom! Strengthen the home-to-school connection and prepare children for classroom success. Kindergarten Essentials supports learning in three important areas: -basic skills -reading -math Packed with engaging practice, this workbook helps children learn how to communicate effectively and

think critically. Make sure your child is ready to succeed in a twenty-first century classroom with the Essentials series.

Available for prekindergarten to second grade, this series provides skill-building practice and fun activities. Each practice page features a “One Step Further” activity to encourage children to apply skills in everyday life. Workbooks also include a “Games and Activities” section to enhance the learning experience with puzzles, mazes, and more!

*Athlete to Triathlete* Beacon Press

Anda mungkin beruntung memiliki pekerjaan atau proyek mendatang dengan visi yang cemerlang. Namun, upaya mewujudkan visi ini sering kali tak mudah. Setiap hari Anda gampang sekali terjebak dalam berbagai hal: surel yang seolah tiada habisnya, tenggat yang molor, rapat-rapat seharian yang menyita waktu, dan proyek jangka panjang yang hanya berdasarkan asumsi. Sudah waktunya Anda mencoba Sprint, sebuah metode untuk memecahkan masalah dan menguji ide-ide baru, menyelesaikan lebih banyak hal dengan efisien. Buku ini ditulis Jake Knapp, mantan Design Partner Google Ventures, untuk menuntun Anda merasakan pengalaman menerapkan metode yang telah mendunia ini. Sprint mewujudkan pengekskusian ide besar hanya dalam lima hari. Menuntun tim Anda dengan checklist lengkap, mulai dari Senin hingga Jumat. Menjawab segala pertanyaan penting yang sering kali hanya disimpan di benak mereka yang sedang menguji ide/konsep/produk. Sprint juga membantu Anda lebih menikmati setiap proses. Anda bisa mengamati dan bergabung dengan ratusan dari pelaku Sprint di seluruh dunia melalui tagar #sprintweek di Twitter. Sebuah proyek besar terjadi pada 2009. Seorang insinyur Gmail bernama Peter Balsiger mencetuskan ide mengenai surel yang bisa teratur secara otomatis. Saya sangat tertarik dengan idenya—yang disebut “Kotak Masuk Prioritas”—dan merekrut insinyur lain, Annie Chen, untuk bergabung bersama kami. Annie setuju, tetapi dia hanya punya waktu sebulan untuk mengerjakannya. Kalau kami tidak bisa membuktikan bahwa ide itu bisa diterapkan dalam jangka waktu tersebut, Annie akan beralih ke proyek lainnya. Saya yakin waktunya tidak akan cukup, tetapi Annie adalah insinyur yang luar biasa. Jadi, saya memutuskan untuk menjalaninya saja. Kami membagi waktu sebulan itu ke dalam empat bagian yang masing-masing lamanya seminggu. Setiap pekan, kami menggarap desain baru. Annie dan Peter membuat purwarupa, lalu pada akhir minggu, kami menguji desain

ini bersama beberapa ratus orang lainnya. Pada akhir bulan, kami menemukan solusi yang bisa dipahami dan diinginkan orang-orang. Annie tetap menjadi pemimpin untuk tim Kotak Masuk Prioritas. Dan entah bagaimana caranya, kami berhasil menyelesaikan tugas desainnya dalam waktu yang lebih singkat dari biasanya. Beberapa bulan kemudian, saya mengunjungi Serge Lachapelle dan Mikael Drugge, dua orang karyawan Google di Stockholm. Kami bertiga ingin menguji ide perangkat lunak untuk konferensi video yang bisa dijalankan lewat peramban. Karena saya berada di kota tersebut hanya selama beberapa hari, kami bekerja secepat mungkin. Pada penghujung kunjungan saya, kami berhasil menyelesaikan purwarupanya. Kami mengirimkannya ke rekan kerja kami lewat surel dan mulai menggunakannya dalam rapat. Dalam beberapa bulan, seluruh perusahaan sudah bisa menggunakannya. (Selanjutnya, versi yang sudah dipoles dan disempurnakan dari aplikasi berbasis web tersebut dikenal sebagai Google Hangouts.) Dalam kedua kasus tersebut, saya menyadari bahwa saya bekerja jauh lebih efektif ketimbang rutinitas kerja harian saya atau ketika mengikuti lokakarya diskusi sumbang saran. Apa yang membedakannya? Saya menimbang kembali lokakarya tim yang saya gagas sebelumnya. Bagaimana kalau saya memasukkan elemen ajaib lainnya—fokus pada kerja individu, waktu untuk membuat purwarupa, dan tenggat yang tak bisa ditawar? Saya lalu menyebutkan, “sprint” desain. Saya membuat jadwal kasar untuk sprint pertama saya: satu hari untuk berbagi informasi dan mereka ide, diikuti dengan empat hari pembuatan purwarupa. Sekali lagi, tim Google menyambut baik eksperimen ini. Saya memimpin sprint untuk mendesain Chrome, Google Search, Gmail, dan proyek-proyek lainnya. Ini sangat menarik. Sprint ini berhasil. Ide-ide diuji, dibangun, diluncurkan, dan yang terbaik, kebanyakan dari ide-ide ini berhasil diterapkan dalam dunia nyata. Proses sprint menyebar di seisi Google dari satu tim ke tim lain, dari satu kantor ke kantor lain. Seorang desainer dari Google X tertarik dengan metode ini, jadi dia menjalankan sprint untuk sebuah tim di Google Ads. Anggota tim dalam sprint di Ads kemudian menyampaikannya kepada kolega mereka, dan begitu seterusnya. Dalam waktu singkat saya mendengar penerapan sprint dari orang-orang yang tidak saya kenal. Dalam perjalanannya, saya membuat beberapa kesalahan. Sprint pertama saya melibatkan empat puluh orang—jumlah yang sangat besar dan

