

Falls In Older People Essential Falls Management

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CURRENT Geriatric Diagnosis and Treatment Frontiers Media SA

Donaldsons' Essential Public Health has been in continuous print for 35 years, evolving through successive editions. This unrivalled record of success for a textbook of public health shows the enduring appeal of its content, style, and accessibility to generations of students and practitioners. For many of today's national and global public health leaders, the book was their guide as they began their careers, their benchmark as they passed their examinations and professional accreditation, and remains their companion as a source of reference and refreshed knowledge for teaching and practice. The book brings together, in one volume, the main health problems experienced by populations and by the key groups within them, the strategies for promoting health and preventing disease, the principles and applications of epidemiology, the main themes of health policy, and a description of health service provision. This fourth edition marks the biggest change to the book in 20 years. For the first time it sets each key subject area in a global health context, whilst retaining its traditional strength in covering population health for the United Kingdom. New and revised chapters for this edition include: Health in a changing world Communicable diseases Non-communicable diseases Social determinants of health Quality and safety of healthcare Mental health Disability Health in later life Environment and health History of public health The content is wide-ranging and written in an accessible and engaging style. It covers topics as diverse as: the story of the 2014 Ebola virus outbreak in West Africa; the elements of tobacco control policy; the health impact of climate change; the global health organisational architecture; the concept of health; the new paradigm of public mental health; the biological pathways that link to the health effects of social deprivation; the ideal of universal health coverage; the essentials of immunisation; the basis of healthy ageing; the historical events that led to the germ theory of disease and the Victorian sanitary revolution. This new edition is essential reading for all undergraduate and postgraduate students of public health, medicine, nursing, health policy, social science, and public sector management. Those embarking on a career in public health will find it of great value throughout their professional life. The book is also an extremely useful resource for established practitioners in primary care, doctors, senior nurses, health system managers, healthcare policy makers, civil servants in ministries of health, and members of boards of health organisations.

AAOS Essentials of Musculoskeletal Care McGraw Hill Professional

Meet the diverse health care needs of older adults! Explore effective ways to enhance the wellness and independence of older adults across the wellness-illness continuum, including acute, primary, and long-term care. From an overview of the theories of aging and assessment through the treatment of disorders, including complex illnesses, this evidence-based book provides the comprehensive gerontological coverage you need to prepare for your role as an Advanced Practice Nurse. You'll be prepared for boards and for practice.

Donaldsons' Essential Public Health Springer Nature

Despite of the enormous efforts of researchers and clinicians to understand the pathophysiology of falls in older adults and establish preventive treatments, there is still a significant gap in our understanding and treating of this challenging syndrome, particularly when we focus in cognitively impaired older adults. Falls in older adults are a very common yet complex medical event, being the fifth leading cause of death and a main cause of insidious disability and nursing home placement in our world aging population. Importantly, falls in the cognitively impaired double the prevalence of the cognitively normal, affecting up of 60% of older adults with low cognition and increasing the risk of injuries. The past decade has witnessed an explosion of new knowledge in the role of cognitive processes into the falls mechanisms. This was also accompanied with clinical trials assessing the effect of improving cognition via pharmacological and non-pharmacologic approaches to prevent falls and related injuries. Unfortunately, this revolution in emerging interventions left a gap between clinician-scientists and researchers at academic centers where the new data had been generated and the practitioners who care for cognitively impaired patients with falls. Most advances are published in specialty journals of geriatric medicine, neurology, and rehabilitation. The aim of this book is to reduce this gap and to provide practical tools for fall prevention in cognitively impaired populations. The proposed book is designed to present a comprehensive and state-of-the-art update that covers the pathophysiology, epidemiology, and clinical presentation of falls in cognitively impaired older adults. We additionally aim to reduce the knowledge gap in the association between cognitive processes and falls for practitioners from a translational perspective: from research evidence to clinical approach. We will address gaps and areas of uncertainty but also we will provide practical evidence-based guidelines for the assessment, approach, and treatment of falls in the cognitively impaired populations. This book is a unique contribution to the field. Existing textbooks on fall prevention focus in global approaches and only tangentially address the cognitive component of falls and not purposely address special populations and/or settings as residential care and nursing homes. Due to the expected increase of proportion of older adults with cognitive and mobility impairments, this book is also valuable for the whole spectrum of the health care of the elderly. By including a transdisciplinary perspective from geriatric medicine, rehabilitation and physiotherapy medicine, cognitive neurology, and public health, this book will provide a practical and useful resource with wide applicability in falls assessment and prevention.

