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# Commitment My Autobiography

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*Commitment My  
Autobiography*

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## DEVAN KRISTOPHER

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I Put A Spell On You Random House  
In the most candid and compelling sports memoir since Andre Agassi's riveting bestseller Open, former San Francisco 49er, Super Bowl champion, NFL MVP, and Hall of Famer Steve Young gives readers an unprecedented and stunning inside look at what it takes to become a super-elite professional quarterback. Steve Young produced some of the most memorable moments in NFL history. But his most impressive victories have been deeply personal ones that were won when no one was watching. His remarkably revealing memoir is the story of a Mormon

boy with a 4.0 GPA, a photographic memory, and a severe case of separation anxiety. As an eighth-string quarterback at Brigham Young University, it was doubtful that he would ever see any playing time. But Young became an All-American, finished second in the Heisman voting, and was the top draft choice out of college. Then, after signing the largest contract in sports history, anxiety nearly drove him to walk away from football completely. In short, Young's quest in life was always about grit. Now, he shares the experience of being inside his helmet while he faces down his toughest adversaries, both on and off the field. "This book is gold."—Peter King  
"Intense."—San Francisco Chronicle  
"Steve Young is a hero of mine, and his

story is a source of inspiration for me. His perseverance, intelligence, and, most of all, grace under pressure, NFL-style, make this book a fascinating read. Thanks, Steve, for sharing your story with one of your biggest fans!"—Tom Brady  
#2Sides HarperCollins UK  
The global icon, award-winning singer, songwriter, producer, actress, mother, daughter, sister, storyteller and artist finally tells the unfiltered story of her life in The Meaning of Mariah Carey. It took me a lifetime to have the courage and the clarity to write my memoir. I want to tell the story of the moments - the ups and downs, the triumphs and traumas, the debacles and the dreams - that contributed to the person I am today. Though there have been countless stories

about me throughout my career and very public personal life, it's been impossible to communicate the complexities and depths of my experience in any single magazine article or a ten-minute television interview. And even then, my words were filtered through someone else's lens, largely satisfying someone else's assignment to define me. This book is composed of my memories, my mishaps, my struggles, my survival and my songs. Unfiltered. I went deep into my childhood and gave the scared little girl inside of me a big voice. I let the abandoned and ambitious adolescent have her say, and the betrayed and triumphant woman I became tell her side. Writing this memoir was incredibly hard, humbling and healing. My sincere hope is that you are moved to a new understanding, not only about me, but also about the resilience of the human spirit. Love, Mariah

#### My Life in Red and White Bluebird

Meet a genuine American folk hero cut from the homespun cloth of America's heartland: Sam Walton, who parlayed a single dime store in a hardscrabble cotton town into Wal-Mart, the largest retailer in the world. The undisputed merchant king

of the late twentieth century, Sam never lost the common touch. Here, finally, inimitable words. Genuinely modest, but always sure of his ambitions and achievements. Sam shares his thinking in a candid, straight-from-the-shoulder style. In a story rich with anecdotes and the "rules of the road" of both Main Street and Wall Street, Sam Walton chronicles the inspiration, heart, and optimism that propelled him to lasso the American Dream.

#### **Can't Hurt Me** Penguin

Didier Drogba is one of the most talented and also most unpredictable players in English football. Brought to Chelsea by Jose Mourinho after success with Marseille in France, he quickly became one of the most lethal strikers in the Premiership and helped Chelsea to the highest success. But then Mourinho – whom Drogba idolised and whose Foreword reveals the admiration is mutual – departed, and the revolving door of managers that followed saw Drogba disaffected, injured, left out of the side and, the nadir, sent off in the 2008 Champions League final. But now under the new coach Guus Hiddink he is fit again and scoring high-pressure goals and

a match for any defence. Characteristically, Drogba first published his autobiography in French, and not for him the empty succession of clichés about a great bunch of lads and a game of ninety minutes. This is a story of growing up in West Africa, then an unsettling emigration to France, and a rise to the highest echelon of football there before Chelsea's money came beckoning. It is a controversial book – Drogba found Chelsea in his first months a thoroughly unwelcoming and lonely place – and about much more than football: in his native Ivory Coast Drogba is a hero and even something of a political campaigner for whom peace and prosperity there is more important than any football bauble. Didier Drogba plays for Chelsea and the Ivory Coast.