justro hampir menghambat sprint tersebut, bahkan sebelum dimulai. Saya menyesuaikan waktu yang diperlukan untuk mengembangkan ide dan pembuatan purwarupa. Saya jadi memahami mana yang terlalu cepat, terlalu lambat, hingga akhirnya menemukan yang waktu paling sesuai. Beberapa tahun kemudian, saya bertemu Bill Maris untuk membicarakan sprint. Bill adalah CEO Google Ventures, perusahaan modal ventura yang didirikan Google untuk berinvestasi pada startup-startup potensial. Dia adalah salah satu orang berpengaruh di Silicon Valley. Namun, Anda tidak akan menyangkanya dari pembawaannya yang santai. Pada sore itu, dia mengenakan pakaian khasnya, yaitu topi bisbol dan kaus dengan tulisan tentang Vermont. Bill tertarik untuk menjalankan sprint dengan startup dalam portofolio GV. Startup biasanya hanya memiliki satu kesempatan emas untuk mendesain sebuah produk yang sukses, sebelum akhirnya kehabisan dana. Sprint bisa membantu mencari tahu apakah startup-startup ini berada di jalur yang tepat sebelum akhirnya mereka bisa berkecimpung dalam tahapan yang lebih berisiko untuk membangun dan meluncurkan produk mereka. Dengan menjalankan sprint, mereka bisa mendapatkan sekaligus menghemat uang. Namun agar berhasil, saya harus menyesuaikan proses sprint ini. Saya sudah berpikir mengenai produktivitas individu dan tim selama beberapa tahun. Namun, saya hampir tidak tahu apa-apa mengenai startup dan kebutuhan bisnis mereka. Tetap saja, antusiasme Bill meyakinkan saya bahwa Google Ventures adalah tempat yang tepat untuk menerapkan sprint—sekaligus tempat yang tepat bagi saya. “Ini misi kita,” ujarnya, “untuk bisa menemukan entrepreneur terbaik di muka bumi dan membantu mereka membuat dunia ini menjadi tempat yang lebih baik.” Saya tentu tak bisa menolaknya. Di GV, saya bergabung dengan tiga rekan lain: Braden Kowitz, John Zeratsky, dan Michael Margolis. Bersama, kami mulai menjalankan sprint dengan startup-startup, bereksperimen dengan prosesnya, dan menguji hasilnya agar bisa menemukan cara untuk memperbaikinya. Ide-ide dalam buku ini lahir dari semua anggota tim kami. Braden Kowitz memasukkan desain berbasis cerita dalam proses sprint, sebuah pendekatan tak biasa yang berfokus pada pengalaman konsumen alih-alih komponen individu atau teknologi. John Zeratsky membantu kami memulai dari akhir sehingga tiap sprint bisa membantu menjawab berbagai