Ebersole & Hess' Toward Healthy Aging - E-Book Routledge

Named a 2013 Doody's Essential Purchase! "This is a terrific text with good basic information and a level of detail, tools, and practicality that make it a useful resource to get older adults mobilized in any setting."--The Gerontologist "[This] book provides a practical hands-on perspective for

implementing function focused care in all settings...[It] is a unique resource that is relevant for all nurses and health care providers working with older adults. In addition to addressing functional decline, function-focused care provides a fresh and practical solution to many of the problems that tend to arise with older adults such as infections, falls, and pressure ulcers all known to be associated with immobility." From the Foreword by Colin Milner CEO, International Council on Active Aging "This book encourages individualization, which is difficult to achieve with more prescriptive approaches. This second edition includes chapters on cognitively impaired adults, ethical issues, and patient-centered care, all of which are so important in long-term care. I found it to be very motivating in the way it helped me apply the philosophy and strategies to elders with whom I come in contact. I would highly recommend this book to anyone working with elders. Score: 95, 4 Stars--Doody's Medical Reviews The purpose of restorative care nursing (often referred to as function-focused care) is to take an active role in helping older adults maintain their highest level of function, thereby preventing excess disability. This is the only volume to educate caregivers about both the philosophy of restorative care and how to integrate it into all care settings for older adults. Now in its second edition, the text contains updated content in each chapter along with two entirely new chapters on function-focused care for cognitively impaired adults, ethical issues, and patient-centered care. The book provides a complete six-week education program in restorative care for nurses and other caregivers, numerous practical suggestions for beneficial activities that will enhance function, and strategies for motivating both older adults and caregivers to engage in restorative care. Woven throughout the text is research that documents the benefits and expected outcomes of restorative care. The book also includes the requirements for restorative care across all settings, and the necessary documentation. Restorative Care Nursing for Older Adults will help formal and informal caregivers and administrators at all levels assimilate the philosophy of restorative care and be able to develop and implement successful restorative care programs. This New Edition Features: Completely updated information, including two new chapters on function-focused care for cognitively impaired adults, ethical issues, and patient-centered care A six-week education program that teaches practical application of restorative care nursing Helpful suggestions and strategies for motivating older adults and caregivers Education materials designed for nursing home, assisted living, and acute care settings, including required documentation and goal-setting forms Educational materials for family caregivers

Providing Healthy and Safe Foods As We Age CRC Press

"This book provides the practical recommendations, modifications, types of equipment, and resources that will improve the safety, health, and quality of life of older patients and residents of long-term care facilities. It also includes photocopyable forms and discharge checklists."--BOOK JACKET.

Essential Geriatrics Bloomsbury Publishing

"The aim of this third edition of our book is to review and incorporate this new material to provide researchers, students, and health care workers with a means for gaining access to current thinking and best clinical practice. Listed below are some highlights of progress and encouraging findings. Studies aimed at understanding balance have used paradigms such as tripping, slipping, and stepping to more accurately reflect situations in which people fall. A large body of neuropsychological research has shown that balance activities that were generally considered to be reflex or automatic require attention, and that impaired executive functioning is an important risk factor for falls. New wearable sensor technologies have allowed mobility and fall risk to be remotely assessed, paving the way for unobtrusive at-home monitoring. Several cognitive-motor interventions comprising exergames have been evaluated in randomized controlled trials, where they have been shown to improve balance. These may be an enjoyable way to facilitate adherence. Cognitive behavior therapy in association with exercise can substantially reduce fear of falling. Systematic reviews have synthesized the findings of randomized controlled trials have examined the effects of a range of exercise interventions in preventing falls in community dwellers. From this large body of evidence, it is now possible to conclude that effective exercise programs must comprise challenging, weight-bearing balance exercises. It is less clear how to prevent falls in residential care, but a recent well-designed randomized controlled trial has shown that an exercise intervention can prevent falls in nursing home residents. Several fall prevention interventions have now also been demonstrated to be cost-effective, again particularly exercise interventions in community dwellers"--

Essentials of Clinical Geriatrics 7/E National Academies Press

Falling is one of the most common causes of disability in later life and is also one of the most preventable. This book provides an enormous body of fall-related research that has been organized by the author into easy, digestible information for geriatric health professionals. Extensively updated and revised for its second edition, the book has direct clinical applications and strategies for preventing and managing falls. It also contains new information on the physical, psychological, and social complications of falling. For physicians, nurses, administrators, and staff in long-term and other geriatric care settings, this book will be an essential resource.

