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## DEVYN SCHWARTZ

### **The Ballerina's Secret** HarperCollins

Does the poise, grace, and beauty of a prima ballerina take your breath away? Ever dreamt of landing that perfect pirouette? Covering everything from basic positions to the finesse of a pas de deux, this inspiring book will help your child pursue the elegant dance form of ballet. Perfect your port de bras and learn how to dance adagio and allegro. You will even find out the best way to look after your ballet shoes and ensure your make up is just right for your first night on stage. Using gorgeous photos of ballet dancers and easy-to-follow instructions, one of the world's finest ballet dancers Darcey Bussell will teach you various poses, jumps, and exercises, as well as advanced moves and pointework. You will also discover folk and character dancing and read about the great choreographers and composers throughout ballet's history. The Ballet Book beautifully illustrates the world of ballet with captivating notes on classical techniques, the evolution of the dance form, the world's greatest dancers, and a fascinating look on what goes on behind the scene. Budding ballet dancers, this one's for you!

### The Italian Ballerina Vintage

When the tide is out, the curtain is up on this clever tale of an underwater, watercolor ballet featuring dancing crabs and all of their aquatic friends Welcome. Enter. Sit right there. The Crab Ballet is about to begin! This spectacular seaside show, starring dancing crabs, an aquatic corps de ballet, and a cast of French ballet terms, is sure to delight ballet dancers of all stripes.

### *The Secret of the Ballerina* Thomas Nelson

The Secret of the Ballet Book (Children's Fantasy Book, Ballet Fiction, Children's Mystery Book, Children's Career Book) Would Sierra live to prove she is a famous-ballerina-to-be? Sierra's only hope of saving her ballerina dreams is an ordinary ballet book, or so it seems - until a dancer steps out of a page. What's more? Rosella, the ballerina, offers to train Sierra for the audition which might convince her schoolwork-obsessed mum that her daughter is a famous-ballerina-to-be. Sierra cannot believe her luck. Except that Rosella's fate is now in her hands: if she fails to find a way to free Rosella from the magic spells of the witch who trapped her in the book, the dancer will forever have to return to the page within a few hours, whenever she comes out. But even scarier is that if Rosella misses the witch's deadline, she will disappear. And this is just the beginning of Sierra's challenges ... Could Sierra overcome them, and succeed at her audition to avoid having to quit ballet school and give up dance? Would she get Rosella out of the ballet book for good? Or would Sierra end up inside the book too? Worse still, disappear?

### *Astonish Me* St. Martin's Press

When her older sister goes to New York to be a ballet dancer, ten-year-old Lindy chafes at the dullness of life with her grandparents in a small Iowa town.

### **Ballet Cat The Totally Secret Secret** Simon and Schuster

This DK visual guide to ballet history goes beyond other ballet books, with beautiful photography that captures famous dancers and key stories. Discover more than 70 of the most famous ballet dances, from The Nutcracker and Swan Lake to The Rite of Spring. Learn the stories behind renowned companies such as The Royal Ballet and the Bolshoi Ballet. Explore the lives and achievements of dancers across the centuries, such as Margot Fonteyn, Carlos Acosta, and Darcey Bussell. Meet composers and choreographers, from Pyotr Ilyich Tchaikovsky to Matthew Bourne. From its origins at court and the first national ballet companies, to the contemporary scene and extraordinary venues that stage the productions, this book covers an impressive history of ballet and provides an invaluable overview of the subject. Filled with rarely seen photographs covering all the key figures, pieces, and performances, and compelling facts about each dance--the sources they draw from, their production history, and their reception over time--Ballet: The Definitive Illustrated Story is an essential gift for all ballet enthusiasts.

### **The Ballet Companion** Twayne Publishers

Do you command an audience's attention using graceful arm and head positions? Learn how...in the first ballet book designed for skaters! Ballet Secrets for Skaters unlocks the secrets of ballet technique in a fun and friendly style. Discover many tools and tips for proper placement of the upper body--the first place an audience looks.This book includes these essential features:...Photos of real figure skaters show common pitfalls and how to avoid them...BALLET SECRETS and QUICK CHECKS help you remember these points on the ice...Emphasis on making a winning impression--even when you stand still.Bonus! Olympic Gold Medallist Viktor Petrenko and World Ladies Champion Yuka Sato--famous for their artistic expression--offer advice and inspiration for today's competitive skaters.Russian-trained dancer, teacher and choreographer Barbara Denise Files designed this essential guide for skaters, coaches, dance teachers and skating enthusiasts of all ages and abilities.