*Gunning for Greatness: My Life* Harper Collins

The first volume of the autobiography of Doris Lessing, author of 'The Grass is Singing' and 'The Golden Notebook', and Winner of the Nobel Prize for Literature 2007. Winner of the James Tait Black Prize 1994.

*Created for Commitment* HarperCollins  
Jonny Wilkinson's career has crossed three

decades and four World Cups. He has accumulated phenomenal achievements, world points records, an impressive list of broken body parts, and a drop goal that will be remembered for ever. But the peculiar calmness with which he played the game masked a very different reality. In JONNY, he reveals the extraordinary psychology that he had to tame in order to be able to dominate his sport. For most of his life, he was driven by a quest for perfection and an obsession to be the best player in the world; here he shows how these two facets of his competitive mind took such a hold of him that they sent him to the top of the world, then swept him up and dragged him down into a spiral of despair. Jonny's career has spanned the far reaches: amazing highs and iconic moments, then a fight against injury that culminated in a battle with depression. Here he tells of the physical toll he knew his body was taking from rugby, even from his youth; he tells of how he never wanted to be a kicking fly-half but learned to adapt his natural game to play the style that Clive Woodward believed necessary to win a World Cup, and how he nearly walked out on Martin Johnson's England

team 13 years later.

**The Commitment** Simon and Schuster  
The author chronicles how the U.S. government gave her and her Brazilian-born lover, Felipe, an ultimatum--marry or Felipe cannot enter the country again--and how she tackled her fears through research and personal reflection on the enduring institution of marriage.

*Doing Good* Random House

A 4-Step Plan that Guides You Toward Your Goals and Holds You Accountable for Achieving Them Have you ever gotten really excited about a goal that you wanted to achieve and then had a hard time following through with it? Do you frequently say that you're going to do something and then either forget about it or get too busy and end up not doing it? If so, *The Commitment Book* can help! In it, we introduce you to our Commitment Training Program, which is a simple system that helps you come up with a realistic commitment and then holds you accountable for keeping it. We focus on keeping the commitment rather than the goal itself. When you can keep your word, your self esteem will immediately rise! Our system gives you the tools for a lifetime of

following through on what you say you will do! It is broken into the following four steps: 1. Find your commitment 2. Commit to your commitment 3. Keep your commitment 4. Celebrate, re-evaluate, and recommit to your commitment It is written to be a workbook and gives you the opportunity to really explore what you want to commit to in life. It is great for individuals to use to follow their goals. It's also a great tool for families, teachers, counselors, and corporations. An excerpt from the introduction: Do you want to change anything about your life? Maybe you've already tried but ran out of steam (or got distracted, lost interest, or decided you didn't have time) before you accomplished your goal. If so, you're not alone! Most people already know what they want and how to get it. So why isn't everyone accomplishing their goals and living their dreams? Commitment. If you can commit to change, this book can help. *Qb Knopf Canada*  
James Baldwin used to tell Nina Simone, "This is the world you have made for yourself, now you have to live in it." Simone has created for herself a world of magnificent peaks. Often compared to

Billie Holiday and Edith Piaf, Simone is known as one of the greatest singers of her generation. She has recorded forty-three albums, ranging from blues to jazz to folk, and her hits like "I Loves You, Porgy," "My Baby Just Cares for Me," "I Put a Spell on You," and "Mississippi Goddam" have confirmed her as an enduring force in popular music. Her song "Young, Gifted, and Black" became the anthem for the Civil Rights Movement and thrust her beyond international stardom into the center of activism. But such worlds as Simone's are not without their grim valleys: disastrous marriages, arrest and the threat of imprisonment, mental breakdown, poverty, and attempted suicide. She has survived these trials and continues to perform throughout Europe and the United States. With undiminished passion and in her unconquerable voice, this is Nina Simone's powerful memoir of her tempestuous life.