Essentials of Clinical Geriatrics, Eighth Edition McGraw Hill Professional

In an ageing population, those who specialise in the treatment of older people are more essential than ever. The specialty is also becoming more evidence-based as research into care of the elderly grows. This second edition of Essential Geriatrics has been comprehensively updated and expanded, with entirely new sections on the ageing process and a selection of important topics. In addition there are 100 questions throughout the text in the modern knowledge-based 'best of five' format, with answers. This text specifically focuses on the key aspects of elderly care, spanning both general medicine and the particular problems encountered in geriatrics as a route into the specialty: the subjects chosen typically receive scant coverage in general medical texts. Practical guidance for managing the conditions covered is included at the end of each section, with reasoned approaches to areas where evidence is more scarce. Eloquently describes the knowledge and experience base essential for practitioners of geriatric

medicineA" - James George in his Foreword From reviews of the first edition: Strongly recommended to geriatricians of all grades and valuable for all members of the multi-disciplinary team on the shelf of the ward office. Excellent.' AGE AND AGEING

Falls Prevention, An Issue of Clinics in Geriatric Medicine Nova Science Publishers

Falls are a major health challenge and represent the leading cause of accidental death in older adults. It is essential to identify those factors associated with an increased risk for falls and to develop specific programs for fall prevention. The risk of falling can be assessed in older adults using different parameters, including biological, psychosocial, socioeconomic, behavioral, and environmental factors. For example, the risk of falls increases when vision is impaired, when sleep quality is poor, or when mood is depressed. Moreover, physical parameters, such as changes in body mass and blood pressure are risk factors for falls in older adults.

Families Caring for an Aging America Springer Publishing Company

Balance, Gait, and Falls, Volume 159 presents the latest information on sensorimotor anatomy, sensory integration, gravity and verticality, standing balance, balance perturbations, voluntary stepping and gait initiation, gait and gait adaptability, disorders of balance and gait that result from aging and neurological diseases. The book provides a brief overview of age-related changes in the structure and function of sensorimotor and central processes, with sections specifically devoted to Parkinson's disease, parkinsonism, cerebellar ataxia, stroke, corticobasal degeneration, multiple sclerosis, Huntington's disease, dystonia, tremor, Alzheimer's disease, frontotemporal dementia, cerebral palsy, polio, motor neuron disease, brainstem lesions, spinal lesions, peripheral nerve disease, and psychogenic conditions. Diseases covered have a common structure comprising background and epidemiology, pathology, balance disorders, gait disorders, falls, therapies (including fall prevention), and future directions. Covers all aspects of basic and clinical research on disorders of balance and gait in neurological disease Presents a multidisciplinary review of balance and gait physiology, the epidemiology and natural history of balance and gait impairments in aging, and a broad range of neurological diseases Addresses impairments of balance and gait for basic and clinical researchers in neuroscience, human movement science, physiotherapy and exercise physiology *WHO Global Report on Falls Prevention in Older Age* Cambridge University Press

Since the first edition of this very successful book was written to synthesise and review the enormous body of work covering falls in older people, there has been an even greater wealth of informative and promising studies designed to increase our understanding of risk factors and prevention strategies. This second edition, first published in 2007, is written in three parts: epidemiology, strategies for prevention, and future research directions. New material includes recent studies covering: balance studies using tripping, slipping and stepping paradigms; sensitivity and depth perception visual risk factors; neurophysiological research on automatic or reflex balance activities; and the roles of syncope, vitamin D, cataract surgery, health and safety education, and exercise programs. This edition will be an invaluable update for clinicians, physiotherapists, occupational therapists, nurses, researchers, and all those working in community, hospital and residential or rehabilitation aged care settings.

Chart Supplement, Pacific Springer Nature

The most up-to-date source of clinically focused information on the medical care of the increasing elderly population. This text features relevant diagnostic and treatment content needed by every provider of healthcare to older adults. The text covers the major diseases and disorders of the elderly with particular attention to the care of the elderly.