pertanyaan bisnis paling penting. Braden dan John memiliki pengalaman dalam bisnis dan startup, hal yang tidak saya miliki, dan mereka menyesuaikan prosesnya untuk menciptakan fokus yang lebih baik dan keputusan yang lebih cerdas di tiap sprint. Michael Margolis mendorong kami untuk mengakhiri tiap sprint dengan pengujian di dunia nyata. Dia menjalankan riset konsumen, yang perencanaan dan pelaksanaannya bisa menghabiskan waktu berminggu-minggu, dan menemukan cara untuk mendapatkan hasil yang jelas hanya dalam sehari. Ini benar-benar sebuah keajaiban. Kami tidak perlu lagi menebak-nebak apakah solusi kami bagus atau tidak karena di akhir tiap sprint, kami mendapatkan jawabannya. Kemudian ada Daniel Burka, seorang entrepreneur yang mendirikan dua startup sebelum menjual salah satunya ke Google dan bergabung dengan GV. Saat kali pertama menjelaskan proses sprint kepadanya, dia skeptis. Baginya, sprint terdengar seperti serangkaian proses manajemen yang rumit. Namun, dia sepakat untuk mencoba salah satunya. “Dalam sprint pertama itu, kami memangkas prosesnya dan menciptakan sesuatu yang ambisius hanya dalam sepekan. Saya benar-benar jatuh hati.” Setelah kami berhasil meyakinkannya, pengalaman langsung Daniel sebagai seorang pendiri startup dan sikapnya yang tidak menoleransi omong kosong membantu kami menyempurnakan prosesnya. Sejak sprint pertama di GV pada 2012, kami telah beradaptasi dan bereksperimen. Mulanya kami mengira pembuatan purwarupa dan riset yang cepat hanya akan berhasil untuk produk berskala besar. Mampukah kami bergerak sama cepatnya jika konsumen kami adalah para ahli di berbagai bidang seperti kesehatan dan keuangan? Tanpa disangka, proses lima hari ini bisa bertahan. Proses ini sesuai untuk semua jenis konsumen, mulai dari investor sampai petani, dari onkolog sampai pemilik bisnis skala kecil. Juga bagi situs web, aplikasi iPhone, laporan medis, hingga perangkat keras berteknologi tinggi. Tidak hanya untuk mengembangkan produk, kami juga menggunakan sprint untuk menentukan prioritas, strategi pemasaran, bahkan menamai perusahaan. Proses ini berulang-ulang menyatukan tim dan menjadikan ide-ide menjadi nyata. Selama beberapa tahun belakangan, tim kami mendapatkan beragam kesempatan untuk bereksperimen dan memvalidasi ide kami mengenai proses kerja. Kami menjalankan lebih dari seratus sprint bersama dengan startup-startup dalam portofolio GV. Kami

bekerja bersama, sekaligus belajar dari para entrepreneur brilian seperti Anne Wojcicki (pendiri 23andMe), Ev Williams (pendiri Twitter, Blogger, dan Medium), serta Chad Hurley dan Steve Chen (pendiri YouTube). Pada awalnya, saya hanya ingin membuat hari-hari kerja saya efisien dan berkualitas. Saya ingin berfokus pada apa yang benar-benar penting dan menjadikan waktu saya berharga—bagi saya, tim, dan konsumen kami. Kini, lebih dari satu dekade kemudian, proses sprint secara konsisten telah membantu saya meraih mimpi tersebut. Dan saya sangat senang berbagi mengenai hal tersebut dengan Anda dalam buku ini. Dengan keberuntungan, Anda bisa memilih pekerjaan Anda karena visi yang tajam. Anda ingin berbagi visi tersebut kepada dunia, baik yang berupa pesan, layanan, maupun pengalaman, dengan perangkat lunak maupun keras, atau bahkan—sebagaimana dicontohkan dalam buku ini—sebuah cerita atau ide. Namun, mewujudkan visi ini tak mudah. Gampang sekali terjebak dalam berbagai hal: surel yang seolah tiada habisnya, tenggat yang molor, rapat-rapat seharian yang menyita waktu Anda, dan proyek jangka panjang yang hanya berdasarkan asumsi. Prosesnya tidak harus selalu seperti ini. Sprint menawarkan jalur untuk memecahkan masalah-masalah besar, menguji ide-ide baru, menyelesaikan lebih banyak hal, dan melakukan semuanya dengan lebih cepat. Sprint juga membantu Anda lebih menikmati prosesnya. Dengan kata lain, Anda benar-benar harus mencobanya sendiri. Ayo kita mulai.