**Power Forward** David Goggins  
An incredible story of Johnny Agar, born with cerebral palsy and whom doctors thought would never walk, overcoming the odds to compete in Ironman triathlons. Featured on ESPN, NBC Nightly News, The

Today Show, and other media outlets, Johnny delivers a moving memoir that is a testament to the power of family, faith, and extraordinary courage. Johnny's story shows the impact of a life lived to its fullest, from the first difficult steps in training, to becoming a brand ambassador for global apparel company Under Armour. He now serves as an inspiration for not only other professional athletes, but for anyone facing their own impossible mile. Come walk a mile in Johnny's shoes, and realize, as Johnny did, you never walk alone, and anything is possible, if you'll just take on life one step at a time.

**A Journey** Soulful Journals  
The story of one of the most recognisable and successful players in world football. Didier Drogba is renowned for his heading ability, sharp shooting and sheer strength. He has played for his native Ivory Coast and for clubs in France, China and Turkey, but it is as a Chelsea striker that he is best known. His feats with Chelsea have made him a cult hero among supporters. In Didier Drogba's honest and revealing autobiography he will talk about life as an immigrant in Paris, the importance of his education and how finding success later

than most professional footballers has kept him grounded. In 2012 Didier was voted Chelsea's greatest ever player. He talks from a privileged behind-the-scenes position about tactics and how he felt mentally and physically as well as anecdotes from the dressing room. Didier provides unique insight into important and controversial matches from the first trophy he won with them in 2005 to the Premier League title a decade later; as well as what persuaded him to stay when he was at his lowest ebb. Away from football Drogba has been widely applauded for his involvement in trying to broker peace in the Ivorian civil war - he is a UN Goodwill Ambassador and does a huge amount of work with the Didier Drogba Foundation - Time magazine named him one of the world's 100 most influential people. Go behind the scenes at Stamford Bridge and find out about life on and off the field for this humble Chelsea hero.

**Rise of the Underdog** Pan Macmillan  
"I have no wish to play the pontificating fool, pretending that I've suddenly come up with the answers to all life's questions. Quite the contrary, I began this book as an exploration, an exercise in selfquestioning.

In other words, I wanted to find out, as I looked back at a long and complicated life, with many twists and turns, how well I've done at measuring up to the values I myself have set." In this luminous memoir, a true American icon looks back on his celebrated life and career. His body of work is arguably the most morally significant in cinematic history, and the power and influence of that work are indicative of the character of the man behind the many storied roles. Sidney Poitier here explores these elements of character and personal values to take his own measure--as a man, as a husband and father, and as an actor. Poitier credits his parents and his childhood on tiny Cat Island in the Bahamas for equipping him with the unflinching sense of right and wrong and of selfworth that he has never surrendered and that have dramatically shaped his world. "In the kind of place where I grew up," recalls Poitier, "what's coming at you is the sound of the sea and the smell of the wind and momma's voice and the voice of your dad and the craziness of your brothers and sisters ... and that's it." Without television, radio, and material distractions to obscure what

matters most, he could enjoy the simple things, endure the long commitments, and find true meaning in his life. Poitier was uncompromising as he pursued a personal and public life that would honor his upbringing and the invaluable legacy of his parents just a few years after his introduction to indoor plumbing and the automobile, Poitier broke racial barrier after racial barrier to launch a pioneering acting career. Committed to the notion that what one does for a living articulates who one is, Poitier played only forceful and affecting characters who said something positive, useful, and lasting about the human condition. Here, finally, is Poitier's own introspective look at what has informed his performances and his life. Poitier explores the nature of sacrifice and commitment, pride and humility, rage and forgiveness, and paying the price for artistic integrity. What emerges is a picture of a man seeking truth, passion, and balance in the face of limits--his own and the world's. A triumph of the spirit, *The Measure of a Man* captures the essential Poitier.