Falls in Older Adults: Prevention and Risk Evaluation John Wiley & Sons

Comprising a single repository of knowledge and scientific evidence in the field, this book provides strategies to mitigate fall risk by providing information on the complex interactions between aging processes, co-morbid conditions and prescribed medications in older patients. Geriatric health is becoming a more prominent issue as the population ages, and balancing the beneficial effects of medication against the potential and real side-effects in these patients involves a deliberate and thoughtful task: physiologic aging, the accumulation of co-morbidities, and the use of drugs to manage various conditions and symptoms generates a unique set of problems for each patient. Falls are a dreaded event in older people. The event can affect a person in a physical, and psychological manner, resulting in soft tissue and bony injury, fear of falling, and depression. The identification of and reduction in fall risks in older people is a worldwide concern, and reducing the incidence of falls is a ubiquitous quality measure of health care delivery. Heterogeneity amongst older people precludes a single solution. However, physicians and others involved in the care of geriatric patients will benefit from the presented insights into how medication use can be modified to limit its impact as a contributing factor.

Falling In Old Age , 2nd edition Springer Publishing Company

"Nurses play a vital role in improving the safety and quality of patient care -- not only in the hospital or ambulatory treatment facility, but also of community-based care and the care performed by family members. Nurses need know what proven techniques and interventions they can use to enhance patient outcomes. To address this need, the Agency for Healthcare Research and Quality (AHRQ), with additional funding from the Robert Wood Johnson Foundation, has prepared this comprehensive, 1,400-page, handbook for nurses on patient safety and quality -- Patient Safety and Quality: An Evidence-Based Handbook for Nurses. (AHRQ Publication No. 08-0043)." - online AHRQ blurb, http://www.ahrq.gov/qual/nursesdbbk/Restorative_Care_Nursing_for_Older_Adults Elsevier Health Sciences

Grounded in the core competencies recommended by the AACN in collaboration with the Hartford Institute for Geriatric Nursing, Ebersole & Hess' *Toward Healthy Aging*, 8th Edition is the most comprehensive resource on health promotion and maintenance for older adults and their caregivers. With coverage of communication, safety and ethical considerations, new genetic research, key aging issues, and common and uncommon conditions, you will have the knowledge you need to promote healthy lifestyle choices, properly address end-of-life issues, and provide effective, holistic care for older adults. Consistent chapter organization with objectives, case studies with critical thinking questions, and research questions make information easy to access and use. A strong focus on health and wellness emphasizes a positive approach to aging. Disease processes are discussed in the context of healthy adaptation, nursing support, and responsibilities. Research highlights help incorporate the latest research findings into practice. Nutrition chapter includes the most current guidelines for older adults and addresses patients' dietary needs. Scales and guidelines for proper health assessment provide the essential information for assessing the older adult patient. Case studies with critical thinking questions offer realistic situations to expand your knowledge and understanding. Careful attention to age, cultural, and gender differences are integrated throughout and

highlight important considerations when caring for older adults. Content grounded in the core competencies offers the knowledge needed to achieve the National League for Nursing ACES program's Essential Nursing Actions and meets the Recommended Baccalaureate Competencies and Curricular Guidelines for the Nursing Care of Older Adults, the Geriatric Nursing Education State of the Science Papers, and the Hartford Institute for Geriatric Nursing Best Practices in Nursing Care to Older Adults. NEW! QSEN content highlights quality and safety issues students need to know when treating older patients. NEW! Chapter covering the role of communication emphasizes the importance of communication in improving care. NEW! Focus on genetics highlights the vast amount of new genetic research and its effects on all aspects of health and aging. NEW! Information on ethical considerations explores and illustrates potential issues when dealing with older adults. NEW! Healthy People 2020 information assists your students in integrating their knowledge about healthy aging considerations into care.

Geriatric Practice Elsevier Australia

Does a longer life mean a healthier life? The number of adults over 65 in the United States is growing, but many may not be aware that they are at greater risk from foodborne diseases and their nutritional needs change as they age. The IOM's Food Forum held a workshop October 29-30, 2009, to discuss food safety and nutrition concerns for older adults.