—Jake Knapp San Francisco, Februari 2016 [Mizan, Bentang Pustaka, Manajemen, Ide, Kreatif, Inovasi, Motivasi, Dewasa, Indonesia] spesial seri bentang bisnis & startup

Speed Trap Bentang Pustaka Combining differentiated and focused skill specific practice with flash cards for review, Kelley Wingate's Math Practice for kindergarten is the perfect supplement for both home and school. The basic skills covered include working with whole numbers, understanding shapes and spatial relationships, and a comprehensive selection of other kindergarten math skills. This well-known series, Kelley Wingate, has been updated to align content to the Common Core State Standards. The 128-page books will provide a strong foundation of basic skills and will offer differentiated practice pages to make sure all students are well prepared to succeed in today's Common Core classroom. The books will include Common Core standards matrices, cut-apart flash card sections, and award certificates. This series is

designed to engage and recognize all learners, at school or at home.

*High-Performance Training for Sports* BRILL

This is a comprehensive guide to Scrum for all (team members, managers, and executives). If you want to use Scrum to develop innovative products and services that delight your customers, this is the complete, single-source reference you've been searching for. This book provides a common understanding of Scrum, a shared vocabulary that can be used in applying it, and practical knowledge for deriving maximum value from it.

Math Practice, Grade K McGraw Hill Professional

In this multi-faceted case study of one progressive institution of adult higher education, the editors and contributors to the volume lay out significant challenges confronting not just non-traditional post-secondary colleges and universities but all institutions of higher education in today's rapidly changing context. Contending that nontraditional institutions are especially challenged in these turbulent times, they argue that these organizations' distinctive academic programs are among the most threatened in the landscape of higher education today. The 19 essays that make up this volume highlight and examine key creative tensions, rich interplays of emphases and values in higher education, in order to illuminate and address more intentionally the questions that we must address: Can we make constructive use of these tensions? Can we recognize what is at stake? And can we chart a course that will both respond innovatively to rapid change and sustain a vision and the purposes and principles on which that vision rests? Taken as a whole, this volume sheds light on the questions and creative tensions that can, with thoughtful attention, help to keep an alternative, progressive vision of adult higher education alive.

*Creative Sprint* Wiley

With Common Core Mathematics, first graders learn about (1) developing understanding of addition, subtraction, and strategies for addition and subtraction within 20; (2) developing understanding of whole number relationships and place value, including grouping in tens and ones; (3) developing understanding of linear measurement and measuring lengths as iterating length units; and (4) reasoning about attributes of, and composing and decomposing geometric shapes. This set includes all of the Grade 1 modules: Module 1: Sums and Differences to 10 Module 2: Introduction to Place Value Through Addition and Subtraction Within

20 Module 3: Ordering and Comparing Length Measurements as Numbers Module 4: Place Value, Comparison, Addition and Subtraction to 40 Module 5: Identifying, Composing, and Partitioning Shapes Module 6: Place Value, Comparison, Addition and Subtraction to 100

*The Traverse Region, Historical and Descriptive, with Illustrations of Scenery and Portraits and Biographical Sketches of Some of Its Prominent Men and Pioneers*  
Albert Whitman & Company

Brighter Child(R) Math for Kindergarten helps students master mathematics skills. Practice is included for numbers and counting, shapes, money, telling time, and more. School success starts here!

Workbooks in the popular Brighter Child(R) series are packed with plenty of fun activities that teach a variety of essential school skills. Students will find help for math, English and grammar, handwriting, and other important subject areas. Each book contains full-color practice pages, easy-to-follow instructions, and an answer key.

Official Congressional Directory Kumon Math Workbooks

Our Calculation Workbooks follow the Kumon Method, a proven learning system that helps children succeed and excel in math. Kumon Workbooks gradually introduce new topics in a logical progression and always include plenty of practice. As a result, children master one skill at a time and move forward without anxiety or frustration.