### *The Cinderella Ballet Mystery* Random House Books for Young Readers

Fifteen-year-old Vanessa follows her sister Margaret to an elite Manhattan ballet school, not only gaining admission but also earning the lead in a production of the Firebird, while trying to uncover why and how Margaret and other lead dancers have disappeared.

### **The Ballet Book** Disney-Hyperion

Peek behind the curtain and find the Ballet Bunnies in this new full-color chapter book series featuring the most darling dancers you will ever meet! Miss Luisa's School of Dance is a magical place. There are dancers and music. . . and bunnies that talk and do ballet! No one knows the bunnies are there. Then, Millie arrives. She's new to ballet class and doesn't know all the moves. But when all the other dancers are gone, she discovers the Ballet Bunnies! They can help Millie find her dancing feet--so long as she can keep the Ballet Bunnies a secret! Don't miss the next

act! Ballet Bunnies #2: Let's Dance

**Ballet Dream** Penguin

Describes the life of a ballerina, the steps to becoming a ballerina, and other styles of dance, in a book that is shaped like a ballerina. On board pages.

*Dance of Shadows* Harlequin

Ballet-inspired fitness for every woman! You don't have to be a professional ballerina to look like one! With Mary Helen Bowers' Ballet Beautiful, forget beating yourself up in the gym and suffering through starvation diets for some unattainable goal. You can achieve your ideal body and develop the strength, grace, and elegance of a dancer by following Mary Helen's proven program--one that's got everyone from celebrities to busy moms to executives raving! Ballet Beautiful is a fitness method that blends the artistry and athleticism of ballet with an easy, accessible eating plan that works for every body - and absolutely no dance experience is required. Created by professional ballerina Mary Helen Bowers, this transformative approach to fitness and health will reshape your body and your mind! Ballet Beautiful's three-fold approach is not an extreme workout nor is it a radical diet for an overnight fix; it's a roadmap to achieving and maintaining your ideal health, shape and size--all with the elegance and strength of a ballerina. Part One of the book introduces the program's empowering mindset, the key to supporting and guiding you through lasting change. Part Two, the Ballet Beautiful Method, consists of challenging, effective, and fun workouts that sculpt and tone sleek ballet muscles and build beautiful posture. Whether you have a full hour or only 15 minutes, you can tailor the program to your own schedule and needs. Part Three shares the Ballet Beautiful Lifestyle, a healthy, balanced approach to nutrition. With meal plans, shopping tips and quick but delicious daily recipes that will satisfy and nourish your entire body, it's a stress-free, diet-free plan that will help keep you feeling as strong and healthy as you look.

*Secret Ballerina* Liveright Publishing

Return to the magical world of Enchantia in the captivating second series of Magic Ballerina by Darcey Bussell!

*Apollo's Angels* Darby Creek™

Secret Princesses is a gorgeous new series about magical princesses and best friends. In this winter special there are two stories for even more magical fun! Trainee Secret Princesses, Charlotte and Mia, are excited about Christmas celebrations at the magical Wishing Star Palace. But evil Princess Poison is determined to spoil everyone's festive fun. Can Charlotte and Mia grant the wishes of two best friends and make sure that their Christmas dreams come true? Join Charlotte and Mia in this brilliant adventure full of princess sparkle and seasonal excitement!