Essential Facts in Geriatric Medicine F.A. Davis

This new edition of the popular and market-leading *Diabetes in Old Age* features up-to-date and comprehensive information about the key aspects of managing older people with diabetes, predominantly type 2 diabetes. With a strong evidence-based focus throughout, the entire range of issues surrounding diabetes and its many complications are covered, each with a clear focus on how they relate directly to the older patient. Varying approaches to optimizing diabetes care in the community, primary care and secondary care health care arenas are presented, and the importance of comprehensive functional assessment is emphasized. Coverage of areas unique to an ageing population of older people with diabetes such as falls management, frailty and sarcopenia, and cognitive dysfunction form a key cornerstone of the book. In every chapter, best practice points and key learning outcomes are provided, as well as published evidence bases for each major conclusion. *Diabetes in Old Age*, 4th edition is essential reading for diabetologists and endocrinologists, diabetes specialist nurses, primary care physicians, general physicians and geriatricians, podiatrists and dietitians with an interest in diabetes, as well as all health professionals engaged in the delivery of diabetes care to older people.

CiteSpace Elsevier

Falling is one of the most common causes of disability in later life and is also one of the most preventable. This book provides an enormous body of fall-related research that has been organized by the author into easy, digestible information for geriatric health professionals. Extensively updated and revised for its second edition, the book has direct clinical applications and strategies for preventing and managing falls. It also contains new information on the physical, psychological, and social complications of falling. For physicians, nurses, administrators, and staff in long-term and other geriatric care settings, this book will be an essential resource.

Orthogeriatrics Jones & Bartlett Learning

This new open access edition supported by the Fragility Fracture Network aims at giving the widest possible dissemination on fragility fracture (especially hip fracture) management and notably in countries where this expertise is sorely needed. It has been extensively revised and updated by the experts of this network to provide a unique and reliable content in one single volume. Throughout the book, attention is given to the difficult question of how to provide best practice in countries where the discipline of geriatric medicine is not well established and resources for secondary prevention are scarce. The revised and updated chapters on the epidemiology of hip fractures, osteoporosis, sarcopenia, surgery, anaesthesia, medical management of frailty, peri-operative complications, rehabilitation and nursing are supplemented by six new chapters. These include an overview of the multidisciplinary approach to fragility fractures and new contributions on pre-hospital care, treatment in the emergency room, falls prevention, nutrition and systems for audit. The reader will have an exhaustive overview and will gain essential, practical knowledge on how best to manage fractures in elderly patients and how to develop clinical systems that do so reliably.

Falls in Older People Springer Nature

A critical milestone in the evolution of evidence-based medicine *Evidence-Based Interventions for Community Dwelling Older Adults* presents an overview of significant evidence-based programs that can improve the health of seniors living in community-based settings. The book examines research conducted on a variety of health-related issues, including depression, care management, falls prevention, physical activity, and medications management. It also looks at research models that were translated into real-life practice settings, explores the benefits of implementing evidence-based models into care settings, and provides examples of how to adapt tested programs to meet local agency and population needs. The health care delivery system in the United States has embraced evidence-based medicine, largely based on its potential to reduce unwanted variations and keep a lid on escalating health care costs. But there are few resources available on how to gather information about model programs and even fewer on how to adapt them for practice. *Evidence-Based Interventions for Community Dwelling Older Adults* discusses how to effectively manage care beyond the hospital or clinic, as researchers, practitioners, policymakers, and academics provide an overview of evidence-based practice that works toward the best possible care for patients. The book also highlights the efforts of social workers, pharmacists, and case managers, and illustrates the importance of the leadership efforts of the Administration on Aging, National Council on Aging, and the Centers for Disease Control. *Evidence-Based Interventions for Community Dwelling Older Adults* examines: the effectiveness of geriatric care management medication management screening and intervention multifaceted intervention strategies to prevent and/or reduce falls among older adults physical fitness activities for the frail elderly population at home barriers to depression care and how to reduce them using Problem-Solving Therapy (PST) to address depression and other psychosocial issues using Diffusion of Innovation Theory to duplicate an end-of-life, in-home palliative care model and much more *Evidence-Based Interventions for Community Dwelling Older Adults* is an essential resource for anyone who works with seniors in medical and community-based settings, including case managers, geriatricians, social workers, pharmacists, and physical therapists. It's equally valuable as a professional aid for program directors, CEOs, and administrators of medical and community-based programs that target older adults.