**Courts and Lawyers of New York**  
Penguin

Go the distance--a triathlon training guide for athletes Maybe you love to run, swim competitively in high school, or enjoy riding your bike. Perhaps you're looking for a fun, new athletic challenge? Whatever the case is, you're in the right place. Athlete to Triathlete delivers the ultimate triathlon training plan for Sprint and Olympic races to help you gain the fitness and confidence to complete your first race--and enjoy doing it. Transition from a single to a multisport athlete with advice on everything from injury prevention and mental fitness to pro tips for mastering each sport. The up-to-date information and expert guidance make your training journey and race day experience safe, fun, and memorable. This triathlon training book includes: Triathlon 101--All the triathlon-specific information you need to know, including helpful features like gear checklists, transition tips, and race day rules. Training beyond the basics--The chapters provide simple-to-understand details on training fundamentals, stretching exercises, and advice tailored

to runners, cyclists, and swimmers. 12-week training plans--Follow a detailed, day-by-day training plan for either a Sprint or Olympic distance race. When you're ready to race in your first triathlon, grab a copy of Athlete to Triathlete and complete the race with confidence.

Go Math!: Units of measure Macmillan Annotation In the world of digital products, the future is difficult to predict and success requires reducing the risk of failure. This book codifies and captures a common language and process for design sprints, making them accessible to anyone, and enabling businesses and teams to build products that are successful.

**Eureka Math Grade 4 Fluency Practice Workbook (Modules 1-7)** Carson-Dellosa Publishing

Offering an analysis of oral poetry dueling performed at traditional Palestinian weddings this book addresses poetry dueling as a performative and compositional device, and explores the complex linkages between this tradition and other genres of Arabic poetry.

*Reunion Pass* Melissa Schroeder

A New York Times bestseller, *Reunion Pass* is an Eternity Springs novel from Emily March IT'S NEVER TOO LATE TO HAVE A CHANGE OF HEART. Six years ago, Chase Timberlake bought an engagement ring for his high school sweetheart Lori Reese. Then...life happened. Chase's adventure photography career took off, Lori's dream of getting into veterinary school came true, and their happily ever after never came to pass. When Chase's jet-setting life takes a tragic turn, he returns to Eternity Springs a damaged man. Who better to help mend his spirit than the woman who has dedicated her life to healing broken wings? Long summer days spent together rekindles the love that never died and Chase dares to dream of a future he'd thought lost. But Lori can't help but wonder whether this high-flying man really wants a small-town girl with roots sunk deep into the Colorado Rockies. Can she and Chase turn back the hands of time and pick up where they left off—and give forever a chance? *Reunion Pass* is the eleventh installment in Emily March's acclaimed Eternity Springs series.

**Eureka Math Grade 6 Learn, Practice, Succeed Workbook #2 (Module 2)**  
Rockridge Press

Eureka helps students to truly understand math, connect it to the real world, and prepare them to solve problems they haven't encountered before. The team of teachers and mathematicians who created Eureka Math believe that it is not enough

for students to know the process for solving a problem; they need to know why that process works. Eureka presents math as a story, one that develops from grades PK through 12. In *A Story of Units*, our elementary curriculum, this sequencing has joined with the methods of instruction that have been proven to work, in this nation and abroad.

Engaging Minds Government Printing Office

A Peace Corps volunteer's inspirational story about the power of small change In 2001, Peace Corps volunteer Rajeev Goyal was sent to Namje, a remote village in the eastern hills of Nepal. Brimming with idealism, he expected to find people living in conditions of misery and suffering; instead, he discovered a village full of happy, compassionate people. After organizing the villagers to build a water-pumping system in the midst of the dangerous Maoist war that had gripped the country, Goyal learned how complex rural development truly is. He also witnessed how the seemingly lowliest villager can hold profound power to influence not only his or her own village but also the highest rungs of government. Years after this experience, Goyal applied the lessons he learned in Namje to his work on Capitol Hill. Approaching Congress as if it were a Nepalese caste system, Goyal led a grassroots campaign to double the size of the Peace Corps. His unique approach to advocacy included strategically positioning himself outside the men's room of the capitol building waiting for lawmakers to walk out. As a result of his determined bird-dogging, Goyal managed to make allies of more than a hundred members of Congress and in the process, he ruffled the feathers of some of the most powerful figures in Washington. But due to his efforts, the Peace Corps was granted a \$60-million increase in funding, the largest dollar-amount increase in the organizations history. On this path to victory Goyal endured a number of missteps along the way, and, as he reveals, his idealism at times faded into fear, anger, and frustration. In this honest and inspirational account of his life as an activist, Goyal offers daring ideas for how the Peace Corps and other organizations can be even more relevant to our rapidly changing world. He urges environmentalists, educators, farmers, artists, and designers to come together and contribute their talents. Filled with history, international politics, personal anecdotes, and colorful characters, *The Springs of Namje* is a unique and inspiring book about the power of small change.