*The Ballet Book* Simon and Schuster

The founder of the Dance Psychology Lab, Dr. Peter Lovatt, reveals the surprising cognitive and emotional benefits of dancing and prescriptive ways to dance yourself happy. Dancing isn't just good exercise. Surrendering yourself to the beat can have a far-reaching impact on all areas of your life -it can help you communicate better, to think more creatively, and can be a powerful catalyst for change. Losing yourself in the moment to a song or piece of music can also alleviate anxiety, depression, and feelings of isolation, Dr. Peter Lovatt has found. Drawing on great stories from dance history as well as fascinating case studies from his Dance Psychology Lab and his own life, Dr Lovatt shares his best steps and routines, as well as top dance anthems to inspire everyone—even those who believe they “can't dance”—to turn the music on, stand up, and dance themselves happy. The Dance Cure is filled with surprising prescriptions covering a variety of needs, revealing how a particular type of dance can

help. Looking to become more empathetic? Pair up for a Scottish country dance Eager to enhance your creativity? Shake it up with contemporary dance Need to de-stress? Let loose with punk-era pogo Looking to prolong your life? Zumba is the secret In need of showing yourself more love? Go solo as you trip the light fantastic. Want to bolster your self-confidence? Try ballet and belly dance. An irresistible blend of science and whimsy, The Dance Cure shows you how to turn the beat—and your life—around.

**Poppy's Secret Wish** Random House

Determination meets dance in this prizewinning and New York Times bestselling memoir by the history-making ballerina Misty Copeland, vividly recounting the story of her journey to become the first African American female principal ballerina at the prestigious American Ballet Theatre. When she first placed her hands on the barre at an after-school community center, no one expected thirteen-year-old Misty Copeland to become one of America's most groundbreaking dancers. A true prodigy, she was attempting in months roles that take most dancers years to master. But when Misty became caught between the control and comfort she found in the world of ballet and the harsh realities of her own life, she had to choose to embrace both her identity and her dreams, and find the courage to be one of a kind. With an insider's passion, Misty opens a window into the life of an artist who lives life center stage, from behind the scenes at her first classes to her triumphant roles in some of the world's most iconic ballets. A sensational memoir as “sensitive” and “clear-eyed” (The Washington Post) as her dancing, *Life in Motion* is a story of passion, identity, and grace for anyone who has dared to dream of a different life.

*The Cursed Ballet* Da Capo Press

11x8.5 Hardcover *Dancing Shapes* provides an inside gorgeous glimpse into ballerina Konora's journey. Konora, whose career has been sidelined by Covid-19, leads readers through warm-up steps, a basic ballet technique lesson, and an exploration of movement and form. Spectacular photos and a conversational style will leave your dance fan adoring the ballet heroine. While designed for children ages 6-8 to explore the details of the shapes Konora creates, preschoolers and kindergarteners will enjoy trying the poses and seeing Konora in action. While older children may be less motivated to replicate the poses, they will observe and consider various dance elements. With more than fifty poses to contemplate or re-create, aspiring young dancers learn basic ballet technique and vocabulary; develop an eye for detail; explore movement concepts; increase body awareness; strengthen spatial perception and balance; celebrate gratitude, the value of practice and making healthy choices. Ballet photography in nature, creative fantasy, and an array of movements and positions enhances this series' debut to inspire young dancers and ballet fans alike. At least three books in one, mini-sections include About Me, Konora; Warming Up; Ballet Positions; Thinking about Details; Saying Thanks; Fancy French, Positions and Concepts Review. What Moms and Dads Said: Gorgeous! Inspirational! Dancing girls alllllll over my backyard!!! ...while looking at the cover with all those poses said, "I can do that one. I can't do that one. I can do that one. I can't do that one." Then she started trying them. The pictures alone inspired her. As soon as we read something like, "Can you try..." she would hop right up and try it. She lost a little steam reading through it all in one sitting, but coming back to it at different times and trying smaller sections was just right. She thinks the book is just right for her age [9], not too young or old feeling.

*A Midnight Dance* Simon and Schuster

At the height of the Nazi occupation of Rome, an unlikely band of heroes comes together to save innocent lives in this breathtaking