*Red: My Autobiography* Tin House Books  
Winner of the Publishing Triangle Judy

Grahn Award for Lesbian Nonfiction, Phi Beta Kappa Christian Gauss Award, and a Lambda Literary Award Finalist for the National Book Award Longlisted for the Andrew Carnegie Medal for Excellence in Nonfiction How do you tell the real story of someone misremembered—an icon and idol—alongside your own? Jenn Shapland's celebrated debut is both question and answer: an immersive, surprising exploration of one of America's most beloved writers, alongside a genre-defying examination of identity, queerness, memory, obsession, and love. Shapland is a graduate student when she first uncovers letters written to Carson McCullers by a woman named Annemarie. Though Shapland recognizes herself in the letters, which are intimate and unabashed in their feelings, she does not see McCullers as history has portrayed her. Her curiosity gives way to fixation, not just with this newly discovered side of McCullers's life, but with how we tell queer love stories. Why, Shapland asks, are the stories of women paved over by others' narratives? What happens when constant revision is required of queer women trying to navigate and self-actualize in straight

spaces? And what might the tracing of McCullers's life—her history, her secrets, her legacy—reveal to Shapland about herself? In smart, illuminating prose, Shapland interweaves her own story with McCullers's to create a vital new portrait of one of our nation's greatest literary treasures, and shows us how the writers we love and the stories we tell about ourselves make us who we are.

**The Meaning of Mariah Carey** Princeton University Press

The Sunday Times Bestseller and Number 1 Sport Book of 2016 'A tale that's truly inspirational' The Sun An ordinary lad from Sheffield, Jamie Vardy has become known as an against-the-odds footballing hero the world over. Yet a few years ago, things couldn't have been any more different. Rejected as a teenager by his boyhood club, Jamie thought his chance was gone. But from playing pub football and earning £30 a week at Stocksbridge Park Steels, while still working in a factory, his off-the-cuff performances saw him rise. Jamie had a wild and turbulent youth, but football became his saving grace and, once he filled his boots with goals at FC Halifax Town and Fleetwood Town, he moved to

Leicester City. After the miracle of surviving relegation, the team of unlikely outsiders bonded together to achieve the unthinkable: Jamie set the record as the first player to score in 11 consecutive Premier League matches and Leicester beat odds of 5000-1 to become champions. Jamie has now been nominated for the Ballon d'Or, firmly establishing himself as one of England's leading goal scoring footballers. Not forgetting his roots, however, he has set up the V9 Academy in a bid to find the next big talent from non-league football. Defying all expectations, this is the story of the boy from nowhere who reached the top in his own unflinching, honest words.

**Committed** Hodder & Stoughton

Mark and Giulia's life together began as a storybook romance. They fell in love at eighteen, married at twenty-four, and were living their dream life in San Francisco. When Giulia was twenty-seven, she suffered a terrifying and unexpected psychotic break that landed her in the psych ward for nearly a month. One day she was vibrant and well-adjusted; the next she was delusional and suicidal, convinced that she was the devil and that

her loved ones were not safe. All she wanted was to die. Eventually, Giulia fully recovered, and the couple had a son. But, soon after Jonas was born, Giulia had another breakdown, and then a third a few years after that. pushed to the edge of the abyss, everything the couple had once taken for granted was upended. A story of the fragility of the mind, and the tenacity of the human spirit, *My Lovely Wife* is, above all, a love story that raises profound questions: How do we care for the people we love? What and who do we live for? Breathtaking in its candor, radiant with compassion, and written with dazzling lyricism, Lukach's is an intensely personal odyssey through the harrowing years of his wife's mental illness, anchored by an abiding devotion to family that will affirm readers' faith in the power of love.