World War II novel based on real historical events. Rome, 1943. With the fall of Italy's Fascist government and the Nazi regime occupying the streets of Rome, British ballerina Julia Bradbury is stranded and forced to take refuge at a hospital on Tiber Island. But when she learns of a deadly sickness sweeping through the quarantine wards—a fake disease known only as Syndrome K—she is drawn into one of the greatest cons in history. Alongside hospital staff, friars of the adjoining church, and two Allied medics, Julia risks everything to rescue Jewish Italians from the deadly clutches of the Holocaust. Soon a little girl who dreams of becoming a ballerina arrives at their door, and Julia is determined to reunite the young dancer with her family—if only she would reveal one crucial secret: her name. Present Day. Delaney Coleman recently lost her grandfather—a beloved small-town doctor and World War II veteran, so she returns home to help her aging parents. When a mysterious Italian woman reaches out claiming to own one of the family's precious heirlooms, Delaney is compelled to travel to Italy and uncover the truth of her grandfather's hidden past. With the help of the woman's skeptical but charming grandson, Delaney learns of a Roman hospital that saved hundreds of Jewish people during the war. Soon, everything Delaney thought she knew about her grandfather comes into question. Based on true accounts of the invented Syndrome K sickness, *The Italian Ballerina* journeys from the Allied storming of the beaches at Salerno to the London ballet stage and the war-torn streets of World War II Rome, exploring the sometimes heart-wrenching choices we must make to find faith and forgiveness, and how saving a single life can impact countless others. Split timeline: WWII and present day Stand-alone novel Book length: approximately 107,000 words Includes discussion questions for book clubs

*The Secret Carousel* Simon and Schuster

All theater romances are tragedies. Ella Blythe knows this. Still, she cannot help but hope her own story may turn out different than most—and certainly different than the tragic story of the *Ghost of Craven Street Theater*. Yet as she struggles to maintain her tenuous place in the ever-shrinking ballet company, win the attentions of principal dancer Philippe, and avoid company flirt Jack, Ella cannot deny the uncanny feeling that her life is mirroring that of the dead ballerina. Is she dancing ever closer to the edge of her own tragic end? Or will the secrets that are about to come to light offer release from the past? Mystery and romance make the perfect dance partners in this evocative story from fan-favorite Joanna Davidson Politano.

*The Ballerinas* Hachette UK

USA Today-Bestselling Author: Love strikes a chord that makes the heart dance . . . “Like journeying through a dream that I never wanted to end.” —Night Owl Reviews Ballerina Tessa Wilde had a glittering career in front of her—and then the accident happened. She'd gotten used to hiding her deafness from the world. She'd been able to teach children at her mother's dance school, and she had her beloved hearing-assistance dog to help her through the day. But now, she's managed to land the role of a lifetime. If only Julian Shine, brooding piano accompanist, would leave her alone. Or if she could leave him alone. When he played, she could hear . . . every note. Could it be real? Or was it the music of her heart?

**Ballet Secrets for Skaters** Yearling

Presents three stories about Poppy, Jasmine, and Rose, as they each deal with the challenges to their relationships and their other interests that ballet presents.

**Dancing Shapes** HarperCollins UK

It is just four weeks until the annual ballet recital for the Ashton Ballet Academy and things are not going well for the ballerinas. The prima dancer, Elizabeth, has just had a major injury and is out for the season. Tall, slender Amy Small is catapulted into the lead ballerina role as Odette in the ballet, *Swan Lake*. She is not prepared for the part and is no Elizabeth! Yet, she is the best dancer the troupe has left. Gutsy, emotional, dedicated Molly, a high school senior, is chosen by Miss Sylvie, the ballet academy instructor, to dance Odile, the Black Swan, a part Amy dearly wants to perform as well. Unfortunately, Molly doesn't dance so well but she commits her all to perform Odile as her last hurrah. Miss Sylvie, a wonderful 50-something instructor is overheard telling a parent, “It was either Molly or me. Whom would you have chosen?” Compounding the challenges, the troupe has been invited to perform for the 100th anniversary of the Ashton Normal School. Normally this might not be such a big deal, but the Small girls are the great-granddaughters of Benjamin Small, the founder and first headmaster of the historic school, now the University of Ashton. Furthermore, the stage in the performing arts center of the normal school, where the original dedication took place and where everyone has anticipated the centennial performances would be given, is in such poor shape that Miss Sylvie has declared the troupe absolutely cannot use it in its current condition. Mary Small, who is still in middle school, is Amy's younger cousin, our heroine, and also a ballerina. Mary is devastated by the turn of events but in true Mary Small fashion “grabs the bull by the horns and runs with it.” A new ballerina appears “out of nowhere” during these trying times. Nonni, as they call her, has secrets of her own.