Under My Skin Farrar, Straus and Giroux

In 1997, the biggest Labour victory in history swept England, ending eighteen years of Conservative government. Prime Minister Tony Blair — young, charismatic and complex — shaped the nation profoundly in the ten years that followed. From his work in Northern Ireland to the wars in Iraq and Afghanistan, few of his

decisions were free from scrutiny and debate. Alternately beloved and reviled, he was an international figure to a degree matched by few British leaders — a role he continues in to this day through the Tony Blair Faith Foundation and his work in the Middle East. Now, for the first time, we see the fascinating journey and difficult choices of the prime minister through his own eyes. Grippingly candid and deeply intimate, *A Journey* is a must-read political memoir, full of startling insights into a host of world leaders, including George W. Bush and Bill Clinton. It is also a book that delves deeply and profoundly into what it means to be in a position of great power today, and its emotional and personal toll. *The Impossible Mile* Simon and Schuster "The first book from Ruth Bader Ginsburg since becoming a Supreme Court Justice in 1993--a ... collection of writings and speeches from the woman who has had [an] ... influence on law, women's rights, and popular culture"--

*My Life* Simon and Schuster

Rio Ferdinand is one of the finest footballers of his generation - a born winner and one of the game's greatest stoppers. Full of outstanding stories and

forthright opinions, *#2Sides* sees Rio reflect on his unique rise to the top of the game: - Cutting his teeth in the West Ham youth teams and becoming captain of Leeds United at the age of 22 - His record-breaking transfer to Manchester United that made him one of the most revered centre-backs in world football - On life under Sir Alex Ferguson and how winning became a habit - Why David Moyes failed as Manchester United manager - On Cristiano Ronaldo, Lionel Messi and why Paul Scholes is the greatest player ever to grace the Premier League With a Foreword by Harry Redknapp, *#2Sides* is a superb retrospective from one of the most outspoken voices of England's golden generation.

*Jamie Vardy: From Nowhere, My Story* Harper Collins

Why are men afraid to commit? Dr Weinberg answers this question in *WHY MEN WON'T COMMIT* and shows women how to help their men change their minds. Dr Weinberg considers that men have four basic needs (the need to be special, to travel light, for loyalty and for emotional closeness) and if they feel that these aren't being met they will develop bad gut

reactions against their girlfriends, which will most likely mystify these women. The problem for women and men is that men themselves couldn't tell you about these needs because they've grown up establishing a 'masculine pretence' that forbids them from showing emotion or discussing problems. Dr Weinberg's *WHY MEN WON'T COMMIT* provides a bridge between the two sexes that will lead to greater understanding, greater commitment and greater happiness. This is a unique approach to an age-old problem because it shows women why they needn't play games, or lose their own dignity, to help men commit. An informed, practical, straight-talking guide to men, or as Dr Weinberg calls them 'the fragile sex', *WHY MEN WON'T COMMIT* is invaluable to every woman who feels her single life must end - and soon!

*Solitary* Harper Collins

Steve Harvey, the host of the nationally syndicated *Steve Harvey Morning Show*, can't count the number of impressive women he's met over the years, whether it's through the "Strawberry Letters" segment of his program or while on tour for his comedy shows. Yet when it comes



to relationships, they can't figure out what makes men tick. Why? According to Steve it's because they're asking other women for advice when no one but another man can tell them how to find and keep a man. In *Act Like a Lady, Think Like a Man*, Steve

lets women inside the mindset of a man and sheds light on concepts and questions such as: The Ninety Day Rule: Ford requires it of its employees. Should you require it of your man? The five questions every woman should ask a man to

determine how serious he is. And much more . . . Sometimes funny, sometimes direct, but always truthful, *Act Like a Lady, Think Like a Man* is a book you must read if you want to understand how men think when it comes to relationships.